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City Council Candidates Bring Answers and Awareness to Regis

April 1, 2019



Photo Source // Amy Reglin

By: Catie Cheshire, Co Editor- In -Chief

Even though many people are already thinking about the 2020 presidential election, Denver's municipal elections are just around the corner on May 7, 2019. With that in mind the Regis Community Council, RUSGA, and Berkeley Regis United Neighborhood along with many other sponsors brought the District 1 City Council candidates to Regis on March 20.

The event served as a way for community members to learn about all the candidates and ask questions relevant to the District 1 area, which includes Regis. The candidates are Mike Somma, Amanda Sandoval, David Sabados, Prajwal Kulkarni, Scott Durrah, Sabrina D'Agosto,

and Victoria Aguilar. Dominic Dezzutti, station manager at Colorado Public Television, served as the moderator. He guided candidates through one-minute opening and closing statements and asked them questions submitted by sponsors of the event and the audience.

Jenna Farley, a community member and part of Regis Community Council, kicked off the night with an introduction. Farley was one of the original organizers of the event. She discussed how city policies affect people's daily lives and argued that City Council elections are important because they give people a chance to elect people who have a say over what happens in their neighborhoods. She introduced Father John Fitzgibbons, Regis President, who shared welcoming words and wisdom.

"They say all politics is local," he said. "That's true. What we do here affects everything else. What we do here is make democracy work." After Father Fitzgibbons' concluding remarks, Dezzutti was ready to kick off the night. He began by inviting each of the seven candidates to give an opening statement.

Most candidates spoke about their time in the district, their experiences that led them to run for office, and why they would be good advocates for people in District 1. Candidates range from Somma, a firefighter, to Durrah, a dispensary owner to Aguilar, who works at Denver Human Services.

Though the candidates are a diverse group, they all identified the same primary issue District 1 faces: housing amidst a changing neighborhood. Each candidate offered unique ideas for what should be done to make housing more affordable and preserve the character of the neighborhood. Their ideas ranged from overlay zones, to repurposing old buildings as temporary housing, to giving residents a voice in city planning.

Along with concerns about development, one question asked about transportation. Once again, all the candidates agreed that transportation is a major problem in District 1. Across the board, the issue of sidewalk maintenance arose. Currently, homeowners are responsible for the sidewalks outside their residence. Several candidates said they would like to appropriate money, or alter that policy, so that the city would fix sidewalks instead of individuals.

Another important theme throughout the night was community involvement. Each candidate said they had ideas for how to involve the community more in decision-making with D'Agosta and Aguilar emphasizing the importance of asking people how they would like to be included in decision-making and Sabados describing how technology could be used to have digital town halls that are accessible to more people. Every candidate spoke about how city council, more than any other pathway in our current government, gives people in the community a voice.

To return to Father Fitzgibbons' theme that politics is local, having the District 1 candidate forum at Regis is just one way the university promotes political engagement and becomes a better neighbor to others in the community.

The event was streamed on FacebookLive and offered Spanish translation, ensuring more of District 1 could be included in the forum. To update your voter registration click [here](#). For information about how to vote in the upcoming municipal elections that City Council is included in click [here](#).

The Anti-Oppression Council Circle

April 1, 2019

*By: Kamil Wojciak, **Staff Reporter***

For Anti-Oppression week at Regis University, the Anti-Oppression Council Circle convened; this event was held on March 26th, from 5:00 PM to 8:00 PM, at the St. John Francis Regis Chapel.

This event gave Regis University students and faculty the opportunity to disclose information on the social issues and personal thoughts that they have about our community here at Regis. To discuss about these social issues, we started the event with a large group, then split into small groups, and reconvened at the end as a large group once again.

At the beginning, all participants of the event found a place to sit in the circle of seats. Several coordinators first explained the premise and reason for the event, and then let the members think about their personal biases that go against social justice. Every participant was given a paper and a writing utensil, to write their biases. After the participants wrote down their biases,

they put their bias-written paper into a compost bag. Participants were encouraged to reflect on and distinguish their personal thoughts that deviate away from social justice, and throw away those thoughts to further reach social peace and justice.

After removing the ill thoughts and biases of the participants, the event followed up with a ceremonial practice of smudging. Smudging is the method of burning sacred herbs, usually sage, to purify the negative energy around and in individuals. For the event, two sage wands (sage that is wrapped in a bundle) were used for the smudging, and were passed around the circle by the partakers of the event, allowing themselves to be spiritually cleaned. After throwing away their biases and smudging themselves, the participants were mentally and spiritually ready for the small group discussions.

For the small group discussions, people were divided into groups of roughly eight people. These small groups were meant to personally access an individual's perspective on social justice and how to change the community of Regis University to accommodate comfort and security for everyone in the community.

Reconvening back again as one large group, the coordinators discussed the importance of these kind of events; these events based off discussion on personal insight and perspective, gives people the opportunity to more openly discuss issues. The Anti-Oppression Council Circle allowed the participants to gain greater understanding on the issues surrounding our community, learning through themselves and others. Because of this event, the participants of the event now know some of the underlying issues of our community that are able to be solved, creating a better community for all.

Meet Our New Mascot: The Fox

April 1, 2019

*By Emily Lovell, **Associate Editor***

Paw prints have been appearing around campus. Signs were put up promising free donuts but none could be found. Rumors starting spreading that Regis was changing its mascot to a fox instead of a ranger named Roamin. Then, we all received the emails that confirmed it:

Regis University will be making a complete switch from Roamin to the fox, but we will still be the Regis Rangers.

For clarification, the “Roamin’ shadow” logo will be retained on all athletic materials, uniforms, and the Field house, but the fox mascot is set to appear at athletic events and to be featured on Regis athletics apparel. Regis University’s school colors will stay the same.

But why the switch? Surveys and polls were conducted within the Regis community over the past year, and the responses to Roamin were quite negative overall. So, Marketing and Communications came up with the goal of creating a new mascot that represented the Regis spirit. They decided upon a fox because foxes are “fun, inquisitive, intelligent, and full of cura personalis.” The fox is also a unique choice for a mascot; not many other schools have it. Furthermore, not only do they call Colorado their home, but the Regis University campus as well. So next time you find yourself walking around campus in the evening hours, keep your eyes open for a glimpse of one of these beautiful creatures.

You may have noticed that the fox was referred to as a “she” in the emails and may be wondering about the significance of this. Historically, Regis has had all male mascots, and there are very few standalone female mascots in general. Our Marketing and Communications team originally wanted the mascot to be gender-neutral in order to be inclusive of everyone, but decided to make the fox a female because it is something that almost no one else has done. As a sort of compromise, however, the costumes that she wears will be more masculine.

As of right now, she has yet to be named. But, members of the Regis community will have the opportunity to vote on names during Ranger Week which is April 8th-13th. Come cast your vote and welcome the fox into our community!

April Fool’s Day

April 1, 2019

By *Patrick O’Neill*, **Staff Writer**

As we all know, April Fool’s Day is today—across the world people will no doubt be playing practical jokes and spreading hoaxes, creating April fools in their wake. We all know and love

(sarcasm) April Fool's Day, but not everyone knows the history of this day. So, here we go—into the magical world of the Middle Ages.

Supposedly the ancient association between April 1 and “fools” or “foolishness” comes from Chaucer's *The Canterbury Tales* (1392). All Fool's Day as it is sometimes called was celebrated in the Medieval Era when jesters and jokesters came out of their huts and caused mayhem in the streets for a day, whooping and hollering and setting things ablaze. Okay, maybe that's a bit of an exaggeration but people these days often take things a little too seriously on occasion. Anyway, back on topic—April Fool's Day was, and is often supposed to have been mentioned in *The Canterbury Tales* as “March 32” when Chaucer writes *Syn March bigan thritty dayes and two* or “March began with thirty days plus two more.” It could be guessed at that the foolishness of April 1 began with Chaucer then in *The Nun's Tale* but who can really say for certain.

The Medieval tradition continues, generally across much of the world—and may also be related to a celebration of spring according to the Ancient Romans, Hindus and others when New Years' was celebrated around this time of year. The tradition may also be related to Constantine—you know, that emperor of Eastern Rome who once legalized Christianity. Well, he had some rather feisty court jesters as the story goes and those jesters told Constantine that they could rule the Empire better than he. So Constantine, in all his cleverness, made a jester called Kugel king for a day. Kugel passed an edict that called for absurdity on that day and the tradition continued on April 1 for one thousand plus years.

Now that we have some of the history and conjecture surrounding April Fool's Day, can we decide whether this “holiday” is worth our time? Well, we've all thought about pranking our friends and family on April Fool's haven't we? What's the harm in a few jokes and tricks one day a year? But things can go wrong. I remember one story where a boy accidentally knocked his mother unconscious when she went through a door tricked with the ol' bucket on the door prank—the bucket hit her in the head and knocked her out cold. April Fool's pranks can go wrong—any prank can go wrong. And according to *The Verge* magazine, “everyone hates April Fool's so why does it endure?” I can't tell you. In theory there's no harm no foul, but that's only if we don't let anything get out of hand. It all comes down to whether we let an ancient tradition of tomfoolery survive or whether we take away a holiday that's existed for at least a thousand years. Here's to a thousand more? Well, it's up to you whether tradition survives.

So, happy April Fool's Day and happy pranking!

And The Devil Writes His Requiem

April 4, 2019

By: AC Covarrubias

The devil is one of the most if not the most infamous figure in religious culture. His effect seems to be ever present in all forms of media. This reigns in art, film, drama, and literature. However it is in music where his presence reigns supreme.

The prince of darkness presence in music can be dated back in the Middle Ages. One of the most superstitious times in European history. During the 5th century the musical interval called the tritone, which was also known as "the devil in Music" or the "Devil's Interval", was banned by the Catholic Church due to the belief that playing the interval could summon the Devil himself. Later on the devil would strike again in 1773 in the mind of Giuseppe Tartini. One night Tartini had a dream where he sold his soul to the devil to make satan his servant and teacher. During this dream the devil would then play a song which is what he consider the most beautiful melody he has ever heard of. When he woke up he attempted to recreate that same melody he has heard in his dream. However in Lalande's *Voyage d'un François en Italie*, where he tells his story he states "The music which I at this time composed is indeed the best that I ever wrote, and I still call it the "Devil's Trill", but the difference between it and that which so moved me is so great that I would have destroyed my instrument and have said farewell to music forever if it had been possible for me to live without the enjoyment it affords me."

But Tartini was not the only violinist to have some relations with the infernal and unholy. Niccolò Paganini was a famous Italian violinist, violist, guitarist, and composer. During his career there have been rumors that his skill was given to him by the devil. The evidence to support this was claims that when he played the violin his hand would contort and move in an inhuman way. One person claimed to leave after witnessing the devil helping Paganini play. To top it all of it was said that when the priest came to perform last rites it was said that he refused this sacrament. Whether this was real or not is up for debate.

In the later years new genres of music emerged called Jazz and the blues. This genre of music is not directly linked to the devil but rather it was made linked to the devil. Because most of the jazz musicians are mainly African American in a still racist America people have been linking jazz with satan just to make the blacks look bad. During the time jazz was considered "Devil Music". However, just because people linked jazz to the devil did not mean he did not have his hands on helping musicians master the blues. Some musicians such as Tommy Johnson and Robert Johnson (the two are not related) were said to sell their souls to satan. Tommy was said to be a terrible guitar player until he sold his soul and just like that he became a master in an instant.

The devil would leave the world and jazz and the blues into something more fitting for a violent entity such as him: Rock. Like jazz and the blues, rock was viewed negatively as satanist, but their main target was not on the minorities, but on children. During this time Rock was the cool thing to listen to as a kid, so parents use this as a way to scare their children. Saying that rock will lead you to a life of sin. This, like jazz, is not true, but instead of ignoring these claims rock embraced those claims and became what those things parents back then were afraid of. Black Sabbath, the founding fathers of metal, have a lot of references to the occult and the demonic. One of the band members Geezer Butler was fascinated with the occult, which led Ozzy Osbourne to give him a black book written in Latin with pictures of the devil. He put the book in his shelf and went to bed. He would wake up to see a black figure at the front of the bed, staring at him. Some say it was the devil, others claim it was the grim reaper, however one thing is certain, when the figure vanished Butler searched for the book only to find that it was vanished. This would lead to Black Sabbath's song Black Sabbath which is about the experience Geezer went through with the first line being "What is this, That stands before me? Figure in black, which points at me". With metal coming to exist the link to music and satan have been exclusively linked to metal rock exclusively.

Modern music seem to not discuss about the devil, with rock as the exception. The link between the devil and music is bizarre. With tales general consisting of encounters with the prince of darkness where it is meeting him face to face or committing to Faustian bargains. Whatever it is there is something fascinating about discovering the relations between music and the infernal.

Making Mosaics!

April 4, 2019



Photo Source // Kamil Wojciak

*By: Kamil Wojciak, **Staff Writer***

On March 23rd, students had the chance to craft their own personal mosaics that they were allowed to keep. The students had many options to craft mosaics, with different types of canvases, and a great amount of tiles to choose from.

Now for a small lesson on mosaics, mosaics are art that consist of assembling tiles to create an image; these tiles have limitless options, factoring from material, size, shape, color, and more. Surprisingly enough, the earliest evidence of mosaics can be traced back to the third millennium BC in Mesopotamia.

Now, back to the event that took place, students had a great range of options on crafting their mosaics. For the tiles, some tiles they had were shaped as squares and triangles, with different sizes. The remaining tiles were actually all asymmetrical, as they were all personally cracked at the event. Even with the great options for the tiles, the event also had different canvases that were available. Two types of the canvases available were standard, white, flat canvases that just deviated in dimensions and size. However, greatly stemming from the linear canvases available, students were able to use jars as their personal canvas.

The mosaic event was a great way to spend the weekend and stimulate our artistic sense within us. Hopefully, there will be more events like this in the near future giving students opportunities to be satisfied, creating and building their own personal art.

The Wedding Singer

April 5, 2019



Photo Source // Allison Upchurch

By: Allison UpChurch, **Staff Reporter**

Last weekend, the Regis Ramblers, the musical theatre club here at Regis, put on their spring production of the musical “The Wedding Singer.” The show is based off [the 1998 movie](#) starring Adam Sandler and Drew Barrymore, but now the Regis Ramblers have taken hold of the story and put it to life onstage.

This production marks a new beginning for the Regis Ramblers as it was explained by the director of the show, Tanner Kelly, that the club has now been incorporated into an official class in the Regis Music Department. With this, current and future students may receive academic credit up to 3 credit hours for performing or helping out with the stage crew throughout the spring semester.

The story of “The Wedding Singer” takes place in 1985 and is about the lead singer of a wedding band, Robbie (played by Alex Gallegos), who unexpectedly gets left at the altar by his fiancé Linda (played by Megan Bandeira). As Robbie wants to wallow in his broken heart, his new friend Julia (played by Noelle Norris) pulls him out of his misery and the two start to form feelings for each other, but face the reality that Julia is already engaged to her boyfriend Glen (played by Luis Valle).

It’s a typical love story that is set to the loud and proud sound and style of the 80’s as characters make references to figures and trends of the decade. These callbacks bring the story to life and offer a comedic throwback to audiences members who lived during that time. The music was live performed by a four person band that Kelly has worked with multiple times in the past. They brought the sound of the 80’s into the show in songs like “Not That Kind of Thing” and “Saturday Night in the City” and then slowed it down for the tenderer, reflective moments like in “If I Told You.”

While not everyone in Regis Ramblers is a performer or music major, everyone does have a passion for creating a show and having fun doing it, and that came through clearly as performance danced through the aisles and joked around with each other onstage. It was just as entertaining to watch the background characters as it was to watch the main characters.

With a new beginning for the Regis Ramblers and the Music Department, students will continue on just like they did with “The Wedding Singer” to bring live musical theatre to the Regis community, all culminating in expression the Jesuit value of “unity of mind and heart.”

To receive more information about the Regis Ramblers, email the group at regisramblers@gmail.com and find them on [the Regis University website](#).

Regis Welcomes Poet Andrea Gibson

April 8, 2019



Photo Source // Amy Reglin

By Emily Lovell, **Associate Editor**

The Women’s and Gender Studies Department invited Andrea Gibson, a renowned queer poet that calls Boulder, CO home, to perform on campus on April 4, 2019. Their performance

started at 8:00 pm in the Calver Recital Hall. Tickets were free for members of the Regis community.

Professor Alyse Knorr and junior Sam Yarnell provided the introduction and opening remarks for the event. They are both excellent poets themselves. Together, they welcomed Andrea Gibson to the stage for a powerful evening of vulnerability and beauty.

Gibson's poems tackled issues such as the struggles that the LGBTQ community faces in today's society, misogyny, and gun violence. Their poems especially focused on self-love regardless of who you love or what your identity is. A few of the poems that the audience was privileged to hear were "Your Life," "First Love," "Boomerang Valentine," and "Living Proof." Many of their poems were performed with musical accompaniment.

In between poems, Gibson revealed that one of their contemporaries once performed only poems focused on social justice issues even though the audience requested love poems. The other poet inspired Gibson, but then Gibson realized that their love poems *are* making a political statement. They then proceeded to perform a poem about one of their past loves and it was a heartbreakingly powerful moment.

At another point in the evening, Gibson said that they had once been told that "Self-hate is a way of trying to see the world as a safe, beautiful place." They explained that when we experience awful things that are out of our control, we tend to blame ourselves in order to regain a sense of control. Gibson also told the audience that "the only thing you can control is where you put your attention." Their overall message seemed to be to put your attention on making the world a safer, more beautiful place and on embracing who you are.

Gibson's openness and passionate performance created an atmosphere of acceptance. Regis was lucky to have them come to campus to share their story. If you would like to read some of their poetry, check out their latest book called *The Lord of the Butterflies*.

Celebrating Earth Day at Regis!

April 8, 2019

By: Kamil Wojciak, **Staff Reporter**

At the beach here at Regis University, people were making tie-dye shirts, taking care of succulents, eating snacks and much more! Specifically, all of these activities took place during the Earth Day event on April 3rd, 2:00 PM to 4:00 PM.

Earth Day, a day that is celebrated internationally on April 22nd, is meant to give recognition to environmental issues that impact our planet and how to protect our environment. Founded in 1970 to originally teach people about these environmental issues, it has now become a staple holiday around the world.

While our Earth Day event at Regis was not one that helped resolve any environmental issues in our community, it allowed students to enjoy being outside in the sunny environment and to participate in multiple activities of their choice. The two main attractions were the tie-dye shirts and the succulents.

For making their own personal tie-dye shirts, the participants were given a white shirt and many materials to help aid their creative process. Firstly, students clumped up their shirts into a spherical shape, and used rubber bands to keep that shape formed. Then, the students were appropriately able to start tie-dyeing their shirts with the large variety of colored inks to choose from. When they were satisfied with their tie-dye shirt, they were given a Ziploc bag to safely store and keep their new personalized shirt.

While many participants made tie-dye shirts, the succulents also were high in popularity; as there was a limited amount of succulents, only the earlier guests were able to participate in this activity. With each individual having their own succulent, they had the opportunity to paint their pot for the succulent that they are going to plant in that pot. Like the tie-dye shirts, there was a large variety of paints that the artist could use, but no paint brushes in the vicinity. To solve the lack of paint brushes, finger painting was used and allowed great fun for this activity.

The Earth Day event at Regis was a great way to enjoy the sunny spring weather outside that was somewhat lacking by the recent weather we were having, and was also a fun way to express our artistic sense within us.

Frontline Farming Launch Party

April 8, 2019



Photo Source// Amy Reglin

On Thursday the non-profit Frontline Farming had their launch party at The Denver Bicycle Cafe. Members of the Regis community and the Denver community were there to support them. Frontline Farming works with the community to provide affordable produce and educate people and farmers. They work to support the community through education, farm stands, and serve days. Check out their website to learn more about them and see when the next serve day is. <https://www.frontlinefarming.org>

Movie Review – Dumbo (2019)

April 9, 2019

*By: Allison UpChurch, **Staff Reporter***

There's the age-old question of "if a tree falls in a forest, and there's no one around, does it make a sound?" Today, that question can be turned into "if a baby elephant has big ears, and there's no mother to help him grow, can he fly?" While this might seem like a weird question to ask, the latest live-action remake from the Walt Disney Company lets audiences reexperience the story of *Dumbo* told through the lens of filmmaker Tim Burton.

This version of *Dumbo* diverges significantly from [its original 1941 production](#). In terms of Dumbo's story arc, it stays genuinely the same as Dumbo is born to an elephant named Mrs. Jumbo who lives and performs in a circus. Then, Mrs. Jumbo and Dumbo are separated after Mrs. Jumbo causes trouble for the circus while trying to protect Dumbo from the ridicule he faces because of his big ears.

Where the overall story diverges in this new version is that Mrs. Jumbo is sold off to another circus production, and Dumbo is left behind in the care of the circus' new elephant caretakers, Holt (played by Colin Farrell) and his two kids Milly (played by Nico Parker) and Joe (played by Finley Hobbins). It is Milly and Joe who discover that Dumbo can fly when he is given a feather, and who give Dumbo the opportunity to show his talent off to the rest of the circus. They also work to keep a promise they made to Dumbo that performing will help raise the money to buy back Mrs. Jumbo.

This movie makes a clear balance of telling a new story about Dumbo and harking back to the original through references in the songs, visuals, and dialogue. Some of these references are framed in a way so that anyone who knows the original very well can point them out, and someone who does not know the original well will not get lost all of a sudden. Some notable references include the Casey Junior train theme song playing throughout the score, pink elephants conjured up in a bubble showcase, and one particular mouse that is always dressed up in a ringmaster's hat and red suit that harkens back to Dumbo's original friend of Timothy Q. Mouse.

The human characters that are featured in this movie sometimes get more screen time than Dumbo himself. Characters range from zany and over the top to mellow and unexpressive - even though the sight of a flying elephant would garner some wonderous reactions from anyone. All the animal themselves and most of the landscapes and locations are constructed through CGI that sometimes blends with the practical sets; most notably in close-ups of the characters. Other times it becomes a distraction, especially in group shots or wide-angle shots where the line between real and make-believe becomes more obvious.

In trying to answer the question posed at the beginning of this article, *Dumbo* as a movie may not be ready to fly yet, but he is in the process of getting his feet off the ground and staying up for as long as he can.

April 10, 2019

By: AC Covarrubias

Eventually, you will die, I will die, your loved ones will die, and everyone you know or don't know will die. Different cultures have different views on the portrayal of death, but the most popular opinion is that man fears death. This fear of death molded the Blue Oysters Cult hit single Don't Fear the Reaper.

Don't Fear the Reaper is a song by the American rock band Blue Oyster Cult In there 1976 album Agents of Fortune. The song itself was written by lead guitarist Donald "Buck Dharma" Roeser. The song, theme-wise, was about the inevitability of one's own death and how it is foolish to be afraid of it. With that in mind, many have viewed this as the song encouraging suicide with the first set of lyrics stating that " All our times have come. Here but now they're gone", this, however, this was never the case.

According to Roeser, the song was actually a love song set within a horror genre type of music. As mentioned before the song is about how one should not fear the end of one's mortality, but also how love can transcend the physical world into the next world. How loved ones can come together in death. The song hints to these themes with motifs such as mentioning saint valentine, saint of courtly love, and Romeo and Juliet. With lyrics that say "Valentine is done Here but now they're gone Romeo and Juliet Are together in eternity..." The song, in summary, is that if ones love is strong enough the fear of death is meaningless.

However many people did not get the meaning. The song meaning was viewed differently by the public. As mentioned before, death is something we fear. You can make the most comforting song on the planet, but if mention the grim reaper, the song will be seen completely differently. With lyrics such as "40,000 men and women everyday... Like Romeo and Juliet 40,000 men and women everyday... Redefine happiness Another 40,000 coming everyday... We can be like they are". Blue Oyster Cult was aware of this scenario while Roeser was writing the song, and there was nothing they could do about it.

Death is just a part of life. Like the wind, the sun, or the rain. It will come for all no matter the circumstances. However if you love someone and he or she has died or is dead remember, we are all destined to die. So eventually you'll be reunited in eternity. Do not deny it, I know I can't.

Ranger Monday 2019

April 11, 2019



Photo Source // *Kamil Wojciak*

By: *Kamil Wojciak*, **Staff Writer**

This Monday of Ranger Week had a major amount of activities that strung from 5:30 PM, all the way to roughly 9:05 PM. From 5:30 PM to 7:00 PM, there were food trucks, music, and outdoor games that anyone could enjoy; roughly starting at 7:20 PM and ending at 9:05 PM was the *Who UR Talent & Drag Show*.

Lot 4, Claver Hall's parking lot, was where all the fun activities resided, except for the "Who UR Talent & Drag Show". For the food trucks, they had two food trucks, Sweet Cow and The Bamboo Skewer. The Sweet Cow food truck gave out ice cream of many flavors, including the flavors strawberry, mint chocolate chip, chocolate chip cookie dough, cookies and cream. Aside from tasty desserts for all the guests, there was also proper meals available from The Bamboo Skewer; The Bamboo Skewer gave out street food, which consisted of chicken teriyaki, potstickers and much more. All of the food provided from the food trucks was free!

With all the energy obtained from their free food, the participants were able to enjoy the music and the outdoor games. The music was provided by the band Ten Miles South. In case you didn't know, Ten Miles South is an indie pop & alternative band that does gigs in and around the Denver area. At the event, some of the songs they played were "Kids" and "Tongue Tied", while also playing their own original songs like "Future Lover" (a fan favorite) and "Philadelphia" (an upcoming song planning to be released soon).

Jude Montanez, Regis student and the bass player of Ten Miles South, said that “Everyone was just jamming to what we were doing and that made it easier for us to have fun and not really stress about what we were playing.”; both the guests and the band were having a blast at this event. With the bangin’ music in the background, people also participated in outdoor games that were provided. These outdoor games were hugely popular with the audience and some of the the popular games played were bean bag toss, ladder ball, KanJam, and Spikeball.

After all the events at Lot 4, people waited in line for the *Who UR Talent & Drag Show* that was in Claver Hall’s Mountain View Room. This event started roughly at 7:20 PM and was nearly packed. Starting out with the talent show, many individuals performed songs with different sorts of instruments; some of the instruments used in the talent show were the ukulele, trombone, and the piano. While many of the participants of the talent show were playing and singing songs, one performance way different than the others was the “Lion Dance”. The “Lion Dance” is a traditional dance in Chinese culture (and also other Asian cultures), where two performers in a single lion costume perform choreographed dance and acrobatic moves.

In the Mountain View Room, this performance took place and won first place for the talent show. After a five minute intermission, the drag show took place for the remainder of the night. With the two hosts, Claudia Mercury and Reina Terror, the drag show started with a bang in the form of their opening duet. Onward, there were many more spectacular performances by the drag kings and queens that ended up with one group finale of all performers performing to “Last Dance” by Donna Summer.

At the end of the night, Rico Gomez, Student Body President of Regis University, elaborated on the theme of Ranger Week, “Who U R”. In the words of Gomez, “You are a part of our community”; Gomez’s message tells us that no matter how lonely or how isolated we may feel, we will always be part of Regis University, a community that we can lean on.

The Fourth Annual Science Sunday

April 11, 2019

By : Hazel Alvarez, **Staff Reporter**

Thirty minutes into the event and already the halls of Pomponio Science Center buzzed with activities. Almost all of the classroom were utilized and filled with students and their families.

This is the fourth year of Science Sunday at Regis University, where children to teens from the surrounding communities gather to see demonstrations of science concepts ranging from fingerprints and time to electric currents and their conductors.

Thanks to social media platforms done by Marketing and Communications and the success of previous years, this event brought about more than 600 people this year.

More than 100 students from various science classes, clubs, and groups volunteered to help run the event. Regis students from neuroscience, astronomy, physics, biology, and chemistry occupy the booths with their colorful displays attracting the eyes. There's something for everyone, and without realizing it, you were learning beyond the usual classroom setting.

Dr. Hart, an Assistant Professor of Astronomy, was the lead organizer of Science Sunday. She's a blur as she speeds through the hallway, checking on Regis students and smiling at the visiting kids. Inspired by a friend in charge of the astronomy night at the White House, Dr. Hart made it as an event here in Regis for her astronomy class in 2016. Instead of a final project, the students can conduct demonstrations where they can interact with the public.

"The feedback that I got from the students was so great, I thought, 'why don't I do this next year, but not just with astronomy,'" Dr. Hart said.

Besides the astronomy lab, the Chemistry Club, TriBeta Honors Society, Physics Department, Neuroscience Department, and Society of Asian Scientists and Engineers now help make Science Sunday an impactful force that it is today. "And that's how Science Sunday was born," smiles Dr. Hart.

Regardless of what science departments the booths represent, the responses that the children and teens displays range from excited expressions to shy smiles. If the child or teen display a shy demeanor, the students who occupy the booths would simply invite them over, and with what started out as hesitation, ended with round eyes and little smiles as they grasp the concept in hand.

"I really love sharing science to people, specifically to astronomy," comments Dr. Hart. "I think being able to share it in a fun way is very important. Once visitors [families and their children] realize that science is for everybody – not just science people or math people – once they realize that it's for everybody, then I've done my job."

The children and teens weren't the only ones who were responsive; the families with them were just as equally interested in interacting with the student demonstrators and volunteers.

One father stumble walking in a line, while wearing goggles that distorts the senses of the cerebellum, which rule balance and coordination, simulating what it would be like to be drunk. The son hardly stumbles walking in a straight line, despite wearing the goggles. "He's way better at this than me. A little concerning, if you ask me," he laughs.

Down the hall, a mother and daughter don on latex gloves in order to touch a human brain, donated to Regis University. Respectfully, they both held the brain. "[The brain] doesn't look heavy, but it is," comments the mother. She trades a smile with her daughter as she hands over the brain, and her child gasps at both the weight and the cold of the brain.

"Ask a Scientist," said Dr. Winterrowd, an Associate Professor of Psychology, helped occupy the booth, remarking that "it's difficult to ask questions on the fly, but the kids managed it." Kids asked topics that ranged from planets to dinosaurs, and thanks to the little brain picture underneath Dr. Winterrowd's nametag and the brain model nearby, kids asked about the brain, too.

"Their questions were very creative," Dr. Winterrowd continues. "One question a child asked was 'where do the stars go during the day?' And I just explained that the stars are there, the sun just outshines them all. I would help direct them to where they could go, like if they were interested in astronomy, I would direct them to the telescope outside. One kid asked about what does the brain feel like, and I would just say that it's soft and heavy, and would help point them to the basement, where we had the human brain. It was great to see these kids invested at the topics in hand."

Jivan Smith-Shively, who demonstrated the booth on behalf of his astronomy lab, remarked, "I enjoyed the [event], quite a lot; I have always liked teaching children about science, so it's great to see the look of awe on their faces as they do the experiment."

The booth demonstration shows the concept of space and time, with a metal ball representing the sun weighing down on top of a black fabric, which represents space and time. The marbles represent the planets, and as each one rolled, circles around the metal ball.

As each child and family member roll marble balls, Jivan and Joseph McCullough explain that this demonstrates the gravitational pull of planets (the marbles) around the sun (the metal ball). “Being able to answer questions to help them get more invested is always fun.”

At the main entrance of the Science Center, the Society of Asian Scientists and Engineers (SASE) helped with the visitor’s booth, where they pass out STEM passports designed by one of their own, Tina La. Once they filled their passports, they can come back to the booth and get their goody bags.

Tina’s sister, Melissa La, who also helped with the booth, remarked at the end, “It was such a great event! I especially love seeing all the kids smile and enjoying time with their parents!”.

Both Melissa and Tina greeted multitudes of families and their kids, explaining what the passports were, how they can get the prizes, and passing out either the goody bags or maps of the demonstrators.

“I really couldn’t have done this without the students and faculty who volunteered. Without them, this wouldn’t be able to have happen. Without the different groups helping out and contributing to Science Sunday, this wouldn’t be able to happen,” remarks Dr. Hart. “The public really likes the fact that they see the students getting excited and they see their kids getting excited, and this interaction is really important to me.”

“The meat and potatoes of what makes Science Sunday successful is that every Regis student being able to show how they love science in their own way. Whether it’s the chemistry club, the astronomy or neuroscience students. Really, at the end of the day, it’s the students that makes this event really successful,” Dr. Hart explains, smiling fondly.

Celebrating Multilingualism

April 12, 2019

Therefore, it becomes our duty as global citizens in a world where indigenous cultures are threatened to promote and protect the conservation of world languages and their cultures alongside them. As such, in the coming weeks before the end of the semester we will be looking at some of the world's endangered languages, and learning about new cultures and concepts to better our understanding of the importance of this year in the celebration of multilingualism and conservation of indigenous cultures.

Dancing at the Silent Disco!

April 15, 2019

*By: Kamil Wojciak, **Staff Writer***

On April 11th, people were dancing and having great amounts of fun at the silent disco here at Regis. Regarding location and time, this silent disco took place in the Mountain View Room in Claver Hall at 7:00 PM, all the way to roughly 10:00 PM.

As already implied in its name, this disco was silent (other than the people who were singing the lyrics) by having each audience member listen to the music through headphones. These headphones were the key element to this silent disco, as they allowed you to connect to any of the three DJs at the event. To connect to the specific DJ you wanted to, you would move the switch located on the back of the left ear pad; this switch had three options, correlating to the amount of DJs that you could listen to. On the back of the right ear pad, there was a knob that changed the volume of the headset.

Each channel for the DJs had a color associated with it to indicate which DJ is playing on the channel the audience members were listening to. To figure out the channel you were listening to, you just had to look at the your headset's ear pads. Each headset displayed red, blue, or green, depending on the channel you listened to; the color displayed on your headset correlated to the DJ you were listening to, as the DJ had the same color headset as yours.

As there were three DJs that you could listen to, the audience had different musical preferences to choose from. The red DJ mainly focused on modern pop and hip-hop, using songs like "It's Tricky" by RUN-D.M.C and "24K Magic" by Bruno Mars. The green DJ had a broad range of EDM and dubstep songs and also some hip-hop songs like "Rockstar" by Post Malone.

The blue DJ had music that I would as “chill vibes” like “Africa” by Toto and “Never Gonna Give You Up” by Rick Astley. Also, while people were jamming to the music provided, there was a machine with a camera and screen that people could use to take pictures. To receive the pictures that were taken, they only had to enter their email address and the photos would be sent to that email.

Overall, the silent disco was a blast of an event, and will be highly cherished by many of the participants. It is of great thanks to RUSGA, for planning the events of Ranger Week, and SoundDown Party, for providing the silent disco service.

a photo booth. Some lucky Rangers were even treated to free T-shirts and draw string backpacks commemorating the day.

This year’s Ranger Day was also the beginning for Regis’ new mascot. After a poll went around the Regis community to help name the new fox mascot, the winner was Regi, and Regi was out and about taking pictures with students and giving out little fox plushies.

As afternoon turned into night, Ranger Day concluded with a concert in the Fieldhouse that was put on by [Grammy-nominated rap artist Jidenna](#). All in all, Ranger Week was themed around “UR,” representing the statement that Regis can come together to celebrate what makes every person in this community unique and open to hearing the diverse stories of where everyone in our community has been and where they will be going in the future.

Ranger Day 2019

April 16, 2019



Photo Source // Amy Reglin

By: Allison UpChurch

All last week, April 8-13, RUSGA and the Office of Student Activities hosted the annual Ranger Week, where activities from [the Regis Talent and Drag Show](#) to [the Silent Disco](#) were put on every night to give the students of Regis a chance to unwind and celebrate their accomplishments throughout the year. All of these events led up to the biggest event that RUSGA puts on and that is Ranger Day.

Despite some wet and snowy weather in the morning, the Regis community came out in droves as food trucks and outdoor activities took over Lot 5 and the Beach. As students got to choose from a variety of food trucks serving tacos to Cajun food to ice cream, there were a plethora of activities set up on the Beach, from a zipline to an inflatable obstacle course, to henna and a photo booth. Some lucky Rangers were even treated to free T-shirts and draw string backpacks commemorating the day.

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makes every person in this community unique and open to hearing the diverse stories of where everyone in our community has been and where they will be going in the future.

The 2019 Regis Innovation Challenge Finals

April 16, 2019

*By: Kamil Wojciak, **Staff Writer***

Here at Regis University, students and staff were able to promote their businesses and business ideas, and had the opportunity to receive cash prizes to help their businesses become successful. Hosted by the Innovation Center and the Anderson College of Business, the 2019 Regis Innovation Challenge Finals took place in the Mountain View Room of Claver Hall on April 12th, 7:00 PM to around 9:35 PM. This final competition had nine finalists pitching their business ideas for the prizes of \$1,000, \$5,000, and \$10,000, to help start their business. In the words of Dr. Ken Sagendorf, the director of the Innovation Center, this competition is meant to help “solve our world’s problems, and make it better.”

These nine competitors all presented at the event, in this chronological order:

1. MyHomeFix: an augmented-reality and educational app with the purpose of helping to do home repairs, using tutorials and step-by-step guides.
2. Invictus Project: a mental health procedure focused on traumatic brain injuries, PTSD, depression, and more; the Invictus Project also brings a more scientific approach to mental treatment with hormone replacement, ketamine infusion, high oxygen hyperbaric therapy, and more.
3. Instream Water: a highly convenient and affordable water refill station, helping remove plastic waste by removing the need of plastic water bottles.
4. Brand\$standing: a card game where you pitch business ideas, also serving the purpose of educating people.
5. Rock-n-Rides: a transportation service that goes to the Red Rocks Amphitheatre from the Denver area and vice-versa.
6. The Nest: an empowering spiritual movement by the use of workshops and retreats.

7. A To Z Logic: a service specializing in enterprise cyber security, intended for mid-size companies to households.
8. PinQuest Golf: a golf training app meant to improve the short game, while being fun and competitive.
9. CampCrate: a service that allows people to rent a box of camping equipment, and receive planning details for specific trips/adventures.

For the competition, each team had five minutes to pitch their business idea to the audience and judges. Immediately after pitching their ideas, the judges had five minutes to ask questions on the business idea. Even though the judges contributed to most of the competitors' scores (80% of the final score), the audience was actually able to vote on the competitors themselves (20% of the final score). For the audience to vote, all they had to do was go onto a specific website, and enter the percent of favorability of each presenter; also, the total percent of favorability had to equal 100%.

With all the voting and scoring provided by the judges and audience, they were able to announce the competitors that will receive the cash prizes. The three competitors announced were MyHomeFix, Invictus, and CampCrate. All three competitors on the stage waited to hear what prize they were going to get. Then, they announced the prizes to each of the competitors. The competitor that received the \$1,000 prize was Invictus, the competitor that received the \$5,000 prize was MyHomeFix, and last but not least, CampCrate received the \$10,000 prize.

While the competitors and some audience members may have seen the event as serious, it was highly educational and entertaining to see the innovative concepts displayed on that stage that night. If you have missed this event, I highly recommend you go to the final event of the 2020 Innovation Challenge on April 17th, 2020!

2March to College

April 17, 2019



Photo Credit: Emily Lovell

On Friday April 12, Regis' chapter of the National Society of Collegiate Scholars invited sixth, seventh, and eighth graders from Skinner Middle School to celebrate March to College Day.

A sizable number of the students who attend Skinner Middle School will be first generation college students, so the purpose of March to College Day as the Vice President of Public Relations Alyssa Gomez put it is, "to show kids that they have the possibility of going to college and that they can find a home here at Regis." She also added that "It's important to invest in the education of future generations."

The middle schoolers arrived shortly after 9:00 am and left around 1:45 pm. In that amount of time, they broke up into smaller groups led by Regis students named after some of NSCS' core values: knowledge, integrity, service, excellence, leadership, scholarship, and inspire.

They then did a number of different activities around campus. They started off by going to a demonstration put on by different faculty members such as a chemistry experiment with Dr. Chamberlain. She showed them how putting different elements in a flame changes its color, set off the fire alarm in the process, and thrilled the students.

Next, the student leaders of each group gave the middle schoolers a tour around campus. After the tour, the middle schoolers had lunch in the Main Café. When they were done with lunch,

they went to a student panel where they could ask current Regis students about what college life is like. Then, they went to the Field House where they learned more about the Athletics Program and played trivia.

Ranger Day Aftermath

April 17, 2019



Art Source // AC Crvarrubias

Pacific Nerve at Walkers' Pub

April 22, 2019

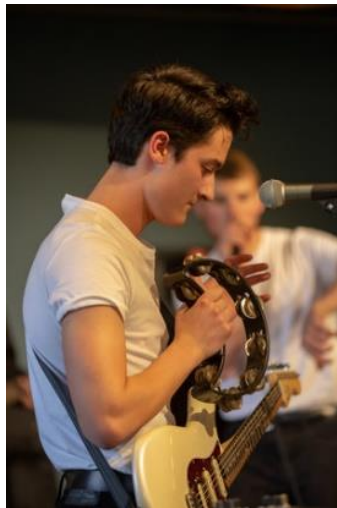


Photo Source // Emily Lovell

*By Patrick O'Neill, **Staff Writer***

On the evening of Thursday, April 18, a student band out of Boulder called Pacific Nerve played their original rockin' hits in Regis University's own Walkers' Pub. The band's debut EP – Feel Alive will be released April 26.

Regis student, Yuta Young, is the lead guitarist of the band as well as the back-up vocalist. The lead singer, Griffin Tobey lit up the small Walkers' Pub stage with his boisterous energy and alternative pop vocals while drummer, Ethan Knight created a sonorous beat that kept everyone's heads bobbing.

The band was recently rebranded from Rain In July to Pacific Nerve and has become the latest sound in Colorado's pop punk scene. You can find out more information on upcoming events, merchandise, and more about the band members by visiting Pacific Nerve's website, pacificnerve.com

Language Death

April 22, 2019

By *Patrick O'Neill*, **Staff Writer**

Humanity is encountering, now, more than ever, a mass extinction. Languages disappear on the daily and with them cultural heritage and diverse perspectives are lost. This means that when a language dies the centuries of culture that are built up behind it fade away into nothingness. This is not new, of course, languages have been dying and emerging since humans have existed, but now the rate of language death is unprecedented. According to the *Endangered Languages Project* over 40% of the world's estimate 7,000 languages are at risk of dying off. But before we can delve into some of the specifics of Endangered Languages lets talk a bit about an important concept, what is Language Death?

First and foremost, a language dies when it is no longer spoken anymore or no longer has a purpose as a tool of communication. There are four distinct types of Language Death according to one Alghizzi, a professor at an Islamic college in Riyadh, Saudi Arabia.

First, bottom-to-top language death occurs when a language gradually runs out as a tool of communication and its use becomes confined to things like religion, science, or law. A prime example of this would be Latin. And, as the old rhyme goes, according to my high school Latin

teacher: “Latin is a dead language, dead as dead can be, first it killed the Romans and now it’s killing me.”

Next, sudden language death occurs when the native speakers of a language are suddenly wiped out whether by other humans or natural disaster. For instance, in the 19th century the Yahiis, Native Americans in California were wiped out by white settlers.

The next type of language death is radical language death which occurs when speakers of a less prestigious language adopt a more dominant language and abandon their native tongue. This has occurred in multiple cases amongst the Native American population when natives felt pressure to speak English and abandon their native languages.

The final type of language death is gradual language death when native speakers slowly abandon their mother tongue, or the mother tongue is slowly dominated by a more prestigious language. This has occurred with many Celtic languages and is still occurring now as English has become the more dominant language in areas like Cornwall where speakers of Cornish continue to die out and the language continues to gradually die.

Stay tuned in the next few weeks for a more specific look at some of the world’s most endangered languages.

For more on *The Endangered Language Project* visit: <http://www.endangeredlanguages.com/>

Theatre Review – Trav’lin – The 1930 Harlem Musical

April 26, 2019

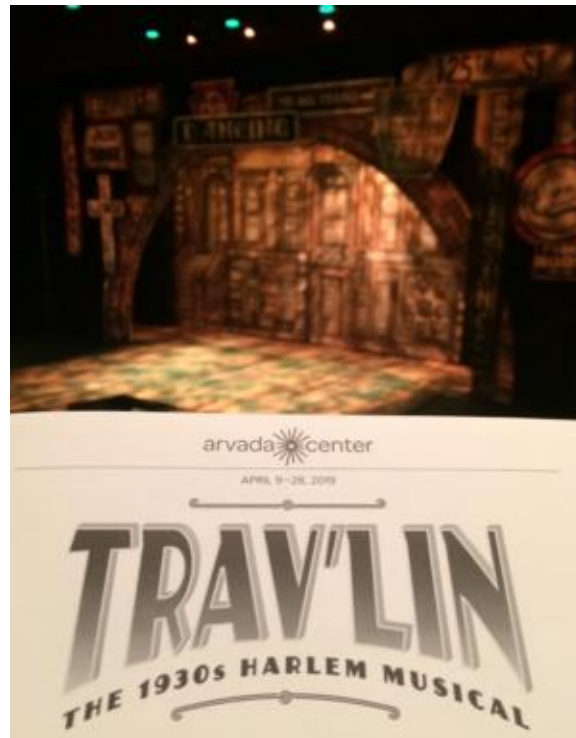


Photo Source // Allison UpChurch

*By: Allison UpChurch, **Staff Writer***

Trav'lin – The 1930's Harlem Musical is a production that has never seen the lights of Broadway but is slowly getting around to theatres across the United States in the hopes of making it to New York City one day. It tells the story of three couples living, working, and loving during the Harlem Renaissance of the 1930's. The show showcases these couples at different stages of their relationship – one is newly found lovers, the other growing steady, and the last is a pair of long-lost lovers rekindling what was left behind.

In a post-show discussion, cast members shared that all of the music and songs of *Trav'lin* are all written by the famous African-American [songwriter J.C. Johnson](#), who lived for a significant amount of time in Harlem in the 1920's and 30's and later worked with famous jazz and blues performers like Billie Holiday and Louis Armstrong.

“This is my era of music,” actor Milton Craig Nealy, who plays the character of George, shared with audience members. “I just love it. It's a joy to hear and obviously we don't hear much of this music now a days.”

The show came to fruition because the show's playwright, Gary Holmes, was a young protégé of Johnson when they were neighbors in Wurtsboro, New York. Johnson expressed interest in

Holmes creating a show that incorporated his songs into the story, so when Johnson passed in 1981, Holmes set out to work on that show, which eventually turned into *Trav'lin*. While the show has had its premiere at the [New York Musical Festival in 2010](#), *Trav'lin* is still a relatively new piece that is not well known.

“Having the opportunity to feel like you’re putting a particular stamp on new work is just extraordinarily exciting,” actress Natalie Oliver-Atherton, who plays the character of Billie, said. “If I never get to do it again, Billie has been done for me. And it’s always just an extraordinary gift from on high for me.”

As a show, *Trav'lin* brings fun characters and positive energy to its audience. The story, though it can be predictable at times, is easy to follow and represents the dynamic and complex experiences of love that every human will face sometime in life. The songs blend seamlessly into the plot as the actors will play off each other cheerfully and bring a soulful and spirited sound to Johnson’s repertoire as “Somebody Loses, Somebody Wins” and “Basin Street Lover.”

Trav'lin – The 1930's Harlem Musical played April 9 - 28 at the Arvada Center for the Arts and Humanities.

Making Probiotic Sodas!

April 29, 2019

*Kamil Wojciak, **Staff Writer***

During Earth Week, students learned and created their own probiotic sodas, while gaining knowledge of the culture and history of sugar. To gain more knowledge on sugar and to create their own probiotic sodas, students went to the second floor of the Student Center at 6:00 PM on April 28th.

Starting off, there was a round of introductions. Each individual stated their name, pronouns, major, and their relationship with sugar. Asia Dorsey, one of the event’s leaders, cleansed the air with the art of smudging, and allowed others to try out her three blends of probiotic sodas. The three blends were blueberry, root beer, and plain. Also, the audience learned more about the benefits of smudging on how these burnt herbs have antimicrobial properties and how they can literally cleanse the air.

The idea of our relationship of sugar became a large topic of discussion and became the main theme of the event. Dorsey explained how the sugar we mainly consume daily, white sugar, is empty and does not par with nature itself. However, Dorsey explained how white sugar can be complete and full if it is combined with molasses. Delving back into the past, the group starts to learn about the culture and history of sugar. Specifically, the group learned that in India, people drank sugar water made with sugarcane, and it was both nutritious and beneficial. It was now understood that before the mass production and creation of white sugar, sugar was a product of nature that had beneficial properties.

After all the conversing about sugar, it was time for people to start making their own probiotic sodas!

Here are the steps they followed:

1. Each individual grabbed their own jar that will serve as the place for primary fermentation.
2. People personally put their saliva in their jars (this is important to designate the microbes for production).
3. Ingredients were put in and consisted of water, sugar, lemons, dried fruit, and cultures.
4. Now for after the event: 24 to 48 hours of time for the drink to complete a cycle.

These steps will be able to create a fresh batch of probiotic sodas, however, Dorsey taught the audience on how to continue their batch and make it thrive. Do you remember how it was discussed that sugar and molasses make a whole and how that combination has beneficial properties? Well, that is exactly how the microbes are meant to be fed! Feeding the microbes properly with this sugar/molasses combo, and proper temperature regulation, will allow anyone to create as many batches of probiotic soda they want!

This event was a good mix of being educational and entertaining, learning about the nature of sugar and the creation of probiotic sodas. While Earth week may be over, the knowledge gained and the creation of new batches of probiotic sodas will continue on!

RUSGA Candidate Annelise Pehr Question and Answer

April 29, 2019

By Emily Summers, **Staff Writer**

Here's a Q&A with RUSGA Student Body President candidate Annelise Pehr. Voting is open now and you can find the link in your email.

Highlander: What position are you running for?

Annelise Pehr: I am running for student body president

Highlander: Tell me a little bit about yourself.

AP: I am currently finishing out my junior year and I am a double major in Sociology and Peace & Justice Studies with a minor in Spanish. I grew up in Los Angeles, California as the only daughter of a Mexican Catholic mother and Jewish father. I never imagined I would end up in Denver, Colorado let alone Regis. In the spring of my senior year my parents and I came to visit another school in Denver that I had been admitted to, but I disliked everything about it, so in an effort to not make the trip a bust, my dad remembered that there was a Catholic university in Denver. We hopped in our rental car and walked around Regis during the infamous Ranger Day blizzard that I have only heard stories about from upperclassmen. I filled out the application in our hotel room later that evening and I was admitted in May, but with not enough aid. Fast forward through two months of planning to attend my safety school, Regis was able to give me

enough aid to attend. With about three weeks notice, I packed my bags and moved to a new state where I would make a place that I am lucky enough to call my home today.

Highlander: What is the focus of your campaign?

AP: The focus of my campaign is to make all people feel that they have a home at Regis, especially those that have been underserved such as commuters and all members of affinity groups. I have spent my entire week campaigning by talking to and asking students what they want to see and overwhelmingly I have listened to students' deep desires for wanting to belong in this space no matter how "weird" they are and that same desire goes from people that identify as conservative Catholics to queer atheists.

Highlander: What is one thing you would like to improve most at Regis?

AP: As of right now my campaign focuses on three main tenets, but one specific facet of Regis that I would like to improve most is how RUSGA represents students. This year RUSGA went through a massive renovation in an effort to make it a governing body that does effectively represent the diverse voices in our student body, but it still has a long way to go. I plan to improve RUSGA involvement by advocating for policies that train student leaders to give them the tools necessary in order to be able to make the change that they themselves deem necessary within our bureaucratic structures.

Highlander: What qualities do you possess that make you the most qualified for the position?

AP: Well, first and foremost, I am a great listener which is an incredibly important skill for a president to have. In order to be an effective president my job is not to uphold my own interests, but it is to uphold those of the student body which I can do by listening to my constituents. I am also a competent communicator in which I demonstrated this year through my championing of IgnatianQ, an effort to put Regis at the forefront of queer inclusivity on Catholic campuses. I worked to bring IgnatianQ's national movement to the Regis campus through a year long campaign to bolster allyship and education around LGBTQ+ identities. Through this work I have not only learned how to acquire administrative support on student movements, but also shown long-term dedication and commitment to projects that students care about on campus. Lastly, I am patient. I am a realist and I know that in a year long presidency a lot of empty promises can be made, but that is not who I am. I promise to have depth rather than breadth in the policies RUSGA takes on next year to represent you and to be patient in gathering student voices in our paving the path for progress.

Q: Why should students vote for you?

A: Students should vote for me because I am experienced with the workings of RUSGA, I have a successful working relationship with administrators, and I am a fierce advocate for student needs.

**The only edits to this transcript were made for punctuation. All content represents the original discussion of the reporter and candidate.*

RUSGA Presidential Candidate Profile: Awah Tilong

April 29, 2019

By: Thomas Jones

Though Awah Tilong's hobbies may lie in the realms of hair, fashion, makeup and movies her job, as she'd see it, is implementing the change that Regis needs. When met with the daunting question of "Why did you decide to run for Student Body President?" Tilong didn't need any time to collect herself or formulate an answer, she immediately responded, "Regis lacks the fundamental basics of what college is supposed to look like. College is known as formative, fundamental years where you gain the structure necessary for adulthood. Regis lacks the opportunity for a real college experience. Everything is so serious all the time, we need to address important issues and also enjoy one another at the same time."

With this being Tilong's platform for her campaign and her overarching goal if elected as RUSGA President, she continued on to speak on specific actions she would also take as President of RUSGA. One of the main aspects of Regis which Tilong seeks to change is the quality and kind of events which we are having on campus. Tilong states, "We have so many events on how we're different! Like damn, how many events on how we're different do you need? I know that we're different!" In reference to how Tilong would shift these events she responded, "I want more events that are fun and that students will actually want to come to and want to attend that still strike at these important issues in a more effective, inclusive and just overall more enjoyable way."

Tilong sees one of the main ways of doing this being to, "Have more events where they [Regis] invite the outside community, other colleges do a lot of that and Regis doesn't. I want to incorporate the broader community in more of our events which therefore encourages Regis to make better quality and larger events." While Tilong certainly has many good ideas for Regis, she also has the credentials to back up her touted experience in effecting the kind of change she wishes to.

While interviewing Tilong in Walker's Pub I quickly realized that her run for RUSGA President has been a long time in the making, spanning as far back as her first semester of freshman year here at Regis when she was thinking of leaving, but instead decided to stay to change those things which she disagreed with. This is something Tilong has consistently done while here at Regis, refusing to accept how things are and instead changing them for the better.

This attitude is reflected in her work as an RA, as she states, "I love being an RA, I feel that at Regis there is a lot of stigma's around RA's and as one I can work to reduce that stigma and change those ideas about RA's," as well as her reaction to policies she finds unfair such as the former rule within the University that stated that one can't be involved in both Resident Life and RUSGA. This was a rule which Tiling was instrumental in helping get overturned due to the leadership qualities she sees cultivated as an RA that are also easily cross-applied to working in RUSGA.

Tiling's accomplishments don't stop at the Resident Life and RUSGA offices though, as she is also involved in several other clubs and offices here on campus. One of Tiling's largest leadership positions here on campus is that of BSA President. One of the accomplishments she's most proud of as the leader of BSA for the past two years is, "Getting students together that are different and diverse, the majority of BSA is actually not black and I'm really proud of that." Some of the more specific events and actions Tiling has taken as President of BSA include, but are not limited to: getting a space in Clarke Hall that BSA can call their own and use to meet in every week, helping create and host on campus events such as the Colin Kaepernick conversation, the BLM rally, the Black Out at the Regis basketball game as well as the conversations with faculty and students that followed the basketball game which all took place this past year.

When asked where Tiling gets her talents for being able to bring people together and host events she references her past work in both the Diversity and Violence Prevention offices which she states, "[These offices] showed me what needs to change. They showed me what resources are helpful in creating change and not just good looking. It also helped me to gain the confidence necessary to make change and to stand up for what I believe in."