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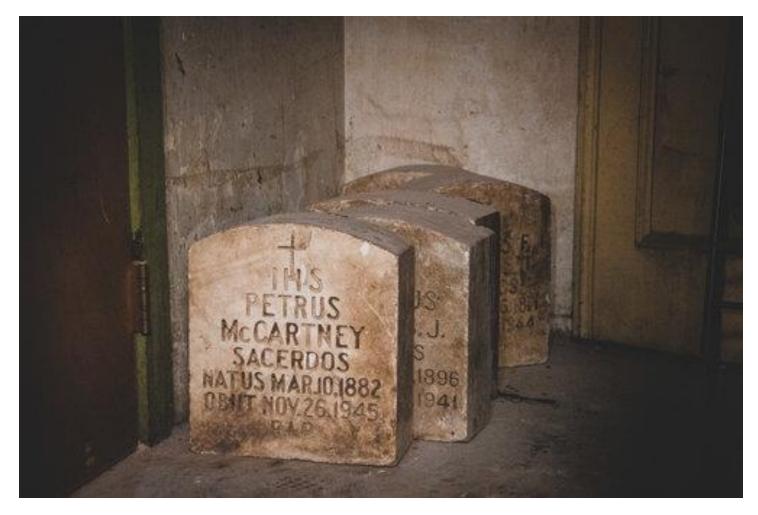


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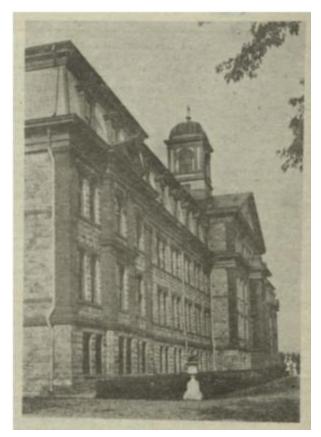


What Lies Underneath

October 31, 2018

Historic photos of main hall, RU Highlander circa 1920; Black and white boilers; Hallways in the basement connect storage and boiler rooms; Jesuit tombstones in basement of Main Hall //Tyler Delgado

By: Hazel Alvarez, Staff Reporter







Main Hall commands a certain level of respect from passersby. It has character, from the squeaky wooden floors, to the fresh coat of paint, the overall structure and style stands out from the modern cut of the Dayton Memorial Library or the Pomponio Family Science Center. Main Hall stands tall and proud, a symbol of Regis University.

Have you ever walked inside Main Hall? The creaking of the wooden floor boards and the clacking of our steps give Main Hall not only a sense of old house style of comfort, but also a sense that we should tread lightly. The step from the cold of the outdoors into the full blown heat transitions you into the building as you shed little by little the layers of jackets and scarves.

What lies underneath Main Hall is that of a myth. Photographer Tyler Delgado and I uncovered that myth this year!

The steps are steep, so be sure to pay attention when you go down. There lies the two main boilers recently installed from between the 50s-60s, where it hums along bringing that much needed heat throughout the building. The main boilers give Main Hall one of its many characters, one being that it's warmed by steam heat, unlike the more modern buildings around campus. No, Main Hall has an actual *boiler* at the basement, which explains why it's almost near sweltering when you're on the ground floor and a bit more chilling on the upper floors.

Watch your steps; the uneven floor is a patchwork of alternating brick and concrete. The concrete steep steps give way to wooden ones. The next room over houses the original boilers that can be traced back to 1921. It's the kind of boiler that you throw coals to keep the fire raging for the entire building. It's insane really, to think that these are the boilers that have kept Main Hall warm against winters time and time again; and to see them still standing tall and proud to this day. Make sure to keep one eye to floor. If you drop something into the cracks, you can hear the water below.

The next room proves a little more spooky; the lights don't work, and it's daunting to navigate through the spaces without a light, relying for your eyes to adjust and praying that you don't break your body or Main Hall itself. The hums are more distant from here, and it feels colder, and it's not only because you're farther from the main boilers, but from something else.

The darkness seems to nip at your heels, urging you to go faster, but not too fast, because the floors are a bit slippery from dust and tiny rocks, and the floors started to rise just a little bit, but thank goodness there's a tunnel ahead, with actual lights.

Watch your head; the ceiling and floor looks like they're about to meet each other in the middle, along with the pipes. The pipes seem to be the only indication of some form of navigation but it's a lot better than the room we came from.

Entering the next room, I am thankful to see someone had the sense to add lighting. It appears to be a normal storage room with cracks in the plaster wall, revealing a covered layer of brick walls. Upon further inspection, a line of tombstones of deceased Jesuits hides in the corner, may they rest in peace. Are these the beds of the ghosts that haunt the Main Hall?

Quickly now, we have to go back, following the pipes that will eventually lead you back to the main boilers, with working lights and some much needed warmth. Ignoring the silence of darkness and potential ghosts (considering

Main Hall is haunted), we quickly work our ways past the rough terrain of the floors, but it's easier now, because we know what lies ahead.

Once we get back to the main boilers, the hums are near deafening, but welcomed, the heat near sweltering, but welcomed. It's here we catch our breath, and really step back. Layers upon layers of history all in such a small space. The boilers that keep us warm and sweating on the first floor are here; the same boilers that work so diligently against the biting cold outside. This building, with it's boilers and walls, was built to last, but there's a certain fragility to it, too, that reminds you of its history and quiet permanence at Regis University.



Photo source: the grapejuice.net

Movie Review: Night School

October 26, 2018

By: Allison Upchurch, Staff Reporter

Are you in a movie slump after the big summer blockbuster releases? Tired of seeing remakes and sequels dominate the movie industry? Looking for a movie to take a chance on to kill time on a Saturday afternoon? The movie *Night School* might be the one to check out.

Night School is the story about Teddy Walker (played by Kevin Hart), a high school dropout who gets the chance to better his life by going to work as a financial analyst at his best friend's work place. However, to get the job Teddy needs to get his GED, so he starts to attend night classes at his former high school under the insistent and unconventional educator Carrie (played by Tiffany Haddish). Along with a slew of other personalities, Teddy fights with his innate desire to take the easy way out with the expectation to sit and learn the material in a valuable way.

This movie can be slightly over the top at some points and is conscious about how unrealistic some situations can be. While the storyline involving Teddy's hardship about going through night classes is justified as a plethora of learning disabilities, all the other situations that come about in this movie are purely there to push the laughing pulse of an audience member. For example, the movie shows Teddy accidently setting fire to a store, sending him flying through the air smashing into a car but is then seen in the next scene unscarred by the experience.

Visually, *Night School* is a crisp film, where the camera is simply put on the actor's face when he or she is talking and lets the comedic actions of the film be clearly seen without any shaky camera or zoom-in effects. In this age where action and adventure movies are king, *Night School* lets audiences slow down and just laugh at the circumstances and sharp dialogue that may flip expectations at points.

In connecting this movie back to one of the Jesuit values that are implemented here at Regis, the best one that could connect to *Night School* would be "magis." Since "magis" is the understanding that there is always something more to strive for, *Night School* hounds in the message that there are more things to define and express yourself which lends itself to following through on the "more" that comes with achieving life goals. While Teddy tries to find the easy way out, he learns that by fulfilling the "more" that comes with education, he is able to form stronger relationships with his peers so he can shatter the expectations that he has been dealing with his entire life.

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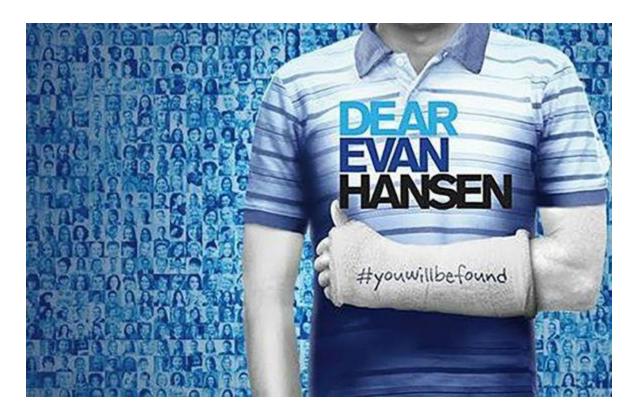


Photo source: www.nyc-arts.org

Theatre Review: Dear Evan Hansen

October 26, 2018

By: Allison Upchurch, Staff Reporter

One of the most anticipated Broadway tours of the season has just launched right down the street from Regis University! Playing for the first time outside New York City and then hitting the road to perform in multiple cities across the country, *Dear Evan Hansen** is a modern-day musical that shows audiences what it means to spread a message of support and perseverance through all kinds of difficult personal circumstances.

This <u>Tony Award winning show</u> tells the story of high school senior Evan Hansen (played by Ben Levi Ross) and how he ends up in the middle of the attention that surrounds the death of his classmate, Connor Murphy (played by Marrick Smith). Evan is mistaken by the Murphy Family for being Connor's only friend based on a letter they had found in Connor's possession. Evan does what he thinks may help the grieving family by teaming up with classmates Alana (played by Phoebe Koyabe) and Jared (played by Jared Goldsmith) to create The Connor Project, a social media community to memorialize Connor and to promote the importance of wanting to be inclusive of everyone's presence and voice in society.

The show reinforces the modern-day atmosphere because of how social media is used as a physical aspect of the show's experience. Media feeds, word documents, and photos are flash up on panels strung across the forefront of

the stage as the show plays out to reinforce the daily communication of the characters, and the outreach The Connor Project receives on a global scale. The music for the show was written by the Oscar winning duo behind the songs in La La Landand The Greatest Showman, and has been crafted to present rhythmic anthems of hope and finding a voice in such songs like "Disappear" and "You Will Be Found".

Dear Evan Hansen takes conversations about mental health, sympathy, and crisis support and puts it into a story that attempts to show how these characters are similar to the people that surround the nature of everyday life. The show acknowledges that these characters are important to show because it opens up opportunities to forge connections to help others in need of support. This idea can actually be connected to one of the Jesuit values that is emphasized here at Regis – Cura Personalis. In the characters' acknowledgement of building connections and using their voices to make a change, the show emphasizes the importance in having concern and caring for the whole person in mind, body, and spirit.

Dear Evan Hansen played at the Buell Theater at the Denver Center for the Performing Arts until October 13.

*Author's Note – In getting the opportunity to see *Dear Evan Hansen*, some difficult topics of suicide, depression, and mental health are frequently brought to an audience member's mind. If you or a loved one feel that these issues may be too alarming, please take this into account in deciding whether to see this show or not. If you do find yourself troubled from these issues personally, please reach out to the wonderful counselors at the Office of Counseling and Personal Development to make an appointment to get personalized support and find additional resources for 24/7 help.



The Nun's Bus in all it's glory on Regis' campus //Frances Meng-Frecker

Nuns on a Bus

October 26, 2018

By: Allison Upchurch, Staff Reporter

On October 14, a gathering of the Regis community took place in the Mountain View Room as Catholic sisters from NETWORK'sNuns on the Bus initiative took a stop from their cross-country journey to host a town hall style presentation.

The nine sisters and their volunteers that hosted this event are part of an initiative to speak about the 2017 Tax Law that was put into place last December. Spotting the need for people to become more informed, the sisters are on a road trip called the Tax Justice Truth Tour, where they will make stops in major cities across the country to speak of the 2017 Tax Law and its effects on people in communities across the country. Their tour will conclude with a Fiesta for the Common Good on November 2 in Mar-a-Lago, Florida.

"We're here for the common good," Sister Simone Campbell said of the NETWORK's goal of Nuns on the Bus. Sister Simone continued, "We've got to step away from the unpatriotic law of individualism and reclaim the faithful truth, as well as the constitutional truth, that is 'We the People." She also mentioned that part of the group's goal to serve for the common good was to advocate for "reasonable revenue for responsible programs."

To illustrate how revenue plays out in today's economy, the sisters put on a role-playing simulation to show that there is a gap in the increase of tax breaks and income for all five economic quintiles, which are the bottom 80% divided into four groups and the top 20%. They told the stories based on real people's experiences and calculated each quintile's overall growth in the last 36 years by giving each person a step for every 5% of growth achieved. The lowest quintile was able to move 1½ steps while the highest quintile was able to move 41+ steps.

The simulation also included the proposed changes of the 2017 tax law that affect nutritional assistance programs, Medicare and Medicaid operations, and low-income home energy assistance programs. All the quintiles that had people who depend on these programs had to take a step back. As a result of this, the lower quintiles all took steps back while the top quintile gained steps.

"It seems like there should be some new innovation, some new ideas about how we deal with the issues," Sister Cambell said. "It's not just about party because one of the problems, and one of the reasons why we are on the road, is because we're lacking imagination."

The floor was then open for community members to speak with one another in smaller groups, share opinions, and offer solutions to what people could do. "I think that we must act in community," one audience member suggested. "It's so important that we reach out to each other in hope, and vote."

When the meeting was concluded, the sisters invited participants to sign their names on the physical bus that the sisters are using to travel across the country as a sign of solidarity in numbers. For more information, and to see

where the sisters are heading next, click here to go to their website.



Nuns address Regis students in Mountain View Room //Frances Meng-Frecker



Graphic created by Brittany Peters

Tips For Staying Safe on Halloween!

October 26, 2018







Hobo Johnson and the Lovemakers

October 26, 2018

Hobo Johnson and the Lovemakers take the stage at Summit Hall Music //Frances Meng-Frecker

By: Lizzie Brown, Staff Reporter and KRXJ Liaison

My peer, photographer, and friend, Francis Meng-Frecker and I arrived at Summit Music Hall Wednesday, October 23, to become acquainted with the music of acclaimed lyricist and band, Hobo Johnson and the Lovemakers and their opener Jeffery Lewis & Los Bolts. Frank Lopes Jr, known by his alias Hobo Johnson, and his gang take on the United States and lots of international venues across Europe and Australia on their "Bring Your Mom Tour" to promote their debut full-length album "Rise of Hobo Johnson", released by Reprise Records this year. Hobo Johnson and the Lovemakers made got their first big break at NPR's Tiny Desk Concerts and have been an internet sensation ever since.

All of his devoted listeners showed up at the Summit in Denver; packed house knew every single lyric, leaving Hobo lots of room for pauses and interaction with his amped audience. From the second Hobo began his set with "See You Again", his fans lost it and this symbiotic relationship continued to liven the atmostphere until the very end of the night. Hobo Johnson performed as the perfect frontman. His lyrical timing was superb, especially in "Dear Labels", though his bars usually end at disjunct moments in the song, this is completely intentional and leaves the listener on edge, anticipating more. His band backed him up with ease. Using rhythmic, intelligent and sometimes soothing instrumentals; the continuity between musicians and frontman totally elevated this musical experience.

Hobo Johnson demonstrated a heightened understanding of musical composition and stage presence; the audience and band seemed to have an implicit understanding that this night was meant to share in "musical therapy". Both band and audience collaborated in camaraderie, and we felt real heartfelt joys and sorrows to celebrate and mourn together. It was emotional honestly. Everything from Hobo's lyrics, to the lights, and the band's changes in tempo was impressive and, more so, they help Hobo ignite emotions in his audience. I left Summit Music Hall that night feeling understood, feeling a sense of solidarity with the complete strangers I just moshed with. It was an intensely fun and wacky concert that I feel privileged to have attended and I plan to party with these self-acclaimed misfits as soon as they come back to town. I recommend everyone who loves emotion-packed music and a really good time do the same and to seek out Hobo Johnson and the Lovemakers' music!



Regis University Pharmacy white coat ceremony, class of 2013 //Regis University

Regis Pharmacy Program

October 25, 2018

By: Kaitlin Wells, Staff Reporter

Many students attending Regis University are part of one of the many medical programs offered on campus. The Ruekert-Hartman College for Health Professions at Regis provides an education for all those who wish to become a nurse, physical therapist, or pharmacists. The health professions college is currently based in Claver Hall, which includes many hands-on, educational labs.

The Regis School of Pharmacy provides a challenging and unique learning experience for students. The structure of the program differs from other programs nationally by preparing students to enter the work force. Brian Hemstreet, Dean of Student Affairs for the School of Pharmacy, said "We have a curricular structure which has a couple of different unique aspects to it, one of which is Team-Based Learning and the other is integration."

Team-Based Learning separates students into "teams" for classwork and tests. This teaches students communication as well as how to interact professionally. Along with the student teams, students are in intensive science courses to complete their degree. This allows them to tie scientific principles to the drug principles of a disease, and equips students with the necessary skills for the work force. The integration of both teamwork and

science makes for a perfect combination. The curriculum at the School of Pharmacy also incorporates the Jesuit values that are the foundation of Regis University. This teaches students to not only care for the person's physical being but also their mental and spiritual health. Many people who have worked with Regis students have said that there is a difference between a *Regis* pharmacy student and a pharmacy student.

The unique curriculum has proved to have a high success rate for pharmacy students. According to the Regis website, 88% of the 2017 pharmacy graduates passed their licensure exam (NAPLEX) on the first attempt, which is higher than the national average. For all students looking for a career in the field of pharmacy, Regis' School of Pharmacy is an exceptional choice. Don't just be a pharmacy student, be a Regis pharmacy student.



Photo source: www.vbcpsblogs.com

Get the Flu Before the Flu Gets You!

October 25, 2018

By: Kaitlin Wells, Staff Reporter

Autumn is arguably one of the most dynamic times of the year; it is a season known for pumpkin spice, sweater weather, and most importantly, the flu. According to Princeton University health services, colds and influenza are the most common illnesses among college students. So how can you protect yourself from catching the flu this year? The answer is easy, vaccination.

Being vaccinated is the most reliable way to keep you from getting sick this season. There are many benefits to vaccinating against the flu. The most important of benefit is that the shot reduces risk of contracting the illness, as well as the risk of being hospitalized. The CDC reports that being vaccinated reduces the risk of hospitalization between 40%-60%.

There are many different strains of the influenza virus. Although the flu shot does not protect against all of them, it will defend against several strains that have come up in the past. Most flu shots are what we call *trivalent* meaning that they provide immunity to three strains of the virus. Other versions of the immunization are *quadrivalent*, meaning they protect against four strains of the virus. It is important to be vaccinated for influenza because the symptoms do not usually present themselves until a few days after contracted. This means that someone can unknowingly pass on the flu to you before they even realize that they are sick themselves.

Luckily, Regis is providing a solution for your vaccination dilemma. Don't wait until after you get sick to act! Protect yourself from influenza this year by visiting the health services offices on campus! Our student health services can help you get set up to tackle the sicknesses of the year, so swing by and snag a shot!



Regis University Debate team, 2017 //Regis University

Regis University Debate Team Works With Students at Ricardo Flores Magon Academy

October 25, 2018

By: Thomas Jones, Staff Reporter

One of the many great aspects of Regis University is its commitment to helping others and strengthening one's community through the act of service. The Regis University British Parliamentary style Debate Team has shown their commitment to service once again as they continue to engage in community service projects. Last year the Regis Debate Team did volunteer work at Beach Court Elementary School, reading with students to help improve the school's literacy rating so funding didn't decrease for the school. This year the Regis team is continuing their commitment to education by starting up a debate program at Ricardo Flores Magon Academy for elementary and middle school students.

Ricardo Flores Magon Academy (RFMA) is a charter school between 53rdAvenue and 54thAvenue on Lowell Boulevard, just down the street from Regis. RFMA teaches students in grades kindergarten through eighth grade. The Debate program started by Regis accepts both elementary school and middle school aged children. Communications Professor and Regis Debate team coach, Jon Denzler, put the curriculum together for the debate program at RFMA and is also the instructor of the program at RFMA, which meets every Tuesday and Thursday from 3:30 PM – 4:30 PM. For the first few weeks of the program the students practiced their public speaking and basic argumentation skills through several activities, such as short impromptu speeches on simple topics like Coke vs. Pepsi, public readings and group work to come up with arguments on a topic.

In the coming weeks the students will begin to learn a specific style of debate known as Lincoln-Douglas debate. This is a one v. one debate with the side agreeing with the topic known as the Affirmative side and the side disagreeing with the topic known as the Negative side; a typical round lasts about forty-five minutes with the speech order being as follows:

- 1) Affirmative first constructive speech 6 minutes
- 2) Cross examination period where the Negative questions the Affirmative 3 minutes
- 3) Negative first rebuttal 7 minutes
- 4) Cross examination period where the Affirmative questions the Negative 3 minutes
- 5) Affirmative first rebuttal 4 minutes
- 6) Negative second rebuttal 6 minutes
- 7) Affirmative second rebuttal 3 minutes

At this point in time the students are beginning to learn speech structure as well as practicing to give a proper Lincoln-Douglas debate style speech. In the coming months I will be updating with occasional articles as to how the program is doing and how the students development in reference to debate skill is coming.

INTRAMURAL SPORTS FALL 2018



Sport	Registration Dates	Captain's Meeting	Play Begins
Battleship	Tue., Aug. 14 - Aug. 28	N/A	Thur., Aug. 30
Flag Football	Tue., Aug. 14 - Aug. 28	Aug. 29	Wed., Sep. 5
Grass Volleyball	Tue., Aug. 14 – Aug. 28	Aug. 29	Thur., Sep. 6
Outdoor Soccer	Tue., Aug. 28 - Sep. 11	Sep. 12	Sun., Sep. 16
Wiffleball	Tue., Sep 11 – Sep. 25	Sep. 26	Thurs., Oct. 11
NFL Combine	Tues., Sep. 18 – Oct. 2	N/A	Wed., Oct.10
Billiards	Tues., Sep. 25 – Oct. 9	Oct. 10	Mon., Oct.15
Corn Hole	Tues., Sep. 25 – Oct. 9	Oct. 10	Tue., Oct. 16
Basketball	Tues., Oct. 2 – Oct. 16	Oct. 17	Wed., Oct. 24
Dodgeball	Tues., Oct. 9 – Oct. 23	Oct. 24	Mon., Oct. 29
Texas Hold 'Em	Tues., Nov. 6 - Nov. 20	N/A	Mon., Nov. 26

Visit www.IMLeagues.com/Regis or download the mobile app IMLeagues for Intramural Sports Registration

Captain's meetings will be in the Life Directions Center Conference Room* at 4:30 PM

*Located on the exterior of the Life Directions Center facing Clarke Hall



Schedule of Intramurals, provided by Fitness Center

Intramural & Club Sports at Regis

October 24, 2018

By: Rose Ferrie, Staff Reporter

At Regis, we offer a variety of sports and teams you can join to get active, make friends, and really feel like part of our Regis campus. For intramural sports there are options like wiffleball, soccer, basketball, and more offered in the fall. In the spring, there are sports like badminton, spike ball, volleyball, and more. I got the chance to talk to some of our student players:

Lucia Hoang- Member of the Women's Rugby Team

"For me, the team and sport is an opportunity to escape from a busy schedule and spend time with some lovely ladies. It helps to keep me sane. Rugby is also a pleasant reminder of my days studying abroad in Ireland.

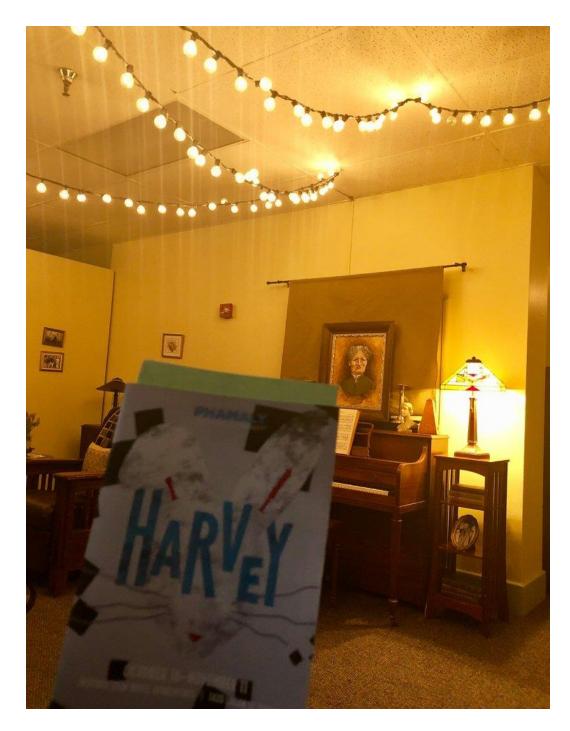
Ryan Moldenhauer- Co-president of the Club Men's Volleyball

"The club team has been a challenging, yet rewarding process. It requires much more commitment and responsibility than any other club or intramural sport I have been part of. We are given a budget which lasts the entire year to play in tournaments and purchase equipment. The practice schedule consumes a lot of time during the week and has been challenging for me to balance with my school work. However, this dedication has been rewarding in the sense of improving my game with my teammates everyday. We are all on this team together and share the same goal. The club game has been difficult, yet it will be just as rewarding once we begin playing competitively."

Jade Meurer- Captain of an Intramural Soccer Team

"Our team has had a lot of fun because we are all friends so this activity allows us to all hang out and play a game we enjoy."

If you have played sports in the past or just want to out yourself out there and have fun, join a team! You can contact Jennifer Wink jwink@regis.edu for more information.



Billplay of Harvey //Sally Andarge

Theatre Review: Harvey

October 23, 2018

By: Allison Upchurch, Staff Reporter

The quirky story of the play *Harvey* by <u>Denver native playwright Mary Chase</u> takes on a new light as the Phamaly Theater Company starts its run in collaboration with the Senior Housing Options at the Historic Olin Hotel Apartments. <u>As mentioned in a Highlander article last year</u>, the Phamaly Theater Company is a theater organization that offers actors with disabilities the chance to exercise their passion for theater in a professional

setting. Through their goal of re-envisioning disabilities through the performing arts, their production of *Harvey* is engrained with talent and passion beyond compare.

Harvey tells the story of a man named Elwood P. Dowd (played by Toby Yount) who spends his time socializing with new people and introducing them to Harvey, an Irish spirit that only Elwood can see who takes the form of a 6-foot-tall rabbit. Concerned about how Elwood disrupts the family's social status, Elwood's sister Veta (played by Joy Carletti) takes him to a mental institution where she attempts to convince the assistant doctor, Dr. Sanderson (played by Marcus Cannello) that Elwood needs to be admitted. From here, misconceptions are made, relationships are challenged, and the question of the existence of Harvey emerges again and again.

The set up of this production deviates from other theater experiences in that the sets are arranged in two different locations within the gathering spaces of the apartment complex. The audience and actors will start the show in the Dowd Family parlor, set up on the first floor of the building, and move to the second floor where the mental institution set is set up, and repeat this process throughout the show. This act of having the audience move within the settings of the story allows for a more immersive experience in that anticipation for what is about to come next grows as the audience moves.

The actors themselves play around with the set outside of the stage experience by interacting with audience members in between scenes and providing musical interludes with song and dance. This allows them to showcase their wide range of talent and passion within the performing arts that goes beyond theatrical expectations. All the actors have traits that society believes slows them down, but here in *Harvey* they embrace who they are and take hold of their own narratives by expressing their passions for performance. Overall, the message of learning to love and embracing family members no matter the circumstances reverberates through the actors, and the audience.

Harvey is at the Historic Olin Hotel Apartments until November 11. For tickets and more information on the Phamaly Theater Company, visit https://www.phamaly.org/.



Bailey Gent, Student Director of Innovation Center, and Paul Hunter, CEO of Repurpose and winner of last year's challenge //Frances Meng-Frecker

Second Annual Innovation Center Challenge

October 23, 2018

By: Natalia Zreliak, Co-Editor-In-Chief

Yesterday the Anderson College of Business held its launch party for the 2018 Innovation Challenge. The event was in the Innovation Center on the third floor of Clarke Hall from 5:00pm-7:00p, allowing community members to come and learn more about the challenge and celebrate the launch. In attendance were also some of the returning mentors from last year's challenge, ranging from professors to alumni along with a member of last year's winning team, Paul Hunter from Repurpose, to offer advice to those interested in these year's challenge.

<u>The Innovation Center</u> was created in 2016 with the mission to "innovate business education by bringing together students, faculty, alumni, and the community to design solutions for the curriculum and the world" according to their website. The Innovation center really wants to stress that anyone can participate in the challenge, you do not have to

have a business background. The top three teams will receive \$10,000, \$5,000, and \$1,000 along with a co-working space in the Innovation Center and the ability to utilize the <u>Alumni Matrix</u>. This year they will also be offering a prize to anyone who has a brand new idea but is in the beginning stages of developing it.

Each team must have at least one student but the Innovation Challenge is open to all students, faculty and staff. The challenge itself is to build an innovative business that is desirable, feasible, and viable. Questions that will be asked of the ideas include: Does the world need it? Can it be done with the tools the groups have and are asking for?

Lastly, will people actually pay for it? The teams will be judged on these three criteria along with their presentation.

"This is a business competition, we use the pitches as a metric to evaluate but the reality is this is about you starting and running a business that becomes a part of the community. This is where the stewardship mission comes into play" said Ken Sagendorf, Ph.D., a professor in the College of Business and Economics at Regis. Eighty percent of the judging is done by the panel of judges selected from areas all across the business sector and 20% of the judging is done by those in attendance of the final pitches.

"I am excited about the innovation challenge to see the process for the different teams and the ways that they develop over the year of mentoring, learning, and growing. I'm really just excited for them to take something and build on their education in a way that will be really feasible and tangible going forward after graduation," said Bailey Gent, a Senior at Regis and this years Student Co-Director for the Innovation Challenge.

Important dates coming up:

Monday, November 12: Open House in the Innovation Incubator from 5:00-7:00 pm

Monday, November 26: Open House in the Innovation Incubator from 5:00-7:00 pm

Monday, December 10 through Wednesday, December 12: Semi-Final Pitches, 15 minute slots between 6:00-8:00pm.

To learn more about the Innovation challenge you can <u>contact them on their website and join their mailing list</u> or follow them on <u>Twitter</u> and <u>Instagram</u> @RegisInnovation or on Facebook as <u>RegisInnovation</u>. Or email them at <u>innovation@regis.edu</u> or contact the co-directors Bailey Gent at <u>bgent@regis.edu</u> and Zach Pearson at <u>zpearson@regis.edu</u>.

TAGS: Regis, Regis University, Anderson College of Business, Innovation Center, Innovation Challenge, 2018 Innovation Challenge, Alumni Matrix, Ken Sagendorf, College of Business and Economics, Bailey Gent, Jesuit, Business, Natalia Zreliak



Free entertainment graphic //Created by Allison Upchurch

Top 5 Ways for Free Entertainment from Regis

October 11, 2018

By: Allison Upchurch, Staff Reporter

In between everything you have to do in a given day, it's nice to wind down and spend some time with entertainment such as TV shows, movies, music, and books. But being the budgeting or broke college student that some of us are, where is the entertainment with no extra costs to us? Well, your helpful Highlander staff has pulled together some awesome resources for you to check out – all at no extra cost:

1. The Media Services Desk at the Dayton Memorial Library

When you get inside the library and make your way down to the first floor of the building, you may come across a glass display case of various movies and TV shows all on DVD. Guess what? Those are for you to check out for free! Just head into the door to your left with your Regis ID in hand and check out a blockbuster movie or an entire TV season right from the Media Desk.

1. Prospector

Another resource our amazing library has to offer! If there is a specific movie or book that our library doesn't carry, then get it from another library through the Prospector database. This database allows libraries from around Colorado to share their listings for available books, movies, audiobooks, and CDs, and Regis students

can request whatever they want and it will be sent to the Dayton Memorial Library for students to pick up and check out.

1. Xfinity On Campus

If you are a student living in one of the resident halls here on Regis, then you automatically have access to the Xfinity on Demand library through Xfinity On Campus. Included within your housing, just log into Xfinity on Campus online or through the Xfinity app with your Regis username and password and a whole selection of current TV shows and movies are available to stream. You also get access to your very own DVR so you'll never miss a live event or the latest episode of your current TV obsession.

Not living in the resident halls this year but still wants free streaming? Check out <u>this list of streaming</u> <u>services</u> offered by the Dayton Memorial Library for you to use with your Regis username and password.

1. Student Activities Office

Throughout the year, make sure you keep up to date with the Student Activities office because they offer a lot of opportunities for great entertainment around Denver. They can anticipate which movies or live events Regis students will like to attend, and they will go out and purchase tickets and give them to students on a first come, first serve bases. Past events that Student Activities has offered free to students include the opening weekend showing of *Black Panther* and live events such as musicals that come to the Denver Center for the Performing Arts.

1. The Highlander

Not to brag or anything, but we are the news outlet that gives Regis students the low down for all the news and entertainment going around campus – no subscription required. Download our free app from the Apple or Android shop (search RUHighlander) and take a few minutes to scroll through the stories that our team publishes every day! We'll keep you updated for exciting news and events from Regis and in the greater Denver area from all beats such as Campus Life, Sports, and Social Justice.

Take some time for yourself and check out one of these resources. After all, they are all free!



Regis University remembers 9/11

October 11, 2018

9/11 Memorial, soldiers march with flags outside of Regis Chapel //Frances Meng-Frecker

By: Rose Ferrie, Staff Reporter

On September 11, students, faculty, and community members gathered at the Regis Chapel to commemorate and memorialize the horrific events that occured 17 years ago in our country. Some of us students were very little when this tragedy happened, but the memory of this event is kept alive by our parents, professors, and other people who will never forget where they were on this day. One of the speakers at the memorial was Lt. Mike Tavalez of the Adams County Fire Department who shared his memories of that day. He recounts that he was working somewhere in Aurora just getting off a shift when he turned on the TV and saw devastating footage of the towers.

However, myself, along with many of my peers, have little to no memory of this day, I have only learned second hand through my parents, teachers, and newsreels what happened. I know that 19 men hijacked 4 planes and 2,977 people died because of the attack. It is easy to look at a tragedy like this and only see numbers.

The memorial event hosted on Regis's campus reminds us of the emotion and raw pain experienced that day and years after. In this experience, I was able to reflect on my visit to the 9/11 Memorial Museum in New York. It was a powerful experience I will never forget. The museum includes wreckage of buildings and first responder vehicles, newsreels playing all around you. They have pictures and names of all the men, women, and children who perished; this made them far more than a number, it was a painfully humanizing experience that made me tear up.

It is easy to let such a tragedy disappear from our everyday thoughts but, we will never forget these people that lost their lives on September 11, 2001. In the museum there is a quote, "No day shall erase you from the memory of time." The service on campus was a powerful reminder of the loss of innocent lives, the sacrifices of the first responders, and the mourning that their friends and family face to this day.

St. Mary's Glacier

October 11, 2018

Saint Mary's Glacier //Rose Ferrie

By: Rose Ferrie, Staff Reporter

Saint Mary's Glacier is a beautiful hike that ends at a breathtaking lake and includes year round snow pack that you can enjoy. I have hiked this 1.5 mile hike, round trip, a few times in the past so I was familiar with the extremely rocky path and incline. It leads to a glacier and a beautiful lake; these views are breathtaking and you can take your hike even further if you want to climb up the snowpack and explore more. You can visit Idaho Springs; a cute mountain town that has a cool pizza place, Beau Jo's that is a Colorado classic. Beau Jo's is known for their thick crusted pizza and for the famous trend of dipping pizza crust in honey; it is delicious!

I should say, I am an average, or below average hiker so I enjoy some quick and easy ones, usually nothing more than 3 miles and nothing terribly strenuous so keep that in mind when I say that Saint Mary's is a fairly easy route. If you are thinking this hike may be something you would like to try, I can tell you it makes for a quick and fun day trip, and the drive time is only about an hour or less from school. I will warn you, the path is very rocky so that can make it a little tough due to the difficult terrain. Other parts of the hike are fairly steep, but totally rewarding once you get to the glacier. All in all an amazing hike for anyone wanting an easy, day trip to a beautiful location. So grab your boots, some water and sunscreen and head to the mountains this we ekend while we still have sunshine!