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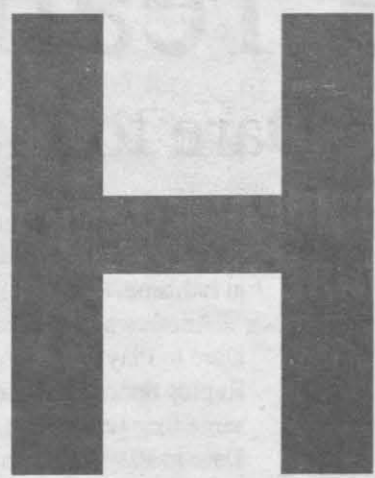
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Regis University's



Highlander

Volume 100, Issue 2

October 2015

The Great Debate

Students respectfully weigh in on the sides of pro-life and pro-choice. Page 4

Occupying October

From Fall Break trips to art events and haunted houses, find activities to fill your time this month. Page 7

More than Just a Job

Advice for students seeking experience from a seasoned intern. Page 3

Giving Back to the Team

Regis Men's Soccer Gets Involved with Dare to Play

Jac Williamson STUDENT JOURNALIST

Regis University Men's Soccer head coach Tony McCall and the Global Down Syndrome Foundation partnered up to create a four week program called Dare To Play, where children who have Down Syndrome get a "buddy": a Regis men's soccer player that encourages them with one-on-one attention and plays soccer with them.

The Dare to Play soccer camp was inspired by the birth of McCall's youngest daughter, Kenleigh, who was born with Down Syndrome seven years ago.

As a well-respected leader and mentor in the soccer community, McCall has been able to incorporate the values and spirit of our Jesuit University by giving back through service as well as educating others in the process.



For the last five years, Regis has been impacting the lives of kids ranging in age from five to

seven.

In the first three weeks of camp, Regis holds practices with their

buddies on the weekend as well as plays a game during a home match at halftime.

Another active partner with Dare to Play is the Colorado Rapids Soccer team who runs the same four week program. The Dare to Play participants will have the opportunity to showcase their talents to a wider audience and the Down Syndrome community.

At the end of September, the Regis Men's Soccer team walked out their buddies on the field before the match and played a game with them at halftime in the Colorado Rapids' pitch to promote awareness as well as acceptance of Down Syndrome.

Photo: Regis University Athletics

Hector the Homeboy

Marley Weaver-Gabel
STUDENT JOURNALIST

On Sept. 25, Assistant Executive Director of Homeboy Industries Hector Verdugo shared his insight with students of Regis University.

Through personal stories and reflections, Verdugo brought to life the power of Homeboy Industries and the simple comfort that permits the gang members they work with to feel loved again.

Similar to much of what Rev. Greg Boyle, S.J. writes about in *Tattoos on the Heart*, Hector's message boiled down to the basic principle of each person feeling their worth.

"It's nice just to be accepted," Verdugo said.

For the gang members seeking help from Homeboy Industries, many doors have been shut in their faces. Opportunities are rare and resources to pursue those opportunities are scarce. Homeboy Industries opens those doors and reminds everyone they have a place.

"This is a place with a bunch of guys with tattoos on their faces," Verdugo said. "We've all been to the joint but here we are and we are changing."

For Verdugo and many other members of the barrios, they find Homeboy Industries when they recognize they want to change themselves and their lives. Boyle works with anyone who is looking for guidance and redirection.

Along with creating an opportunity for those who want it, Homeboy Industries has an open door to anyone who is still unsure of accepting the change.

As Verdugo puts it, "If you can't

hang with it, come back when you are ready." There is never a limit of opportunities, which is a reflection of the "no-matter-whatness" of God's love that Boyle and his employees radiate.

This love and compassion is an instrumental factor in bettering the lives of the people who work in Homeboy Industries. Working with this program, people are given second chances and reassured that they are able to make a change in their lives if they desire it.

Verdugo tells homeboys and homegirls who come in search of services, "Look around at all the brothers and sisters here at Homeboy who have done amazing things. You can easily be one of them if you choose to."

The resource is available, and the difficult step is making the choice to change. The confident strut and tattoos of the gang members are layers of protection and desire not to be hurt anymore. Homeboy Industries forces them to be uncomfortable, and "makes [them] uncomfortable." Taking the first step must come from a desire, "I want to work on my life. I want to change myself."

Once they accept their own vulnerability, they work from there to redirect their lives. Side by side, men and women from enemy barrios work together connected by a common desire to change.

Making this transformation is certainly frightening but in those situations, Verdugo explains, "I am armed with God."

For more information on Homeboy Industries visit <http://www.homeboyindustries.org/>.

New Minor Program Offered

Lauren Kovanda
STUDENT JOURNALIST

Sustainable food in urban areas often seems impossible to obtain. Many people would like to contribute but do not have the resources to know where to even begin. However,

thanks to Damien Thompson, starting this coming spring a minor called Community Food Systems will be offered for students.

"This interdisciplinary minor will explore the social, economic and health implications of the dominant food systems," Thompson said.

This program is 15 credit hours and only takes about 10-15 diverse students who are willing to fill out an application.

The curriculum starts with an introduction class to Urban Food Systems in a classroom setting. The students will then move to a "hands on" environment field practicum in the spring. This part of the minor is not in a classroom but instead in the Sister Gardens, a one-acre farm that is being developed at 52nd and Federal as a component of the Cultivate Health Project. During the summer the students are required to do another field practicum of their choosing in which they maintain land and crops.

In order to complete the minor two elective classes are also required.

The goal with this minor, according to Thompson, is to "Develop the knowledge and skills necessary to contribute to the movement to achieve food justice and a more sustainable urban food production model. All the

"This minor is intended to help students recognize social and ecological relationships, develop skills in food production using bio intensive and permaculture approaches, and to help communities in which they live."

while students will be developing leadership skills to pursue a realistically sustainable future."

This minor is intended to help students recognize social and ecological relationships, develop skills in food production using bio intensive and permaculture approaches, and to help communities

in which they live. Thompson intends for students to "analyze social systems to discern the way that those systems mediate or disrupt our understanding of ecological and social relationship, understand the food environmental movement by actively contributing and demonstrate improved food access."

Thompson is now in the process of interviewing applicants for admission to the program. Sophomore and junior program participants, as well as select freshmen, will be notified by Oct. 13.

Companion: Never Walk Home Alone

Jac Williamson STUDENT JOURNALIST

Now you never have to walk home alone again. With tens of thousands of downloads just this month, people are now actively using a personal safety app that allows friends or family to virtually walk you home at night.

Created by five students at the University of Michigan, the Companion app provides a map of your current location to whomever you share it with and gives them permission to track your journey home.

Only the user needs to download the free app, which is available for both iOS and Android, and can send their location to as many contacts as they desire.

Once a friend or family member is contacted, they receive a SMS text

message to a link that shows the user walking to their destination. If at any moment the user has their headphones

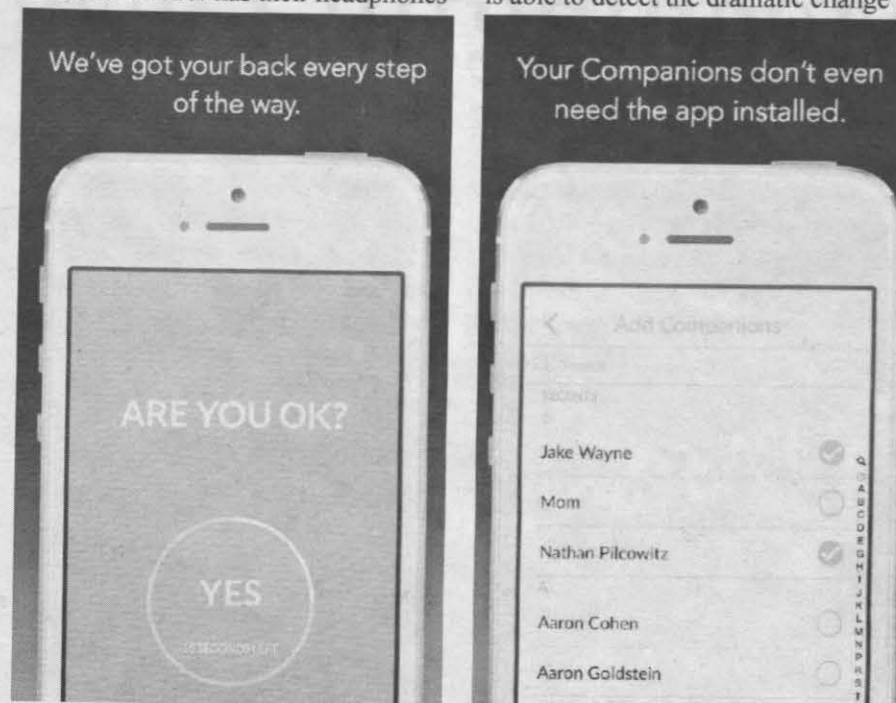
yanked out of their phone, begins running, is pushed or falls, the app is able to detect the dramatic change

in movement and immediately asks the user if they are okay. The user has 15 seconds to respond and if they do not confirm that they are okay the app instantly transforms into an alarm system to scare attackers from the scene and also gives the user an option to call the police.

At the same time, an alert is sent to whoever is walking you home and they are given the option to call the police and give them your exact location, or call you and make sure you are OK.

When beginning your walk home, be at high alert of your surroundings and keep your phone close. Your personal alarm system and walking buddy is just a tap away.

Photos: Companion: Never Walk Alone via The App Store



Surviving an Internship

A Realistic Representation of Your First Work Experience

McKenna Solomon
SOCIAL MEDIA INTERN

Convention dictates that internships are an amazing way for college students to break into their prospective industry, build their network and decide whether what they're studying is actually what they want to do for the rest of their lives. Based on my experience, these notions are true.

The process of surviving the first month or so, however, can be quite challenging. Take this as an informal exploration of the challenges you might face in your internship or in your first corporate job and how to deal with them.

Be Professional. I'm hoping you all know what the word professional means, looks and acts like. Live it, love it, be it. You should be sleeping in business casual and save your suit for the daytime. Not really, but the point is that you are representing yourself, Regis and the organization, so you should take your position seriously.

Understand your work climate; the objective, mission and overall function of the organization. You should probably know this information before you go to interview so that you can craft your answers to match the objectives of the organization. You need to understand what people's goals and motivations for the organization are so that you can help reach those goals. It is also important to understand what role this organization plays within its industry. What goods or services do they provide? Who are their recurring business partners? What have you heard about them in the media? You have to understand how the organization views itself, so you

can better represent their mission and assist them in their endeavors.

Ask what your job responsibilities are. In order to perform well, you need to know what your supervisor expects you to do and how they expect you to do it. Your supervisor will likely be happy to explain what your main tasks and responsibilities are, how they would like those tasks done and explain basic office decorum to you. I asked my supervisor to sit down with me and go through the written job description and her expectations. This proved to be very helpful but terrifyingly overwhelming...which leads us to our next point.

You're going to feel overwhelmed. It's very likely you will have a pile of work to do, and you won't know how to do a portion of it. You have asked a million questions and still feel lost. That is perfectly normal. You're adjusting to a new environment and that takes time. You may also feel like you're drowning, as I did. My third week in, I had to prepare and present six months worth of possible holiday, heritage and exhibit themed events and the possible media relations strategies to my supervisor. The spreadsheet was complete, but as I talked through it, it was clear I was not confident in what I was saying and that I was very overwhelmed by the gravity of my work. After the meeting she turned to me and said "I know you're overwhelmed; just know it could be worse. At a PR firm you wouldn't have any consistency." It took everything I had not to break down in tears in front of her (and I don't ever cry...ever). If this is how I was going to feel in public relations, this was not what I wanted to do for a living. About a week later, I started being assertive, started asking questions and I felt so much better

about what I was doing.

Ask questions. No doubt you've heard the phrase "There are no stupid questions." When you're at your internship there's no such thing as a stupid question. Odds are you will have more questions than "How did you get where you are?" and "What do you recommend young professionals do to improve their standing in the industry?" (both very good questions though). If you're working in a large corporate or government office your supervisor is going to be very busy. Often times they'll expect, no they'll assume, that you know what you're doing. You may have a very vague idea, or no clue, as to what you're supposed to do. My first two weeks of my internship were a disaster because I was afraid to ask questions. My supervisor was always flustered and gave me very short directions as to what she wanted so I would return with an acceptable product, but I found that if I asked for clarification on the instructions and asked questions about the project I would have less work to edit and redo later.

Write everything down. It's your first day, and you're sitting in a board meeting. You're asking yourself, "What am I doing here, should I write this down?" Most supervisors will prolong your meeting the board, CEO and COO for later, so this is a poor personal example, but the point is that you need to write everything down. I mean everything. Who was in the meeting so you can ask them questions later? Basic bullet points about important topics will help you later. The better the notes, the better your ability to participate in the future.

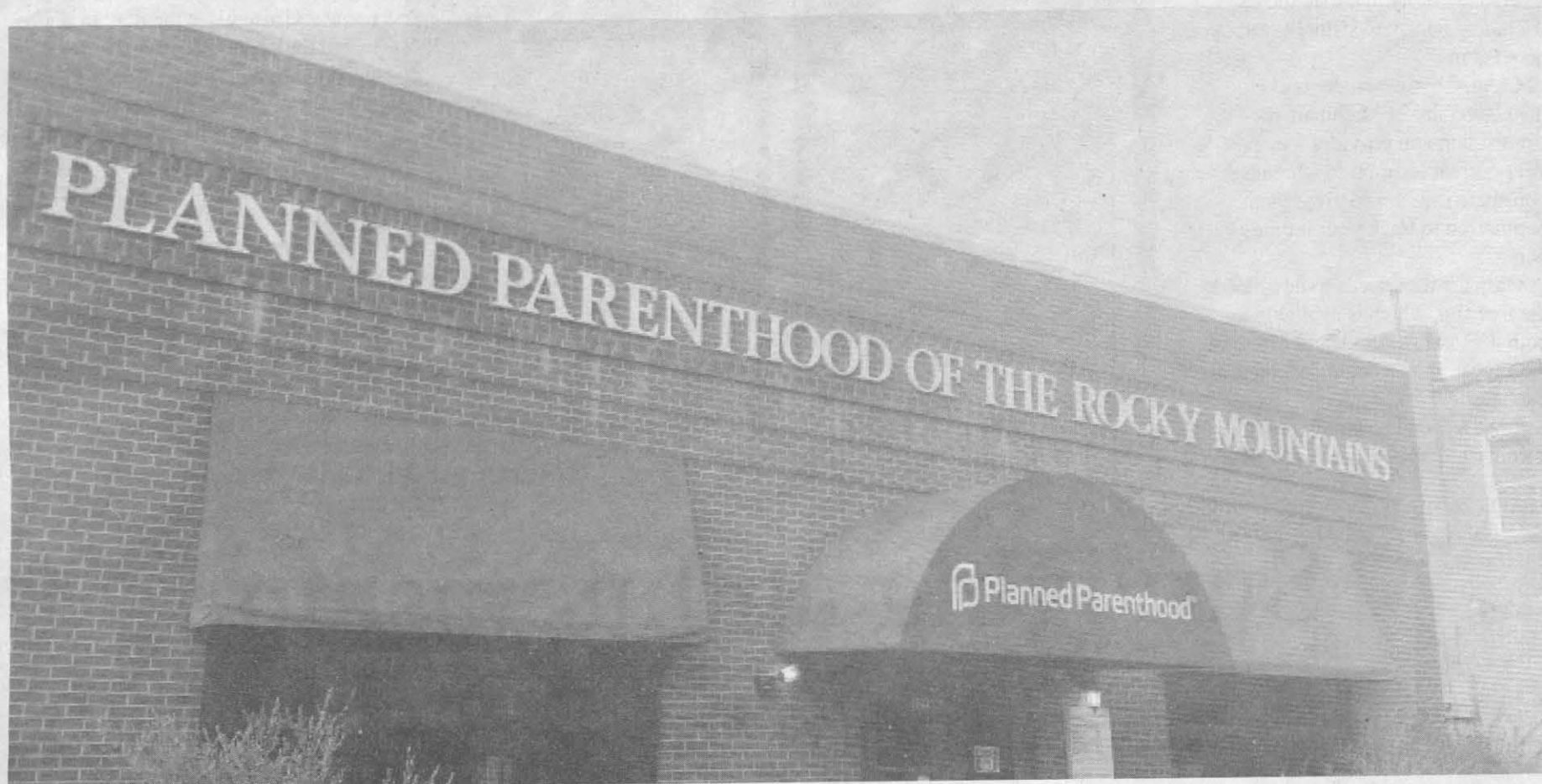
Be assertive. You're sitting at a meeting again. Perhaps they're brainstorming upcoming fundraisers and community partners. You have

an incredible idea. Be assertive, share what you have to say. Your personal experiences are unlike those of everyone else at that table and you may have an incredible perspective that they need to nail this project. You are not just an intern, you are a member of the team; don't discriminate yourself because of your title. That title could change to assistant or coordinator as soon as your attitude changes.

Make yourself an invaluable resource. If you are intentional about your work, do your work well and in a timely manner, you are on your way to making yourself invaluable to the organization. You have to provide them with a service they cannot provide themselves. Maybe your skillset makes you better at completing a task, or you assist on a project they could have never done themselves. It could be something as basic as the fact that you're a gifted writer or you have excellent analytical skills. The point is you have to give them a reason to never want you to leave.

Internships are not easy. You'll likely do a lot of work you don't care to do, but you'll also get to participate in projects and develop skills you never dreamed of having at the age of 20. The internship office, located in Loyola 1, can provide you with amazing insight, much needed support and great resources for your internship. I also recommend talking to students around you to see what their experiences are. Your fellow students are incredible resources. You can read a million "How To" articles but personal experiences, like those I shared with you, can be very helpful when you're entering the world of business.

Pro-Choice and Pro-Life Students Have Meaningful Discussion



Tanner Stuhr LEAD ASSOCIATE EDITOR

One sensitive issue that Regis students are tackling on campus is abortion. Seniors Lauren Counterman and Jacob Wilkerson sat down on Sept. 30 to discuss their views.

Counterman first wanted to make one thing clear about the pro-choice groups. "While I do identify as pro-choice I think it's kind of a misnomer I don't think anyone is pro having to make the choice to abort; that it's all people are pro-life. I think the tactics can be different. Choosing quality over quantity is part of why I identify as pro-choice," Counterman said.

Wilkerson feels that one question must be answered in the debate. "I guess I would say to defend the pro-life stance really lies in turn on whether or not the unborn are people, are living innocent human beings. I would argue that science can answer for us that the unborn are alive and they are human," Wilkerson said.

Counterman agreed with Wilkerson and stated that she believes scientifically life starts at conception. According to Counterman, the main issue is when do those cells have the full rights healthy adults do.

"I think realistically those human cells should have rights every step of the way. I think what those rights look like should differ from the rights of a fully developed human being from 18 on. Those rights should reflect the utmost intention to minimize as much harm as possible. I think that is reflected in a lot of current legislation and medical views and not allowing legal abortions after 26 weeks (when pain can be experienced by the unborn child)," Counterman said.

Wilkerson feels the differentiation of rights can be something that is very dangerous. "For me, I think it is very dangerous to try and draw a line between conception and natural death. If we are to divide and discriminate at any point on any basis I think that undermines human rights for anyone. It takes us down a really slippery slope and dangerous road," Wilkerson said.

There may be a detrimental effect on women who receive an abortion. According to an article in the

Scandinavian Journal of Health, women who have an abortion are at an increased risk for subsequent depression. Also, according to abortion.procon.org, those who have an abortion are 156 percent more likely to commit suicide.

Counterman referenced her experiences in which she knows women who have had an abortion. "I think anxiety played into all of them whether it was situational or clinical. I think it is largely beside the point because it is going to be triggering for most people. When a woman is placed in a position where she feels that this is a viable option for her I think that in and of itself is depressing" Counterman said.

"I think philosophically and scientifically that it is the easiest place to go...I think we both have the intention not to do harm."

Although there appears to be mental health issues among women who receive abortions, there are also issues with individuals who are denied abortions. A University of California at San Francisco study found that women denied abortion were more likely to be below the poverty line, become unemployed and become victims of domestic violence.

Wilkerson wanted to emphasize that part of the pro-life movement is aiding women in need. "I think that there is a common misconception about the pro-life movement that says that pro-life it is only concerned about the baby and does not care about the woman. There are so many resources out there for women who find themselves in these unfortunate circumstances. It is hard; it is depressing," Wilkerson said.

Wilkerson also feels there are organizations willing and wanting to help. "They work to get them educated, to get their GEDs, help them get their job. They have all sorts of classes on different parenting

topics to help prevent (these situations)," Wilkerson said.

Wilkerson also pointed out all the funding that was going into Planned Parenthood. He stated that if that funding went into preventing these situations, there could be great strides.

However, Counterman pointed out that abortions have been happening for a very long time. "What we found is abortions are going to happen whether they are legal or not. What we have also found is that when abortions are made illegal it is more damaging to more lives. Women often die in the process, husbands and partners often commit suicide," Counterman said.

Wilkerson feels that whether or not abortions are going to happen is not sufficient reason to have them be legal. "The same thing could be said about theft or murder or any other crime. All these things are very dangerous to do. Theoretically if we legalize them they would be safer. What are we really saving? If we were to just take the context of abortion and blow it out to murder. If we legalize murder it will be safer for the murders to murder," Wilkerson said.

As with any major issue it may be difficult for both sides to find common ground.

"Until that is illegal to kill the life (of the unborn) I do not know that there is going to be that common ground on abortion. With that said there are other means of connection (between the two sides). Like what we have been saying, really working with the women that find themselves in that situation," Wilkerson said.

Counterman, in this respect, agrees with Wilkerson. "I think politically it is more difficult (to reach common ground). I think philosophically and scientifically that it is the easiest place to go. I think we both agree scientifically life begins at conception. I think we both have the intention not to do harm," Counterman said.

Both sides in this conversation find abortion to be a very unfortunate situation, but finding the best means of reducing harm may be the most difficult aspect of the debate on abortion.

Student Opinion: The Jesuit Response

What are we called to do as the Syrian refugee crisis approaches U.S. borders?

Brayden Weninger
STUDENT JOURNALIST

March 28, 2015 may have been some. But this rainy Sicilian afternoon will forever stand out in my mind as one of the most memorable days of my young adult life.

This was the day I met Osman and Omar. These two teenage boys, ages 16 and 14, had recently come to Sicily to escape the war-torn perils of their homeland. Neither boy owned more than the clothes on their backs. Both had made the treacherous overseas journey alone.

On this damp afternoon, while seated around a makeshift dining room table in a conventional Italian apartment, Omar and Osman told me the story of how they had come to find themselves here.

After traveling for months on foot through deserts and on rafts across treacherous waters, both boys somehow managed to safely make their way to the Italian island of Sicily.

With the help of Acculurette, a nonprofit organization that helps find temporary housing for underage refugees in Sicily, they were matched with the modest Sicilian family with whom they were staying at the time. Thanks to this program, Omar and Osman were protected from the dangers that many other underage refugees are currently facing in Italy. The majority of young refugees often fall victim to human trafficking, deportation, abuse,

starvation and even death.

There are not enough resources in Sicily to meet the needs of every refugee that comes to Italy seeking sanctuary. There are already insufficient resources and still thousands of refugees continue to pour into this and other European countries daily. Some Sicilians are angered by this influx. Others are displeased but docile. For-

England.

Last month, the Obama administration announced a plan to resettle at least 10,000 of these refugees into the U.S. over the next year. As a result of this recent announcement, U.S. news headlines regarding the horrors of the European Syrian refugee crisis have shifted so that the focus no longer remains on the events as they occur

our neighbors do not look like us, sound like us, eat like us or practice the same religion as us. As students at a Jesuit University, an institution that encourages students to be "Men and Women in Service of Others," how are we called to respond to this situation?

Three weeks ago, TIME Magazine posted a photo to Instagram with the following caption: "Syrian mi-

grants are taken to Leros, Greece at daybreak, aboard a Greek coast guard vessel after it rescued them from waters near the Greek-Turkish border."

Comments to this post read, "wow" and "heart-breaking," but are we really allowing our hearts to be broken by this devastation? Although such headlines have reached our news, it seems as though this issue has not yet infiltrated our own hearts in a manner necessary to bring about change.

Although we comment on such posts asking, "Where the

hell is the UN in all this?" we fail to acknowledge our own failures in this situation. As Americans, as Jesuit-educated young men and women, what can we do, in the face of this major global catastrophe?

As the faces of Omar and Osman come into my own mind, I am struck by the disappointment that the answer is, as of yet, unclear. Still, I remain strong in my conviction that it is our responsibility to find out.



This image was featured on Time Magazine's Instagram three weeks ago.

unately, a select few are compassionate to the plight of these men, women and children seeking refuge. Many, like the family who took in Omar and Osman, live modest lifestyles and yet somehow find a way to feed and clothe the strangers who arrive at their doorsteps.

Over the last several years, in an effort to escape their war-torn homeland, more than four million Syrians have fled to neighboring European countries seeking refuge. Among the most inundated countries are Greece, Turkey, Lebanon, Italy and Germany, as well as nations as far north as

overseas. Now that President Obama plans to begin admitting refugees as early as October, Americas are no longer viewing this crisis as a localized issue.

Reality has begun to set in: this international human rights emergency will soon affect Americans all across the country on an increasingly personal level. Soon, boys like Osman and Omar will be on U.S. soil, in need of urgent care.

As young American college students, many of us have no idea what it is like to be a displaced foreigner, attempting to survive in a country where

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Skunks Might Think They Are Funny But I Do Not

Matt Bender STAFF WRITER

The Great Skunk Problem of 2015 is underway and it seems like very few people are talking about it.

The population of skunks in the surrounding Regis neighborhoods this year seems, well, different. Not only are there more skunks than ever; they have become increasingly more aggressive and bold in their hunt for food.

One or perhaps five skunks have been wreaking havoc along the 52nd Ave. corridor between Osceola and Stuart just west of campus over the last several weeks. The stench can be smelled for miles. They come up to your door, dig through your trash and attack your dog, all in attempts to find something edible.

These things are ruthless. Just a few weeks ago, while looking for a friend whom we had lost track of shortly after a concert, my friend Lucas and I noticed a figure moving around over by the trash bags we had left out in front.

"Jack ... Jack, is that you!?" shouted Lucas hoping to get a response from our missing comrade.

A few steps closer and we quickly realized that was not Jack's head but instead the raised and aimed rear end of a skunk who was not ready to leave the trash merely to go hungry another night.

After shouting and a couple near misses with some pebbles, we hit the skunk dead on with a good sized rock, scaring the thing enough to get it to waddle away across the street. But something about the way it would not leave and the hesitation it had in its waddle, I just knew this would not be over.

Not long after this event, we were dealing with a freshly sprayed dog, roommate and pretty much an entire house of skunk. Luck was not on our side. Inside and outside, no matter where you went it smelled of skunk. However, it did seem as if our dog had at least scared the skunk away for the time being.

But it was not for long. Last week in the middle of a dark night while on a short walk with some friends, we smelled it again. That horrible, gut wrenching smell of earth's most sinister creature.

But lo and behold! It was not in the bushes or waiting on the sidewalk to ambush us. To our delight it was thoroughly crushed and blissfully smeared across the road by some unlucky motorist that now undoubtedly smells of skunk.

One down but how many more to go? Only time will tell. Be safe out there folks. And do not let your dog get sprayed; that sh*t smells forever.

Hops & Pie

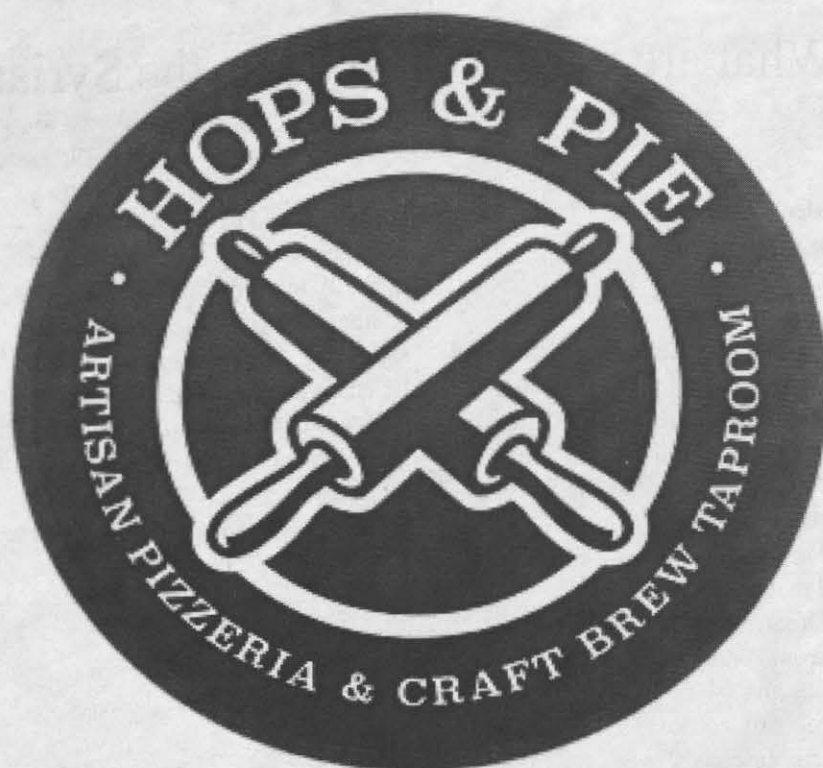


Photo: Hops & Pie

Karli Denk ASSISTANT PUBLISHER

If you haven't heard of Hops and Pie yet, you are really missing out. I just discovered this hidden gem on Tennyson Street and I am thoroughly impressed.

The line out the door suggests that others love their amazing beers and craft brews as well. But what really draws me to Hops and Pie is the amazing deals they offer.

Every Tuesday, for about \$20, you

get one medium sized pizza and two craft beers. What a steal! A perfect idea for a casual date (or solo outing, if you're having a rough day).

Hops and Pie is such a short drive, and definitely worth the trip!

Hops and Pie is located at 3920 Tennyson Street, Denver, Colo. 80212.

Hours: 11:30 a.m.-10 p.m. Tuesday through Thursday, 11:30 a.m.-11 p.m. Friday, 12 p.m.-11 p.m. Saturday through Sunday, closed Monday.

College Kids Called to Vote

Natalia Zreliak
SOCIAL MEDIA INTERN

According to the Center for Information and Research on Civic Learning and Engagement's preliminary estimate, 21.5 percent of people aged 18 to 29 voted in the 2014 midterm elections. That means that only 13 percent of votes that were cast in the midterm elections were cast by young people.

While college students like to watch various Vines that mock Donald Trump and Hillary Clinton has more Snapchat friends than any of us could ever dream of, this doesn't mean that the demographic is becoming politically active.

The lack of involvement from young voters is not a new phenomenon. Historically young voters have always had a weak presence. The US Census Bureau reports that voters ages 18 to 24 have voted at lower rates than any other age group in all presidential elections since 1962.

One theory as to why young people aren't voting is that they don't feel connected yet to a particular place, especially college graduates who are going off to find their place in the world. Another theory of why voting doesn't appeal to younger people is that the issues that are often at the forefront of an election are not

what young people want to focus on. Young adults are more concerned with climate change and the crippling student debt that they will face once they graduate.

So how do young adults get politicians to put more focus on the issues that they want? It's simple: by voting. Politicians want to appease the greatest amount of voters as they can; that's why they focus on issues that older voters care about.

Young voters can have a really large impact when it comes to elections. Take the 2012 presidential election for example: young people in large were a key group of voters that helped in getting Barack Obama elected into office.

As a college student, it is a bit hypocritical not to vote. You're spending lots of time and money to expand your mind and challenge yourself to become the person you are meant to be, so why would you not do one of the most empowering things you can by voting?

To be eligible to vote you are legally an adult and it is your civic responsibility to cast your vote when the time comes. When election time rolls around keep in mind all of the people who have fought for your right to vote. It is only right to honor the sacrifices they made by stepping up to the plate and letting your voice be heard.



Has this skunk finally met its deserved end? Photo: Matt Bender

Alternative Fall Breaks

Brayden Weninger STUDENT JOURNALIST

Six weeks into the fall semester students at Regis University are in the thick of their studies. They've developed routines, fine-tuned their schedules, made it through the first of many all-nighters, and are already looking forward to the highly anticipated, and widely-coveted extended weekend known as fall break.

As the four-day holiday draws closer, many students have made their plans. Whether they're booking flights home, organizing road trips with friends, signing up for OAP adventures, or planning to hunker down in their dorm rooms for a few days of much-needed R&R, fall break holds the promise of adventure, relaxation, and freedom for all students.

For a select few students, however, this year, fall break will not be filled with restful and rejuvenating time spent with family and friends. While their peers take advantage of this time to travel, enjoy the outdoors and perhaps eat a nice home cooked meal, dozens of Regis students, along with various daring faculty and staff members, will be participating in one of several university-sponsored fall break immersion trips.

Linda Land-Clossen, the faculty organizer of one such trip, describes the Urban Plunge Immersion Trip as an opportunity "to challenge yourself to grow in knowledge and compassion."

During this plunge students will base out of the St. Elizabeth of Hungary Church on Auraria's campus in downtown Denver.

"We will spend two days working with, learning

about, and reflecting on those at the socioeconomic margins," Land-Clossen said.

Students preparing for this trip have realized that their Fall Break experiences will differ greatly from those of their peers. They'll be packing a borrowed OAP sleeping bag and several days worth of clothing into a single backpack. The contents of said backpacks, trip leaders urge, should not exceed \$100, in an effort to be intentional about their own privilege as they enter into this experience.

As these students, as well as those participating in university-sponsored trips to Fort Morgan, Westwater Canyon and Moab prepare for their journeys, we wish them a safe, thought-provoking, and enriching experience. To them and to all other adventurers, we wish you a wonderful fall break!

Mark Your Calendar

Compiled by McKenna Solomon SOCIAL MEDIA INTERN

Sept. 18, 2015 - Jan. 10, 2016

Repeat/Recreate: Clyfford Still's Replicas

Clyfford Still is a renowned American painter best known for his contributions to the Abstract Expressionist movement. This exhibit features Still's works paired together to give the viewer an understanding of the processes and methods employed by the artist. Admission is \$6 with college ID.

July 10, 2015 - Jan. 10, 2016

The Power of Poison at the Denver Museum of Nature and Science

The exhibit provides the audience the opportunity to explore the role of poison in nature, narrative and contemporary medicine. Admission to the museum is \$14.95. For more information about the museum visit www.dmns.org.

Sept. 19, 2015 - Jan. 31, 2016

Marilyn Minter Pretty/Dirty at the Museum of Contemporary Art Denver

An overview of Marilyn Minter's career. The exhibit contains both paintings and photographs that express Minter's interest in the cultural intersection of feminism and fashion. Admission is \$5 with college ID. Visit mcadenver.org for directions, parking and business hours.

Permanent Exhibition:

Vance Kirkland, 1904-1981, Colorado Painter at the Kirkland Museum of Fine and Decorative Art

Vance Kirkland was a charter member to the Denver Artists Guild, an organization of Colorado artists that inspired the development of an artistic center in early Denver. Kirkland is known for his surrealist abstractions, inspired by his synesthesia. The museum building, originally Kirkland's personal studio, houses a large permanent collection of Kirkland's work, many works from Denver Artists Guild members as well as decorative art oddities. Museum admission is \$8. You can learn more about Kirkland and the museum at kirklandmuseum.org.

Oct. 4, 2015 - Jan. 17, 2016

Super Indian: Fritz Scholder, 1967-1980 at the Denver Art Museum

Fritz Scholder is known for his pop-art paintings and lithographs depicting American Indians. The stylistic and thematic elements of Scholder's work polarized the art world; Scholder's depictions of American Indian stereotypes were very controversial. Admission to the museum costs \$8 with college ID and in-state residence, \$10 with college ID with out-of-state residence. They will ask you for a zipcode mid-transaction; if you use 80221, the zipcode for Regis, you can still get that \$2 discount.

Oct. 2, 2015 - Jan. 2, 2016

Meditations on Fragments at Byers-Evans House Museum

The exhibit is a collection of silver gelatin darkroom prints crafted by Paul Caponigro, a world renowned fine art photographer. Admission to the gallery is free. More information about Byers-Evans House Museum is available at byersevanshousemuseum.org.



Frightfully Fun Nights



The 13th Floor Haunted House

Sept. 18 - Nov. 14 (7:30-10:30 p.m.)

Watch your nightmares come to life! A seasonal and local favorite, The 13th Floor was rated "the #1 scariest haunted attraction in the U.S." by Fango Magazine. There will be clowns, so I won't be seeing you there. Tickets are \$25.99 on weeknights, \$27.99 Friday and Sunday, \$29.99 on Saturdays. For a detailed calendar of dates, times and ticket prices, visit 13thfloorhauntedhouse.com.

Haunted Field of Screams

Oct. 2 - Oct. 31 (7:30-10 p.m. Thursday/Sunday, 7:30-12 a.m. Friday/Saturday)

Every year this unique maze pops up on 35 acres of corn field just outside of Thornton. The maze consists of several themed outbuildings and so much corn. Fear not; the actors can actually follow you through the entire maze and every time you hear the stalks move you might pee your pants. Caution: you may feel paranoia in corn fields following this event. Tickets for the maze cost \$24. For more information on the maze visit hauntedfieldofscreams.com.

The Asylum Haunted House

Oct. 2 - Nov. 31 (hours variable)

I'm sure you're guessing what the thematic elements are... an abandoned mental institution sounds like a lovely place to take your significant other. The Asylum was featured on The Travel Channel's America's Haunts. It's sure to give thrill seekers a jolt, but not in the creepy electro-shock therapy way. Tickets are \$25.99 on weeknights, \$27.99 Friday and Sunday, and \$29.99 on Saturdays with exceptions. Check out a detailed calendar at asylumdenver.com.



Counseling and Personal Development

Regis University

National Coming Out Day is October 11, 2015! The Office of Counseling and Personal Development supports Regis University's Jesuit, Catholic Mission and the principles of human dignity, which supports those who are marginalized because of their sexual orientation and/or gender identity, as well as their allies. We desire a safe and inclusive campus environment for all members of the Regis community that promotes respect, compassion and sensitivity toward all. Below is a list of faculty, staff, and students who support LGBTQ students and this mission.

Zoe Wolf
Zoe Vlastos
Yadeira Burnett
Vivian Reeves
Violet Mitchell
Victoria McDonald
Victoria Hernandez
Veronica Valenzuela
Veronica Lewis
Tram Ha
Tony Crow
Tom Reynolds
Tom Howe
Tobi Korth
Thanh Nguyen
Taylor Mack
Tayler Bunch
Susan L. Bias
Suez Jacobson
Stephanie Hicks
Stephanie Gray
Stephanie Faulkner
Stacey Green
Spencer Ellis
Sonia Gonzalez-Ortega
Sofia Pancoast
Shelby Mowery
Shannon Bryant
Shana Kronish
Savanna Brown
Sarah Stovicek
Sarah Kellner
Sarah Holmes
Sarah Asp
Sara Panek
Sara Bugajski
Rona McCall
Robin S Koenigsberg
Remi Kessler
Rebecca Betjemann
Rachael McCue
Paul Alexander

Patti Schoeninger
Patti DelliVeneri
Obdulia Castro
Njal Lundberg
Nicki Gonzales
Natalie Doggett
Natalia Wannon
Nahed Barakat, PsyD
Na'imah Muhammad
Morgan Reitmeyer
Molly Miller PA-C
Miriam L. Hernandez
Melissa Nix
Melissa Auringer
Melinda Taylor
Meghan Garcia
Mary Nordini
Martina Will de
Chaparro
Mark E. Basham
Marie -France Izere
Margaret Carelli
Malia Crouse
Mahalah Shafer
Mac Chamberlain
Lori A. Miller
Linnea Bjorkman
Lauren Counterman
Lauren Bragassa
Laura Thompson
Laura DeSisto
Kyla Alexander
Kirby Bell
Kimberly Shephard
Kimberly Reedy
Kim Habegger
Ketzel McCready
Kerry Mullin
Ken Sagendorf
Kelly McLaughlin
Katie McCue
Kathryn Jenks

Kathleen O. Doherty
Katelyn Roche
Kate Wipfler
Kaitlin Heaply
Joyce Thompson
Joie Williams
John R. Sweet
John P. Hickey
John P. Fitzgibbons, S.J.
Joan Armon
Jennifer Wink
Jennifer Weibel
Jennifer Domenico
Brock
Jason Taylor
Janna Goodwin
Jake Rodriguez
Jacqueline Lange
Jackson Rodriguez
Jack McGrane
J. Todd Pigg
Ian Thomas Dawe
Heather Hufford
Hayley Bell
Hayden McNulty
Gina Carlson
Geoffrey Bateman
Gabby Haugh
Fredricka Brown
Fr. Fernando Alvarez
Lara
Eve Passerini
Erin Trumble
Erika Lindstrom
Enola Muhler
Eleanor Swanson
Dr. Robert Margesson
Dr. Linda Land-Closson
Dr. Jonathan Dimos
Doan Bui
Diane McSheehy
Deborah Vinnola

David Hicks
David E. Law
Darla Canales
Dan Moore
Cynthia Kolanowski
Clare Felletter
Chuck Steigerwalt
Christopher White
Cheryl Lammers-Sanft
Chelsea Towler
Chaney Givens
Celina Clymer
Brooke Shumate
Brittany Zimmerman
Brian Anderson
Brent Vogel
Brenna Brown
Brayden Weninger
Brad Logar
Bettina Alessandria
Bemar Martinez
Becca Veys
Barbara C. Schessler
Audra Martin
Aris Molock
Ariel Watts
Annika Bultema
Ann Martin
Angela Dam
Andy Thyrring
Amy Ginsberg
Allison Upchurch
Allison Jussel
Ahmad Qazi
Abigail Gosselin
Abigail Berscheid
Abbey Esbenson
Kristi Gonsalves-McCabe