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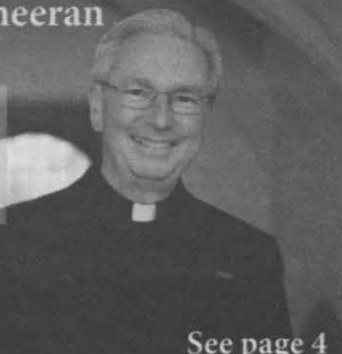
Why is Everyone in Denim?



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Farewell to Fr. Sheeran

Read about all the things our President has accomplished.



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The Entertainment Corner

The latest in movies and music.



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REGIS UNIVERSITY

a biweekly publication

HIGHLANDER

Serving the Regis community since 1888



Volume 94, Issue 4

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Wednesday, April 25, 2012



Photo by Nick Smith

Food, music, infatigable entertainment and time in the sun made Ranger Day a great success.

Ranger Week: 54 years later



Lauren Aemmer
Staff Writer

Ranger Day is a legend here at Regis, and has been the highlight of every year

for as long as anyone can remember. Though it has been described as a sort of homecoming week, it is a unique Regis tradition that allows students to release steam and agitation before spring finals week.

The tradition of Ranger Week/

Day finds its roots all the way back to 1958. Inaugurated by Richard F. Ryan, the 18th president of Regis College and High School, it was originally called Regis Week and was part of a public relations campaign.

The first Regis Week featured "an academic symposium and a banquet culminating in the granting of awards to outstanding citizens of Colorado who manifested or had manifested integrity in ideals, concern for their fellowmen and service to mankind" according to Harold L. Stansell, S.J.'s, book *Regis: On the Crest of the West*.

"Everyone has his or her cliques and groups, but Ranger Day is the one day where everyone comes together. It shows a lot of Regis spirit," - PAC member Brittany Maouro

In addition to recognizing individuals of merit, Stansell records that Regis also chose to honor an institution "whose contributions to the state and nation were considered significant" at each Regis Week Banquet.

Another feature of the original Regis Week was a "civic conference hosted by the college to provide a

forum for the discussion of problems of interest to the business community of Denver," Stansell notes. To include more downtown businesses, this conference was sometimes held at the Brown Palace Hotel.

Though it started out small, Regis Week became a definite success. Stansell reports that Ryan's time as

See *Ranger* on p. 2

Ranger from front page

president saw forty-eight individuals and nine institutions honored during a Regis Week banquet, and that the civic conferences sometimes brought together almost 300 business, civic and government leaders.

Not long after the inauguration of Regis week, students decided to create their own celebrations during Regis Week. Though students were an essential part of the original public relations drive, they looked for ways to expand Regis Week with a more prominent student focus. Their celebration became the first Ranger Day.

The activities of the first Ranger Day mirror current Ranger Day events.. It was directed by the student senate, and, according to Stansell,

included "contests and various kinds of competition, plenty to eat and drink, an evening barbecue and – the climax of the day – a dance." Ranger Day became so popular that it grew to a weeklong event and survived the many years since its first inauguration.

This past week was no exception. Vegas themed ("What happens at Ranger Day, stays at Ranger Day"), the week featured a slew of favorite student events including Powder Puff Football; the Discombobulation Scavenger Hunt; hypnotist Jim Wand; the 4th Annual Dance Off; John Rush, the Human iPod; the Mr. Regis competition; fireworks; and, of course, Ranger Day itself.

Though the events are great, it seems to be the camaraderie of the week that most appeals to students.

"My favorite part of Ranger Week/Day is just seeing everyone come together. It is a time to celebrate students and give them a week/day to remember and to look forward to every year," said Ariel Wooldridge, director, programming activities committee (PAC).

Fellow PAC member Brittany Maouro agrees. "The best part is how we have such a large variety of food and activities and everyone can come together as a community. Everyone has his or her cliques and groups, but Ranger Day is the one day where everyone comes together. It shows a lot of Regis spirit," she said. Fifty-four years after the first Regis Week, Ranger Week continues to be a spectacular representation of the University community and student pride.

A day for denim



Jessica Zanetell
Staff writer

Today, Regis University observes Denim Day to raise awareness of

sexual assault and the myths and misconceptions that surround this crime.

Denim Day originated in Italy in 1997 in response to a controversial court ruling. The case involved a teenage girl who claimed to be raped by her driving instructor; the man was tried, found guilty and sentenced to jail. Later, his case was brought to the Roman Supreme Court of Appeals, which overturned the original ruling and set the accused instructor free.



Students write messages against sexual assault on t-shirts.

Why was this case so controversial? The court decided that the teenage girl's jeans were so tight that she must have helped remove them, thereby offering consent to have sex with her



Project Closeline displays student made t-shirts.

instructor.

Wearing denim jeans and holding signs that read, "Jeans: An alibi for rape," the women of Italian legislature began to protest. Since then, wearing jeans on Denim Day has been a method for community members and elected officials to raise awareness of sexual assault. Observance of Denim Day gradually spread to the United States and it is now recognized across the country.

2012 marks an important milestone for Denim Day, as the City of Denver recognizes it for the first time. Today, Mayor Michael Hancock signs a proclamation that declares April 25 as Denim Day, all made possible by the Sexual Assault Interagency Council of Denver and the support of Denver area college campuses.

The Office of Counseling and Personal Development at Regis began observing Denim Day in 2009. Denim Day events have, by tradition, been held on the Boettcher Commons (Quad) to raise awareness about sexual assault. Many Regis students, faculty and staff don denim jeans to show their support of Denim

Day.

Last year Regis added the Clothesline Project to this outreach campaign. Members of the Regis community made t-shirts in honor of survivors of sexual assault and as personal statements against such crimes. These shirts, displayed on a clothesline for the remainder of Denim Day, served as a visual reminder of the campaign. Today students again have the chance to make a t-shirt to put on the clothesline.

Additionally, students can visit the Quad to learn more about sexual assault. Students are also invited to sign a letter to the Denver mayor, thanking him for supporting the cause.

Red "Stand Up Against Sexual Assault" t-shirts are also worn today to further demonstrate Regis' commitment to the cause. The Office of Counseling and Personal Development will hand out an additional 200 "Stand Up" t-shirts to spread awareness of this important day.

Contact the Highlander

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Denver, CO 80221

Our Mission:

As the staff of the Regis University biweekly publication, the Highlander, we intend to serve the campus and the neighborhood by providing a forum for news, information, and the exploration of ideas. Our publication is designed to cultivate awareness, understanding, and dialogue about matters of community importance.

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Our policies regarding submissions and editorials from the community:

Submissions are encouraged from our readers. Email submissions to highlander@regis.edu by 7pm every Friday for consideration. All submissions will be reviewed to ensure suitability and quality of thought.

The views and opinions portrayed in the Highlander newspaper are the sole opinions of the Highlander staff and do not necessarily reflect the views of Regis University.



"What happens at Ranger Day stays at Ranger Day."

Photo by Nick Smith & Brett Stakelin

A farewell from the president

Jessica Zanetell
Staff Writer

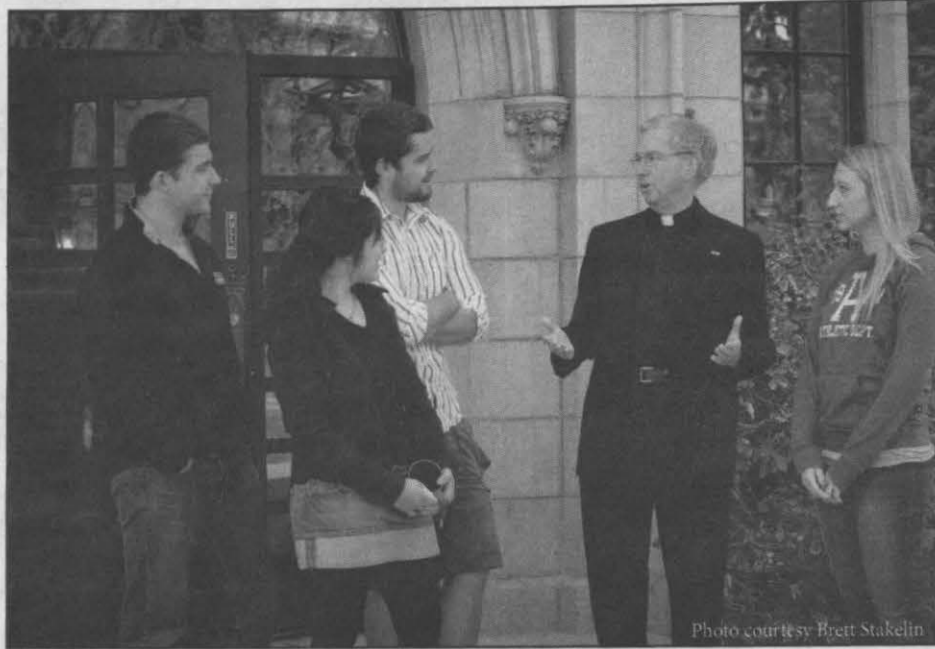
After 37 years of service at Regis University – 19 of those as president – Father Michael Sheeran, S.J., is retiring this year.

During his time at Regis, Fr. Sheeran served as a professor of political philosophy, the dean of Regis College and the academic vice president before assuming the position of president in 1993. With his presidency, Fr. Sheeran guided Regis' growth and shaped the University into what it is today. In the beginning, he chose Regis for the same reason that many students do – attraction to the small community atmosphere. "I thought it was a school that was going to go places," he says.

And go places it has. In the 19 years that Fr. Sheeran served as president, Regis hosted 13 Noble Peace Prize winners. Fr. Sheeran was also part of the first meeting between Blessed Pope John Paul II and former President Bill Clinton. Under Fr. Sheeran's leadership the University earned recognition from accreditation agencies and achieved many honors.

Fr. Sheeran is most proud, however, of the quality of Regis. He believes that despite continued growth over the last 37 years, Regis has not lost its sense of community. "Our goal was never expansion," he said. Rather, he said, "It was to be sure we kept raising the academic quality, the challenge in the classroom, and I think

that's something I'm very proud that we have done here over the years. This is simply a much better school than it was in 1975 when I came here,



Fr. Sheeran set to study theology in the fall.

or in 1993, when I became president."

Of course, there are some things Fr. Sheeran wished would have gone differently. "The worst part was dealing with the lack of money," he said. This may come as a surprise to many students, but, compared to other Jesuit universities, Regis is relatively low-cost. Due to Regis's low endowment, financial aid is generated out of tuition. It was a struggle for Fr. Sheeran to keep the quality of a Regis education high while being financially frugal.

"The only thing I would have done differently is to put more emphasis

on careful financial accountability," Fr. Sheeran explains. Between the years of 2000 and 2007, he was almost constantly fundraising because

more prepared as a priest. Fr. Sheeran explains, "Everything that goes on in some way or another are the stresses of life, the tough decisions. I can understand when somebody comes [to] me and says, 'I think I made a terrible mistake a month ago.' I know what that feels like. I know what it feels like when people say, 'I tried to make my best possible decision and I don't understand why people are still mad at me.'" Fr. Sheeran's dedication to his students and staff will forever be a part of his Regis legacy.

From here, Fr. Sheeran is going to study theology for a semester at Boston College or the Jesuit School of Theology in Berkeley. Then, beginning January 1, he will work in Washington, D.C., with the Association of Jesuit Colleges and Universities.

Before his departure, Fr. Sheeran wants to make sure the students of Regis understand one final thing: "I think the students of Regis don't realize how proud and ready to make sacrifices the alumni and parents really are. Over the years, I've just discovered these people who are always there at our social events. They may or may not have any money, but they are there because they believe in the place. Especially for me as a Jesuit, their believing in the place is a motivator for me." Thank you, Fr. Sheeran, for being a motivator for all of us.

Spring oasis

Blakesley Wood
Guest Columnist

Oasis: It is a refuge, a relief or pleasant change from what is usual or difficult. On May 1, Active Minds will partner with several other groups to host the annual Oasis event, providing relief to Regis students as they take on finals.

Active Minds is a student-run group that aims to spread mental health awareness to the Regis community in hopes of reducing common stressors; they also focus on suicide awareness and prevention. Oasis is part of Active Minds' effort to provide students with fun activities that reduce stress and keep students mentally healthy.

"Oasis is effective because it allows students to enter a stress-free area during the most stressful time of the school year," said Morgan Slaughter, Active Minds vice president.

"[Oasis] normalizes that everyone

has issues and stressors and emphasizes the priority of caring for oneself," said Club advisor Cindy Wander, staff counselor.

Oasis events will take place during the first week of May. For more information, check out the RUConnected Facebook page.



Regis University's Active Minds throws an Oasis event every spring.

Regis University business, communication internship students give poster presentations to business leaders

Donald Veasey
Regis University

(DENVER) – Melanie Wittenborn was one of 25 Regis University business and communication internship students who gave poster presentations to business leaders who provided internships during an Academic Internship Program Spring reception April 17 at the University's North Denver (Lowell) campus. The internship students presented highlights on what they learned from their internship experiences. The Regis University Academic Internship Program provides opportunities to apply classroom-gained knowledge and skills in an experiential setting to develop the leadership abilities and discernment necessary for distinguished professional work in the community. Regis'

Academic Internship Program is an academic course that students take for credit. The event was also an opportunity to thank the internship site supervisors through presentations of engraved plaques which acknowledged their contributions to the Academic Internship Program and their mentorship of Regis University students.



A Student explains their poster presentation.

No ocean? No problem!



Kendra Tyboroski
Staff Writer

While Colorado cannot exactly boast oceanic views, whale-watching and

unflattering swimsuits, it is arguably home to the greatest mountain range in the United States. However, when the slopes close for the season, a wildly popular outdoor recreational activity gets tossed out the window. Still, the Centennial State boasts over 300 days of sunshine. Surely, there is something to do in the off-season!

Colorado's lack of an ocean does not translate into an absence of aqueous activities; rafting season picks up where the ski season leaves off. With the Arkansas River only two hours away, rafting is widely available to Denver residents of any skill level. Granite Gorge, located north of Buena Vista and Clear Creek, only a 45-minute drive west of Denver, both offer 1/3 day passes for only \$49.

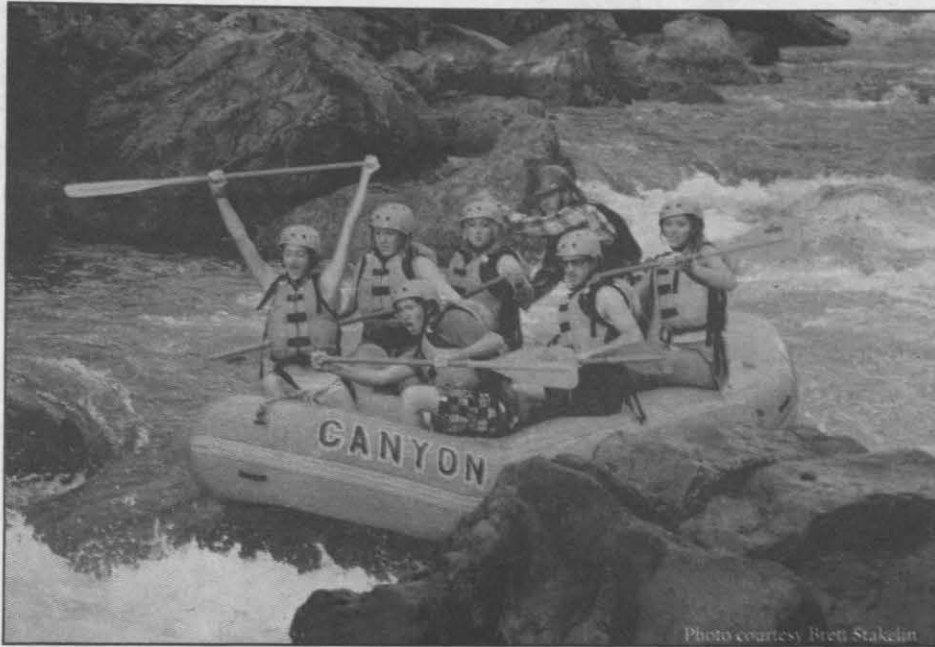
Hydrophobic? Water not your

thing? Not to worry! Colorado is known for its "fourteeners" sprawled throughout the state. With over 50 peaks charting at least 14 thousand feet tall, the most for any state within the United States, conquering even one proves a plausible feat. Pikes

Springs and inspired the anthem "America the Beautiful." With a breathtaking expanse, the song's honor is well understood. Not up for a sweaty 13 mile trek both ways? The Pikes Peak Cog Railway takes visitors on a similar exercise-free journey at

Cog Railway, also offers The Incline, which eventually leads to Barr Trail and the summit of Pikes Peak. A favorite hike for Colorado Springs residents, The Incline used to be the old Cog Railroad. Aptly named, the hike climbs continually in its 2000-foot elevation increase in less than a single mile. At one point the slope reaches a pitch of 50 degrees! The entire hike (there and back) nears four miles. Though widely popular and reasonably safe, the ascent is considered trespassing; something to keep in mind when attempting the hike.

The opportunities for fun in the sun in Colorado extend beyond hiking and rafting, but these ideas should kick-start a fun and outdoor-filled summer. Who needs the ocean? Colorado has many great features without it.



Regis students raft the Arkansas River during 1st Tracks last fall.

Peak, perhaps the most famous of them all, sits just west of Colorado

\$35 per passenger.
Manitou Springs, the base of the

Rangers back Henderson's gem with 15 runs on the road

Dylan Docker
Regis University Athletics

Las Vegas, N.M.: The Rangers traveled to Brandt Field to open up a four-game series with the Cowboys on Friday.

New Mexico Highlands (27-11, 20-9 RMAC) has led the Plains Division for much of the 2012 season, but the home team fell by a score of 15-2 to one of the hottest offenses in the RMAC. With the win on Tuesday Regis (20-18, 15-14 RMAC) has scored at least six runs in seven of their last nine games.

Senior right-hander Charlie Henderson got the start in game one for the Rangers. He opposed Highlands senior southpaw Jason Sirak.

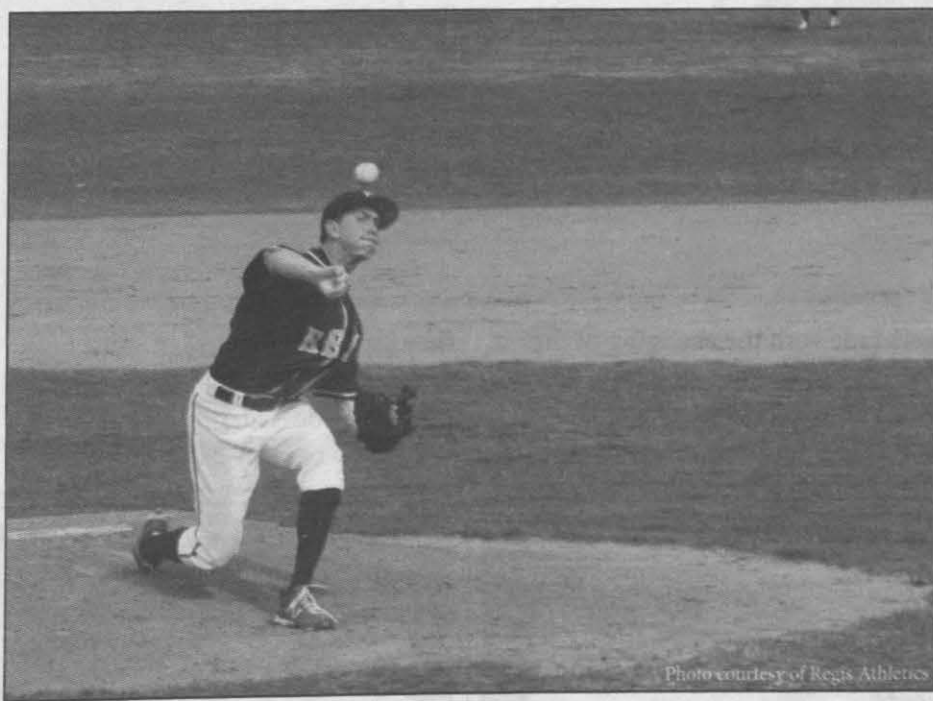
The Rangers made an early statement against Sirak with four runs in the first inning. Sophomore first baseman Tony Piazza plated a pair of runs with a double. He came around to score in the next at-bat when sophomore right fielder Steven Brault sent a two-run homer over the right field wall.

Brault's first home run of the season gave the Rangers a 4-0 lead, which they would maintain through the first half of the game. Henderson was untouchable until the fifth inning

when the Cowboys finally pushed across a run.

However, the Rangers answered

Regis piled on the runs in the final two innings, putting up a five-spot in the eighth before scoring three more



Rangers pitcher Charlie Henderson started out strong in game one, creating the same trend for the rest of the team.

with three runs in the top of the sixth inning. Brault drove in Piazza for the second time with a single down the right field line, then scored when sophomore designated hitter Jon Shoutta connected for his team-leading seventh home run of the year.

Shoutta's two-run shot gave the Rangers a 6-1 lead in the sixth.

in the ninth.

Junior catcher Nano Jacobsen stole home in the eighth, followed by an RBI double from senior left fielder Alex Haag. Junior center fielder Ryan Eustice highlighted the ninth inning with an RBI double of his own, bringing home another pair of runs and sealing the win for Regis.

The Rangers picked up the victory with 15 runs on 15 hits and no defensive errors. The Cowboys scored two runs on 12 hits and one error in the losing effort. The Regis offense may have stolen the show, but Henderson (4-3) was brilliant for the visitors on Tuesday. He was credited with the win for his complete-game effort in which he allowed two earned runs and struck out eight.

Sirak (3-1) was charged with the loss after allowing seven earned runs in his five innings of work.

Brault finished 2-for-4 with three RBI's and four runs scored. Eustice went 3-for-5, drove in three runs, and scored a pair.

Haag collected three hits in four plate appearances, driving in two and scoring a run in that span. He continues to lead the Rangers in batting average (.353) and RBI's (30).

Eight of the nine Regis starters had hits and seven of the nine had RBI's in Tuesday's contest.

Ask your pharmacist: The importance of sunscreen



John Turtle
Staff Writer

Of all the organs in your body, which one do you think is the largest? It may come as a surprise, but the answer is your skin! Skin accounts for about 17% of your body weight, protecting your inner body from the harsh outer world (i.e., the sun). It also plays an important role in sensation, allowing your body to detect temperature and other aspects of the environment. Finally, it maintains body temperature, allowing your body to remain cool by sweating in warm environments.

Sunburn is one of many types of burns that your skin is susceptible to. The sun exposes our skin to a variety of different kinds of light including ultraviolet B (UVB) and ultraviolet A (UVA) rays. Harmful ultraviolet B (UVB) light causes sunburns. There are other types of light emitted from

the sun that can also damage skin, such as ultraviolet A (UVA) light. This wrinkle-causing UVA light has a longer wavelength and penetrates deeper into the skin, but is not known to cause sunburns. So for the sake of this article, we will consider UVB light as our primary enemy in sunburn prevention.

Organic sunscreens act to absorb light and prevent it from reaching the layers of skin tissue. Other sunscreen products, termed "inorganic," act to reflect light. The inorganic sunscreens typically block more than just the UVB rays. Sunscreens that block both UVA and UVB are called "broad spectrum." This table is a list of ingredients contained in a variety of different sunscreens. Don't worry; you won't need to pronounce these words on an exam!

Sun protection factor (SPF) is measured by the degree to which a product blocks UVB rays, because UVB rays cause sunburn. It uses a multiplication factor to determine

how long someone can stay in the sun before burning. For example, if you normally burn in one hour, an SPF of five theoretically will allow

Inorganic Sunscreen Ingredients

- Zinc Oxide
- Titanium oxide

Organic Sunscreen Ingredients

- Octyl methoxycinnamate
- Oxybenzone

you to stay out for five hours. This measurement does not account for other factors such as sweating or rubbing the lotion off. Re-application is crucial to avoid sunburn.

To treat sunburn, immerse your burn in cool water for up to 30 minutes. If the burn is severe, you can apply dressing or skin protectant to the affected area. Also avoid rupturing any blisters. You can also apply topical anesthetics, products that induce numbing on the surface of the body, to limit the pain. If the burn is severe and the skin is broken, the

application of topical antibiotics can help the healing process and prevent skin infection.

Additional helpful therapies include applying ointments that contain vitamins A, B and C. DO NOT apply products with camphor, menthol or ichthammol; this will make the pain worse. If you are in pain, over-the-counter painkillers

Skin Protectants

- A+D ointment
- Desitin ointment

Local Anesthetics

- Americaine Ointment
- ELA-MAX

may provide relief. Speak with your pharmacist before purchasing any over-the-counter products. If the burn does not improve within seven days, schedule an appointment with your doctor.

Ask your pharmacist: Allergies

John Turtle
Staff Writer

Send in your health questions to highlander@regis.edu, and each week, PharmD candidate 2013 of the Academy of Student Pharmacists-American Pharmacists Association, John Turtle, can answer them for you!

Are you experiencing a sneezing, runny nose? Are your eyes itchy, irritated and red? During this time of year many people suffer from allergic rhinitis, otherwise known as seasonal allergies.

There are many triggers that cause allergy symptoms, the most common

being air-borne pollen. Various plants pollinate between March and the first frost. Depending on your body, allergies can occur at any time during the spring or summer when these plants go on a pollinating frenzy.

Unfortunately, allergies cannot be cured. However, until allergy trig-

Sedating Allergy Medications

- Chlorpheniramine (Ahist[®])
- Brompheniramine (Bidhist[®])
- Diphenhydramine (Benadryl[®])
- Doxylamine (Aldex AN[®])

gers fade with the changing of the seasons, there are many over-the-counter medications available that can help your body return to normal.

Antihistamines are usually the best choice to treat allergy symptoms, often classified as sedating or non-sedating. Because they cause drowsiness, the use of sedating allergy medications is not always the best for those experiencing symptoms during the school or workday. In addition,

Non Sedating Allergy Medications

- Fexofenadine (Allegra[®])
- Loratadine (Claritin[®])
- Phenindamine (Nolahist[®])
- Cetirizine (Zyrtec[®])

they can cause dryness in some body systems, including the mouth and eyes. The non-sedating allergy medications do not cause these adverse

effects and are typically better for treating seasonal allergies. For most patients, these non-sedating allergy medications control all symptoms. Before using any of these products, make sure to ask your pharmacist for suggested doses, frequency and any additional side effects.

Disclaimer: These columns are not intended for use to self-diagnose or self-treat. Rather, they are intended for the general education of popular health topics. Before taking any medication, or when you have questions concerning a particular health condition, always seek the advice of a medical professional.

Summer Mocktails

Virgin Piña Coladas

Ingredients

- 1-cup ice
- 1 ¼ cups pineapple juice
- ½ cup milk
- ½ cup heavy cream
- 2 Tbs. white sugar

Directions

1. In an electric blender, blend ice, pineapple juice, milk, cream and sugar.
2. Blend until smooth.

Summer Mocktails

Alcohol-Free Mojitos

Ingredients

- 2-cups water
- 1.5-cups white sugar
- 2-cups mint leaves, chopped
- 2-cups lime sherbet, softened
- 1-cup lime juice
- 1-cup water
- 8-cups club soda
- Lime slices for garnish

Directions

1. Combine 2 cups water and the sugar in a microwave-safe bowl; heat in microwave for 5 minutes.
2. Stir in the mint. Let stand for 5 minutes.
3. Strain and discard the mint leaves from the syrup. Set aside.
4. Separately stir the lime sherbet, lime juice and 1-cup water together in a large pitcher until well combined.
5. Pour the mint-infused syrup into the mixture.
6. Add club soda and stir. Serve over ice. Garnish with lime slices.

Antero Winds Concert



Nick Smith
Music Critic

The Antero Winds music group brought 20th century post-war music

to the Regis community on April 11 at Berkeley Community Church. The group, comprised of Regis faculty members including flautist Cobus Du Toit, oboist Sarah Bierhaus, clarinetist Jerome Fleg, bassoonist Kaori Uno-Jack and horn player Megan Rubin, played as a part of Regis University's Wednesday night concert series. Musical selections featured pieces from a number of composers and many countries, with France, England and Japan among the ranks.

The first half of the Antero Winds performance showcased French and British pieces in the form of quartets and quintets. Rica Narimoto, a modern composer, used her talents

to create a piece especially for the April 11 Antero Winds performance. Narimoto attended the concert and her Japanese piece, "Catalogue II for Woodwind Quintet," made its world debut.

Make sure to visit the Regis music website if you would like to know more about the Regis Concert Series and its many performances.



Japanese Composer, Rica Narimoto, at the Antero Winds concert.

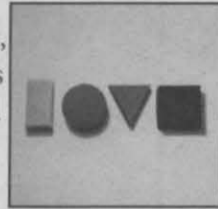
Sound bites

YSL: The retrospective

Nick Smith
Music Critic

Jason Mraz - Love is a Four-Letter Word

Jason Mraz's latest album comes just in time for the warm weather, displaying influences from jazz, reggae and hangout rock. Famous for his feel-good song "I'm Yours," Mraz's April 13 release continues his sweet, upbeat vibe. Love is a Four-Letter Word also tugs at heartstrings with its slow ballads full of emotion. Exemplified in the single "I Won't Give Up," this album serves as Mraz's foray into writing music about changing the world, one catchy tune at a time.



Rating system out of 5

Kendra Tyboroski
Staff Writer

Who would have thought that three little letters would change the world of fashion forever? The Denver Art Museum features designs, sketches and videos from Yves Saint Laurent (otherwise known in the fashion industry as "YSL") perhaps one of the most influential and revolutionary designers ever, through July 8, 2012. YSL altered the fashion world as the first designer to create a women's pantsuit, pea coat and a less expensive ready-to-wear line, making high fashion available to more women at lower costs.

The exhibit exquisitely illustrates the evolution of Yves Saint Laurent's designs and his continual desire to dress a woman to perfection. Saint Laurent believed that dresses should flatter women, always, and should never cease to be comfortable. The exhibit chronicles his designs from the time that he was 21-years-old working at Chanel, to his final haute couture dresses.

The décor within the exhibit is simple and allows the 200-plus clothing items to shine. Even if fashion does not sound appealing, do not write the exhibit off - it tells the history of fashion and is truly an astounding work of art. Audio guides and videos transport viewers to another realm, perhaps somewhere within the mind of Saint Laurent. With his perfect cuts and ridiculous attention to detail (he once had a dress hemmed before a show to take off one millimeter), the exhibit can inspire any fashionista or casual observer.

Beyond the world of fashion, the exhibit shows how passion and the desire to change public opinion can manifest. Before YSL, women did not wear pantsuits, tuxedo jackets or any masculine clothing without scrutiny. The tuxedo jacket, one of which is dubbed "Le Smoking," and other variations of the jacket reached great levels of popularity and changed the definition of women's wear.

Denver residents have the opportunity to view this incredible exhibit, and with the Denver Art Museum relatively close to Regis, there is no reason not to attend. Tickets are \$18 for students and \$22 for adults. Visit www.denverartmuseum.org for more information.

The reel deal



Matt Burns
Movie critic

The Cabin in the Woods

This film manages to take every trope you can think of in horror movies, especially slasher

movies, and point them out for their ridiculousness. It's hard to review this movie without spoiling the entire thing, but the scenes outside the cabin are far more entertaining than those inside the cabin. Definitely a must-see for horror fans, and even better if you go in without knowing anything about it.



The Raid: Redemption

This small Indonesian film gained major popularity within the film festival circuits with critics touting it as "the best action movie in decades!" The film focuses on gun fights in the beginning that slowly and logically transition into the traditional Indonesian martial arts style of Pencak Silat. The gun and knife fights are some of the most brutal I have ever seen. After seeing this movie, I am even more excited to see what director Gareth Evans can do with the planned sequels.



Comic Con Episode IV: A Fan's Hope

The latest documentary by Morgan Spurlock, of "Super Size Me" fame, follows the lives of several people that experience the San Diego Comic Convention in different ways. The people the movie follows all have very interesting stories from trying to become a comic

book artist, to creating costumes for the masquerade ball. Ultimately it is a very fun movie to watch if you have ever dreamed of going to Comic Con or have gone and need something to hold you over till the next one.



Wrath of the Titans

This film never manages to become deeper than a special effects heavy disaster. The characters are not well developed, the acting is subpar on almost every individual's part, except for the always-great Liam Neeson, and the plot line is incredibly uninteresting. Only the fight scene in the beginning is of any interest to watch as the rest become incoherent special effects messes.

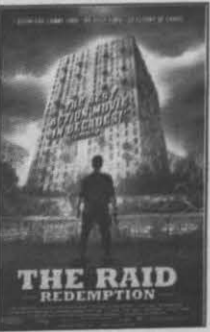


The Five-Year Engagement

The third film from the team that brought you Forgetting Sarah Marshall and Get Him to the Greek is just as funny as the rest of their catalogue. The film's star and writer, Jason Segel, settles into his typical quiet and caring character, maintaining the charisma that makes him so great to watch. The casting for this film is perfect, as all actors are able to deliver their comedic and talent-ridden improvised lines perfectly. The movie does drag a bit in the middle and slips into typical romantic comedy cliché, yet the film manages to disperse these moments with some incredibly hilarious jokes.

Comic Con Episode IV: A Fan's Hope

The latest documentary by Morgan Spurlock, of "Super Size Me" fame, follows the lives of several people that experience the San Diego Comic Convention in different ways. The people the movie follows all have very interesting stories from trying to become a comic



Rating system out of 5
Movie Posters Courtesy of Google Images

Save the Date

April 25, 2012 - March 17, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			25 11:00 PM Denim Day on the Quad	26	27 12:00 PM Women's Lacrosse vs. Rollins	28 3:00 PM Men's Lacrosse vs. University of Northern Colorado
29	30	1	2	3	4	5 4:00 PM Baccalaureate Mass 7:30 PM Award Ceremony
FINALS WEEK						
6 Undergraduate Graduation 	7	8	9	10	11	12
Summer Break!						

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BACCALAUREATE MASS 2012

Saturday, May 5, 2012
4:00 p.m.
St. John Regis Chapel
Lowell Campus



10 Days until graduation!

Contact the Highlander's business and advertising manager, Chelsea Mitchell, at highlander@regis.edu if you would like a particular event included in the calendar or if you are interested in advertising. The Highlander currently accepts on-campus advertising only. For prices and guidelines, email highlander@regis.edu. Please include the nature of your request in the subject line of your email.