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REGIS UNIVERSITY

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Volume 92, Issue 9

Tuesday March 2, 2010

The Washington D.C. experience BY AMBER ALARID

There have been few decisions in my short life so far that have caused me stop and really think twice...and a third time, and a fourth time, and maybe a few times after that. Coming to Washington D.C. was perhaps one of the hardest decisions I have made. I had a lot to think about, and a lot of planning to do in a very short amount of time.

What made my situation so difficult was the lack of time I had allotted to make a decision. I applied for the Washington Center Program, got accepted and ultimately made all my arrangements within a few short months in the fall 2009 semester. Now, in the spring 2010 semester, I am writing to all of you back home from our nation's capital. However, I would advise anyone looking to get an Academic Internship, or go abroad, to take some time and plan ahead.

Go in a semester ahead of time, or over the summer and explore the options. Really take the time to examine the course list, apply for scholarships and research the program. That is something I can say whole heartedly that I wish I would have done. By no means do I regret my decision to come to D.C..

Continued Page 3



Interns in Washington D.C. PHOTO BY Soo Ji Kim



Ranger Women's basketball team Page 6

PHOTO BY Brett Stakelin

RUSGA ELECTIONS TO TAKE PLACE THIS WEEK

BY CIARA GALLAGHER

Every spring, all Regis University students have the opportunity to vote for student government representatives, as well as important referenda questions. Regis University Student Government Association (RUSGA) is a service run by and for students; therefore, student participation is essential for its success. This year things are a bit different, the elections are featuring three individuals all running uncontested. Gus Maxwell and Jenni Webb-Shearston are on a ticket together for President and Vice President while Brandon Blessing is running for Chief Justice.

"As a student government, we can do a better job of letting students know about their rights. We can be much working student Judicial Board, I students than we currently are," said

we are doing, where your money is being spent and why, and what rights you're entitled to as a student. In addition to running an excellent, hard



PHOTO BY Ciara Gallager

more transparent and accountable to promise to work closely and diligently with Gus and Jenni to make sure 100%

Blessing. "All of you should know what of students know who their RUSGA representatives are, what they are doing, and ways for everyone to get involved."

The election process started with speeches given by the candidates two days before the official elections are slated to begin. The speeches given by all candidates took place Monday, March 1 at 5:00 PM in the cafeteria. Will Gohl, current President of RUSGA, also gave a very brief State of the School address.

The elections will be held this Wednesday and Thursday, March 3 and 4. They will be hosted via the Internet on RUConnect, a new student-run website that can be accessed through InSite. All students will receive an email with a link to the RUConnect election page.

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FEATURE

Best Locations for Spring Break Luke Curtis shares some of the best vacation spots for students on spring Page 2



PERSPECTIVES

Tackling Terror: Critical?

Jimmy Sengenberger discusses the War on Terror and his views on the importance of keeping terrorism in mind.

Letter to the Editor from ResLife Marie Humphrey, Director of Residence Life, responds to recent criticism over the 2010-2011 housing sign-up process.

ARTS & CULTURE

Movie Review: Shutter Island

Luke Curtis offers a review of a non-Valentine's Day movie. Page 5

Thief In Time: Is it worth the read? Michael DeGregori will tell you if you should read this well-known book.

Miss Know It All Gives You Advice The horoscopes are back with a new

fortune teller.

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Women's Basketball Profile Katie King profiles an extraordinary

season of one Women's Basketball freshman, Tae'lor Purdy. Page 6

The End of Two Seasons

Catch the highlights of the final games of both Men's and Women's Basketball Page 6

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The best spring break locations this year

BY LUKE CURTIS

With only one week left, Spring Break 2010 is rapidly approaching. From the looks of students around campus, it seems it can't come soon enough either. It's obvious that the semester is starting to drag, and I'm sure the resolve of many is fading rap-

idly. With the added stress of midterms over the next week, spring break is presenting itself more and more like an oasis in a desert of busywork.

With that in mind, it's important to make the most of spring break. One week can literally fly by if you don't have some sort of action plan-and by action plan I do not mean 9 days worth partying and chatroulette. Hopefully I can help you structure your spring break by listing a few of the most popular destinations this year. Whatever you end up doing, make sure to really cherish these much earned days off from a strenuous academic schedule. You deserve it!

Cabo San Lucas

If you're like me and want to go somewhere with some nice weather, I'd suggest checking out Cabo San Lucas. Located on the southern tip of the Baja California peninsula, Cabo offers beautiful beaches, loads of activities, great fishing and an unbelievable night life. Especially during these winter months, whale watching is at its peak off the coast. During the midmorning you can relax on the main El

Medano beach and proceed to go snorkeling in the Sea of Cortez in the afternoon. Cabo even offers zip lines across their canyons for you adrenaline junkies.

While horseback riding and parasailing do sound like fun, Cabo pulls out all the stops at night. They offer sunset cruises around the peninsula with breathtaking views and most importantly...open bar. After cruising

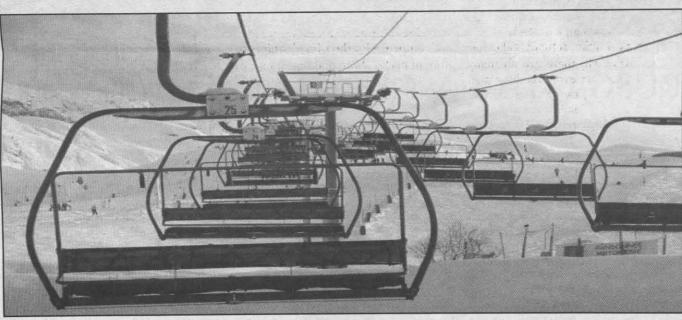
for a bit, the clubs in Cabo open up until the early morning hours. Infamous bars like Cabo Wabo and El Squid Roe are hotspots that never disappoint with high profile bands, celebrities and dancing all night long. So whether you want to escape for some time at the beach or you're ready to party throughout the night, Cabo is your destination for a good time!

Colorado Ski Resorts

If you're looking to have some fun on spring break but aren't interested in traveling far from Denver, head on up to one of the many ski resorts in the mountains. Thankfully, Regis isn't too far from a cluster of ski resorts to the West. Within an hour or two, depending on traffic, you can make it to Arapahoe Basin, Keystone, Breckenridge, Copper Mountain, Winter Park, Beaver Creek and even Vail. In case you haven't been up to the mountains to ski or snowboard before, it's not too complicated. Drive up, rent

skis or snowboards, get a lift ticket and enjoy some quality time with yourself and the mountain.

Also, make sure to bring the correct clothing! I'm talking about a big jacket, waterproof pants, heavy socks...the whole get-up. I made the oh-so-unwise choice of wearing jeans to A-Basin once. I got to enjoy about ten minutes of skiing before I found myself sipping on a \$15 cup of hot chocolate halfway up the mountain trying to fend off hypothermia and a mild depression. All jokes aside, make sure to dress correctly. Also, be prepared to spend a decent chunk of money if you do not already have skiing gear or a lift ticket. Tickets run around \$60-100 dollars for a full-day pass depending on where you go, and rental gear is around \$40 for a full day. But most importantly, enjoy yourself! Skiing offers some great views of the Rocky Mountains and with friends or relatives in tow you can really have a fun-filled few days hitting the slopes.



Las Vegas

what goes on in Las Vegas, I cannot be of service. Cliched as it may be, what what does happen in Sin City, spring break is an opportune time to check self-proclaimed this Entertainment Capital of the World. All you need to know about Vegas is as follows: gambling, alcohol, magic, lights, roller coasters, fine dining and

If anyone needs an explanation of massive entertainment. I'd really suggest waiting until you're 21 to head over to Vegas, as you really limit yourhappens in Vegas stays in Vegas. But self to specific areas and entertainment for those of you curious to find out if you aren't even old enough to walk through a casino without being scolded.

For those of you lucky enough to be 21 or older, I guarantee you'll have a good time. You can find hotels for pretty cheap on and the off the strip, but make sure to bring plenty of extra spending money for gambling and shows. I would recommend stopping by the Rio and checking out Penn & Teller's show; I was lucky enough to see it last year and thought they did an excellent job. Whatever you do, make sure to have a fun time! Use discretion though, you don't want your spring break trip to turn into a replica of The Hangover...or maybe that's exactly what you want. It's all up to you in Sin

Hawaii

While Hawaii is comprised of eight "main islands," the most popular destinations for spring break are Waikiki, the North Shore and Diamond Headall located on the island of Oahu. For those of you who love sitting on the beaches, Waikiki beach in Honolulu is the most popular beach on Oahu. If you are looking for more seclusion, you can always head to the North Shore for spectacular views-but at this time of the year the waves aren't that great for

surfing. If you're more of the outdoorsy type, there is a multitude of hiking tours all over Oahu. One day you can be hiking through the Valley of the Rainbows taking pictures of one of the world's premier botanical gardens, the next day you can be trekking through lush jungle on your way to Manoa waterfall. It would also be a memorable spring break trip to visit the Pearl Harbor monument.

No matter what you do, Hawaii

can be your personal playground for a week. I know that I'll be spending my spring break searching for Lost filming locations and also trying to find Dog the Bounty Hunter. If you're still not convinced about Hawaii, consider this-you can use the word brah and all of its various spin-offs without being completely shunned from society like everywhere else in the country! If that's not incentive, I don't know what

The Highlander



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Internship in Washington

Continued from Page 1

In fact, I am incredibly happy I managed to find a will and a way to come here, but I would advise others to take more time to make their experience that much more memorable.

not end when I leave work. I am also taking a class entitled "Scandalous Washington." This course explores the history of D.C.-based scandals ranging from politics and drugs to sex and the controversy over new monuments. My teacher has encouraged us to not only

of our recent snow storm that left me trapped inside my apartment for about a week).

With most of these sites being free, there is no excuse not to see as many as possible. Of the things I have seen so far, I would have to say the Natural

ing to do. In fact, most recently I went to concert on the well known and popular U Street. If you are ever in D.C. you must check out the 9:30 Club. Similar to our Fillmore or Bluebird, the 9:30 Club is a small concert venue that packs fans in only feet from their favorite bands. In full work attire (business casual), some friends and I checked out a local Indian food restaurant and then hurried off to U Street to see State Radio and Big D and the Kids

If you haven't heard of either band, I would say they are both worth looking into. After hearing their music for the first time at their concert, I can see why they draw in such devoted and crazy fans. I can't tell you how people the bouncer lifted out of the crowd to prevent the crowd surfing from getting too wild, and after all of that, I can't tell you what could make the night any funnier than the lead singer of State Radio himself jumping into the crowd to do a little crowd surfing.

With all there is to do in D.C., it's impossible to be bored. I would recommend seriously considering both an internship and travel if at all possible before graduating from Regis. Enjoy



Amber Alarid on the Metro after a day of shopping

PHOTO BY Soo Ji Kim

Yet, there really is no way that a semester in Washington, D.C. could not be memorable. Here there is a very diverse and exciting culture of fastpaced jobs, rich history and, of course, the extensive night life. During the day I go to work at the Trust for the National Mall, a local non-profit working with people across the nation to raise awareness and money to fix the damage done over time to our National

My days are always busy and I get the opportunity to meet incredibly successful people. This also gave the chance to learn things I didn't even know about at our nation's capital. I suggest, and yes a plug is coming, that all of you who are unfamiliar with the current state of our national mall visit nationalmall.org and take a look at some of the stories and photos.

research past scandals, but to look at why the scandals are ongoing and why they are centered around D.C.. She has also suggested that all of us go out and really experience a protest, just dive right into the heart of it, because, after all, what could be more exhilarating and educational than a protest?

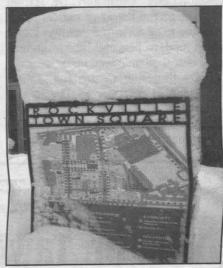
I think I may actually take her advice. After all, there are so many protests going on everyday here that it's easy to overlook what they are really about. As soon as I find a protest to dive into, I will keep everyone posted.

Now we get to the good stuff, the stuff everyone is waiting for, what makes Washington D.C., Washington D.C.. The monuments and museums are everywhere. So far this trip I have visited the National Monument, the Holocaust Museum, the Natural History Museum, and the National My responsibilities, however, do Aquarium (I am a little behind because

History Museum was my favorite. There I learned all about animals and bugs from around the globe. Fun fact from the museum: Did you know Dingos are not actually native to Australia, but rather Asia? They were brought over from Asia and the native wild dog went extinct because it could not compete with the Dingo's ability to hunt in packs. Note that the change of location and pace has not hindered my learning, even if it's not in the traditional classroom.

Another thing that draws masses of people to this museum in particular is the Hope Diamond. Yes, that's right, I got to see the Hope Diamond, which, contrary to popular belief, was not thrown overboard at the end of the filming of Titanic.

Finally, the night life! Once my long day of work, class or sightseeing is over, I am off to find something excit-



Maryland snowstorm

PHOTO BY Amber Alarid

your time and freedom to move while you can. Who knows what will happen this week or who I will meet, but one thing is for certain, there is never a shortage of excitement in Washington

RUSGA candidate profiles

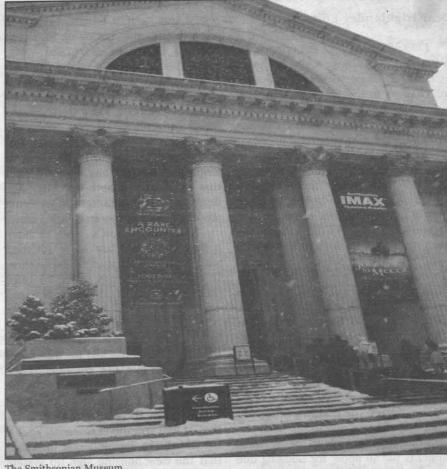
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Gus Maxwell is a junior, majoring in history and politics. He is confident these fields of studies will prepare him to be a successful student government president. He has served as sophomore class senator and currently works in the Office of Student Activities and is RUSGA's Director of Programming. Gus would like to focus his efforts on building the institutions established by previous administrations, as well as making RUSGA more accessible to students.

Jenni Shearston is a junior planning to major in English, and minor in Chemistry. She has been involved with Student Government for the past year and participates extensively in school activities. She is most interested in furthering her involvement with

RUSGA in order to enhance the relationship between Student Government and the student population.

Brandon Blessing has served as a teachers assistant for two different freshmen seminars, a peer minister, an Insignia, and a student representative for the Board of Trustees. He has also been the director of Intramural Sports, the Best of Colorado program, and the Student Involvement Committee of RUSGA. He is running for Chief Justice because he considers himself a genuine advocate both for student rights and an overall better student experience at Regis. He finds himself very comfortable in a leadership position and feels that can draw from his diverse experience with other organizations in making informed decisions.



The Smithsonian Museum

Lest we forget, our freedom is at stake: terrorism and the Jihad

BY JIMMY SENGENBERGER

The views of this author do not necessarily reflect the views of The Highlander or its mission.

On September 11, 2001, the world changed. Planes struck the main World Trade Center towers, collided with the Pentagon and crashed in Pennsylvania. The United States of America was thrust into war with a merciless enemy.

Today we find ourselves immersed in debate over healthcare and the economy, questions about the role of government and what kinds of freedoms we have as Americans. But the reality is that none of these debates can even take place if we do not have sufficient security—if we do not remain vigilant and cognizant of an extremist enemy whose ultimatum is simple: convert or die.

Around the year 1978, Dr. Tawfik Hamid, an Egyptian, became involved with the Islamic terrorist organization JI while in medical school. During his following years with the Islamic radicals, Dr. Hamid learned from the man who would eventually become the number two of Al Qaeda—Dr. Ayman Al Zawaherri. Ultimately, Dr. Hamid recognized the threat of radical Islam and the need for a reformation based upon modern peaceful interpretations of classical Islamic core texts.

On the Seng Center radio show last week, I interviewed Dr. Hamid extensively about the threat, why Islamic extremists hate the United States and the nature of the enemyincluding the charismatic Al Zawaherri, who he said "had a very high level of hatred to the West, especially to concepts of women's rights and freedom in the West."

This hatred of Western values and freedoms is precisely the thrust behind the sentiments of hate that underlie the ideology of "Islamism," as Dr. Hamid has termed the extremist view.

"The real cause is that all the values of America contradict completely the traditional Islamic values that the radicals want to see," he said. "Your system allows freedom of conversion; the radicals kill Muslims if they converted...The Islamic system traditionally wants to suppress women and make them inferior to men...There is a complete clash of values, and this is the main cause of hatred to the West."

Many prominent politicians, like former presidential candidate Ron Paul, and others often argue that it is "American foreign policy" that aggravates our enemy and is the real primary reason they hate us. But this expert was explicitly clear that this is not even remotely the case; instead, terrorists like bin Laden are savvy individuals who use such arguments as propaganda to "provide justification" for their evil deeds.

"Believe me, when I was in the JI I never thought about [American] foreign policy or the Arab-Israeli conflict at all. It was all the hatred that comes from allowing women to wear [what they want] and to dance. It was all centered around freedom, especially freedom of women," Dr. Hamid remarked. "Even if you changed your foreign policy, they will find some other reason to hate you," he emphasized to me. "They will hate you until or unless you subjugate fully to sharia and Talibanlike systems. This is the center of the whole struggle...You subjugate to sharia and the Taliban [and] they will be happy with you."

We cannot—we must not make the mistake of thinking that by merely altering our foreign policy we will fundamentally shift the course of relations with the radical jihadists. Rather, the opposite is true—strength is critical. That is not at all to say that we must rush to war with guns blazing, but rather it is a recognition that there can be no negotiating with an enemy that is

willing to die for their cause, no matter what the systemic or national consequences. And we cannot take lightly a threat that, as Dr. Hamid put it, is not an ordinary threat but rather is an "extinction threat."

Moreover, it is imperative that we as Americans also recognize that by displaying a single sign of weakness, we are emboldening our fascist enemy.

In my interview with the exjihadist, I was struck by how frank and passionate he was when it came to the question of displaying weakness, specifically how even the smallest things suggested weakness and provide sources of encouragement for the terrorists.

"What does not resonate in your mind might resonate a million times more in the mind of radicals," he said, citing the recent incident in which a Danish cartoon inappropriately parodying the Prophet Muhammad resulted in an apology from the publishing magazine. Only within 72 hours after the *apology* did the largest of protests erupt in the Middle East. Why?

"It was perceived as weakness and it actually aggravated the problem and made things worse," he explained. "You need to be very careful of your actions, your words, to be respectful but without showing weakness. It is the balance that is needed here."

Dr. Hamid also agreed fully with my assertion that by withdrawing prematurely from Iraq or Afghanistan, we would have emboldened our adversaries even more. "Once they feel that you are weak, they become encouraged to attack you again," he warned—and it is a warning we cannot afford to ignore.

Dr. Hamid, who will be speaking Tuesday, March 2 at 7 p.m. in ALC112, the Mountain View Room, knows our extremist enemy well. After 9/11, he decided that it was essential that he speak out and educate governments and the public about our enemy, lest we forget the havoc this terrorist enemy brought to our country on that fateful day.

In this time of heightened partisanship, we must all remember one simple fact: at its core, we are all Americans. As such, we still find ourselves united in this epic battle against a truly evil ideology of hate. For the sake of this country, we cannot lose sight of that reality. We must not.

The Seng Center radio show runs Thursdays from 6-8pm at krcx.org.

THE ROOTS OF JIHAD:

With Dr. Tawfik Hamid, Islamic reformer and ex-Jihadist March 2 at 7:00 p.m. in ALC 112 the Mountain View Room

Letter to the Editor from Regis Residence Life

FEBRUARY 15, 2010

Dear Highlander Editor:

I would like to take the opportunity to respond to Jimmy Sengenberger's February 2 Perspectives article regarding changes to the Regis housing system. I thank Mr. Sengenberger for his obvious enthusiasm toward campus living and for asking several excellent questions. It is our pleasure to respond to those questions here.

First, Mr. Sengenberger questioned the amount of the housing deposit during this time of nationwide fiscal uncertainty. We did increase the housing deposit from \$250 last year to \$300 this year in order to encourage students who are serious about living on campus to commit—indeed, this is the goal of any deposit program. As always, the \$300 housing deposit is applied in full toward students' housing bills.

We certainly recognize that these are difficult financial times for students and their families. For this reason, we waived the housing deposit in a handful of cases due to financial circumstances. We would never want students not to apply for housing due to a deposit, and I encourage any student with a serious financial concern to

contact me.

Second, the February 2 article suggested that "unfair advantages" were given to students signing up for living learning communities (LLCs). Mr. Sengenberger also expressed "sincere doubts about how many upperclassmen [would] truly benefit from the program." In fact, LLCs were created based on student interest, and only those LLCs that had a substantial following were established. Research at Regis and beyond has demonstrated that LLCs benefit both first-year students and upperclassmen by involving students more deeply in campus life.

Students in LLCs tend to have higher GPAs and are more satisfied with their overall student experience. It only makes sense, then, to offer these programs to our students based on their interest. Further, students who signed up for LLCs did not "get first choice on rooms," as these rooms were previously blocked for interested students. In fact, LLC students have a more limited choice of rooms than the average student in that they may only choose from those rooms that are a part of that specific LLC.

Third, Mr. Sengenberger indicated that the new housing sign-up system was inefficient and would be better handled online. While some students were understandably skeptical at this change in procedure beforehand, our experience was that most students were pleased to have more direct and more personal service than an online system affords. In addition, students were more empowered in the new system, hand-picking their rooms and immediately knowing their housing assignments.

We worked hard to make the process as smooth as possible, providing clear instructions and guidance and offering plentiful refreshments and prizes to students while they waited. We will continue to strive to make the process smoother for the future, but we were pleased with this new system and heard from many students that they were, too.

Finally, Mr. Sengenberer implied that Residence Life in some way "ration[ed]" single rooms to juniors and seniors and suggested these changes were made to yield better financial returns. The changes to the Residence Village sign-up process allowed Residence Life to make better use of the capacity of the Residence Village units. Rooms in the Residence Village were designed to be double rooms, housing four to six students each, not three students.

In the past, many students were

shut out of living in the Residence Village because so many rooms were being used as singles. If students did not have a group of roommates already, there were few opportunities to meet others and join their groups.

This year students met one another and were able to form groups at housing sign-up. It is true that Regis benefits financially from having more students live on campus, but this was not the motivation for making this change. As for single rooms for juniors and seniors, there was still plenty of space in West Hall for this purpose, and many upperclassmen happily found homes there for next year.

I hope these answers are helpful in understanding the reasoning behind our procedural changes to housing sign-up this year. Our goal is always to serve students by providing a rich residential living experience. If you have feedback or suggestions about how we can do this, we would love to hear from you. Please come to see me in Room 216 of the Student Center.

Sincerely,

Marie Humphrey

Director, Residence Life, Housing, and Event Services

Shutter Island: Movie Review

BY LUKE CURTIS

Shutter Island is Martin Scorsese's latest major film since winning an Oscar for 2006's The Departed. While it is no masterpiece, it is an enjoyable movie with some great twists and

The film follows Marshall Teddy Daniels (Leonardo DiCaprio) and Chuck Aule (Mark Ruffalo) as they are tasked with investigating a missing patient at the Ashecliffe Hospital, located off the coast of Massachusetts on Shutter Island.

The stormy weather present for the majority of the film adds to the dark, uneasy tone laid forth by hospital staff as they repeatedly deny Teddy access to patient records that would help him crack his case.

Frustrated with his attempts being constantly squandered and the added grounding on Shutter Island due to a massive storm, Teddy begins to crack psychologically and emotionally. The remainder of the film explores Teddy's breakdown and leads to a very exciting twist at the conclusion.

Obviously, I cannot and will not give away the twist at the end-but it is worth seeing for this element alone.

I did feel as though the contents of Shutter Island have been recycled throughout the years in other psychological thrillers. Many others have

heavily criticized this aspect of the film, especially when set against the backdrop of Scorsese's previous movies that have been absolutely mag-However, suspending disbelief is an important aspect of this film. I liken such a concept to that of a magician. We've all probably seen or watched a magician perform and even though we have to know that there is no such thing as magic, we willingly suspend this thought. We do this to allow for that feeling of really being at a loss for how the rabbit disappeared or how some-

one is seemingly floating off of a table The same thing applies to Shutter Island. We can sit here and criticize the obvious hints given in the film, and we can spout to our friends that we knew what was happening the entire time. But by doing that, it ruins what Scorsese is doing.

To experience the film fully, we need to enjoy the twist only as one would if they did not see it coming. When you're able to do this as I did during the movie, it will be very much more enjoyable and exhilarating. made sure to do this while I watched the film, and I can say that I loved the experience put forth. I hope you will do the same.

3.5 out of 5 stars.

Book review: Thief of Time

BY MICHAEL DEGREGORI

One does not typically expect a book in which Death is one of the main characters to be lighthearted and humorous, but in this Terry Pratchet's novel Thief of Time is a notable exception. Like most of Terry Pratchet's books, Thief of Time is enjoyable, satirical and has a magical and symbolic plot that is clearly not meant to be taken too seriously.

The plot, like all of Pratchet's Discworld books, takes place on a flat Earth, which rests upon the backs of four gigantic elephants, who in turn stand upon a massive turtle, swimming through space.

It centers on a plot by Auditors, a race of powerful beings that wish for everything to be orderly and easy to understand, and to stop time permanently, which they believe would make things much simpler for them.

The only people standing in their way are Lobsang, a young monk and former thief; Ms. Susan, a partially immortal schoolteacher whose grandfather just happens to be Death himself; and Lutze, a legendary hero who

makes a living as a sweeper (as well as a few others who I won't mention so as to not spoil the plot).

Despite its overall silliness, Thief of Time can be meaningful at times. It's commentary on the human condition can be as insightful as it is hilarious, and its clear satire of things such as modern ideas about education, Truth, and mysticism can make very valid points. Particularly interesting is when some of the Auditors begin taking human form, causing them to experience human wants and desires for the first time.

Although this book is part of a much larger Discworld series, it is just fine as a stand-alone novel with its own characters, timeline and plot.

As someone who has never read any of the other Discworld books, I found Thief of Time easy to understand and read even with all the absurdities. I found this book humorous and interesting with well-placed satire and a fast-paced plot that maintains the reader's interest. I would recommend it for anyone who wants an easy and enjoyable read.

Denver Joins New Orlean's Celebration of Mardi Gras

BY CIARA GALLAGHER

Although over 1,000 miles sepa-Mile High City rang in the infamous "Fat Tuesday" in style. "Fat Tuesday" originates from the practice of eating rich and heavy foods on the last night before the ritual fasting of the Lenten season, which starts the following morning on Ash Wednesday.

Mardi Gras this year was no joke for Denver, where downtown was turned into a yellow, purple and gold festival to celebrate the big day.

Denver's largest Mardi Gras parade and celebration took place with the kick-off of the parade at 4 p.m. at Wynkoop Brewing Co., leading into the all-night party offering tasty creole, masks, face painting and beads, assuring that you did not need to travel the distance to Louisiana to have a good time this Mardis Gras.

Red Rocks Amphitheatre also rates Denver from New Orleans, the made a valiant effort to bring mountainside Mardi Gras to Denver. The famous amphitheatre venue brought an 11-hour marathon of the New Orleans music scene to celebrate, which incorporated eight different bands and more than a dozen musi-

> Even Regis marked the big day with a southern-inspired cuisine menu in the Dining Hall, featuring everything from shrimp Creole to King

So for those of us who were not fortunate enough to make the long trek to New Orleans for what is described as "the biggest party of the year," rest assured that Denver did not take Mardis Gras lightly.

Gemini (May 21-June 21)

This weekend was spent pre-partying for Spring Break and a seemingly much needed vacation. Too bad you are stressing beyond belief now because of your inattention to your responsibilities. Please do the rest of us a favor as well: do not whine about how stressed you are because most of us do not care. We have our own stresses, and, to be honest, you brought this upon yourself.

Cancer

(June 22-July 22)

Having trouble writing that paper? You're not alone. Back away from computer screen. Take a deep breath and forget how silly your thesis may sound or how upset you are that you just wasted a precious hour watching dumb videos on Youtube. You'll get the paper done, even if it is not the best thing you have written.

Leo

(July 23-Aug. 22)

Unlike Gemini, you actually got work done this weekend. Trust me, you are in a good place and you will be totally ready for those exams. On top of that your papers are well written and should hold up to professor's scrutiny. So as a reward to yourself, enjoy your weekday afternoons. This means that you are one of the lucky few that are not stressing very much right before Spring Break, and will thus enjoy every moment of it. Just do not be too cocky

Virgo

(Aug. 23-Sept. 22)

You worked hard for the past month and saved a decent amount of money for a college student. Too bad rent is due on the first. Do not despair, though, when you see hundreds of dollars disappear from your bank account. You may feel dirt poor right now, but I foresee an unexpected monetary gift that will surprise you. But just do not spend that gift immediately, you never know when another bill might attack, say a high electric

Libra

(Sept. 23-Oct. 23)

You seem to have met this great per-

son, whom you are totally interested in. Just be wary. You are in a fragile romantic state, even if you do not think so. Instead, keep this new potential flame as a friend for right now. Otherwise, things are going to end badly. Also, give it time as friends because eventually something better will develop between you two than if you jumped in head over heels with this person right now.

Scorpio

(Oct. 24-Nov. 21)

Are you ready to see your parents soon? Well get ready because the time is coming soon. But do not worry, it is going to be a pleasant time with mutual respect, which will surprise you. Make sure to give your parents some space though because they are tired since they have been working very hard and longer hours.

Sagittarius

(Nov. 22-Dec. 21)

There has been something that is bothering you. Perhaps a friend or an activity you dislike. I know it is hard to let go, believe me I know I am a packrat, but it is time to let go. You just do not enjoy your friend or activity like you use to. There is no shame in quitting, and do not let anyone bother you or make you feel guilty about quitting. Sometimes, you need to just focus on yourself and your

Capricorn

(Dec. 22-Jan. 19)

You have been seeing puppies and kittens for the last week. This unfortunately has resulted in a deep desire and wanting of a pet of your own. Well I say just stick with the goldfish. They are definitely much easier and cost like 10 cents. One day you can satisfy your desire for a furry companion, but today is just not the day.

Aquarius (Jan. 20-Feb. 18)

Make sure to enjoy Spring Break this year. Perhaps the last breaks have not been the greatest. However, this one break is bound to be full of mischief and trouble. As long as there are no police involved, you are going to have amazing memories of this Spring Break.

Horoscopes are back with Miss Know It All Spilling her Secrets

BY MISS KNOW IT ALL

Pisces

(Feb. 19-Mar. 20)

Party's over, it is time to buckle down and finish the work ahead of you. It has been an easy semester so far, but now the homework is hitting. Use Spring Break to do some of that homework that you have let pile up and now resembles Pike's Peak, so that the rest of your semester you are not crying in a ball on your floor.

Aries (Mar. 21-April 19)

Stop working and enjoy your time, you will be working for the rest of your life. You will have plenty of time to finish all your work. In addition, the cosmos have told me that everything will work out to your advantage,

even if it does not feel or appear that way. If you go by this mantra for the next few weeks your life will be much happier, and you will feel like you are on top of the world.

Taurus

(April 20-May 20)

You have never traveled much in your short lifetime, but do not worry too much. I foresee a long lifetime and the ability to travel to the foreign destinations you have always dreamed of seeing. In addition, this Spring Break will be practice for some of your future trips. It may not be the best traveling experience but it will make you a seasoned pro! Just roll with the punches and have a positive attitude, and you will have an amazing time on your adventures.

Women's Basketball season review: Freshman Purdy records exceptional first season

BY KATIE KING

The Women's Basketball team finished the 2009-2010 season with an overall record of 10-17, going 3-16 in conference and 7-1 in non-conference matches.

After a solid start to the season (94 in overall games), the Rangers found themselves in a rough losing streak from January 7 to February 23, with only one win in mid January against the University of Colorado-Colorado Springs (92-72). They finished their season on a high note, with another victory against UCCS last Thursday (78-67). Though the season did not pan out in the Rangers' favor, this sea-

son recorded the many high points set by stand-out freshman Tae'lor Purdy in a memorable first season at Regis.

Standing at 5'10, the Agate, Colorado native ranks fifth all-time in Colorado history with 1,975 points in her career, an average of 27.7 points per game in her senior season at Deer Trail High School and was a two-time Class 1A First Team All-Colorado selection.

Her outstanding high school basketball career quickly transitioned into an exceptional first season in her collegiate career. Purdy lead the team in points scored (397), average points per game (14.7), average amount of playing time per game (30.7 minutes), highest 3-point field goal percentage (.404) and in offensive and defensive rebounds (53 and 128, respectively).

Not only are these numbers merely impressive, but Purdy's accomplishment in scoring 397 points this season has broken the school's record for highest scoring freshman. On February 20, two minutes into their game against Nebraska-Kearney, Purdy broke the record that has been held by Denise Durant's 350 points since 1980.

Fellow teammate and Regis junior Salina Kuiper also broke a school record for most blocked shots in one season. A record previously held by Kerri Connelly in the 1981-1982 season, Kuiper beat that record in a loss to Metro State just three days after Purdy had broken the most points scored by a freshman record. Kuiper finished the season with 45 blocks.

At the end of a tough season, the Rangers have many accomplishments to be proud of, both in the accomplishments of individual players and in their growth over the course of the season as a team. And even though they must say goodbye to their two seniors, Ashley Pope and Lauren Luebbe, the Rangers know they have a lot of heart and talent to build on for next season.

Women's Basketball ends season with victory against UCCS, seniors bid adieu

BY BRIANNA WORKMAN

DENVER - After a nine game slide, Regis Seniors Emily Kuipers and Ashley Pope said goodbye to the Regis Fieldhouse and their collegiate careers with a 78-67 victory over the University of Colorado-Colorado Springs Mountain Lions. Salina Kuiper poured in 20 points while Kuipers tallied 15.

Leading the Rangers was Salina Kuiper with 20 points. Emily Kuipers tallied 15. With 22 points for UCCS, Ashley Miller led the Mountain Lions.

Before the game began, Pope and Kuipers were escorted to center court by their parents to be greeted by their teammates. Hugs and flowers were exchanged, and a rememberance of their achievements at Regis took place. Then the game began.

In the game's first 7.5 minutes, the

score was tied four times before Regis took a three point lead (13-10), with 12:40 remaining. Baskets were exchanged for the remainder of the half with the Rangers walking away at the break with a ten point lead (43-33).

The second half flowed differently. Regis immediately began a 15-4 run over the first 5.5 mintues of the period to take a strong 20-point lead (58-38). The Rangers were up once more by 20 and another time by 21, eventually grabbing the 11 point victory (78-67).

While Kuiper and Kuipers added points to the board for Regis, they also pulled down boards. Kuiper grabbed nine rebounds while Kuipers had four. Freshman Tae'lor Purdy led the team in rebounds with ten.

Together, Regis tallied 19 assists and only 11 turnovers while forcing 17 Mountain Lion turnovers. The Rangers shot 44.1 percent from the field.



The Regis Rangers Women's Basketball Team finished up a hard-fought season last week, waging a season-ending victory against the Mountain Lions (University of Colorado-Colorado Springs).

PHOTO BY Brett Stakelin

REGISTER FOR A SUMMER INTERNSHIP TODAY!

THE SUMMER REGISTRATION DEADLINE IS MAY 17TH

To earn 3 credit hours this summer you must be registered by May 17th.

Please stop by our office to pick up a registration form at: Coors Life Directions Center - Room 124 - cdetra@regis.edu

Rangers Men Basketball ends season with razor-thin loss to UCCS

BY JEREMY PHILLIPS

DENVER - A career-high 26 points by Brent Jones propelled UC-Colorado Springs to a 73-70 victory over Regis.

Regis trailed 28-20 with 8:34 remaining and then went on a 10-2 run capped off by a three pointer by Matt Rosinski, who led Regis with 28 points. Neither team could find the basket much over the last 3:57 of the first half, but University of Colorado-Colorado Springs scored six of the last

eight points to take a 36-32 lead at halftime.

The Rangers fell behind 60-49 at the 9:27 mark after Damar Hill, who came off the bench to score nine points, made a layup. Regis held the Mountain Lions scoreless for the next three minutes and 10 seconds. The team scored 13 straight on one of Curtis Mitchell's five three-point baskets to take a 62-60 lead with 6:17 remaining.

Back-to-back three-pointers by Mitchell and senior Alex Potts put the Rangers up 70-69 with 1:47 remaining. Unfortunately, that would be the last points the Rangers would score, while UCCS raised the final four points to win going away 73-70.

Rosinski's 28-point game was the 31st of his career in which he scored 20-or-more points. Mitchell chipped in with 21 points and over his last four games of the season. He has averaged 23.3 points per game and raised his average to 10.1 ppg for the season.

UCCS outscored Regis 48-18 in the paint but hit a season-high 10

three-pointers.

Potts came off the bench to chip in with a season-high 13 points. Potts was a perfect 4-for-4 from the charity stripe, helping the Rangers to a perfect 8-for-8 performance.

Jones led three Mountain Lions in double figures. Cole Smith and Luke Hristou had 11 and 10 points respectively. Smith had a game-high eight rebounds for UCCS.

Rangers Baseball launches season with victory over Thunderbirds

BY JEREMY PHILLIPS

PUEBLO - The opening game of the 2010 RMAC baseball schedule started off a little slowly for Regis, but timely hitting and some pressure pitching catapulted the Rangers to a 7-6 victory over CSU-Pueblo.

The game was originally scheduled for Regis but was moved to Runyon Field in Pueblo due to inclimate weather. Regis fell behind by three runs in the second inning after back-to-back homeruns to lead off the inning by Jon Proesl and Austin Roff.

Regis tied the game in the bottom

of the second after senior Max Regalado led off the inning with a homerun over the left center wall. Junior Zach Blakeley then hit a screaming single through the left side, and then junior Tim Terry tripled to right field scoring Blakeley. Three batters later senior Chris Steinbeck drove in Terry on a single through the right side.

Sophomore Charlie Henderson settled down and scattered three runs over the next five innings and got some help again in the third inning, scoring three more. Back-to-back doubles by seniors J.T. Putt and

Patrick Farrell put runners at second and third. Two batters later, Blakeley hit a shot to shortstop that was mishandled, putting Blakeley at first and scoring Putt. Terry and sophomore Dave Holland each had an RBI, Holland's coming on a single.

CSU-Pueblo trailed just 6-5 after their half of the sixth inning. Regis scored an insurance run in the sixth when Putt scored freshman Wes Keelan from third on a sacrifice fly to left field. The Thunderwolves again cut the lead to just one run when junior Bryant Asnicar walked in a run with the bases loaded. Asnicar got out

of the jam by getting Jerry Salazar to foul out to a diving Max Regalado at the fence.

With two outs and runners at first and second, Asnicar was able to pinch hitter Josiah Rodriguez to bounce out to Keelan at second base to give the Rangers the win.

Regalado, Blakeley and Terry each swatted two hits while Terry led the Rangers with two RBI. Henderson picked up his first win of the season while Asnicar earned his first save of the season.

An update from Regis Student Activities

BY DAVE LAW STUDENT ACTIVITIES DIRECTOR

Haitian Relief

Accounting for the matching funds contributed by University Ministry and the Regis University Student Government Association, your generous contributions resulted in the collection of funds in excess of \$6,000.00. Thank you for making this effort a success.

Dominican Republic Spring Break Service Project Dinner. A group of 12 students and 2 faculty are traveling to the Dominican Republic to learn about cross cultural relationships and work with Education across Borders www.educationacross-borders.org) to build a home.

In order to fund this project, we are hosting a Dominican Dinner with a silent auction on Monday March 1st at 6:00p.m. in the ALC Mountain View Room. All proceeds from the dinner and silent auction will go directly to the construction of a new home for a Dominican family.

Tickets for the dinner are for sale for \$20 in the Office of Student Activities. Please direct any questions, donations, and dinner ticket requests to the office of Student Activities at (303) 458-3505.

Regis Ramblers Production

We are excited to announce that the 2010 show will be Fame. "Fame-The Musical" is bittersweet but ultimately inspiring story of a diverse group of students as they commit to four years of grueling artistic and academic work. With candor, humor and insight, the show explores the issues that confront many young people today: issues of prejudice, identity, self-worth, literacy

and perseverance.

Tickets are on sale now at: www.regis.edu/ramblers. This year we have made tickets available online to streamline the ticket buying process. If individual performances are not sold out in advance, there will be tickets available at the door the day of the show. Please bring your online receipt, student ID, or other ID to enter the chow.

Ticket Prices:

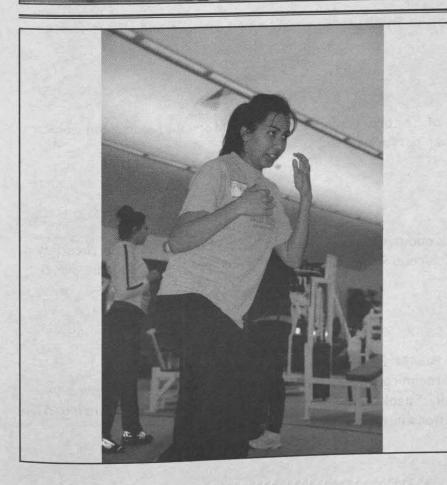
\$6.00 (+ \$1.60 Online Service Fee) for Students

\$8.00 (+\$1.70 Online Service Fee) for Adults / Non Students

FIGHTING BACK







Regis held its first Self-Defense Seminar of the semester on February 20. The next will be on March 20!

PHOTOS BY DAVID ORDWAY







COMMUNITY/CAMPUS EVENTS

Sunday, February 28-Wednesday, March 3

Extended Library Hours for Midterms

The Dayton Memorial Library will have extended hours beginning Sunday, February 28 through Wednesday, March 3.

Sunday 12:30p.m.-2a.m. Monday 7:30a.m-2a.m. Tuesday 7:30a.m.-2a.m. Wednesday 7:30a.m.-2a.m. Thursday 7:30a.m.-11p.m. Friday & Saturday 8a.m.-6p.m.

The library will resume normal hours during Spring Break.

Wednesday, March 3

A Life in Law

Join United States Chief District Judge Wiley Y. Daniel, United States District Judge Christine M. Arguello and other legal professionals as they share their diverse backgrounds and experiences. Learn about the varied paths to a successful life in the law. A light meal will be served. The event will be at 6:00p.m in the Student Center Faculty Lounge. This event is sponsored by the Office of Diversity. For more information contact Sandra

Mitchell at smitchel@regis.edu

Thursday, March 4

German Meeting

The next Stammtisch will meet on Thursday, March 4th in the Sodexo Dining Room from 1:00-2:00 p.m. Open to all students, faculty, staff, and interested persons. If you have questions and/or need more information, please contact Fred Reinero, Adjunct German Professor, Department of Modern and Classical Languages, Regis University at freinero@regis.edu or (303) 964-

Friday, March 5

Insignia Application Deadline

Applications for the 2010-2011 Insignias program can be picked up in the Regis College Office of Admissions, Main Hall 217. Insignias give tours, host prospective students overnight and help with all Admissions visit programs. Applications are due back by 5pm on Friday, March 5th. Interviews will be March 15th-19th. Please stop by the Admissions Office or contact Brooke Selle, Assistant Director of

Admissions, at bselle@regis.edu or 303.458.4230.

Regis Baseball vs. Colorado **School Of Mines**

The Regis baseball team will be playing today from 3p.m. till 6p.m. at the baseball field.

Saturday, March 6

Regis Baseball vs. Colorado **School of Mines**

The Regis baseball team will be playing today from 11 a.m. till 2 p.m. at the baseball field.

Monday, March 15

Diversity Day Submissions Deadline

Members of the Regis University Community are invited to submit papers and ideas for presentation at the 2010 Regis University Diversity Day. Students, faculty and staff are encouraged to present during concurrent sessions on the afternoon of Wednesday, April 7th on any diversity-related topic. Submissions should be no more than 1000 words in length and may be submitted electronically to smitchel@regis.edu.

Thursday, March 25; Friday, March 26; Saturday, march 27; Sunday,

March 28 Regis Ramblers Presents- Fame!

We are excited to announce that the 2010 show will be Fame. "Fame-The Musical" is bittersweet but ultimately inspiring story of a diverse group of students as they commit to four years of grueling artistic and academic work. With candor, humor and insight, the show explores the issues that confront many young people today: issues of prejudice, identity, self-worth, literacy and perseverance. Tickets are on sale now at: www.regis.edu/ramblers. If you have any questions about the musical or problems purchasing online, please call the Office of Student Activites at (303) 458-3505.

Fridays, Through Lent

Stations of the Cross

Get your Lenten weekends started on the right step! Join us for a studentled Stations of the Cross every Friday at 4 pm in the St. John Francis Regis Chapel. Journey with us every Friday during Lent. Everyone is welcome.

The Ski Van is back this semester! Sign-up in the Student Activities office.

Women's History Month 2010

Monday, March 22, 8 pm, Student Center cafeteria

Keynote address: Gail Collins, "When Everything Changed: The Amazing Journey of American Women from 1960 to the Present"

Gail Collins, a New York Times columnist and author of 2 books on women's history, will discuss how American life - social, economic, and political - has been transformed by the movement for women's equality.

This is our big event. Collins is a national figure who is witty, informed, and a gifted story teller. Her talk promises to be lively and enlightening. The event will be especially valuable for students of history, economics (Collins' main argument is economic), politics, communication, sociology, and core diversity courses.

Co-sponsored by Peace and Justice Studies, the Honors Program and the Institute on the Common Good. The event is free and open to the public (no tickets necessary).

Tuesday, March 16, 7pm, Ranger Grille

"Natural Herstory"

Marcia Douglas, poet and CU professor, will give a dramatic reading of her one-woman play, telling stories of Jamaican women. Douglas has received rave reviews from Regis folks who have seen her perform. Co-sponsored by the Tinansa program

Tuesday, March 23, 7pm, Main Hall 333

Linda Alvarado, "Diversity and Opportunity"

Alvarado, President and CEO of Alvarado Construction, Inc., will talk about the opportunities and challenges she has faced as a Latina entrepreneur in a traditionally male field. A partner of the Colorado Rockies, Alvarado is also the first Hispanic owner of a major league baseball franchise. Co-sponsored by Mi Gente

Wednesday, March 31, 4pm, Main Hall 333

Jill Tietjen, "Making a Difference to the World: Women and Environmental Leadership"

Tietjen is one of the top historians in the country on scientific and technical women. Co-author of Her Story: A Timeline of the Women Who Changed America, she is also the CEO of Technically Speaking, a national consulting company specializing in improving opportunities for women and girls to have more career options in technology. Co-sponsored by the Environmental Studies Program