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Regis University

# Highlander

a weekly publication



The Jesuit University of the Rockies

www.RegisHighlander.com

Denver, Colorado

## Campus safety makes plans to update and revise parking rules

Jacqueline Kharouf  
Editor-in-Chief

Whether it's professors heading to their offices, students beginning their morning classes, or Regis staff members making their way to work, parking on campus can often be a challenge, not only to find a spot, but to find one which is legal and appropriate. In light of several of these challenges, campus safety will be updating its regulations for parking on campus. These updated regulations are still in the works, however, and will be introduced within the coming months after approval from the university and legal documentation.

Bill Williams, director of campus safety, says the new updates to the regulations are needed in order to continue the goals of his department, that is, to maintain safe and legal on-campus parking.

According to Williams, campus safety has been developing a new parking security proposal, complete with updated protocols and regulations, by examining the parking measures at other private schools, such as the University of Denver (DU).

Williams explained that while public institutions like the University of Colorado and Colorado State University, which employ private police departments, can implement new parking regulations more easily than a private institution, like Regis or DU, implementing new parking regulations at a private institution requires more processing and approval procedures.

Aaron Hofkamp, the assistant director of campus safety, explained that currently, Regis University's Parking/Traffic Rules and Regulations includes penalties such as flagging the accounts of faculty, staff, or students, which keeps students from registering, obtaining transcripts, or their diplomas, and taking offenders to a collection agency.

See Parking on page 2

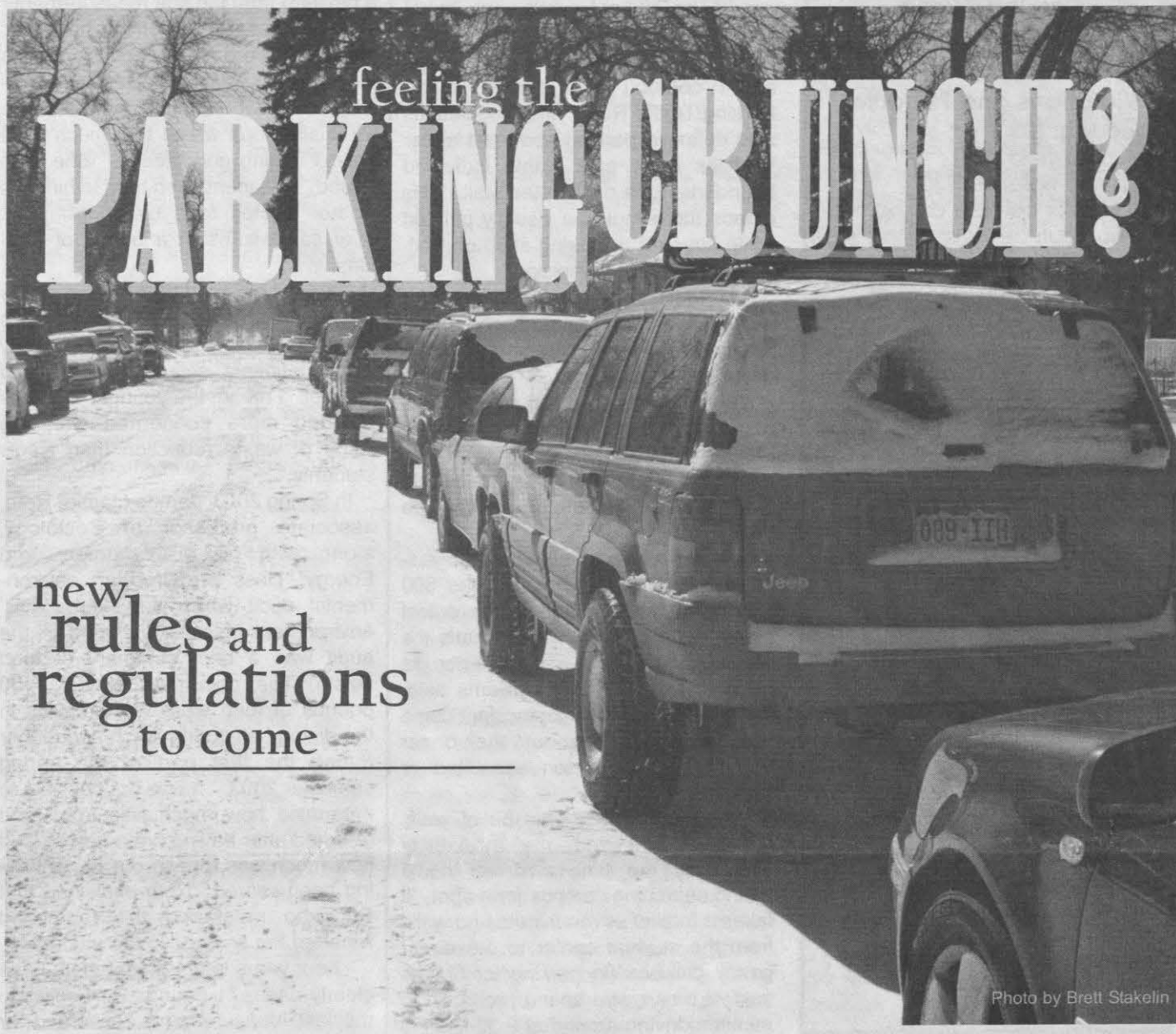


Photo by Brett Stakelin

## Waste less food, because you can SPEAK and WRC measure uneaten food from cafeteria

Maricor Coquia  
Associate Editor

Many Regis students eat in the Cafeteria daily, depending on Sodexho to satisfy their appetites with a room full of ready-to-eat meals. Students fill their trays with plates of pizza, salad, sandwiches, and desserts, grabbing anything that looks good.

Unfortunately, students have been wasting food, explained Adelle Montebancho, a senior majoring in Environmental Science. "They do so because they can. They don't make the food or have to clean it up," she said.

Montebancho, also the founder for Students for Peaceful Environmental Action and Knowledge (SPEAK), believes that students need to realize the "food has to go somewhere." Most

students however, eat and go, not thinking of the consequences of wasted food. Montebancho observed, once a student is done, trays are placed on the conveyor belts, swept away from the student's sights and memories.

Sarah Tressel, administrative assistant for the Center for Service Learning commented, "What surprised me was that there were whole sandwiches and hamburgers left untouched, burritos with only one bite taken, whole apples and halves of grapefruit left to waste."

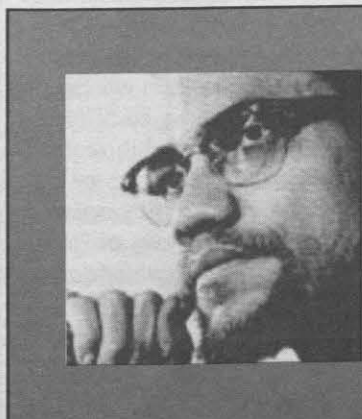
Montebancho, in collaboration with Sodexho, has been attempting to track students' waste habits over the last few months. On Wednesday, November 15, 2006, members of SPEAK and the Waste Reduction Committee (WRC) measured 107 pounds of food waste for 220 eaters. "It was surprising," said Montebancho. The study occurred dur-

ing the entire lunch period, from 11:30 a.m. through 1:30 p.m.

A second measurement was conducted on Wednesday, January 24, again during the entire lunch period. In addition to the members of SPEAK and the WRC, eight students ranging from 4th through 8th grade, helped with the measurement. The eight students were part of a youth leadership group called Earth Force, a youth driven program focusing on eco-conscious projects. The students, part of a group of 45, from different public schools in Denver.

Tressel, who helped coordinate the students' participation, explained: "It was amazing to have [the eight students] help out. They made some good

See Food on page 2



**Fighters for Justice: Celebrating Black History Month**

Feature, pg. 6



**Lady Rangers fly high with another win**

Sports, pg. 8



**Laughin' it up with Tim Young**

Spotlight, pg. 11

**Parking** from front page

The problem, Hofkamp continued, is that while these penalties are fairly effective, campus safety cannot delegate these until the violator has \$100 worth of tickets. And because a violator can receive a number of tickets and still be under \$100, the regulations need to be reevaluated so that repeat offenders can be penalized accordingly.

### Parking/Traffic Violations and Fines

#### Article 7: Violations and Penalties

Speeding: \$25  
 Failure to yield: \$25  
 Stop sign violation: \$30  
 Reckless or careless driving: \$30  
 Parking outside lines of stall: \$15  
 No parking zone: \$25  
 Loading zone violation: \$20  
 Parking in undesignated area: \$25  
 Unauthorized parking in a Visitor parking space: \$35  
 Handicap violation: \$75  
 Driving or parking on lawn: \$75  
 Failure to display permit: \$25  
 Using another's permit: \$30  
 Failure to obtain parking permit: \$50  
 Displaying of stolen, revoked, or altered permit: \$50  
 Fire lane violation: \$75  
 Vehicle on walkway or sidewalk: \$50  
 Moving, interfacing, tampering with traffic control device: \$30  
 Vehicle parked in drive or thoroughfare: \$30  
 Disregarding traffic control device: \$30  
 Vehicle blocking trash dumpster: \$25  
 Failure to yield to pedestrian: \$30  
 Improper/unsafe operation or parking of bicycle: \$20

Another problem for campus safety, Williams explained, is students who do not comply with the current parking regulations and requirements. "There's a quantity of students out there who believe that if you just don't get a permit and you just don't pay your tickets nothing's going to happen to you," he said. "That's going to change dramatically. In fact, we're going back in our records and we'll be turning people over to collections and we'll be freezing accounts."

"A lot of folks out there think that we don't know who they are, we do," Williams explained, "We take their plates, we go down to the DMV, we run their license plates, we find out who owns the vehicles. They may think we don't know, but they're going to be surprised. It's not going to be pretty."

Williams said that although several Regis graduates may be surprised at graduation, withholding diplomas is not something campus safety deliberately intends, "We don't like doing that, either. Our goals are that people can park safely and legally," he said.

According to Williams, one of the biggest problems for campus safety is regulating visitor parking, parking spots often taken by students who are in a hurry. Visitor parking, he said, "enables the school to do business. It's hard to get new students here if they come on campus and they can't get a place to park."

Hofkamp continued, "People complain a lot: 'Oh I was just visiting the campus that day.'" But according to

the Regis University Parking/Traffic Rules and Regulations, a student is defined as, "All persons enrolled for at least one hour of credit and not classified as faculty/staff [...]," while a visitor is defined as, "anyone visiting the University who is not included under the definitions for faculty/staff, students, trustees, and contractors." Thus, although a current student may be "visiting" the campus on a day when he or she does not have classes, a student is still a student as long as he or she is enrolled.

"The biggest excuse we hear," Williams said, "probably ever other appeal that comes to us, is: 'It didn't say I couldn't park there.'" The Parking/Traffic Rules and Regulations also define a parking spot: "All motor Vehicles must park within indicated boundaries of a designated stall. This means there must be visually painted white lines (of a parking stall) on both sides of the motor vehicle."

Like these definitions, Williams said, parking in an appropriate spot, a place correctly marked and seemingly designated for cars, should be simple and understandable. "Technically there's no signs out on Lowell that say 'Please don't run into other cars,'" Williams explained, "but you know to not do that. So it's a common sense type thing."

Williams and Hofkamp also discussed parking lot 6, which has 500 parking lot spaces and is the safest place to park on campus, "That's the safest parking lot we have since its open last September," Williams said, "we haven't had a single incident come out of it. Not a single auto theft or car broken into or person assaulted or bothered."

Although it is a little bit of walk, Hofkamp conceded, the availability outweighs the time a driver could spend searching campus for a spot, "It takes a total of seven minutes [to walk] from the student center to the emergency call box [in parking lot 6]," he said. "I mean, you spend probably 15 minutes driving around at 9:30 looking for a spot, if people were to just park out there right away they'd be seven minutes *earlier*, than seven minutes later."

Campus safety also hears complaints from neighbors about parking in front of houses and along side streets, but, as Williams explained, the streets around Regis are under the jurisdiction of Denver and Adams county. Williams said Adams county has been "aggressively towing vehicles" by lot 4, on 52nd, about once a week, moving cars that are blocking the street, other houses, and driveways. Williams encourages drivers not to park in the neighborhood because of these complaints.

Williams noted that if parking issues continue, the university may develop a parking fee. Williams explained that of the 28 Jesuit universities across the country, only 11, including Regis, do not charge for parking. And charging for parking may not solve the problem either, Williams said, as paid parking may not necessarily guarantee a spot for everyone, "It's not cheap. If you go to CSU it's \$250 a semester to park your car on campus and that's not preferential parking, you're not guaranteed a parking spot," he said.

"I hate to see us go to that," Williams said, "because, frankly, I don't want to pay for parking either."

For more information about parking rules and regulations log on to [www.regis.edu](http://www.regis.edu) and search for "campus security" to access the most up-to-date version of the Regis University Parking/Traffic Rules and Regulations.

**Food** from front page

observations." All 45 students were given three projects to choose from, which included writing cards to Katrina survivors and the waste reduction measurement. "The students were so excited," said Tressel. "The eight especially, ran to sign up."

The second measurement showed a decrease in food waste. "Only 71 pounds of waste was measured for 205 eaters," said Montebalco. "It was a big leap from the first measurement."

Tressel cautioned however, "Students were so self-conscious as we took their wasted food for measurement. They would make excuses...like 'I usually don't waste this much' or 'I wasn't feeling good today.'" She continued, "A student even tried to hide his or her wasted food by bundling left over sandwiches in a bunch of napkins."

Tressel believed there was a sense of guilt felt by the students as trays were collected for the study. "They were definitely self-conscious," said Tressel. "I mean, the younger students seemed more concerned with the issue of waste reduction than Regis students."

In Spring 2003, James (Jamie) Roth, associate professor of Sociology, along with his "Environment and Energy" class prepared an environmental audit which surveyed Regis' environment policies. Included in the audit was a brief summary of food waste. The document states: "100 pounds of food were wasted daily in the dining hall during lunch and dinner during the first part of the spring semester 2003. It was not possible to determine how much was from food returned after having been served and how much was thrown out never having been served." Roth explained that Sodexo measured the food and reported the findings to the students.

Four years later, the numbers have clearly risen. 71 pounds (according to the last measurement) accounted for the lunch period only. Montebalco said, "I'm curious to see how much is wasted at dinner," when the Cafeteria is usually filled with more students. She added, "I hope that waste can be reduced both in how it's prepared and in students' choices."

Montebalco plans to continue the measurements; hoping students become more aware of their choices.

**"[...Students] need to start figuring out what they want to eat before grabbing just anything and everything."**

Roth expressed a similar response: "It would be nice if students simply thought about their environmental footprint no matter what activity they engage in—driving, eating, paper use, lights, discarding bottles and cans, taking showers, traveling, etc...how we live in relation to Earth is a moral issue, make no mistake about it because it has so many repercussions for other people, including those not yet born."

Montebalco agrees. "Students need to realize that they are so privileged to have a meal provided to them anytime. They need to start figuring out what they want to eat before grabbing just anything and everything." She continued, "There are people starving while students are wasting food."

In the future, she hopes students will learn to waste less. "I hope they learn to make the right choices," she said with hope, "because they can."

**Contact the Highlander**

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As the staff of the Regis University weekly publication, the Highlander, we intend to serve the campus and the neighborhood by providing a forum wherein ideas are explored and news is provided. Our publication is designed to cultivate awareness, understanding and dialogue about matters of community importance.

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## Leaving a lasting legacy through leadership

Danielle Grazda  
Contributing Writer

During the weekend of January 26 and 27, a group of lively college students developed their leadership skills at the 5th Annual Legacy Leadership Conference. Held at Regis University, approximately 80 students from five states and 12 organizations attended the conference. The National Society of Collegiate Scholars intertwined their regional conference with this annual event to underscore the importance of leadership, scholarship and service in higher education. This two day experience was full of exciting activities, informative speakers, and experiences with new friends.

The conference kicked off with a night of "ice-breaking" fun. Stephen Gray, the associate director of the Mendenhall Student Center and director of Student Activities at East Carolina University, led students in

"I loved the enthusiasm and drive of the speakers that we continue to see. Impressive! I only wish everyone could experience this."

bonding activities to help emphasize the importance of teamwork and family in leadership. One student commented, "I really enjoyed Friday because Stephen Gray made the two hours so much fun that it felt like 15 minutes. The games and programs made me do things that I usually would not do. It helped me to step out of my comfort zone and challenge myself."

Saturday started off early. Matt Smith and Johnson Wales, director of Community Leadership, got the ball rolling. Starting his leadership development in high school, Smith engaged the conference in how to use leadership to deal with international situations, such as globalization. The afternoon keynote speaker, Dr. John Nicoletti, an international expert on corporate training and policy psychology, explored the topic of the dark side of leadership and challenged individuals to think through what made them special. The evening ended with many laughs as Craig Zablocki introduced the various students to how to go out of your comfort zone by taking themselves lightly and their dreams seriously.

One participant commented, "I loved how you [Regis] are reaching out and partnering with many different schools." Another student added, "I loved the enthusiasm and drive of the speakers that we continue to see. Impressive! I only wish everyone could experience this." Almost everyone said that this experience was one they will never forget as they continue to develop their leadership legacy in service of others.

## Regis Leadership students learn about mental health legislation

Ashton Do  
Staff Reporter

Regis Leadership students were treated to a lesson on mental health advocacy at the fourteenth annual "Legislative Education Day" on Friday, February 2.

Set in a ballroom at the Adams Mark Hotel, the seminar attracted influential and political figures from throughout Colorado and focused on "making mental health a priority" in state legislation.

Dr. Sally Spencer-Thomas, director of leadership development and behavioral health promotion, offered extra credit to her sophomore students for attending the educational event.

"First of all, I learned that mental health is just as important as physical health," said sophomore Daniel Wessel. "This seminar also reinforced the importance of learning and becoming leaders in the community."

Throughout the day, the seminar explored how to effectively work with legislature on political issues via grassroots communication. Regis students

also learned about mental health issues, the extensive legislative process, and its purpose in serving mental health interests.

Freshman Noah Schutte participated in a mock legislative hearing as a panel member to demonstrate the law-making process in action.

"I discovered that there's more to democracy than just voting," said sophomore Ryan Dolan.

"I discovered that there's more to democracy than just voting," said sophomore Ryan Dolan.

Recently elected First Lady Ritter was also present at the event. Before her speech, she approached Regis students and expressed her excitement over "the involvement of young people" in the community.

"It was pretty cool that she came over to recognize us," said sophomore Catherine Ashendon.

"Therein lies our hope for tomorrow..." said First Lady Ritter.

Sponsored by the Mental Health Association of Colorado (MHAC), "Legislative Education Day" also raised discussions about the human aspects underlying mental health legislation and presented attendees with numerous facts and stories pertaining to mental health.

According to statistics supplied by MHAC, one in five people have a diagnosable mental health disorder and over \$865 million are lost in productivity due to these disorders.

"This entire process gave me insight on mental health issues and what legislatures could be doing about them," said freshman Chris Valko.

"Therein lies our hope for tomorrow," said First Lady Ritter, pointing at Regis students from her podium, "I just want to acknowledge you guys for coming today."

## Start your spiritual ignition with the Ignatian Discernment Retreat

Amy Smith  
Staff Reporter

Imagine an entire weekend of meditation, relaxation, and spiritual fulfillment. Many students who find this appealing may want to attend the Ignatian Discernment Retreat, which will be hosted by Regis University President, Fr. Michael Sheeran, at the Sacred Heart Jesuit Retreat Center in Sedalia, CO. For two days, February 23-25, students will be given the privilege to carry on the spiritual practices of St. Ignatius. According to Sr. Peg Maloney, director of University Ministry, "some of the exercises consist of daily self-examination, prayer with imagination, considerations, and contemplative practices."

Although attending a Jesuit University, students may still be having trouble grasping Jesuit ideals. St. Ignatius Loyola, founder of the Society of Jesus, spent his life gradually

unfolding ways to discern the voices in his mind and soul. According to Maurice Giuliani, SJ, founding member of the Council of Ignatian Spirituality, Ignatius's prime teaching was "to seek and find the will of God in the disposition of one's life." Because most individuals live in a constant whirlwind of worldly commotion, it is very easy to lose sight of God's will. Each day everyone is faced with countless decisions, complex and miniscule. However, St. Ignatius teaches that every single decision is "the occasion for encountering God, as every embrace of what the present brings is a new discovery of the work of the Spirit." During the two day getaway, students will be given the opportunity to contemplate questions that reveal opportunities or mistakes, opening doors to discover the concreteness of life and the will of God.

This unique retreat will be especially useful for those students who are

trying to discern where they should go in the years after graduation. Maloney states that "students that attended the retreat in the past years found that it was an inspiration in their personal prayer life and that Father Sheeran's talks helped them learn to communicate more intimately with God." This retreat is open to Regis College juniors and seniors as well as older students in the Reuckert-Hartman School for Health Professions (RHSHP) and the School for Professional Studies (SPS). If you are interested in signing up, you can get a registration form in the University Ministry office or contact Sr. Peg Maloney at pmaloney@regis.edu phone, ext. 5715.

Sources:  
"Ignatian Spirituality" by Fr Maurice Giuliani, S.J., Society of Jesus website:  
<http://www.sjweb.info/spirituality/introignatian.cfm>  
Society of Jesus-Oregon Province website:  
<http://www.nwjesuits.org/JesuitSpirituality/SpiritualExercises.html>



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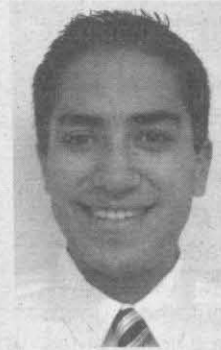
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# This week in politics



**Matthew Zavala**  
Contributing  
Writer

*Matt Zavala is currently in Washington D.C. interning for ABC News.*

*This past week was a busy one in Washington, DC for elected officials at all levels. Below are the highlights.*

## Biden Not Off to a "Clean" Start

Sen. Joe Biden (D-DE) officially declared his candidacy for the Democratic nomination for president of the U.S. That same day, an article in the *New York Observer* quoted Biden speaking about Sen. Barack Obama (D-IL): "I mean, you got the first mainstream African-American who is articulate and bright and clean and a nice-looking guy. I mean, that's a storybook man."

The word 'clean' struck a nerve with many people and reporters quickly latched on, making it an instant headline. People began questioning whether Biden's comment was a malicious and racist remark. Obama is also a candidate for president of the U.S. and is viewed as a front runner in the primaries. Biden quickly tried to dismiss his comment as an attempt to compliment Obama and acknowl-

edged poor word choice. Biden later said he should have used the word "fresh" instead of "clean."

Many analysts speculate whether this latest gaffe by Biden would pull him out of the race, but his quick apologies probably saved his candidacy. Last year, Sen. John Kerry's (D-MA) botched joke about President George W. Bush hurt him, even though people should know full well no elected official would make that type of comment against the armed forces.

## "Give Me a Chance"

Over the weekend the first "cattle call" for Democrats occurred at the Democratic National Committee's Winter Meeting held in Washington, DC at the Hilton Washington Hotel. All candidates were given the opportunity to make a speech that usually lasts no more than 10 minutes. The speeches are a way for the candidates to really set the tone for their campaign until the primaries, held in early 2008. I had the opportunity to attend with ABC News and saw two of the more well known candidates speak and one lesser known, who made a bid in 2004.

All eyes were on Sens. John Edwards (D-NC), Hillary Clinton (D-NY) and Barack Obama (D-IL). Retired General Wesley Clark, Sen. Chris Dodd (D-CT), and Rep. Dennis Kucinich (D-OH), Govs. Bill Richardson (D-NM) and Tom Vilsack (D-IA), Sens. Mike Gravel (D-AK), and Joe Biden (D-DE) also spoke, but the

attention stayed on Edwards, Clinton, and Obama.

In 2003, Gov. Howard Dean (D-VT) and current DNC Chairman gave a stirring speech saying that he was representing "the Democratic wing of the Democratic party."

All candidates who spoke discussed opposition to the war in Iraq and healthcare reform, but each ultimately wanted a chance to be the Democratic nominee. Long shot candidate Dodd, who said last week that he was competing with the margin of error in most polls, told the audience he "just wanted a chance" to win the White House in 2008.

## 21,500 is Misleading

Almost a month ago, President Bush addressed the nation and told Americans he would be sending an additional 21,500 troops to Iraq to help control the sectarian violence. Members from both sides of the aisle in the House and Senate began spoke

openly in opposition to the President's plan. This week, the Senate is scheduled to begin debating resolutions that would seek to stop escalating troop levels.

At the request of Rep. John Spratt Jr. (D-SC) who chairs the House Budget Committee, the Congressional Budget Office compiled the actual cost of sending an additional 21,500 troops. What is left out of most newspapers is

that while 21,500 combat troops would be sent to Iraq, it is also necessary to send support troops. All of this would cost billions of dollars.

According to the CBO, "Over the past few years, DoD's [Department of Defense's] practice has been to deploy a total of about 9,500 personnel per combat brigade to the Iraq theater, including about 4,000 combat troops and about 5,500 supporting troops."

President Bush presented his budget to Congress on Monday, which according to the *Washington Post*, "will ask Congress for an additional \$100 billion for Iraq and Afghanistan for the current fiscal year, to go with the \$70 billion already approved... Those totals come on top of regular spending for the Pentagon, which officials say will be \$481 billion in 2008."

For a four month deployment of all necessary troops for Bush's plan, the CBO estimates the cost would be between \$9 to \$13 billion. If the additional troops had to stay for a full year, the cost is estimated at \$20 to \$27 billion. For further information, check out the full report at [www.cbo.gov](http://www.cbo.gov).

While some elected officials had their feet in their mouths, others were trying to be seen and heard despite being against senators like Clinton, Edwards, and Obama.

The president of the U.S. will be in a challenge of his own as he proposes a budget to a Congress controlled by Democrats for the first time in his presidency.



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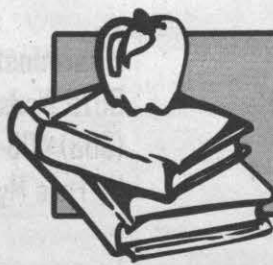
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# Demolition Derby

## A Regis perspective of the new parking lot



Jen Janes  
Opinions Writer

After a rather unfortunate and involuntary altercation that my clunky-but-beloved Dodge endured (and most decidedly did not survive) with an old Ford Bronco a few weeks ago, I find a new pretext for examining my community opinions. While the Dodge still breathed its raspy, slightly burnt-smelling engine gasps, I wanted nothing more in the way of improvements on campus than more parking. When the idea was proposed that our student ID's could double as bus passes for a little more tuition, I could not have cared less.

But then, as I pried the dashboard hula girl from the twisted wreckage of my first experience with the wondrous world of personal motoring, which I had affectionately christened "The Beast," I realized that what I really wanted was the bus pass. Who cares about parking? Parking was certainly the least of my concerns as I stood amid the lamentable steel-aluminum cemetery of ruin that was the seedy tow yard off Montview, escorted by a man named Mister Mo.

My self-absorption caught up to me the next morning when the resulting depression sucked the enjoyment out of eating my Kix, which I generally always enjoy, because then I know that my mother approves of *something* I do. I looked into the mirror, and as I brushed my teeth, I said to myself, "I am a self-interested hag," but not without leaving a series of saliva flecks on the glass.

Yet even on the smorgasbord of dejection, I could not remember a time that I thought twice about the demolition of another behemoth eyesore - the old K-Mart. For those who are new, or have a wretched memory, the new parking lot used to be the site of a K-Mart. As we examine these two pieces of demolition, it may be constructive to ask ourselves which we would rather lose: a job or a car. Suddenly, my wreck did not seem so bad considering

that, even though the buzz all over campus was that the K-Mart was losing money, people lost their jobs for that new parking lot.

And now I hear an even more disturbing buzz on campus, that hardly anyone is using this new lot. Indeed, even I did not use it when I still had my car. Who wants to go through all the anguish of getting an ID magnetized for the rather imposing automatic arms? That was what I thought, anyway. Come to think of it, it is a rather inconvenient place for a parking lot, requiring a good walk to the nearest nest of classrooms. I suppose it was an understandable new addition to campus, in that *everyone*, and rightfully so, complained about the constant lack of parking, and there wasn't anywhere else to put a new lot without bulldozing Lowell Blvd.

However, while the new lot was supposed to be convenient for students with cars, of which there is no shortage, the closest grocery store to campus is now the Safeway on 44<sup>th</sup> and Lowell. That is an even farther walk than from the new parking lot to the classrooms, and must seem inconceivably longer when one is hauling five bags of groceries.

The new parking lot was supposed to alleviate inconvenience, but has it really? On-campus students without cars are now inconvenienced to a higher degree than the degree to which students with cars were supposed to be accommodated, and, since no overnight parking is allowed in the new lot, it should have struck a blow for us commuters. But every time I behold the lot from a filth-splattered bus window, it looks empty and neglected.

We need to remember that a lot of sacrifice was required for the parking lot. The Regis community, as well as the surrounding community, lost a close-by store, and the employees of the store lost their jobs, all so we could have more parking. What's done is done, and we cannot resurrect the sketchy old K-Mart, just as I cannot resurrect my sketchy old car, but we should be taking better advantage of the fruits of this sacrifice. So choke down your breakfast with a big side helping of guilt, start your engines, and park in Lot 6.

# Move over relationships, Single is the new Black

Jessica Knapp  
Opinions Writer

MSN.com recently reported that 44 percent of adult Americans are single. While it seems shocking that over 100 million adults don't want to settle down, college students seem to be part of this emerging "being single" trend.

In an effort to understand why long term relationships are less common among American college students, I examined the relationships of my three closest friends. One was a completely successful relationship with marriage around the corner, another was a long distance relationship, and the final one a relationship with much love that ended very abruptly. While all three relationships are long term, they all illustrate why being single is so much more attractive than being in a relationship.

My closest friend has been in a relationship with her boyfriend for over a year now and has told me more than once that she is "hopelessly in love." While I resist the urge to puke every time I hear this phrase, I can't help but believe her when she tells me. She looked for the idea of love so much that she was even willing to put herself on a dating website. While I love this friend dearly, I can't help but think that in doing this, she was forcing herself into that old 50s standard in which women had to marry immediately after graduating college. With her, it is almost as if I am living in a terrible remake of *Mona Lisa Smile*. However, I must admit that this jaded single is a bit jealous her best friend has a successful relationship. But why is it that instead of grabbing a drink with me, she would rather hang out with this guy? I wonder how much time she spends with him when she could be thoroughly enjoying her college life in this wonderful city of ours.

The simple fact that long term relationships take too much time proves that these relationships are on the way out for many college Americans. Who wants to have a relationship in college when the night life of Denver is so enchanting? For those who are pro-relationship, a relationship from a distance seems to be the solution to all the problems.

This brings me to friend number two. She met her boyfriend while visiting her best friend at school. These two have been together for well over a year and a half and while marriage is not out of the question, this girl swears she will have a career and a life before tying herself down to a man. She tells me that she is also "hopelessly in love," but I wonder how in love a girl can be with a guy she never sees and only talks to. While it is true that she spends hours with this guy on the phone, how much of a relationship can you have with someone you never see? She tells me that she loves having a long term relationship at a distance because "I can focus on school, my job, and my family without letting him muck everything up."

For friend number two, a relationship seems just a safe screen to protect her from the emotional pain of being single. While it is true that being single can sometimes be a bit painful, there is nothing better for me than knowing I am not hiding like my friend. Staying true to yourself has to be another reason long term relationships are on the downfall and the single life is on the upswing.

Finally we come to friend number three. She had the best relationship I have ever seen, and out of all the couples above mentioned, I believed her relationship was going to be the only one to truly work. It is the classic story, really: girl meets guy freshman year, girl and guy fall in love and move in together sophomore year, and junior year they have a kid (no, they just get a dog). While moving in together is often the kiss of death for many couples, this couple thrived on living together and often wrote little notes to each other on paper pads that said things like "I love you more" or "Have a great day." They talked about marriage often and never really had many huge problems that rocked the boat. One day, shortly after getting the dog, he decided that he wanted out. While the true root of this tragic breakup cannot be found, the basic fact is that this relationship was ended for no apparent reason.

My poor friend was heart broken and still, to this day, cannot understand why her long term relationship ended. I sympathize with her problem greatly because I too understand that one day all relationships must come to an end. Even if you find the one true person you are meant to be with in college, there are huge odds working against you and the survival of a college relationship is slim. To give my friend a bit of peace, I told her that this guy was scum, and the only reason he wanted out was because he got scared that he may have found the one person who was actually right for him.

While it is true that long term relationships are on the way out, it is easy to see why these relationships are desirable in college. With hectic classes, homework, and paying rent, what is more calming than coming home at night and venting to someone who is not just a friend, but someone you love? I encourage you not to let a relationship pass by simply because you love the single life, and if you are single, rock on girlfriend, and happy hunting.

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# Overcoming oppression:

Remembering those who fought for equality

Jacqueline Kharouf  
Editor-in-Chief  
Maricor Coquia  
Associate Editor

Today, the United States of America prides itself as a nation of freedom and equality, as stated in the Constitution. Unfortunately, America's history is plagued by the deaths and struggles of citizens denied equal treatment, especially African Americans, who fought through slavery, legalized segregation, and racial threats. Amidst this negativity however, are individuals who will always be remembered as critical beacons of strength and justice towards equal treatment among all races. In light of Black History Month, the Highlander felt it crucial to honor those who courageously protested the judicial and political system during the Civil Rights Movement. We hope that in doing so, all members of the Regis community will remember to live the Ignatian mission of social justice, especially aiming to heal the cracks of social injustice still felt today.

## Rosa Parks

Rosa Parks, famously known as the woman who wouldn't give up her seat on the bus, wasn't just a happenstance hero. In his essay, "The Real Rosa Parks," Paul Rogat Loeb describes Parks as a 12 year member of the National Association for the Advancement of Colored People (NAACP) and a civil rights activist who attended training sessions and discussions on segregation in schools. According to Loeb, Parks "didn't make a spur-of-the-moment decision. She didn't single-handedly give birth to the civil rights efforts, but she was part of an existing movement for change [...]." This existing movement was started by people we don't usually hear about, people who made



Photo from blog.qusan.com

little differences that helped in much larger ways. One of these was E. D. Nixon, the head of the Montgomery based NAACP, who worked with Parks and Martin Luther King, Jr. And there are others, ordinary people who decided to work for change. But for us today, it sometimes seems like the myth is better than the real thing. Loeb reminds us to look past the mystery, to see beyond the pedestal we have built for a seemingly insignificant, ordinary lady, and to realize that change isn't happenstance—change happens "only when we act despite all our uncertainties and doubts."

Source: *The Impossible Will Take A Little While*, edited by Paul Rogat Loeb, pgs. 288-292

## Black History Month Events

**Monday, February 5:** Black History Month kickoff, breakfast in Loyola, 8:00 a.m.

**Tuesday, February 13:** "Ethnic Notions" brown bag at 12:00 noon.

**Thursday, February 22:** Ethic Lunch, featuring Ethiopian and Caribbean cuisine, in the Student Dining Hall, 11:30-1:30 p.m.

**Monday, February 26:** Featured performance by The Spirituals Project, a music and story group that, according to their website [www.spiritualsproject.org](http://www.spiritualsproject.org), explores "the many, varied dimensions of African American spirituals as art form, tradition and tool [...and] to invite all people to experience the joy and power of this dynamic music and gift from African Americans to the world."

## Malcolm X

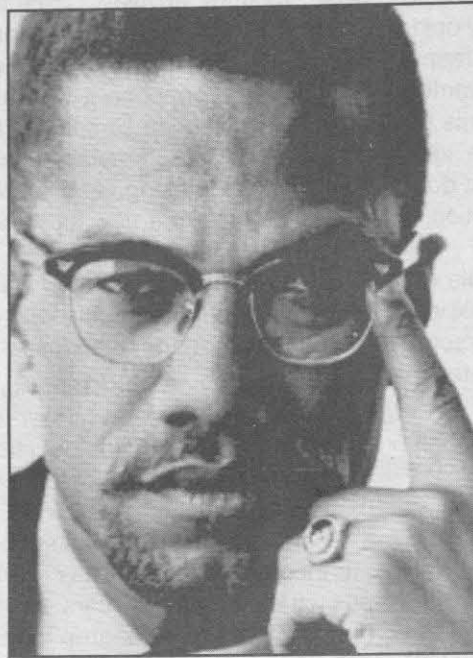


Photo from [cmgww.com/historic/malcom](http://cmgww.com/historic/malcom)

Malcom X was born on May 19, 1925 in Omaha, Nebraska. Growing up, Malcolm was considered by his teachers as very smart and focused. However, one of his teachers told him that he could never fulfill his dream of becoming a lawyer because it "was no realistic goal for n——." Malcolm since then lost interest in school, eventually getting involved in narcotics, prostitution, and gambling rings. In 1946, Malcolm was arrested on a sentence of 10 years for burglary. He served seven after being awarded parole.

While on parole, Malcolm gained interest in the Muslim religion, after his brother, Reginald, spoke to him of his conversion to the Nation of Islam (NOI). Malcolm eventually converted as well, changing his surname "Little" to X as a symbol of fighting against

the belittling of African Americans during the time.

After discovering his teacher, Elijah Mohammad, the leader of the NOI, wasn't faithful in all his teachings, however, Malcolm left the NOI and decided to start his own religious organization, Muslim Mosque, Inc. That same year, Malcolm went on a pilgrimage to Mecca, Saudi Arabia. He said upon returning, "[I met] blonde-haired, blue-eyed men I could call my brothers."

Malcolm X was assassinated on February 21, 1965 by members of the NOI. Hundreds attended his funeral, remembering his insistent fight against hatred in the name of human rights.

Source: "About Malcom X." <http://www.cmgww.com/historic/malcolm/about/bio.htm>

## Martin Luther King, Jr.



Photo from [www.s150msu.edu](http://www.s150msu.edu)

Martin Luther King, Jr. first became involved in the civil rights movement after Rosa Parks was arrested. The NAACP decided, because of the arrest and several other similar arrests previously, to hold a bus boycott in Montgomery, AL. E. D. Nixon, the president of the NAACP in Montgomery asked King to be the spokesperson for the Montgomery Improvement Association, an organization formed specifically for the boycott, and King agreed, giving the first of many speeches to rally African Americans to nonviolent action. "You know, my friends, there comes a time when people get tired of being trampled over by the iron feet of oppression...tired of being flung across the abyss of humiliation where they experience the bleakness of nagging

despair," he said. "Now let us say that we are not here advocating violence. We have overcome that [...] We only assemble here because of our desire to see right exist."

King, who became the leader of the civil rights movement, is perhaps best known for his perpetual call to nonviolence, his perseverance, and, ultimately, his desires and visions of hope: "I have a dream that one day even the state of Mississippi, a state sweltering with the heat of injustice, sweltering with the heat of oppression, will be transformed into an oasis of freedom and justice."

His work for justice and equality led the way to change and civil peace.

Sources: *Black Profiles in Courage* by Kareem Abdul-Jabbar and Alan Steinberg, William Morrow and Co., Inc. New York, 1996, pgs. 212-217.

*Ring Out Freedom!* by Fredrik Sunnemark, Indiana University Press, Indianapolis, 2004, pg. 210.



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# Lopez Twins and Burley shine

## Lady Rangers keep the winning streak alive



Photo by Brett Stakelin

Diana Lopez drives to the hoop leading the Rangers to a win at Mines.

**Katie Simons**  
Sports Editor

The Rangers spent this week on the road to play UCCS on Tuesday and then to take on Mines on Saturday. The weekend increased their winning streak to 8 in a row and their 15<sup>th</sup> win in their last 16 games.

The Rangers jumped into the top 25 last week, claiming the 24<sup>th</sup> spot in

the nation, and jumped two spots in the Regional rankings to sixth. They took that brand new ranking to play UCCS in a tough fought battle but the Rangers came out on top winning 68-58. The Rangers defense shined, once again, as the team forced UCCS into 31 turnovers. Regis capitalized on those turnovers, scoring 32 points.

On that night the Rangers were led by the dynamic duo of senior twins

Denise and Diana Lopez as they combined for 27 points, 18 rebounds, and 10 steals. Denise finished the game with a career high 29 points to go along with 11 rebounds and three steals. She was almost perfect from the free throw line, only missing one of her 19 attempts. Sister Diana put together a solid all around performance scoring 18 points, grabbing seven rebounds as well as seven steals.

Saturday's game against Mines went down to the wire but with the game tied at 40 with five minutes left the Rangers pulled away with a 14 to five run that helped them to a 54-45 win over the Orediggers. While the Rangers were held in check by the stingy Oredigger defense, the Rangers also put on a defensive performance. The Rangers held the Orediggers to just 30.8 percent shooting and only 45 points, the sixth time this season the Rangers have held their opponents to under 50 points.

The Rangers may have struggled at times on the offensive end but they knocked down shots when it counted. Junior Breanne Burley did just that. Burley finished with a game high 15 points and knocked down three three-pointers as well as four rebounds, four assists, and four steals.

Diana Lopez was the only other Ranger player to score in double digits as she chipped in 10 points towards the winning effort. Lopez got in foul trouble early but knocked down a timely three-pointer and came up with huge steals in the closer moments of the game.

Those wins bring the Ranger record to 17-4 overall and 12-1 in the RMAC. The Rangers will once again be on the road next week.

## Upcoming Ranger Games

### Men's Basketball

Friday, February 9 @  
Colorado Christian 8:00 p.m.

Saturday, February 10 @  
Metro State 7:00 p.m.

### Women's Basketball

Friday, February 9 @  
Colorado Christian 6:00 p.m.

Saturday, February 10 @  
Metro State 5:00 p.m.

### Baseball

Thursday, February 8 vs.  
Colorado Christian 2:00 p.m.

Friday, February 9 vs.  
Colorado Christian 2:00 p.m.

Sunday, February 11 vs.  
Hastings College

11:00 a.m. and 2:00 p.m.

### Softball

Saturday, February 10 @  
CSU-Pueblo 11:00 a.m.

1:00 p.m. vs. Fort Hays State

# Regis men snap eight game skid, but can't make it two in a row

**David Vranicar**  
Sports Writer

There was good news and bad news for the Regis men's basketball team last week.

The good: the Rangers ended their eight-game losing streak with a 71-65 win over UC-Colorado Springs.

The bad: a frustrating Saturday night loss to Colorado School of Mines dropped the team's RMAC record to 2-11.

The January 30 win over UC-CS was an improbable way for Regis to end their eight-game skid, a streak in which the team lost by an average of 13 points per game. Not only were the Rangers on the road facing a team with a 7-4 conference record; they also had to contend with one of the RMAC's premier players: UC-CS's Patrick Hannaway. On top of that, three of Regis' starters – Jeremy Gibson, Nick Winder and Chris Brever – were under the weather, each with the flu.

But with how well they played, no one would have known the trio of starters was sick. They combined to shoot 14 of 20 from the field and totaled 37 points. "I wish they'd have [the flu] every night," quipped Regis head coach Lonnie Porter after the game.

Winder was particularly productive, filling up the stat sheet with 15 points, five assists, eight rebounds, and an eye-popping seven blocks.

"He was off the hook," Porter said. "He was due. He's been our leader all year. The leadership from last year, the growth, has been tremendous."

Regis star Brandon Butler got the best of the match-up with Hannaway, tallying 23 points while shooting over 70 percent from the floor and a perfect seven of seven from the free throw line. Hannaway, who came in as the RMAC's top scorer and shooter – 23.7 points per game and 68.5 percent from the field – shot a pedestrian five of 13 and went just nine of 16 from the line.

Porter didn't hesitate when asked how Regis slowed down Hannaway. "Chris Brever. That was the whole thing. I think about eight of [Hannaway's] points came when Chris wasn't in the game."

The team was understandably upbeat after their victory at UC-CS. "It feels good," Butler said. "It brings up team morale. It's good knowing you can get one on the road."

The bounce in the team's step carried over into Saturday's contest at Mines. Regis started the game with a 10-0 run that had the Orediggers reeling.

Winder again came out smoking. Just two and a half minutes into the game, he already had two points, two rebounds, a steal, and a huge block.

But on that steal Winder apparently hurt his left shoulder. In obvious pain and favoring his left arm, he was rendered less effective after the injury.



Photo by Brett Stakelin

**Senior Chris Brever played a huge role on the defensive end in the Rangers win at UCCS.**

Regis was buoyed by the strong play of Gibson, who had six quick points as Regis jumped out to an early 26-14 lead. Tony Cornejo chipped in with a pair of three-pointers during the run.

But Gibson and Winder picked up two fouls a piece with several minutes remaining in the first half, and things took a turn for the worse.

Regis' 26-14 lead quickly evaporated, and the half ended with Mines going on a 19-3 run. Regis, who had dominated the first 14 minutes of the game, found themselves down 33-29 at the break.

Mines came into the game with the best defense in the RMAC, holding their opponents to 62 points per game. And after Regis' initial outburst, Mines' defense took over. Four-plus minutes elapsed in the second half before Regis got on the scoreboard with a Butler free throw, and Mines forced Regis into misses on all of their second-half three-point attempts (0-4). Mines' lead ballooned to 22 when they took a 63-41 lead, which completed a 39-15 scoring run.

Butler ended the game with 17 points and six boards, but to no avail as Mines came away with a 71-49 victory.

Despite the losses, Porter is pleased with his team's effort. "It's been a disappointing season. We had high hopes. We're seven and [13], but there's no quit in this team. I have not had a more delightful group to work with."

Regis completes a four game stretch on the road with a game Friday at Colorado Christian and Saturday at Metro State.

## A letter to Ranger fans

Dear Regis students, faculty, and staff,

Thanks to those of you who attended our basketball game against Metro on January 26, 2007. The atmosphere in the gym was loud, full of enthusiasm, and motivating to both our players and staff. This is an atmosphere that we often play in on the road and you can't imagine how it feels to have had this at home as well....with people cheering for us instead of against us! You were our sixth player!!

We have four more home games this season. If you can only make one of them, be sure to come out for our UNK game on February 24. Help us honor our seniors that night! Let's pack the house....again!

Linda Raunig  
Head Women's Basketball Coach

**2003, 2005, 2006 RMAC  
Champions**

## Spring sports gear up for 2007 season

Katie Simons  
Sports Editor

### Softball

The Ranger softball team put together another stellar season in 2006 and they are looking to do the same again this year. Much of their success can be attributed to standout pitcher junior Katilyn Gentert. Gentert was selected to the pre-season all RMAC team as well being tabbed the RMAC Preseason Pitcher of the Year. Gentert finished the 2006 season with a standout record of 27-11 and a 2.82 era. She also threw 29 complete games for the Rangers posting six shutouts and 141 assists.

The Rangers received all ten first-place votes, earning the coaches selection to win the conference in 2007. Along with Gentert the Rangers return seniors Melissa Backlund, Michelle Johnston, and Anna Schaefer, who are also preseason all RMAC selections.

Backlund led the Rangers in batting last season, posting an average of .390. She also had team highs in doubles (14), triples (7) and stolen bases (25). The senior shortstop also finished

with a slugging percentage of .620 and a .443 on base percentage on top of great defensive play and a .909 fielding percentage.

Senior third basemen Johnston who was second on the team in home runs (14) also returns for her final season. On top of those home runs Johnston also had 49 RBIs and a batting average of .356. She was second on the team in slugging percentage (.654) and posted the best on base percentage on the team (.463).

Senior Anna Schaefer played great defense at second base in 2006 as she committed only nine errors and finished with a .963 fielding percentage. She had a batting average of .326 and knocked six out of the park as well. Schaefer also knocked her 14 doubles to go along with a .526 slugging percentage.

The Rangers and CSU-Pueblo, the two teams picked to finish 1-2 in the conference, will face off, weather permitting, February 17 at 11:00 a.m.

### Baseball

The Ranger baseball team was picked to finish second in the RMAC Plains division and fifth overall in the

RMAC for the 2007 season. Three Rangers were selected to the Preseason All RMAC team: junior Jordan Bruns, senior Craig Deaver, and junior Eteine Materre.

Bruns ended the 2006 season with a .350 batting average and his 71 hits led the team. He also finished with 49 runs, 14 doubles, four triples, one home run and 48 RBIs. With 11 stolen bases, Bruns was one of three Ranger players to steal double-digit bases.

Senior pitcher Deaver posted a 7-5 record with a 3.76 ERA last season. He threw four complete games and one shutout. He finished the season with 72 strikeouts and just 28 walks.

Materre returns after a 2006 season batting .370, the second highest average on the team in 2006. He led the team in stolen bases with 26 while only being caught five times. His 74 hits were a team high and his 55 runs scored were second most on the team. He also finished with eight doubles, four triples, one home run, and 34 RBIs.

The Rangers are scheduled to begin the season this week at home on Thursday, February 8 against Colorado Christian at 2:00 p.m.

## Manning and Colts too much for Bears

Bobby Morgan  
Sports Writer

Fourteen seconds into the wonderful NFL classic it seemed the Colts might just let this one slip away. After Devin Hester returned Adam Vinatieri's opening kickoff for a touchdown, the offense was on a rain delay. Peyton Manning's first four passes all should have been interceptions, but fortunately for him only his third fell into the arms of a Bear. However, eight minutes later Peyton found Reggie Wayne on a 53-yard completion that helped to bring the Colts out from the stun of the opening kick.

On defense the Colts slept through the first, giving up a touchdown towards the end, but then woke up and

that put up 29 points, which should have been 33 points if a PAT and short field goal had gone according to plan. For a team that is used to scoring 20 points and winning asking your offense to score 30 to win is far too much, especially with a young QB in a giant game.

The Bears' defense was atrocious and it was not just the scoring plays that hurt. When you are constantly giving your team the ball deep in your own zone, it seems it is hard to get anything clicking.

Nevertheless, the game is over, the Colts are champions, so what does that mean. First off, congratulations to coach Tony Dungy for finally getting a Super Bowl ring and being the first African American coach to do so. Another congratulations has to go to

A team whose defense gave up only 16-points per game during the regular season and 19-points per game during the playoffs, allowed the Colts to run all over them.

buckled down to hold the Bears scoreless until the final minutes of the third, when kicker Robbie Gould closed out a lack luster six play, 14-yard drive with a 41-yard field goal.

However, it wasn't the Indianapolis defense that was the big story it was Chicago's (or the lack thereof) that was the story. You can trash the poor playing of Chicago quarterback Rex Grossman, who threw two interceptions at rather inconvenient times (not that there are good times for interceptions), but his were a little costly. However, again he did throw for 165 yards and was 20/28 in the game.

It was the defense that didn't show up and the defense that cost the Bears the game. A team whose defense gave up only 16-points per game during the regular season and 19-points per game during the playoffs, allowed the Colts to run all over them. Peyton Manning had 25 completions for a total of 247 yards. Dominic Rhodes ran for 113 yards and Joseph Addai ran for another 77 yards. Add those up and the Colts had 430 yards in the game

Peyton Manning who no longer will be compared with Dan Marino, who never won a Super Bowl, and will start being compared with John Elway who won two rings in his final two seasons. It also means that we might as well induct Peyton into the Hall of Fame, because this game sealed his fate into football's immortality. Congratulations also to the Colts, who as a franchise haven't won the game since the 1970 season when they were in Baltimore and Richard Nixon was the president.

For the Bears this loss means it is a sad off-season where Chicago fans will nonetheless trash young QB Grossman and question whether they need to change coaches, players, or maybe just not change anything because they still are a great team. I mean they made it to the Super Bowl. All in all, the Indianapolis Colts are Super Bowl Champions, Peyton Manning is a MVP, the majestic coach Tony Dungy, who was already a winner in everyone hearts, is still calm, collected, and peaceful. And yes, the 2006-07 NFL season is over. I'll see you in September.

## ATTENTION SENIORS:

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off of 32<sup>nd</sup> and

Lowell

Thursday,

February 15

9:30 P.M. - ???

See you there!

## And the nominees are:

### Forest Whitaker for *The Last King of Scotland*

Jessica Knapp  
Spotlight Writer

With the Academy Awards coming up, all bets are in as to who is going to win in what category. This week, the performance by an actor in a leading role is decided. While it is true that Leonardo DiCaprio was fantastic in *The Departed*, and Will Smith broke out of his 90's actor persona in *The Pursuit of Happyness*, none of them can compare to Forest Whitaker in *The Last King of Scotland*.

*The Last King of Scotland* chronicles the tyrannical reign of Ugandan dictator Idi Amin from the eyes of his personal physician Nicholas Garrigan. *The Last King of Scotland* uses harsh camera angles and graphic violence to capture the way in which Amin manipulated many people and killed over 300,000 in the process.

Forest Whitaker especially brings the persona of the violent dictator Idi Amin to life of the big screen. Whitaker offers a private look into the life of Idi Amin and shows how ruthless he was during his reign in the 70's. As history

tells us, many who win the Screen Actors Guild Award often go on to win the Oscar. So if history is correct, the Screen Actors Guild tells us that Whitaker will take the Oscar this year and beat out young DiCaprio and new comers like Ryan Gosling.

Although the story is told from the viewpoint of Amin's personal physician, Whitaker finds a way to make Amin the only character on the screen viewers care about. At one point in the movie, Amin has a personal sit down with physician Garrigan, and while the plot line is focused around the fact that Garrigan is attempting to assonate Amin, Whitaker takes over the scene and rules it with the cruel and harsh realities, just like Amin would have done.

Although this movie makes one feel as though they have just walked out of another *Hotel Rwanda*, it is an important film for many to see not only for Whitaker's performance, but also so that we can understand the many ways in which countless African countries have fallen victim to ruthless tyrants. While the movie is filled with moral cor-



Photo from www.smh.com

ruption and senseless killings, many have said that it correctly depicts just how ruthless Amin was during his reign.

In order to capture the harshness of this leader, Whitaker said that he used method acting to master the East African accent and even learned Swahili which he often uses throughout the film. Whitaker said Amin "is all I did and thought about for five months. I'd go to sleep and be dreaming like Idi

Amin." Although Amin died while in exile in 2003, Whitaker prepared himself for the role by researching him and talking with Amin's family members.

While the jury is still out for best actor, the favorite for the Oscar this year is clearly Whitaker. With his heart thumping performance and endless supply of ruthless-tyrant-like skills, Whitaker is sure to capture the hearts of many in *The Last King of Scotland*.

## A scandalous affair in public education

Ashton Do  
Staff Reporter

*Notes on a Scandal* treats viewers to a tense and claustrophobic thriller with a dark script and superb acting.

Starring Oscar nominees Judi Dench (Best Actress) and Cate Blanchett (Best Supporting Actress) as schoolteachers, *Scandal* explores the relationship between the two after one delves into a sexual affair with a student.

Barbara Covett, played by Dench, is a scraggly old teacher who evokes fear from her students. Her matted down hair and conservative appearance are indicative of her equally dry, bitter personality. Barbara's narration throughout *Scandal* reveals her every thought and in the opening sequence alone she shreds her co-workers apart with harsh opinions and observations.

Surface level coldness aside, Barbara harbors deeper, more sensi-

tive feelings for younger women inside; though she won't admit them to anyone.

Enter Sheba Hart, played by Blanchett, a new and beautiful art teacher at school who is married and heir to her fathers' wealth.

The two women become friends after a fight breaks out in the hallway; Sheba is helpless to stop it until Barbara steps in. As their friendship grows in the film, so does Barbara's fondness for Sheba; but she is helpless to express her feelings and see them reciprocated in return.

Drama surfaces when Barbara catches Sheba having a lustful affair with one of her fifteen year-old students. Rather than immediately reporting the incident, Barbara uses it to her advantage in building a forced and exploitative relationship with Sheba, who is blissfully unaware of Barbara's hidden motives.

While the plot-twists are a bit pre-

dictable, they retain a sense of suspense and surprise in their execution. *Scandal* keeps viewers on edge from beginning to end.

The Oscar buzz surrounding the film is well-deserved. Dench delivers a performance that is exceptional in portraying her cold and calculating character. On the other hand, Blanchett conveys a charismatic and relatable role that carries the sympathy of the viewer.

It's hard to tell whose vices are more disgraceful and with such believable and complex characters on screen it's still hard to tell by the film's end. With an older woman preying on the younger woman, who in turn preys on a young boy, *Notes on a Scandal* is low on frills and high on thrills as it navigates through a double-whammy of despicable behavior.

Viewers looking for something appalling won't be disappointed.

**CELEBRITY**  
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New Location Now Open!

**NEW LOCATION**  
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Regis University Student Discount  
15% off any Tattoo or a 2 for 1 Piercing  
(Jewelry not included)

## KRCX Album Spotlight

### Little Brazil- "Tighten the Noose"



Photo from shopping.yahoo.com

Kevin O'Brien  
KRCX Music Director

A lot can happen in two years, the girl you thought you wanted to marry is nothing more than a teenage heartbreak, the scary post-graduation future gave way to a comfortable job and \$38,000 a year, and a power-pop band from Omaha can establish itself on its own terms and remove the words "Saddle Creek" from the first sentence of their band bio.

Two years after the release of *You and Me*, Little Brazil is back. On

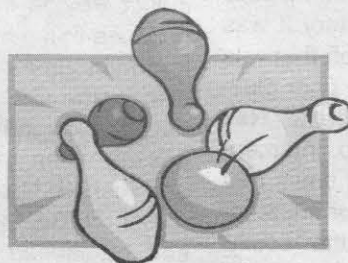
*Tighten the Noose*, Little Brazil shows mounting maturity on each song and proves it learned a thing or two in two years, much like the former high school sweetheart and the young professional. "A Thrilling Entrance" opens the album with a steady guitar riff and slight hint of melancholy, while "Last Night" and "Used to Think" open with ringing bombastic guitars and with "Stretching Skin" the band highlights their technical prowess.

Every tack on *Noose* shows creative maturity, lyrically and musically, but much like the former high school sweetheart or the young executive, as much as Little Brazil grows there is still a part of hasn't changed. The former high school sweetheart still is in nowhere relationships that he thinks are the "one," the young executive still goes out on Thursday nights and has too much to drink, and Little Brazil still has pop sensibility and the ability to create catchy hooks, just don't tell their ex-girlfriend or boss.

## College Night

**\$1 Games!**

**\$1 Shoes!**



**Wednesdays**

@

**8:00pm**

\*Students receive one free game with student I.D.\*

Elitch Lanes 3825 Tennyson Denver CO (303) 477-1633

# RUSGA hosts Thursday Thrills

## Last Week...



Photos by Brett Stakelin

**Derek Miller**  
Spotlight Editor

Comedian Tim Young entertained Regis students at last week's Thursday Thrills, hosted by RUSGA. According to his website, Tim Young "grew up in southeast Virginia [and] was raised in a strip mall by arcade attendants." Although he now calls New York City home, Tim Young tours the country

performing at colleges and clubs for most of the year and enjoyed a brief stint on NBC's *Last Comic Standing* and numerous appearances on Comedy Central.

If you missed last week's Thursday Thrills, you can hear samples of Young's cd on his website, [www.timyounglive.com](http://www.timyounglive.com). A calendar of his upcoming performances is also online.

## This Week...



## Poker and Bingo Night!

Come join RUSGA for a fun night of poker and bingo and win great prizes, including up to \$400 airfare to anywhere in the U.S.A.

Thursday, February 8th  
10:00 p.m.

Dining Hall in the Student Center

# RUSGA Student Body Elections

Get ready to vote for your executive student body officers this February 27 through March 1.

Positions for student body president, vice president, and chief justice are

available. To apply, get your applications February 9 at the RUSGA Exec. Cab. office, located in the Student Center Lounge. Applications will be due February 16 by 3:00 p.m. in the RUSGA office.

For more information about the upcoming RUSGA election, please contact Risschie Aran, student body president, at [rusgaprs@regis.edu](mailto:rusgaprs@regis.edu).



# Calendar of Campus Events

**Tuesday, February 6**  
 Free Lunch: Career Services is conducting a Focus group and would like your feedback. The session will be held from 12:00 p.m. to 1:00 p.m. in the Coors Life Directions Center Classroom. RSVP to Roxane at 303-458-3508 or careers@regis.edu.

**Wednesday, February 7**  
 Diversity Dialogue: What's Race Got to Do with it? Come discuss the following questions: In this day and age, do racial differences really matter? Are all of our experiences at Regis the same? Why do we have such a hard time talking about it? The diversity dialogue is an open exchange of ideas, an effort to understand each other's ideas about diversity. The goal of this dialogue is not to necessarily make a decision or reach consensus. Rather, the dialogue encourages

everyone to learn about diversity at Regis University, explore new issues and build some deeper meanings. To be held in Main Hall 333 from 4:00 p.m. to 6:00 p.m.

**Thursday, February 8**  
 Gallery Talk by the Artist: Come hear Dawn Williams Boyd discuss her exhibit *Women's Work*. To be held in the O'Sullivan Art Gallery at 7:00 p.m.

**Monday, February 12**  
 Alpha Epsilon Delta Meeting: All students who are interested in healthcare are encouraged to come. Dr. Wagner, a Regis graduate and practicing dentist will be sharing her experiences. Refreshments will be served. To be held in Science 105 at 4:00 p.m.

**Thursday, February 15**  
 Catholicism & the Modern World: Catholic Lecture Series 2007: Come hear Tom

Beaudoin, Religious Studies Department, Santa Clara University, discuss "Catholicism and the Popular Media." This even is free and open to the public. To be held in the St. John Francis Regis Chapel at 7:00 p.m.

**Monday, February 19**  
 SPEAK'S Spring 2007 Environmental Film Series: Come see Al Gore's *An Inconvenient Truth*. This event is sponsored by Larabar. To be held in the Science Amphitheatre at 7:00 p.m.

**Thursday, February 22**  
 Support Suicide Prevention: Regis University is a Ruby Sponsor for the Prism's of the Heart Fundraiser, supporting the Suicide Prevention Coalition of Colorado. A limited number of seats are available for Regis students and staff to attend this event. Please contact Sally Spencer-Thomas (sspencer@regis.edu) if

you are interested. To be held at 5:45 p.m. at the Belmar Event Center; 405 South Teller St., Lakewood, CO. RSVP by February 10, 2007 to Sally-Spencer-Thomas at 303-458-4323.

**Friday, February 23 thru Sunday, February 25**  
 Ignatian Discernment Retreat: This retreat offers students a time for quiet prayer and reflection in a beautiful and peaceful atmosphere. Located in the Colorado foothills and surrounded by panoramic views of the Rocky Mountains, Sacred Heart Jesuit Retreat House offers a perfect setting for solitude, prayer and reflection. Fr. Sheeran offers presentations on Ignatian discernment, prayer and spiritual direction. For more information, contact Sr. Peg Maloney at ext. 5714, pmaloney@regis.edu.

	7		5					
3	2		4					
				6		9	1	
					9	8		5
	5		7		1		4	
7		3	6					
	6	1		4				
					6		9	8
					5		6	

## Sudoku

4	9	7	8	2	5	3	6	1
2	3	5	1	7	6	4	9	8
8	6	1	9	4	3	7	5	2
7	8	3	6	5	4	1	2	9
9	5	2	7	8	1	6	4	3
6	1	4	2	3	9	8	7	5
5	4	8	3	6	2	9	1	7
3	2	9	4	1	7	5	8	6
1	7	6	5	9	8	2	3	4