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Regis University

# Highlander

a weekly publication



The Jesuit University of the Rockies

www.RegisHighlander.com

Denver, Colorado

## Burglars nabbed by Campus Safety

Chris Dieterich  
Editor-in-Chief

Two burglars were apprehended by campus security officers inside the Science Building last Thursday, September 13.

A pair of teenage males, unaffiliated with the university, boldly stole personal items as well as university property from offices in Main Hall, Carroll Hall and the Science Building from approximately noon to 2:00 p.m., according to Director of Campus Safety, Bill Williams.

Suspensions were first raised on campus around noon that day after the

discovery of fresh "tagging" was discovered behind the student center in Parking Lot #3. Campus Security officers began a search for two "younger males in black" suspected in the incident. Not long after the "tagging" was reported, Campus Safety was notified of "unusual men" roaming the corridors of Carroll Hall. Security officers, already on heightened alert, began a systematic search of campus buildings.

At around 2:00 p.m., security officers in the Science Building approached two young males about the incidents. Williams reports that a mild attempt to run away from the offi-

cers was made, but that the two males were soon apprehended. Found on the perpetrators were credit cards and identification cards of campus employees, as well as property belonging to the university.

From there, the men were handcuffed and the Denver Police Department was alerted. All of the stolen items were recovered by campus security and returned. Both men will be charged for burglary.

Although this is the first incidence of daytime burglary on campus this fall, Williams urges those on campus not to be complacent about protecting their valuables. "It appears that unguarded purses were snatched, emptied of valuables and tossed into trash cans. When we returned the stolen items to the owners, most had not even realized they had been missing." He stressed the importance of locking away valuables after leaving the work area for lunch.

Williams also praised the tip his office received regarding suspicious characters in Carroll Hall. Without such a tip it would have been much more difficult for security officers to find their men. "We have to be vigilant...People shouldn't be hesitant to call us if someone or something looks out of place. There is often such a buzz on campus, so much traffic, that people might not be paying attention to who belongs and who doesn't. We can be much more effective if people aren't hesitant to give us a call."

**Campus Safety can be reached at X4122 or 303-458-4122**

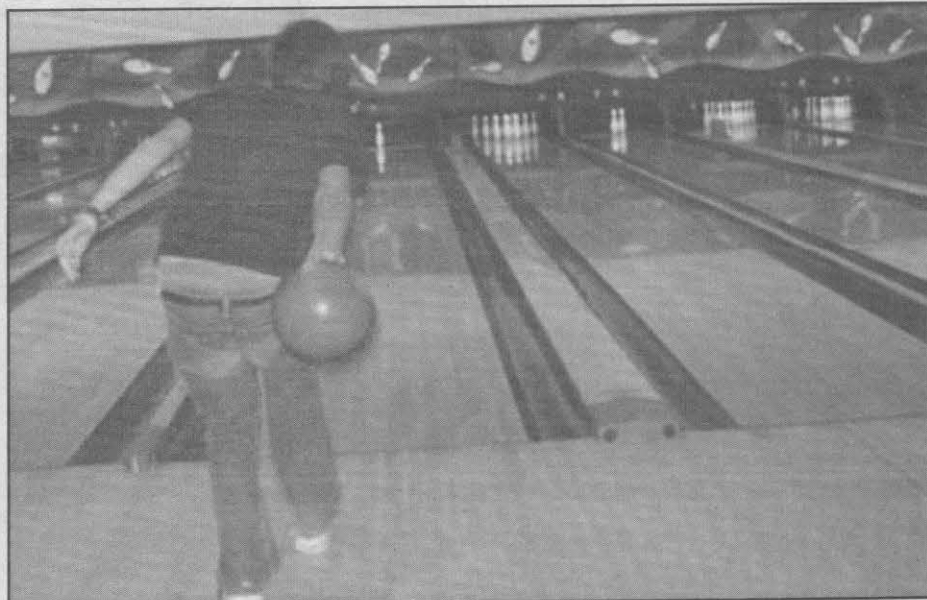


Photo by Philip Sparer

**Turkey time:** the ever popular intramural bowling season begins as sophomore Kevin O'Brien attempts to pick up the spare. Bowling teams get together to knock them face of every Tuesday night at the Arvada Bowl.

## Sodexho transforms Campus Dining Hall

Lauren Wojtko  
Staff Reporter

Regis food provider, Sodexho, has made a number of changes to the University Dining Hall over the summer. For about a year and a half, Sodexho has been planning and implementing these renovations. These include new counters, cabi-

netry, signs, china, salad bar, fryer and yogurt machine. Sodexho also added a refrigerated bakery case complete with a rainbow assortment of gelatin treats.

The new design creates a space for each of Sodexho's food selection venues. Walking in, diners will first see a station for pizza, then one for international food, classic dishes, the

deli, the grill and finally cereals, soups, salad bar and beverages.

Completing the layout is a sculpture collection by Dennis West. Displayed on the walls and pillars of the dining area, West's art depicts the Seven Days of Creation.

The driving force behind all these changes was to provide more choices for the students. See *Sodexho* pg. 3

## Katrina transfers 33 students



Photo by Amy Noyes

Sophomore Andrew Vojslavsek helps to orient Katrina transfers.

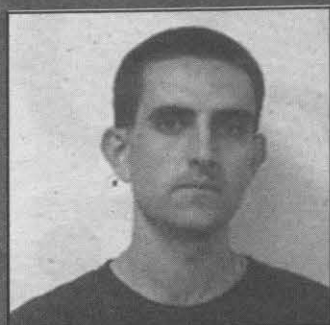
Jacqueline Kharouf  
Staff Reporter

Regis University has accepted 33 transfer students displaced by Hurricane Katrina. According to Director of Admissions Victor Davolt, the students have been provided with enrollment services and available housing from the Offices of Admissions and Residence Life.

All of the students who were accepted are non-degree seeking transfer students. This requirement has been made because the transfer students will only be studying at Regis for one semester, allowing senior status transfers to graduate from their primary institutions.

Many of these students were accepted without academic records or transcripts. This information, in many cases, was unavailable due to the hurricane; for others, the information is strictly confidential and restricted to each individual's respective school. Of the 33 transfer students accepted to Regis University, one student is from Tulane University, three are from Xavier University of Louisiana, and the remaining students are from Loyola University New Orleans. These include three seniors, seven juniors, six sophomores, thirteen freshmen, and four transfer students.

See *Transfers* pg.3



### Opinions

Comparing lessons from 9/11 to Hurricane Katrina.

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### Sports

The fall sports season begins; recap inside.

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### Spotlight

Big Frizzle takes the local stage by storm.

Pg. 7



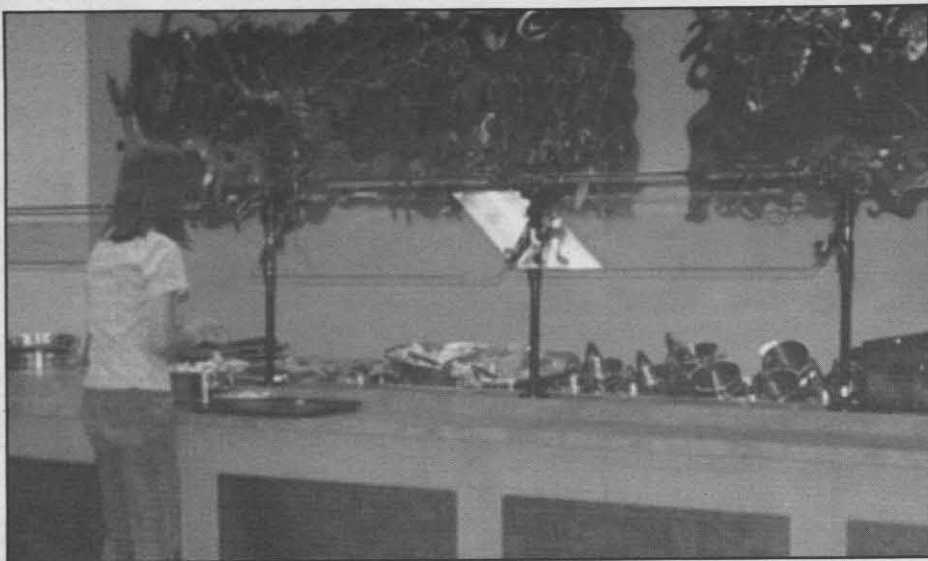


Photo by Amy Noyes

**Sodexo's upgrades include an improved salad bar and artwork by local artist Dennis West.**

### Sodexo from front page

Diana Wink, the general manager, said, "We used to run a three week menu cycle. Now we have a sixteen week menu cycle." This means that students will have a different meal every day in the semester.

Sodexo has also installed a kiosk that enables diners to look up menus and nutritional information from a sta-

tion in the dining hall. They can also get this health information on-line.

As Wink emphasizes, while students face the pressures of work and school, their meals should be a time to relax. "[Students] need to come from their classes-which are stressful enough-to come in and relax. The only thing they should be thinking about is: 'should I have the shrimp pizza today, or the buffalo melt at the grill?'"

### Sodexo and the Community Hurricane Katrina

Over the last several weeks, Sodexo has partnered with the University to support meal plans for students from New Orleans. Diana Wink adds that employees at Regis, and across the country, have also been very concerned about the 1400 Sodexo USA employees who have been displaced in the Gulf Coast.

### Healthy Approach to Avoiding the Freshman 15

On Thursday, September 15, during the lunch hour, Sodexo is sponsoring a special presentation on "How to Avoid the Freshman 15." Ann Selkowitz Litt, an author and nutrition expert, specializes in helping teens and young adults develop normal eating habits and find a comfortable, healthy weight.

### Transfers from front page

Each transfer student has full enrollment status, including entrance into previously closed or restricted classes. The number of new students integrated into full classes has been relatively small, so overloaded classes has not been an issue.

In addition to enrollment services, Regis University has provided housing for these transfer students. Of the 33 students, only 22 are currently living on campus. While the remaining 12 students have found housing with relatives or friends, the students living on campus have been assigned rooms depending on class status: freshmen were assigned to DeSmet or O'Connell, sophomores and juniors to West, and juniors or seniors to the Townhouses.

In order to provide these accommodations, the Office of Residence Life assigned the transfer students to available single rooms on campus. These single rooms were only available

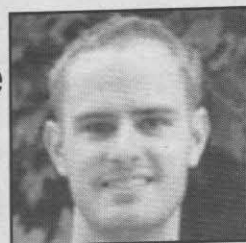
because the roommate of the current resident had withdrawn from Regis. Kristen Wall, Assistant Director of Residence Life, is grateful for the available space and the hospitality of Regis students. "It's been a positive experience," she said.

Transferring students from institutions affected by Katrina made initial requests to enroll in Regis University by first calling Regis Office of Admissions. According to Davolt, the Office of Admissions received 75 to 90 calls.

Each call was returned and handled personally by an individual counselor who verified that each student had been displaced. Every student who called was offered admission into Regis, but only those students who accepted the offer were enrolled for one semester.

The transfers will not be additionally charged for their accommodations. Many universities and colleges across the country, however, did not provide this same service for similar transfers, and instead charged those students additional fees to enroll in their institutions.

## A note from the Editor-in-Chief



During my time at Regis I've seen the campus, and the Highlander, change dramatically. Just as construction has changed the face of this university, so too has the Highlander sought to craft our publication into a valuable resource for readers. The Regis community took note of the qualitative improvements made to the Highlander last year by distinguishing our staff as the Social and Special Interest organization of the year. As the new Editor-in-Chief of this publication I wish to assure our readers that the substantive improvements made to our publication will not only be maintained, but surpassed.

Our weekly paper has already broken new ground by putting out issues for the first and second weeks of the semester. Though these were short four-page editions, our goal was to establish the Highlander as a permanent fixture on campus, something for students and faculty to look forward to each Tuesday of the week.

The Highlander is intended not only to be a medium for news and information, but also to enhance awareness, understanding and dialogue for issues affecting all of us at Regis, but also the neighborhood and city of Denver. Look for us to uphold journalistic integrity in our reporting and present important ideas and happenings in a way that is both interesting and relevant. Through our in-depth reporting we will attempt to foster greater understanding of complex issues.

We wish to open our publication to the ideas of all of our readers- students, faculty and our extended community. The Highlander encourages submissions of opinion/editorial pieces as always, but we especially want to encourage explorations of our Jesuit mission, with focus on justice, faith and understanding.

In addition to our weekly print version, the Highlander is proud to announce that in a few weeks we will have a fully functional online version available at [RegisHighlander.com](http://RegisHighlander.com). Our online version will afford us the opportunity to archive our recent stories, as well as showcase stories that chronicle Regis' past. More ambitiously, our online edition will attempt to coordinate a complete online calendar of Regis events.

As Editor-in-Chief, I am honored to have the opportunity to work toward attaining these goals every week in the pages of the Highlander.

Chris Dieterich

Contact the Highlander  
3333 Regis Blvd, Mail Stop I-8  
Denver, CO 80221

### Our Mission:

As the staff of the Regis University weekly publication, the Highlander, we intend to serve the campus and the neighborhood by providing an outlet for the transmission of news and ideas. Our publication is designed to cultivate awareness, understanding and dialogue about matters of community importance.

Editor-in-Chief  
Chris Dieterich

Associate Editor  
Justin Parnell

Opinions Editor  
Justin Goldman

Feature Editor & Manager of Distribution  
Alyse Warner

Sports Editor  
Ryan Caulfield

Spotlight Editor  
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Amelia Noyes

Editor of Photography  
Graham Hunt

Staff Reporters  
Phillip Sparer  
Jacqueline Kharouf

Faculty Adviser  
Mary Beth Callie, PhD.

### Our policies regarding submissions and editorials from the community:

Submissions are encouraged from our readers. Email submissions to [highlander@regis.edu](mailto:highlander@regis.edu) by 5:00 p.m. every Wednesday for consideration. All submissions will be reviewed to ensure suitability of content and quality of thought. Editorials are the opinions of the author, and therefore may not necessarily reflect the views of Regis University or the Highlander.

Class of 2006

# Senior Inaugural Reception

Wednesday, September 14, 2005, 7:00 pm  
Soiled Dove (1949 Market Street)

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\*hors d'oeuvres and cash bar





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## Recent crime on campus raises security issues

**Frank Haug**

*Student submission*

At 2:54 a.m. on Sunday, September 4, I was mugged in parking lot 5 near the intramural fields. I was talking on the phone with a friend when two teenagers approached me and asked me for money to get on the bus. I replied that I had none and continued talking on the phone. Undeterred, the larger of the two demanded that I give him my wallet, while the smaller brandished a butterfly knife. The smaller guy said, "Give me your phone or I'll stab you." So I did. I hung up and handed my phone to them.

The larger of the two reached behind his back as if to reach for a piece tucked in his belt. He claimed he would shoot me if I didn't give him some money. I only had a few bucks. I gave them my wallet. I never saw the gun, but the blade was definitely real. I had nothing more to give them and continued to try to reason with them. The larger of the two, obviously drunk, asked the smaller for the knife saying, "Give me the knife. I'm going to kill this mother f-."

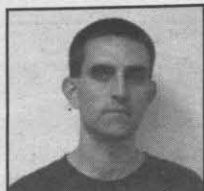
After a while, the pair became more and more uneasy. They demanded I swear to God that I would not call the police. I told the smaller guy that they could leave now without trouble, and that they didn't want murder charges. A few people walked into the parking lot and the two teenagers gave me my phone back and headed behind the fine arts building to Lowell. I went back to my room, and at 3:15 called campus safety.

Meanwhile, my friend, predictably distraught from having overheard the threats over the phone, set out to contact campus security and tell them of

my situation. He looked up the number to campus safety on the internet and called them, saying "There is a student on campus who is getting mugged near the intramural fields." To his surprise, security did not respond with the sense of urgency he expected. My encounter lasted between 15 and 20 minutes, yet no campus security came to assist me.

I am writing not to point fingers or scare students. I am writing because I believe that it is easy to forget that Regis is part of a greater neighborhood, which itself is part of a major city. Be careful commuting to and from campus and going to parties. Thankfully, I am only missing my wallet, driver's license, and the few dollars I had on me. Certainly it could have been much worse. Had I been drinking that night, or a female student, or both, the loss could have been far greater. I've talked to the administration and campus safety. Both were responsive and assured me the problem would be handled.

I have no doubt that the administration is firmly committed to keeping Regis safe, and that this is only an isolated incident. Still, coupled with the recent thefts and arrests on campus, and a history of crime off campus, the issue of security at Regis needs to be openly discussed. Perhaps it is a matter of allocating more funds to security, or perhaps it is something that needs to be dealt with internally. Either way, I think that tips on how to stay safe around campus, an improved understanding of available resources and greater awareness of the relationship between students and security would aid in making Regis a safer place.



**Justin Goldman**

*Opinion Editor*

## Katrina and 9/11: Hard Lessons and Limited Resources

As we reflect on this fourth anniversary of 9/11, one of the fallen we should honor is Rick Rescorla. As described by the Presidential Medal of Freedom website, Rick was decorated for his service in Vietnam with the Army's 7th Cavalry in the Ia Drang Valley. On 9/11 he was the head of Security for Morgan Stanley, located in floors 44 to 74 in the South Tower of the World Trade Center. Prior to the attack in February of 1993, Rescorla trained his colleagues in evacuation drills. His planning was crucial. The overwhelming majority of those under his charge made it out alive. Rescorla was searching for survivors when the

*"Leaders need to establish priorities. They can do so by allocating resources... The administration has committed a great amount of resources to spreading democracy"*

tower collapsed. Out of a total of 2,700 Morgan Stanley employees, he was one of five who were lost. He was posthumously awarded the Presidential Medal of Freedom, our highest civilian honor.

Today, remembering 9/11, and coping with the Hurricane Katrina disaster, we ought to reflect on our planning and preparedness. According to Columnist David Brooks of the New York Times, "Katrina was the most anticipated natural disaster in American history, and still government managed to fail at every level." In a crisis of this magnitude, what responsibilities fall on the local, state, and federal levels of government? While speaking to NBC's Tim Russert on "Meet the Press," New Orleans Mayor Ray Nagin encouraged residents to get to the Superdome. He assured them it would only be for a short time. "Keep in mind that after two or three days the cavalry will be coming."

According to the City of New Orleans Comprehensive Emergency Plan, "Conduct of an actual evacuation will be the responsibility of the mayor of New Orleans. The city of New Orleans will utilize all available resources to quickly and safely evacuate threatened areas." Is this a realistic expectation for local government to be able to conduct such an operation? The document also stated, "Approximately 100,000 citizens of New Orleans do not have means of personal transportation."

In 2002, Congress created the new cabinet agency, the Department of Homeland Security (DHS). In March 2003, the Federal Emergency Management Agency (FEMA) came under the DHS. FEMA traces its roots back to the Congressional Act of 1803. According to the FEMA website, "This act, generally considered the first piece of disaster legislation, provided assistance to a New Hampshire town following an extensive fire."

Prior to 9/11 the priority of FEMA

had been the response to natural disaster. In the post-9/11 world, priorities have changed. The challenge for our leadership is to find a balance for responding to multiple threats. In a 2004 government document obtained by NBC News, 222 exercises to prepare for national emergencies were listed. Of these, only two involved hurricanes.

The forward thinking and tenacity of Rescorla is applicable to the crisis management of Katrina. Plans had been established for the evacuation of the city of New Orleans. These were similar, however, to battle plans which often do not survive the first skirmish. Rescorla was able to display poise during the actual crisis because he had done so much to prepare. His colleagues were prepared based on the drills that they had run.

Leaders need to establish priorities. They can do so by allocating resources. One of the key programs was Southeast Louisiana Urban Flood Control Program, known as SELA.

According to Todd Gillman and David Jackson of the Dallas Morning News, "In his first five years in office President Bush has budgeted \$166 million for SELA. Congress regularly upped the expenditures, for a \$250 million five-year total and even that was just half of what the Army Corps of Engineers said it needed."

The Republicans, with their electoral success, get to set the agenda. The primary responsibility for a government is the defense of the nation. The Administration has committed a great amount of resources to spreading democracy. They aim to counter the threat of terrorism.

While engaged in a Global War on Terrorism, we have chosen to significantly cut taxes. This has created intense budgetary pressure. According to David Rogers of the Wall Street Journal, Congress passed a \$51.8 billion Katrina relief package. This is in addition to the initial \$10.5 billion emergency appropriation. As the session gets underway, is the elimination of the estate tax going to be discussed? With the level of deficit we are currently running, can we afford to lose this revenue as we undertake the rebuilding of the Gulf Coast?

*"If we learn anything, it is that there is no substitute for diligent planning and training. This requires resources and for leaders to set priorities."*

If we learn anything, it is that there is no substitute for diligent planning and training. This requires resources and for leaders to set priorities. The Metropolitan Police Response to 7/7 in London was excellent. They had repeatedly drilled for such scenarios. Rescorla's commitment to prepare his colleagues for evacuation situations in the World Trade Center saved lives. It is a matter of time before our resiliency is tested again.

## Regis Speech and Debate

Are you interested in learning advanced public speaking skills? How about advanced argumenation? Are you interested in debating politics? Discussing philosophy? Studying the law? Want to educate people on important current events? Did you know that Regis University has a traveling speech and debate squad that will allow you the opportunity to do all of the above? Come check us out!

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Any questions? Contact Robert Margesson, Director of Forensics, [rmargess@regis.edu](mailto:rmargess@regis.edu) or 303-964-5723



# 2005 Fall Sports Season Begins

by Ryan Caulfield

## #9 Women's soccer remains undefeated; Men drop 0-2 with loss to Fort Lewis

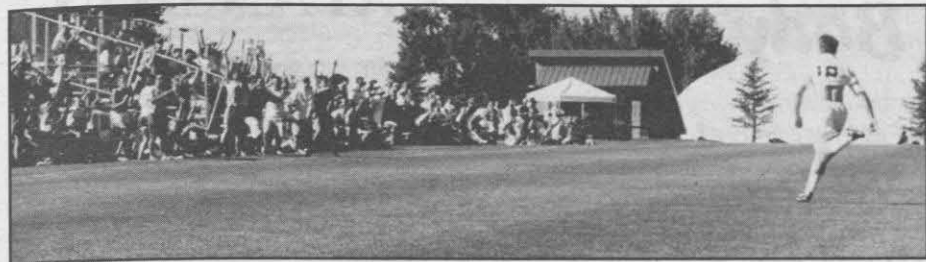


Photo by Amelia Noyes

Senior Sven Trautmann celebrates after scoring the lone goal for Regis.

The men's soccer team lost a close match to 14th-ranked Fort Lewis College 2-1. The game started off with the Skyhawks scoring first with a goal by John Cunliffe at 18:11.

The Rangers fought back and tied the game with a goal by senior forward Sven Trautman at 76:32.

However, the Skyhawks ended the hopes of a Ranger upset when Cole Sweetser scored at 86:31 to give the Skyhawks the lead for good. The lost drops the Rangers record to 0-2 and 0-2 in RMAC play.

The men's team will host Seattle Pacific University today at 4:30 p.m. as they try for their first win of the season.

The women's soccer team defeated Adams State 3-0 on Sunday. After a

scoreless first half, the Rangers scored all three of their goals in the second half of the game.

Junior midfielder Katie Jardine and sophomore forward Julie Rodgers lead the Rangers offensive attack as each had a goal and an assist.

Also scoring for the Rangers was junior midfielder CarrieAnna Cordova. The shutout was the 4th of the season for Joanna Humphreys who has not let in a goal all season long for the Rangers.

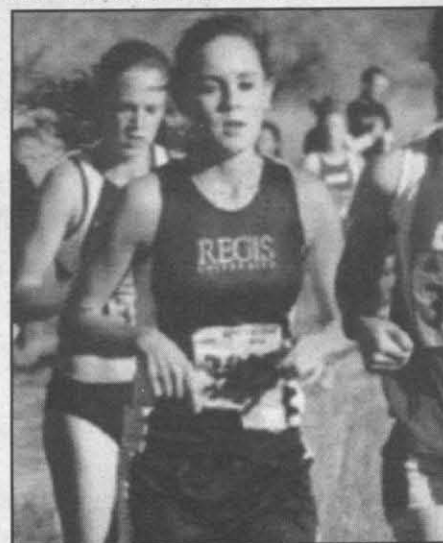
With the win, the Rangers improve their record to 4-0 and 2-0 in RMAC play and ranked ninth in the nation. The Rangers will host Mesa State College (4:30 p.m.) and Fort Lewis College (12 p.m.) this Friday & Sunday.

## Women's cross country opens season at Lobo Invitational in New Mexico

The women's cross country team, like the men, started their season this past Saturday, participating in the 6k Lobo Invitational at New Mexico University (Albuquerque, NM).

The top runner for the Rangers was sophomore Anna Hacker who finished with a time of 24:42 and a 48th place finish. Coming in with the team's second fastest time was sophomore Stephanie Paine with a time of 26:46 and a 98th place finish.

As a team, the Rangers took 13th place (out of 13 teams). The Ranger's next race will be the Western State Invitational (Gunnison, CO) on Sept. 17th.



Courtesy of Regis Athletics

Sophomore Stephanie Paine at the 6K Lobo Invitational.

## Volleyball picks up first conference victory against Chadron

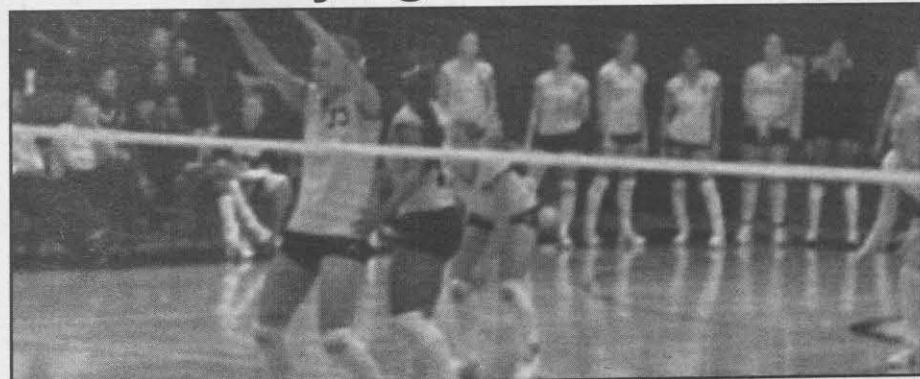


Photo by Bridget McLaughlin

Lavanda Mireles plugs the Middle for the Rangers.

The Volleyball team got their first RMAC conference win this year on Saturday as they defeated Chadron State College in three games (30-13, 30-26, and 30-26).

Freshman Tricia Leger led the Rangers with 15 kills. Junior Rachel Ross had 12 kills along with three service aces. Also senior Laura Bisio had 11 kills and four service aces while

senior LaVanda Mireless posted 5 total blocks in the win.

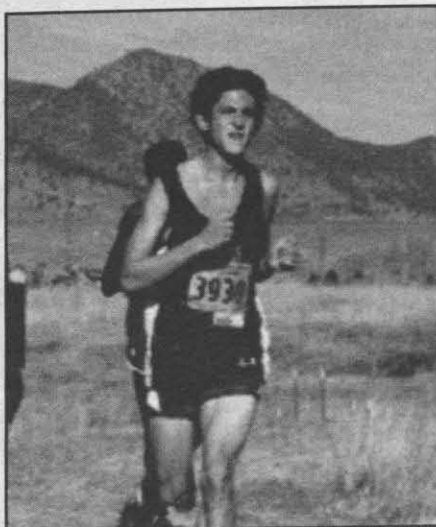
The win improves the Rangers record to 2-8 overall and 1-1 in RMAC play. The Rangers will host a pair of matches this weekend against University Nebraska-Kearney on Friday and Fort Hays State University on Saturday. Both matches will begin at 7 p.m.

## Hunter leads men's cross country in Lobo Invitational

The men's cross country team started their season this past Saturday, participating in the 8k Lobo Invitational at New Mexico University (Albuquerque, NM).

Junior Jesse Hunter was the Ranger's top runner with a time of 28:36 and a 98th place finish. Finishing right behind Jesse was freshman Matthew Mach with a time of 28:42 and 103rd place finish. As a team, the Rangers took 14th place (out of 14 teams) at the invitational.

The team is coached by Mike Mittelstaedt who is entering his fifth season as he coaches both men's and women's teams. The Ranger's next race will be the Western State Invitational (Gunnison, CO) on Sept. 17th.



Courtesy of Regis Athletics

Junior Jesse Hunter leading the Rangers.

## Fall intramural season back in action

Ryan Caulfield  
Sports Editor

the townhouses.

Bowling will be held on Tuesdays at 9:30 p.m. at AMF Arvada Lanes (6550 Wadsworth Bypass, Arvada, CO 80003). 24 teams already signed up.

Dave Bourassa, assistant director of Student Activities, says that it is still possible for additional individuals and teams to join. Those interested should contact Student Activities at x3505 or on the second floor of the Student Center.

The fall intramural season, organized by Student Activities, has started up again. This year's lineup features three co-ed sports: dodge ball, football and bowling.

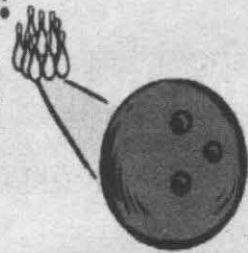
Dodge ball takes place on Tuesdays and Thursdays from 6 p.m. to 10 p.m. in the Ranger Dome. Currently six teams have signed up.

Six Flag Football teams will play on Mondays and Wednesdays from 4 p.m. to 7 p.m. on the field adjacent to

# College Night



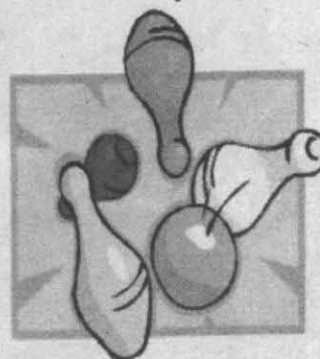
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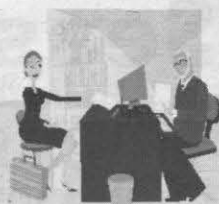


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# Career Services

[www.regis.edu/careerservices](http://www.regis.edu/careerservices)



## ON-CAMPUS INTERVIEWS

Date/Time	Job Title	Company	Resume Submission Deadline
September 30 8:00 AM - 5:00 PM	Audit Services	Deloitte & Touche, LLP	September 20
October 5 8:30 AM - 4:45 PM	Audit (Internship)	KPMG, LLP	September 18
October 5 8:30 AM - 5:00 PM	Audit	KPMG, LLP	September 18
October 10 8:30 AM - 5:00 PM	Audit Associate	Clifton Gunderson, LLP	September 22
October 12 9:00 AM - 5:00 PM	Legislative Auditors	Office of State Auditor	September 26
October 26 8:30 AM - 4:45 PM	Management Development Program	E. & J. Gallo Winery	October 10
October 27 8:30 AM - 5:00 PM	Staff Accountant	Spicer Jeffries, LLP	October 10

You must apply via Regis CareerLink in order to be selected for an interview. To access CareerLink, go to [www.ecampusrecruiter.com/regis](http://www.ecampusrecruiter.com/regis). Login if you have an account or click on "students and alumni" to open your own personal account.

All interviews will take place in the Career Services Dept. located in the Coors Life Directions Center on the Regis University Lowell Campus. Please contact Jeremy Lee at [jjlee@regis.edu](mailto:jjlee@regis.edu) or 303-458-3509 for any questions.

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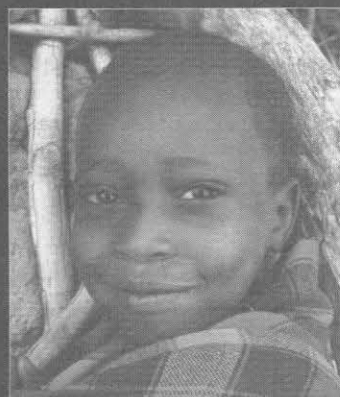
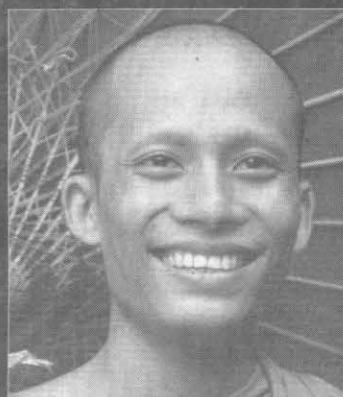
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# An evening with Big Frizzle

Phillip Sparer  
Entertainment Columnist

You know Frank Haug ('06) as Student Body President; you may even know him on the weekends as "Frank the Tank". But I'd like to introduce you to the guitar playing, Britney Spears-covering frontman known as The Big Frizzle. Heck yes, he sings Britney. He wears Doc Martens and curses at his fans on stage- and gets away with it! And oh yeah, he and his band, aptly dubbed Big Frizzle, put on a damn fun show.

It's a chilly Tuesday evening, and Big Frizzle is about to play at Quixote's on Welton Street. Quixote's is one of those, "it's cool because it's hard to find and has no sign" bars: when I stroll in the bartender is lighting a jay and the skunky scent lingers in the foyer. Every square inch on the brick walls is covered with generations of Grateful Dead pictures, concert posters- hell, even oil paintings of Jerry Garcia. A real whiskey and cigarette venue. Big Frizzle is supposed to take the stage at 9:30; the first "roadies" (the drummer's roommates and guitarist's little sister) arrive at 9:15.

Big Frizzle is half Regis, half CU-Boulder, and wholly homegrown in the San Luis Valley of southwest Colorado. Frank and drummer Adam Roberts ('06) once played together in a seventh grade Honor Band, and bassist James Durnin (CU '07) and lead guitarist Brian Cone (CU '07) have jammed in ska and prog-rock groups since their high school days (or is it daze?) in smalltown Cortez. That kind of adolescent attachment is evi-

dent in Big Frizzle's laid-back, organic approach to their concert. To wit: in the midst of their set, Frank picks his wedgie and declares: "I don't think it matters what we play. Let's just have fun!"

Sitting on wobbly-cushioned bar stools (it's 9:52 and Frank has just shown up), James describes this night's gig as "drunk band practice with a good P.A." Prophetic words: sometime between their riff on Eminem's "Lose Yourself" and a Garth Brooks sing-along I begin to wonder if I'm witnessing more of a rehearsal than a rock show. One of the three ladies in the audience, Sarah Morgan ('08), says to me between vodka-tonics, "Big Frizzle is barbeque music!" And as anyone who has listened to Big Frizzle jam on 50th and King's garage rooftop will tell you, the "anything goes" attitude meshes with their music like A1 goes on ribs.

To be sure, Big Frizzle cater to (all ten of) their fans: original songs, such as "Grace" and "Dying Amber Moon," showcase Brian's post-grunge guitar solos and Frank's reflective songwriting; their versions of AC/DC's "You Shook Me All Night Long" and Snoop Dogg's "Gin and Juice" evoke memories of beer-in-hand, top-of-your-lungs nights around the Hilltop jukebox. Whatever and wherever Big Frizzle performs, Frank says he's comfortable with its place in the college-rock arena. Judge for yourself next Tuesday night, Sept. 20th, at 9:30 pm at Ziggie's Saloon on West 38th and Sheridan Avenue. Or you can check out the Big Frizzle Fan Club website, [www.myspace.com/bigfrizzle](http://www.myspace.com/bigfrizzle).



Photo by Phillip Sparer

Big Frizzle performs at Quixote's on Welton Street September 12. This Regis/CU hybrid plays their mix of cover songs and original tunes at venues all over the metro area.

## Students and staff to conquer 170 mile Outward Bound Relay

Tony Lechuga  
Staff Reporter

The weekend of September 16-17, ten members of our Regis community will partake in the Colorado Outward Bound Relay. The relay is a 170 miles between Idaho Springs and Glenwood Springs over the course of 24 hours. The race will cross three mountain passes with the running taking place mostly on bike trails. Regis will host one of about 150 teams each of 10 people who take various turns running.

The relay is sponsored by the Outward Bound Chapter which is raising money for trips to the mountains for kids 13 and older. Each team which participates must do fundraising to join the relay. This is the third year Regis is participating in the relay and con-

sists of a team of mostly members from the Leadership Certification Program and members of the faculty. The runners have been training all summer their particular legs of the race. Each member of the team will run three legs, 4-10 miles each.

According to Dave Bourassa, Assistant Director of Student Activities, although the relay offers prizes for teams that finish in the top positions, their biggest hope is to finish to the best of their abilities.

This is a race which tests both the mental and physical strength of all those who participate in the race. The team must have solid dedication and encouragement from each other to weather the rough terrain and the race's excessive distance.

## Astrological Outlook by Jeanine McGillicutty

Aries (March 21-April 19)

You are unusually good at giving advice this month. At the same time, watch out Mr. Self-assured Pants, you might be giving yourself too much credit. Try not to step over too many boundaries. Use your talent to help those in obvious need. The stars suggest starting small with advice like, "I advise you not to eat that green fuzzy cheese." Lucky numbers: 0-10  
Lucky drink: RC Cola

Taurus (April 20-May 20)

Despite the fact that you hang out with more flakes than Tony the Tiger does-they are actually going to commit to something this month. And guess what? That something is you. Yes, the stars have blessed you with true and loyal friends this lovely September. Not to rain on your parade or anything, but they'll be back to ditching you within a month or so. Sorry, it's the truth. Suck it up and enjoy them while you have them.  
Lucky Shark: Tiger Lucky Day: Yesterday

Gemini (May 21-June 21)

The stresses of starting a new semester and the fleeting days of summer have you on edge. You may be very tempted to flip out, but that Kelly Clarkson CD you've secretly been yearning for and spend a couple of days locked away in your room. Please don't buy the CD, believe us, it doesn't help. Rather, the stars suggest taking deep breaths and sparing a few moments in your busy schedule for yourself. After all, you and your ego could use some alone time. Lucky Boy Band: Menudo Lucky Food: prime rib

Cancer (June 22-July 22)

The stars feel that you have been harboring too many feelings and thoughts lately. If you don't start saying what's on your mind, you may find yourself locked in a room with Gemini-and we all know that won't be pretty. Seriously though, be assertive and believe that what you have to say is important. Be careful not to turn into Captain Obvious. Nobody wants that guy around.  
Lucky Song: "Eye of the Tiger"  
Lucky Color: Mother of Pearl

Leo (July 23-August 22)

You're looking pretty good this month. Things are going well, you've got that big event coming up soon, you just had a birthday and you are unstoppable-well, so it seems. Basically it is game day and you're pumped, you're ready. All you have to do is tell coach you're ready to go in. Don't fret at the sight of defeat, it's only temporary. And remember, if you're not cheating, you're not trying. Lucky Meat: bacon  
Lucky Musician: Eddy Money

Virgo (August 23-September 22)

Because you've been extremely experimental lately, trying out new things and testing your boundaries, you may need to tone it down a notch or five. Basically the stars are warning you to stick with what all the cool kids are doing and stop trying to be so 'individual'. Syke! Well, in a way. This month staying on track will be a wise choice. Lucky Movie: Spice World  
Lucky Currency: pound

Libra (September 23-October 22)

If you're feeling a little reclusive lately, that's quite all right. The stars are always game for a nice quiet evening alone. If you're having a bit of trouble finding just the right spot to sit back and relax with your thoughts, we've got a wonderful idea. Take a blanket and drape it over your furniture so it creates a tent structure. Throw some pillows on the ground underneath and you've got yourself your very own child-like fort. Jupiter tried it last week and boy was it a hoot!  
Lucky boot: combat Lucky dog: hot

Scorpio (October 23-November 21)

The stars shine on you as you reap the benefits of your hard work and effort. Spend wisely, for scrounging for quarters on the sidewalk and bumming swipes in the cafeteria are just a Visa charge away. Bask in your glory and success, but don't get too carried away. You still have to pretend like you're excited for all of the Libra and Virgo's out there who are celebrating their birthdays this month. We all know you are selfishly counting the days until your next anniversary of birth.  
Lucky David: Bowie Lucky Vitamin: Flintstone's

Sagittarius (November 22-December 21)

You seem to be blossoming into a new you. Forget about anyone who has doubted you in the past, like Libra or Aries-they're just jealous. What you need is a good pair of checkered pants and root beer. Your friends will rejoice as they see what a really boss person you are. This new you is the result of Saturn's slight shift in axis. It's all really complicated and technical, I know, but it's what I do. So trust me and have a blast! Lucky Time: 1:38pm Lucky Charms

Capricorn (December 22-January 19)

You are hungry. And by hungry the stars mean Duran Duran's, "Hungry Like the Wolfe." You're ready to take on whatever is thrown your way. Around the 21st you'll need this animal instinct to trudge through a minute and seemingly hard time. You can use your splendid mix of animal abilities to get you through it. Don't worry, everyone in the galaxy is pulling for you. Lucky Fish: Cod Lucky Sandwich: BLT

Aquarius (January 20-February 18)

Lend a listening ear to Cancer this month as they vent and let some things in the air. You don't really have to listen-you can just look at them sincerely and nod your head, all the while thinking about something completely different. It's a little trick Venus taught us at a seminar last year. Try it. It will give you time to start planning something important and possibly exciting for the month. Lucky Captain: Planet Lucky Letter: U

Pisces (February 19-March 20)

You might be surprised to find that if you ask for something, you just might receive it. The powers that be will reveal to you exactly what to ask for. On September 19th around noon, you'll receive a message. Take it down to Campus Security where they will use their secret and all too high tech deciphering mechanism to break the messages' code. Then and only then will you find out what to ask the stars this month.  
Lucky Tree: Willow Lucky Movie: Willow

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\*\* Subject to qualification.

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## Campus Events

Wednesday, Sept. 14	Club Fair / Quad Sr. Inaugural Reception / Soiled Dove	11:30-1:30 7:00 pm
Thursday, September 15	Thrills: Singled Out / Cafeteria Freshmen 15 / Cafeteria	10:00 pm 12:00 pm
Monday, September 19	Last Call: Green Day concert	7:00 pm
Wednesday, Sept. 21	Diversity Dialogue / Main Hall 333	4-6:00 pm
Thursday, September 22	Mass of the Holy Spirit / Quad Fr. Richard Blake, SJ / LOY, SCI	11:00 am 3:30, 7:30
September 29-October 2	Family Weekend	

## Around Town

### ARTS & CULTURE

September 14	J.R Moehring at Cherry Creek Tattered Cover
September 15	3rd Thursdays / Highland Square
September 16-17	Colorado Outward Bound Relay
Sept. 13-October 2	Intimate Apparel / Arvada Center
Sept. 13-Oct. 9	CSU Int'l Invitational Poster Exhibit
Sept. 13-Oct. 13	My Way / Garner Galleria Theatre
Sept. 13-Oct. 16	The Voice of the Prairie / Victorian Playhouse

### CONCERTS

September 17	John Mayer Trio / Fillmore	8:00 pm
	Keith Urban / Red Rocks	7:30 pm
September 19	Green Day / Pepsi Center	7:00 pm
September 20	Hootie & the Blowfish / Paramount	8:00 pm
	Oasis, Jet & Kasabian / Red Rocks	7:00 pm

### PROFESSIONAL SPORTS

September 17	Avalanche vs Dallas Stars	7:00 pm
September 18	Broncos vs San Diego Chargers	2:15 pm
September 19	Rockies vs San Diego Padres	6:30 pm

### COLLEGE FOOTBALL

September 17	Air Force at Utah Utes	5:30 pm
September 24	CU at Univ. of Miami (FL) Hurricanes	TBA
	CSU vs Nevada Wolves / Hughes Stadium	TBA

## Ranger Athletics

### WOMEN'S SOCCER

September 16	Mesa State College	4:30 pm
September 18	Fort Lewis University	12:00 pm

### MEN'S SOCCER

September 14	Seattle Pacific University	4:30 pm
September 16	Colorado Christian University	2:00 pm
September 18	Colorado School of Mines	2:30 pm

### WOMEN'S CROSS COUNTRY

September 17	Western State Invitational / Gunnison
September 24	Colorado College Invitational / CO Springs

### MEN'S CROSS COUNTRY

September 17	Western State Invitational / Gunnison
September 24	Colorado College Invitational / CO Springs

### WOMEN'S VOLLEYBALL

September 16	Nebraska-Kearney	7:00 pm
September 17	Fort Hays State University	7:00 pm

### MEN'S CLUB RUGBY

September 25	Colorado College	TBA
October 2	at Northern Colorado	TBA

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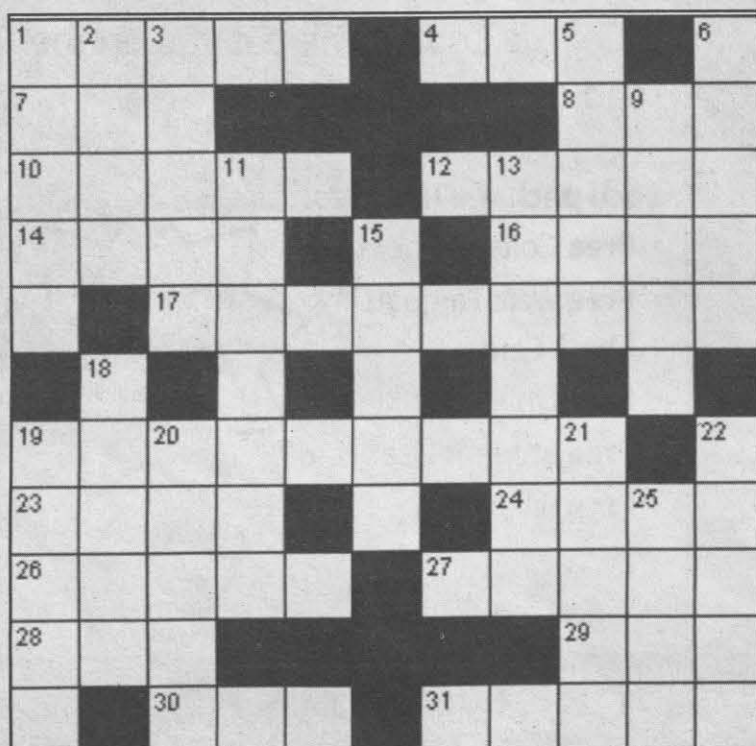
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## Weekly Word Whomp



#### Across

1. Wanderer
4. Iced drink
7. I have
8. Exclamation of disgust
10. Indoor game
12. Radio location
14. Otherwise
16. Sever with the
17. Tired
19. Organizations
23. Spoken
24. Free from doubt
26. Made a hole
27. Pertaining to Asia
28. Conclusion
29. Small insectivorous bird
30. Total
31. Numbers 13 through 19

#### Down

1. Person who rides
2. Egg-shaped
3. A piece of poetry
5. Examine account books
6. Cut into small pieces
9. Entrances
11. Cloth
13. Gathering of pus in body tissue
15. Spiteful
18. Stupid person
19. Not drunk
20. Parlor game
21. Connected series of rooms
22. Leases
25. Shower

### Answers to last week's Weekly Word Whomp

