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HIGHLANDER

The Jesuit University of the Rocky Mountains

A Bi-Monthly Student Publication

Vol. 86, No.9

Denver, Colorado

Monday, February 23, 2004

INSIDE

REGIS NEWS

Debate team best in Regis history...

Regis recruiting differs from U. of Colorado....

see pages 1-3

EDITORIALS/NEWS

Coach's actions have large repercussions.....

Types of films that win Oscars.....

see pages 2-5

FEATURE

Spring Break thoughts and memories.....

see pages 6-7

SPORTS

Baseball poised for historic season...

Nuggets have chance at a post season...

see pages 8-9

ENTERTAINMENT

He said/she said get 'Jazzy nails'...

Atmosphere rocks the Fillmore...

see pages 10-11

INDEX

Editorial.....	2-4
News.....	5
Feature.....	6,7
Sports.....	8,9
Entertainment.....	10,11
Calendar.....	12

Regis University recruiting policies scrutinized after sexual assault allegations leveled at CU

by Ysabel Martinez

Aaron Meyer, an offensive lineman from River Ridge, Louisiana, voiced that University of Colorado used sex as a recruiting tool. According to the February 11, 2004 issue of the Rocky Mountain News, last month on his football recruiting trip, Meyer stated, "And they had women that would do things for you and pretty much do whatever you want because you are a CU football player." The National Collegiate Athletic Association reported on Thursday, February 11, that they will begin an immediate review of football recruiting practices and could recommend new standards by late April. Recent criminal recruiting actions have been reported at many notable universities. At the University of Minnesota, prospective recruits have reportedly been taken to strip clubs. At Brigham Young alcohol, and finally, at Florida State a recruit was charged with three crimes on his recruiting trip. This wave of recruiting violations has prompted administrative

action. CU football head coach Gary Barnett has been put on administrative leave for his mishandling of this sensitive issue. What about Regis?



CU Football Coach Gary Barnett says he will accept the decision to put him on leave. photo courtesy of www.espn.com

When asked about his baseball recruiting trip, freshmen Ross Pibal stated, "Coach [Dan McDermott] gave me a tour of the campus. I took some

hacks in the batting cages with Quinn McCoy and then hung out with Sean Dockery the rest of the time." Pibal visited Regis more than once before committing, and enjoyed each visit. Sophomore soccer player Lilia Utu spent a day and a half visiting Regis before signing with the team. "I practiced with the team, and then are dinner with Coach [J.B. Belzer] at the Spaghetti Factory. I met back up with the soccer girls and grabbed ice cream at a Coldstone and then hung out in the dorms," said Utu. When asked if either had ever been offered sex during their recruiting trips, both stated, "No."

Utu and Pibal's recruiting trips were successful and undamaging. Nevertheless, 40% of gang rapes on college campuses are committed by sports teams, according to Dr. John D. Foubert, President of NO MORE, Inc., the National Organization of Men's Outreach for Rape Education.

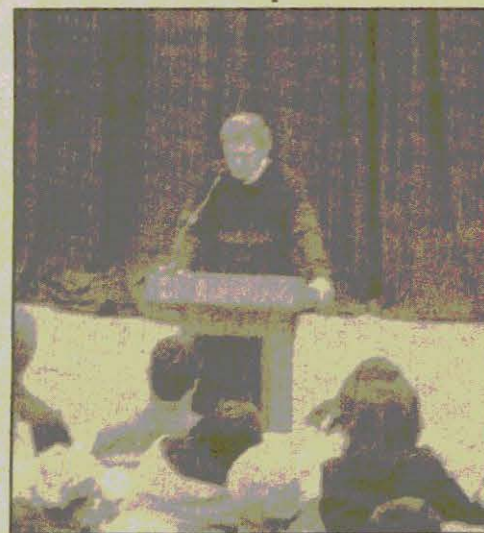
(continued on page 5)

Founder of the SOAW visits Regis, shares life experience

by Ed Bessenbacher

Nearly 250 people packed the Science Amphitheater last Wednesday night to see Rev. Roy Bourgeois, founder of the School of the Americas Watch, speak about his experiences with, and share his views on American foreign policy. A standing-room-only crowd listened with rapt attention as the Maryknoll priest called for people to make a difference in today's trying world, saying "We're called to be peacemakers, healers amidst so much violence." Fr. Bourgeois has made peacemaking his life's work since being ordained a Catholic priest in 1972. Before his ordination, Bourgeois served as a Naval Officer for four years, doing one year of shore duty in Vietnam and receiving the Purple Heart for his duties. In 1990 he founded the School of the Americas Watch (SOAW), an organization which, according to its website, is trying to bring about the close of the School of the Americas through nonviolent protests. Located at Fort

Benning, Georgia, the Western Hemisphere Institute for Security Cooperation, better known as the School of the Americas (SOA), is a very controversial military training facility. The school has come under heavy fire due to graduates of the school being found responsible for murders and massacres in Latin America, with the gunning down of El Salvadorian Bishop Oscar Romero as one of the wider known incidents. Bourgeois brought such experience and motivation in his first visit to Regis University and delivered a talk to "Help educate others about the issue, who might not be familiar at all with the issue and hopefully encourage those who are already within the movement," the issue being the school and the movement to close it. Bourgeois started his speech declaring that "These are challenging times we are in, the world is full of suffering and violence," and urging people to "Look with critical eyes at our country's foreign policy." He emphasized American foreign policy with Latin



Fr. Roy Bourgeois, founder of SOAW photo by Dan Delaney

America, which he said was, "not a pretty picture."

The Louisiana native and his organization are critical of the current administration in hopes that U.S. tax

(Continued on page 5)



2/23
49°/31°



2/24
44°/29°



2/25
47°/32°



2/26
50°/30°



2/27
50°/27°

Porter's actions reflect Regis community

by Andrew Cole

In light of the recent allegations of questionable recruiting practices and sexual assault cases at the University of Colorado, it seems more important than ever that athletic departments have some sort of accountability to the students they represent. Depending on how long the investigation process pans out, for some time to come, people outside of CU will be thinking about only one thing when they hear the University's name mentioned, and it won't have anything to do with academics. The point is that all actions done by members of a University reflect back on all of those who attend and have attended the school. With that said, I would like to revisit an issue covered in the last edition of the Highlander relating to the January 29 men's basketball game.

One of these events was the decision by Coach Lonnie Porter to leave four players on the court for the final few minutes of the game. As reported, Porter's explanation was to rest his players. We highlighted the fact that many other people who were at the game and who heard about it later, including Regis players, saw the move in a different light. The fact is that whatever his reasoning for the decision, he should have thought about the repercussions of the action on the Regis community and on those outside the community who attended or heard about the game.

One such observer from Metro was quoted as saying it looked like Regis just gave up. True, the appearance of giving up in a basketball game does not have the kind of fallout that a sexual assault scandal carries by any means, but in the same manner, the action reflects back on the Regis community which includes all students, faculty, and staff who were not a part of the decision. Because of that, I question the move made by Porter. It is questionable because the name on the front of

those player's jerseys means much more than just those ten guys and their coach. People outside the team who were not able to get an explanation from Porter walk around thinking whatever they feel like. Even



Coach Porter explaining strategy techniques to a player.
photo by Dan Delaney

if it seemed like a justified decision because his team went on to win the game he rested the six players for, the decision still had consequences outside the next game. In fact, if the Highlander had not looked into it, it would have just circulated the halls as a rumor with people believing whatever they might feel like. Concerning accountability there is another incident from that game that should be mentioned. It is the incident that took place between Zach Gehlhaus and Coach Porter. We spoke with a member of the team who told us, as we wrote in the last edition, that the matter had been resolved within the team. We have no reason not to believe that the matter was resolved, just as we have no understanding of the dynamics of the team and what unforeseen circumstances might have played a part in the incident.

Again, however, the point is that the team means more than just those people who are a part of it. And for those in the Regis community and

those outside the community that watched the game, it simply looked like behavior that should not be taking place. Because of this, it seems a bit troubling that the incident was pushed aside until we looked deeply into it, at which point it was still difficult to get any sort of answers from anyone. We were not trying to stir up trouble from a problem that had already been settled, but rather we were just trying to let the community know what took place.

It was difficult to find someone who saw the incident, and even more difficult to find someone who was willing to say something about it. This means two things: people who are part of the program should be more open to the rest of the Regis community and, perhaps more importantly, the rest of the Regis community needs to support the athletic program.

The athletic program at Regis receives a large amount of money from the school. Barbara Schroeder, the Athletic Director, said that the operating budget for the Athletic Department for the 2003-2004 school year is \$2.8 million dollars. And as Schroeder said Regis "is a tuition driven school." So money from students' tuition is paying for these teams to operate.

With a number like \$2.8 million it seems as though students are not getting what they pay for if they are not attending the games that athletes participate in. That is just the financial aspect of the situation, not to mention the fact that a little school spirit and home team pride would be nice.

I think that along with more support from the students, accountability from the department will have to follow. If coaches and players see support for their teams, they will be more likely to remember the rest of the school community in making decisions. And that will be good for all parties involved.

US involvement in Latin America

(continued on page 5)

dollars will go other places than the school which has trained proven murderers and dictators in Latin America. "President Bush keeps saying we need to go after those terrorists camps and shut them down, a good place to start is our own backyard," Bourgeois stated. "We want those millions [of tax dollars] used for schools for our children." Organizers of the event were very pleased with the turnout to the event. Nate Jacobi, Oscar Romero Faith and Justice Coordinator in the University Ministry office, was one of the primary initiators that brought Bourgeois to Regis, along with several other organizations within and outside the University that sponsored the event. "The major thing was to continue to draw in the connection between our

faith and the connection to justice and to be engaged in the world with issues of justice" said Jacobi. Seventeen people from Regis went to

"The major thing was to continue to draw in the connection between our faith and the connection to justice and to be engaged in the world with issues of justice"
--Nate Jacobi.

Ft. Benning in November for the annual protest against the school and organizing this event was, according

to Jacobi, a way to "show that the School of the Americas was not just a one time thing, but it's the education around the issues." From all around the country, about half of the 10,000 people who gathered in November were college students, including representatives from all of the Jesuit colleges, according to Bourgeois. The SOAW attempts to bring its issue to the attention of politicians, especially during an election year. Candidates are asked about their stance on the SOA and what they would do about it should they get elected. According to Bourgeois, former candidate General Wesley Clark would have strongly supported the school, but Democratic front runner, Massachusetts's Senator John Kerry would be in favor of closing the school.

The Regis University

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Best-Picture awards go to certain genres



'Return of the King' not a contender

John Reif, philosophy and communication major, member of the debate team, and plebian in the world of journalism.

When one closely examines the list of films that have achieved Best Picture status at the Academy Awards, it becomes obvious that particular types of movies achieve this esteemed rank. Looking over the past few years we have *A Beautiful Mind*, *Shakespeare in Love*, and *Gladiator* to name just a few. These films all share the common category of drama, although they do differ in their dramatic portrayals, themes, and motifs. Why this fascination with drama? Well, it seems that the "in thing" so to speak is drama, stories that really make us cry, express deep emotion, and that do not engage too much in the banal and base notions of action, adventure, or fantastical plots.

Now that the final film in the *Lord of the Rings* saga is finished, it seems time to honor Peter Jackson with the award for Best Picture. *The Return of the King* is without a doubt one of the most epic and well-made fantasy films of all time (yes, it is better than Willow-sorry Val Kilmer fans) and deserves the greatest award that a film can be given by those who make films and act in them. Many will argue that because it is a fantasy it will never win Best Picture. I agree that the chances are much slimmer given its genre but I hope that the Academy can see past this rather unimportant distinction and vote for the film that, this year, encapsulates all that is good, powerful, artistic, and meaningful in Hollywood.

Certainly, there are other films up for the award, but they are not as deserving. Based on the sheer size of the project and the fact that despite its length, audiences sit through it and even come back for more showings, these films have deserved this honor

all along. Also, it is time for us to stop ranking the various genres of film. Ranking them only undercuts their artistic worth and assigns labels that do nothing by way of making the films more interesting or meaningful for us. Calling *The Return of the King* a fantasy really does not do it justice. It is dramatic, comedic at times, an action-adventure, a romance, and even has some elements of mystery maintained until the end when we finally resolve the future of the "ring." The fact that genres intersect and that the textual nature of the film itself is intersectional with other genres and even other films, shows that *The Return of the King* is worth of more than a simple label and a Best Visual Effects award.

One common criticism has been the long ending, the multiple fade-in and -out transitions in an otherwise excellent and visionary production. The small defects, argue the naysayers, are enough to push the film out of the Best Picture category. I disagree. The film had to be slow and highly emotional at the end to maintain as much of the original plots of the book as possible. For a film that made many departures from the original books already, I think director Peter Jackson felt pressure to make this film as true as possible and respectful of the importance of these books to the American popular culture. If anything, this Best Picture should go to the trilogy for its massive impact on pop culture and on the richness of narrativity in film that has been missing for so long on the big screen. I say do it, if only to change the norms and open up space for new possibilities in an otherwise empty and boring awards ceremony.



'Return of the King' deserves the brass 'Ring'

Brian Schrader, communication major -- in real life I am not as ugly as my picture indicates.

John, you are wrong-The *Return of the King* is not better than *Willow*. In fact I watched *Willow* last night and yep, you are wrong. In fact, the *Lord of the Rings* movies are a rip off of *Willow*. Come on, look at the similarities; there are lots of short people in both movies. In the *Lord of the Rings* the short people are taking something important (the ring), somewhere important (Mt. Doom) so that a bad person (saurusomethin) does not do bad things (bad things). This all happens in *Willow* too; they take the red head kid to the rat lady all to defeat the crazy lady and stop her from doing bad things. It's the same I tell you.

All of this aside, there is one good reason why this *Lord of the Rings* flick will not win the Best Picture; and that is because it is not the best picture. This movie has less of a chance than *Jackass Too* of winning an Academy Award. In fact, the latest of three Jackson films was the worst of the three. I left early but if I run back the thing might still be on- because it was that long. Frodo: get on the boat before I push you in the ocean.

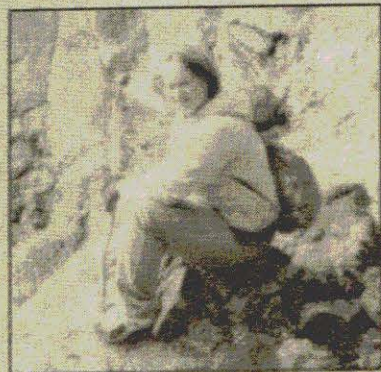
John makes some interesting points about the history of the Oscars and their refusal to give fantasy movies the Best Picture only dramatic films. He also argues that this is an unimportant and even artificial distinction. Two things John: *Gladiator* was an action flick and *Shakespeare in Love* was a romantic comedy. And, you are wrong its not

that they just give the Best Picture award to dramatic films or even to specific genres, they just happen to give it to good movies. Take your conspiracy theory somewhere else. I like your claim that the *LOTR* is comedic and dramatic. This is comedic; Jackson's comic relief is in need of some comic relief. I can count the times the trilogy was funny on one finger. I will admit that there was some drama in the end there, but it carried on for two hours making it the first funny part of the film and then, the most painful. The only thing drawn out longer than the ending of this movie is the Academy Awards themselves.

Let's be serious for just one second. The reason that this movie will not win the Best Picture award is not because of the fantasy label, or the refusal to acknowledge the intersection of labels, but because it is not Best Picture worthy. There are several other films that are all-around better including *The Last Samurai*. I think that the members of the Academy typically do side with these kinds of movies because of their human appeal. I think that for some reason we all care just a little bit more if Cruise gets shot off his horse than if Frodo loses his finger or Gandalf loses the devil dragon thing in the mines. It seems likely that the Academy will give the award to *LOTR* in spite of all the reasons that it does not deserve it simply so they do not get pelted with retainers by an angry mob of sci-fi convention peoples.

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The gloves come off as Democrats struggle to show a united front

by Justin Goldman

Senator John Kerry solidified his position as the frontrunner for the Democratic nomination for the Presidency. With critical wins in Tennessee and Virginia on February 10, 2004, John Kerry has shown his ability to win in the South. Of course these are Democratic primary voters. Al Gore could not carry his home state of Tennessee in the general election of 2000. These areas will be difficult battlegrounds for the Democratic challenger to President George W. Bush.

The late surge of Senator John Edwards in the Wisconsin primary showed he feels the nomination is far from being decided. Although Wisconsin was close a win is a win. Senator Kerry has won 15 of 17 primaries. Senator Edwards has only won in South Carolina. Senator Kerry weathered the storm during a week of attacks.

Senator Kerry's ascension has been a further indicator that conventional wisdom is out the door in the Democratic primary. Governor Howard Dean and his former campaign manager Joe Trippi have changed the way the internet is used to fundraise and to connect supporters. The meetup.com site has revolutionized the way in which campaigns have been run. Prior to his decision to get out of the race, the Dean meet-up has 188,500 members.

Senator Kerry's lead should grow as he accepted the endorsement of his former rival General Wesley Clark. In the ARG poll Wesley Clark was a distant second from Kerry. Another former rival, Congressman Richard Gephardt of Missouri, brought strong labor support. The AFL-CIO announced their endorsement of Senator Kerry. The largest US labor organization brings 13 million

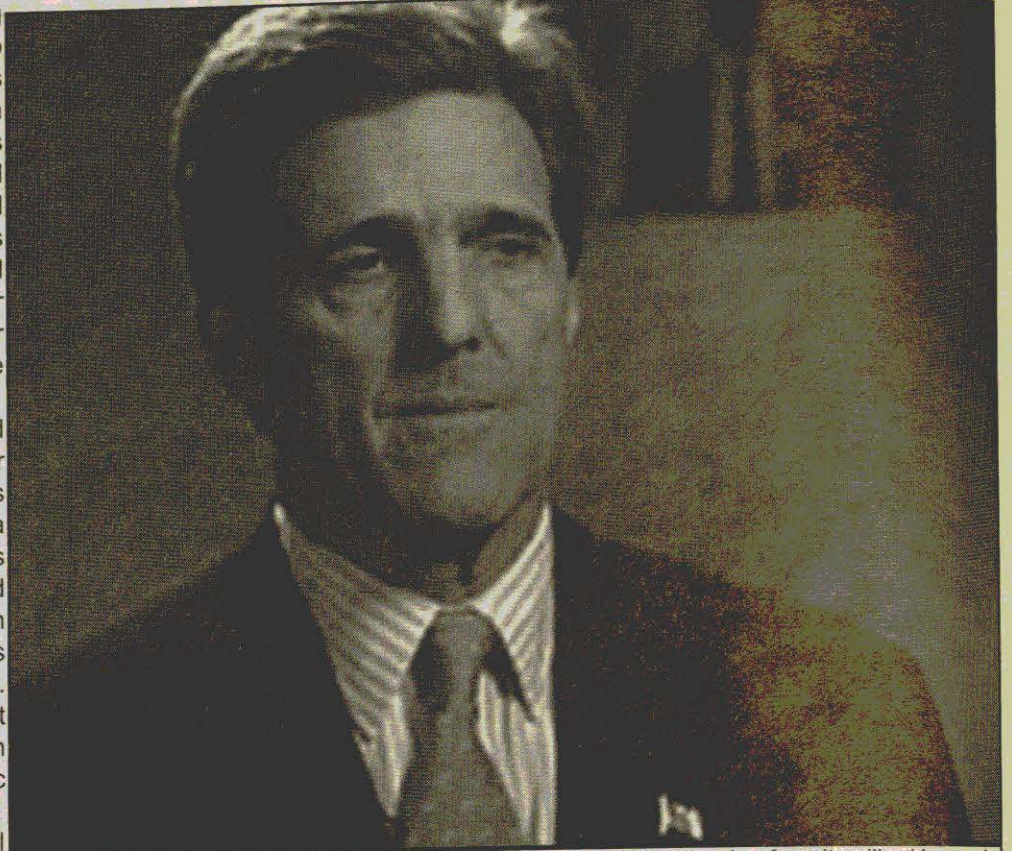
members. While we are talking about labor it would be impossible to not speak about the late James Hoffa who would have been 91 on February 14, 2004. His son James P. Hoffa is the current General President of Teamsters and Gephardt brought their support as well. The International Brotherhood of Teamsters joined with 18 other member union in the Alliance for Economic Justice to endorse Senator Kerry.

Senator Kerry has been decided upon by most of the popular establishment. With many states yet to vote or caucus this could be a double-edged sword. Democrats have struggled to present a united front. With a base so motivated in an opposition to the President this has been a beneficial stance so far. However, as it becomes clearer that Kerry is the nominee less attention will be paid to the Democratic primary process.

The Democratic National Convention is July 26-29 in Boston, MA. Someone had foresight looking towards that location.

Senator Kerry has been fueled by the media coverage of his primary success. We saw this on the February 3, 2004 primaries after success in Iowa and New Hampshire. Following 5 of 7 victories that pushed him towards to success in Michigan, Washington, and Maine.

These victories set the stage for his southern success in Tennessee and Virginia. This may mean Super Tuesday might not be so super. That Tuesday March 2, 2004 will see 10 states select a nominee. With California, New York, and Ohio included many delegates will be selected. So unfortunately the Colorado Caucuses on April 13, 2004 may not be so newsworthy.



Senator John Kerry has one in most of the democratic caucus upsetting favorites like Howard Dean and John Edwards. Photo courtesy of Associated Press.

With that all said many are looking towards November. People across the political spectrum realize how critical a time this is. In the first election since September 11, 2001 National Security will be a critical issue. The gloves have definitely come off. President Bush's service in the National Guard has been made an issue. John Kerry's involvement with Vietnam Veterans Against the War has come under scrutiny. Look for a downright nasty campaign. If you remember in 2002 the appalling tactics used to unseat Democratic incumbent Senator Max Cleland you may be prepared. Republican challenger Saxby Chambliss used images of Osama Bin Laden and Saddam Hussein in an ad saying Senator Cleland was weak on

security issues. Senator Cleland returned to the United States from service in Vietnam without both legs and his right arm.

What I envisioned was a serious debate about the national security concerns we are facing. Donna Brazile is on the Board of Advisors at the Foundation for Defense of Democracies, a terrorism think tank. She was the campaign manger for Gore-Lieberman 2000. She understands what many Democrats still fail to grasp. That no matter how compelling positions on the economy, health care, Social Security, the environment and privacy are, they all follow the primary responsibility of government. That is the defense of the nation.

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Note from the editor
and staff,



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The Reigs
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would like to send our
condolences to the family and
friends of Cory Johnson. Our
thoughts and prayers are with
you all during this difficult
stage of your lives.

Debate team exhibits Jesuit excellence

by Chris Dieterich

In recent months, television has taught both current and prospective students that Regis University's prestige and Jesuit commitment to scholastic excellence was all accomplished without a football team. What many around campus might not know is that the Regis debate team has been here all along, and has recently been making a name for themselves.

The 2003-04 debate season has already been the most accomplished in Regis history. Debaters John Rief and Brian Schrader have earned several tournament wins. At the University of Wyoming debate tournament and the Weber State University Debate Round Robin, Rief and Schrader articulated their way to first place honors. At the University of Central Oklahoma debate tournament the pair took third place.

On the weekend of February 7-8, Rief and Schrader competed in the Northwestern University debate tournament in Chicago. This recent tournament pitted Rief and Schrader against over 140 collegiate debate squads in the varsity division, including such rhetorical juggernauts as Harvard, Dartmouth and Wake Forest. The results of this year's tournament were notable for Regis. Rief and Schrader finished of 5-3 in the prelims.

This record was good enough to earn 47th place in the field, but the tally came up just shy of clearing the final round. Collegiate debate tournaments work round robin style, where eight preliminary rounds

narrow the field to a final 32 team elimination round called a double octafinal. Brian Schrader explains that their score is often good enough to make to the final round, "Typically, a finish like 5-3 will clear the preliminary round, but in this case only five of the 25 teams that were 5-3 cleared." Although the showing did not clinch a spot in the finals, Rief and Schrader came through with the highest ranking by a Regis

"The 2003-2004 debate season has already been the most accomplished in Regis history."

debate team in the Northwestern tournament.

Rief and Schrader have also competed well against other Jesuit institutions. Regis is 3-1 against its Jesuit brothers, defeating Santa Clara University and Gonzaga University twice. With only a single loss

to Georgetown, Regis is poised to go podium-to-podium with any Jesuit contender.

The Regis debate team is coached by Professor John A. Foy from the Communications department. The team is seven strong, although only Rief and Schrader travel to compete in college tournaments and invites.

For those unfamiliar with the intricacies of debate, a brief summary of the rules may be helpful. A team consists of two debaters. In a given debate season, a single topic is used throughout the entire year.

This season's topic is United States foreign policy in Europe. Debates are conducted in a cross examination style forum consisting of four nine-minute constructive speeches, followed by one three-minute cross examination and concluded with four six-minute rebuttals.

Each debate takes approximately two hours. The debates are judged primarily on the strength and development of an argument. Such intangibles as eloquence, insightfulness and humor also factor in.

Up next for the debate team is the district qualifying tournament in Las Vegas, Nevada, on February 28-29. This tournament determines what regional teams will go on to reach the national championships later this year.

Rief and Schrader will be up against nearly twenty schools all vying for a trip to big debate dance, only for district teams qualify. History bodes well for the squad, as Regis has qualified for finals the last

Regis recruiting, health policies problem free

(continued from page 1)

If an incident does occur, Regis University is prepared to help the students and all who are involved. From personal counselors, to student health services and behavioral health programs, Regis University is prepared for the worst. CHOICES, a peer educational program, staff personnel that offer support services to help Regis students gain knowledge of student issues such as sexual assault, personal safety and substance abuse. CHOICES member Arcie Martinez takes pleasure in the various programs they put on, "I feel like our programs help prevent violent acts from occurring throughout Regis' campus."

Regis also houses a Sexual Assault Prevention Committee that handles the Regis assault cases. Jeff Duggan, the Sports Information Director for the Rangers, has inquired about replacing volleyball coach Frank Lavrish as the Athletic Department's representative on the Regis University Sexual Harassment Prevention Committee. Duggan stated, "With Coach Lavrish's term of service on the Regis Sexual Harassment Prevention Committee coming to an end, I think it would be an honor to serve the Athletic Department as his replacement." Duggan then commented on the importance of such a position, "Maintaining a successful and

enjoyable university atmosphere requires that all members of our community - students, faculty and staff - feel comfortable in their environment at all times."

Regis athletic recruiting trips are considered problem free. Rookie parties are the most well known events involving athletes off-campus. In describing these parties, one senior athlete commented, "There is no hazing. Teams throw parties for the freshmen and transfers, sometimes strippers will attend. There must be consent though, from all who are involved." At most colleges and universities, rookie parties are long-standing rituals. Rookie parties are often seen as an important part of college life and many athletes look back fondly on their own rookie parties. Most high schools and colleges have influential preventative programming regarding alcohol abuse and hazing, so many students have been given the knowledge and awareness to recognize a dangerous situation. Regis athletic coaches do not authorize rookie parties, but they still occur and many student athletes are punished once discovered the party was given.

When boundaries are crossed, Regis University is ready to take action. For information on Violence Prevention call 303.458.3423. For personal counseling call 303.458.3507.

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Spring break is fun, dangerous

by Rhianna Horan

As Regis Students gleefully anticipate Spring Break this year, it is important to give fair warning about the dangers of traveling and partying too hard this vacation. Today's college student is a part of a generation whom have grown up watching the glories of MTV Spring Breaks in Cancun. A generation of students that have only seen the fun and excitement of this crazy and chaotic week. However, there are a few things to be aware of before letting it all hang out this March.



Spring-Breakers relaxing at the beautiful beaches of Cancun. photo courtesy of www.springbreak.com

First for those traveling to the lovely beaches of Mexico or the Caribbean, please remember to act in an orderly fashion when going out to the clubs. True the drinking ages in this part of the world are far younger than the legal age in the US; however, the police there still handle drunks with discontent. Disorderly conduct due to excessive alcohol use is the leading cause of tourist incarcerations in Cancun. Do not waste a perfectly good vacation behind bars, especially behind bars in Mexico. Also, before getting into an altercation with that rowdy crowd at the bar, bare in mind that individuals over the age of sixteen in this part of the world are charged as adults. In addition to the common sense knowledge of not getting into it with local police, ladies should probably also consider the consequences of getting "sloshed" and showing things that will end up getting them a cameo in the next "Girls Gone Wild" video.

Skiing and snowboarding are also a popular way to spend Spring Break in Colorado. For students that are just beginners, do not try to be a hero, swallow pride, and keep to the beginner slopes. Save the embarrassment and pain that will occur on the more advanced trails and have a good time with the kids on the bunny hill. In addition, just like mom used to say, make sure to wear sunscreen, proper eyewear and a cap. Some may laugh at this, but sunburned eyes are not a fun way to return to school after vacation. It is extremely painful. Again, this is all commonsense. And

on a brighter note for any of those out there phobic of the dangers of mountain sports, statistically, the chances of a skier being injured on the slope is far less than the chances of that same skier getting into an auto accident on the way to or from the resort. Comforting is it not?

For those students that are financially challenged, here are a few dangers to look out for while loafing around the Denver Metro area. Always be cautious of your actions while drinking and make sure to have a designated driver. A roommate may be mad to receive a call at 2am to pick up a drunk friend, but this is much better than getting a call at 2:30 am from the police with bad news.

When at a bar or club, always be aware of who is providing drinks and whether or not this person can be trusted. Date rape drugs seem to only be in the news or happen to other people, but even if a

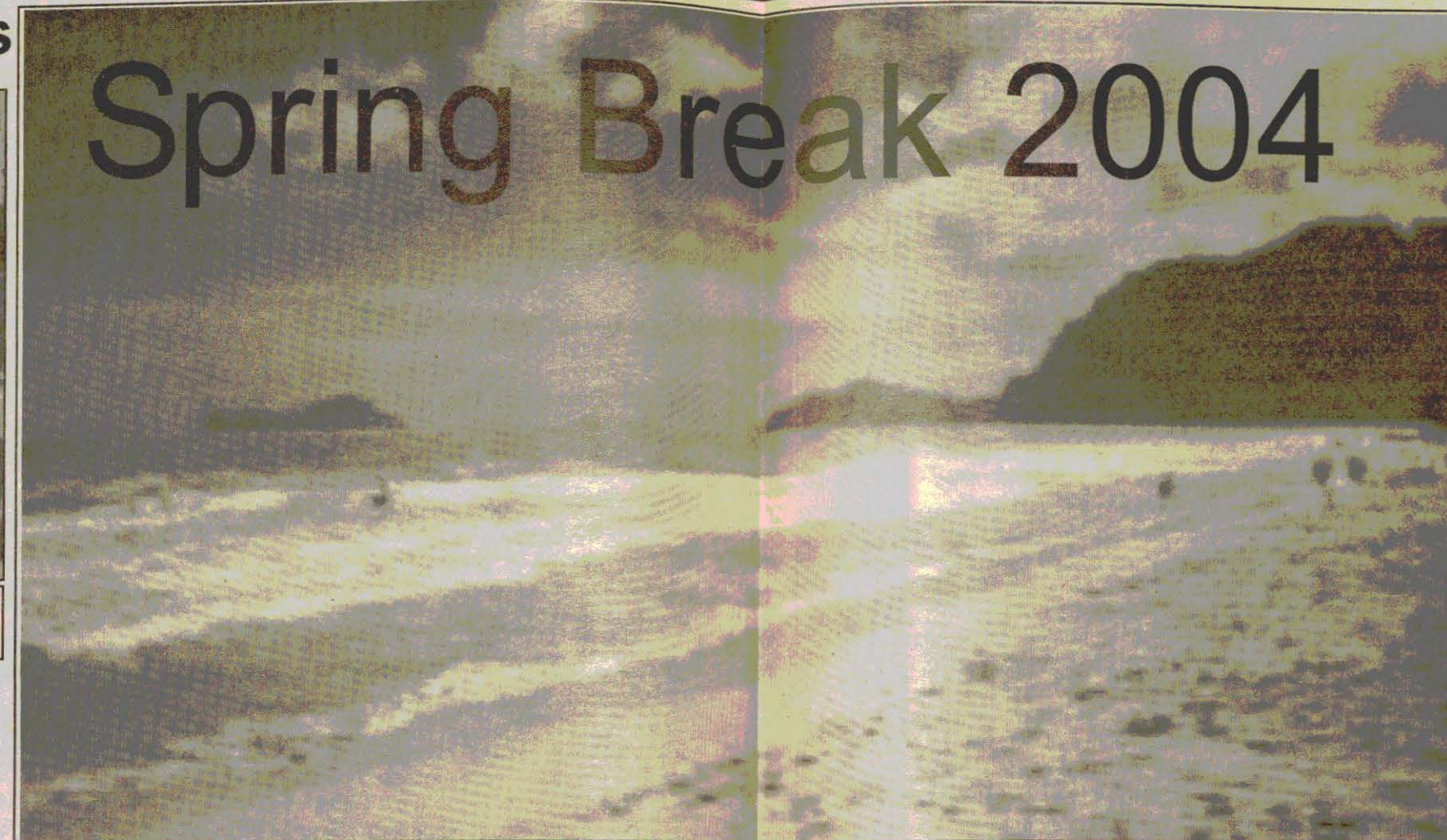
drugged drink does not lead to a rape, it can make a person extremely sick and have a horrible hangover. So guys, even if date rape is not a top concern, a terrible case of the brew flu should be enough to cause awareness of where drinks have been coming from.

Spring Break is a time to relax, a time to have fun and a time to escape the stresses of school, and this is what is most important. Do not refuse to have fun for the sake of caution, just realize that there are some dangers out there and use a little common sense when partying. This Spring Break be responsible, watch out for friends, and most importantly, come back from vacation safe and in one piece.

Things to watchout for

- Do not leave your beverage unattended.
- Be responsible for your friends.
- Wear protection against the hot sun.
- Remember "The Buddy System"

Spring Break 2004



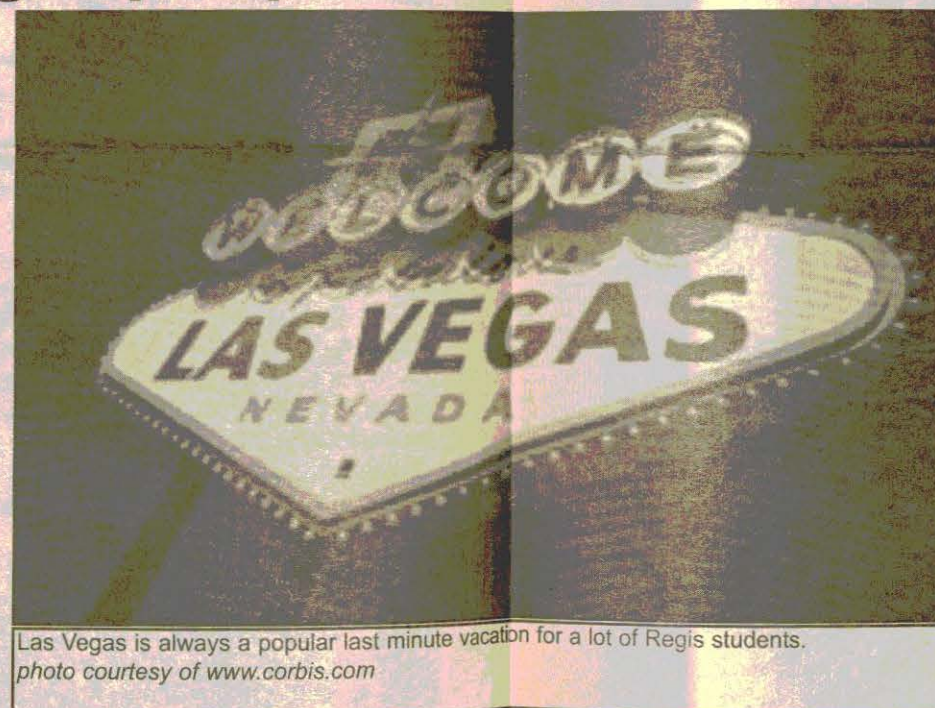
Places to go, people to see, even if it is at home

by Michael Daly

Are you sitting in class wishing you were somewhere nice and warm like the beach or do you wish you were on a mountain skiing on the beautiful snow? You must be getting spring fever. That's right spring break is only three weeks away. What are you doing? Can't decide where to go or are you a poor college student? Well you are in luck. I have just the ticket for you.

Top places to go for Spring Break:

Cancun, Mexico
California
Bahamas
Jamaica
Puerto Rico
Miami, Florida
Hawaii
Las Vegas (do you feel lucky?)
New York (cool buildings and shops)
New Orleans (parties everyday of the year)
Aspen (celebrities)
Steamboat (best ski resort)
Vail
Arizona (Grand Canyon)
Utah



Las Vegas is always a popular last minute vacation for a lot of Regis students. photo courtesy of www.corbis.com

Cheap places to go for Spring Break:

Canada (yea Canada)
Florida (beach)
Las Vegas (gambling)
New Orleans (Bourbon Street)
Montana (beautiful)
South Carolina (other beach)
South Dakota (Where?)

Wherever your car takes you
Work (fun)
Your house (free food)
A friend's house (free food)
The mountains (skiing)

If you are stuck in the dorms all week Denver has many cool things to do like ski, go downtown to the 16 street mall, watch a Nuggets game, go see a movie, a play or a concert, watch arena football, go to the mountains, go to Boulder, hang out with friends and if you did all that then you can always do homework. Have a fun and safe spring break.

Embarassing Spring Break Stories

"While on vacation in Tahiti, a cat climbed into our bungalow and got stuck on a really high mantle on the wall. I decided to use a glass top table to step on so I could reach the cat. Just as I was reaching for the cat, the glass cracked in half and I fell through the table! I cut my feet up so bad that I had to get stitches at the hospital and use a wheelchair to get around in for the rest of the trip!"

"I was in Mexico at my hotel pool trying to work on my tan. I thought it would be a good idea to untie my bikini top and avoid unwanted tan lines. At some point though, I fell asleep. and the wind must have picked up because when I woke up my bikini top was on the ground and some kids were taking pictures of my burnt boobies!"

"One time on the beach, I met this really hot girl and she asked me to rub lotion on her back. So I was doing that when all of a sudden a bird flew by and pooped on her back! I think she thought it was just more lotion and I didn't really know what to do so I just rubbed the poop in like it was lotion!"



One hot spring breaker taking a dip in the ocean. photo courtesy of www.aboutspringbreak.com

"Okay so I was hanging out with my brother and his friends. We were partying and I had to use the bathroom. I went into the bathroom and did my business. When I stood up I looked down and realized I forgot to pull my jeans down. The whole backside of my jeans was completely wet. I took my sweatshirt off and tied it around my wiats, which put me on the worst dressed list and walked back to my brother and his friends, hoping they could not smell my wet jeans."

"I went to California for Spring Break my freshman year. One day my friends and I were out by the ocean and decided to play in the waves. Not a good idea if you have a bikini on. The first wave I met took me out and sent my bikini top on its way."

Jennifer Nordsiek, FR



"It's my birthday during Spring Break so I'll probably have a big party and everyone is invited!"

Mike Montgomery, SR



"I'm going to Lake of the Ozarks in Missouri with like, ten of the soccer guys. One of us has a house out there and some boats so we're gonna go out there and hopefully get some honeys to come too!"

So, what are your plans?

Jim Morrow, SR



"I'm going to Park City to ski."

Wes Palmer and Phil Web, JR's



"We are going to Puerto Vallarta for sun and Corona's!"

Michelle Kraus, JR



"I'm going to Mexico for the Junior Seminar trip. We're going to go do community service over by Nuevo Rosita."

Jonathan Wise, SR



"I'm going to be working on my thesis and trying to find a job. My thesis is about the Logos Christology of John."

Drew's Dialogue



Andrew Walker is a Regis Senior, contributing the regular column, "Drew's Dialogue." The column is meant purely for entertainment purposes and reflects his own personal views and/or imagination.

Hello, sports fans here with another edition of sports talk. In this week's show, the topic of coaching will be brought to the table. I want to talk about what makes a good coach, and the impact that coaches have on players today. I think it is a very important issue, so without further delay, let's discuss that state of coaching in sports today.

One of my favorite books was about the life and times of Bobby Knight. Knight is a very successful college coach that has been known from time to time to lose his temper, and has had a few altercations with some of his players. He used to be the head coach at Indiana University, until he was let go a few years ago. There was an incident with a player, and the school had no choice but to let him go. Knight had been the coach for about 16 years, and was liked by many important people around the school. He did many things for the university, and its basketball program. He has won a national championship, and was the coach of the last college team to have an undefeated season.

I think the main thing about coach Knight, is that he is not the best coach for the kind of players that are coming out and playing college basketball today. As his reign at the school was coming to an end, his teams were not putting up the results like teams from the past had done. His coaching style that was so successful at the beginning was not working in the present. He has been around the game of basketball all of his life, and is very knowledgeable about the game of basketball.

I also believe that the problem with coaching today is that coaches are just looking out for themselves, and not treating these players like human beings.

Last year was a horrible year for coaching. Coaches got fired for gambling, partying with college students, going to strip clubs, and other things are putting the coaching profession in a negative light. Coaches are role models for the players, and are supposed to lead by example. They are supposed to treat their players as human beings, and realize the position that they are in.

I am not saying that all coaches have to be the players' best friend, because sometimes the player is in the wrong, but the coaches have to realize these players are human, and will make mistakes. Coaches like Knight have to realize it is time for a change. They need to realize that it is time for somebody else to have an impact on the game of basketball.

I just hope that coaches today realize the impact that they have. Bottom line is that if you are coaching for the wrong reasons, and are not leading by example, then I don't care what your name is, or what you have done for the school or community, it is time for a change. Till next time and Go Gonzaga.

Regis University baseball's "Big Three" pitching staff aspire towards an historic season in 2004

by Andrew Walker

In the 1990s, the Atlanta Braves had one of the best pitching staffs in Major League Baseball. They had three pitchers who lead the Braves to their only World Series Championship. These three pitchers were at the top of their games in the 1990s, and they all became great friends off the field. It will be a while before a pitching staff of that caliber comes around again. They were Greg Maddux, Tom Glavine, and John Smoltz.

This year's Regis men's baseball team is lead by three pitchers that want to lead the team to the school's first RMAC championship. These three gentlemen are excited about the upcoming year, and want this season to be a very special one. They are very close off the field, and are up for the challenge. Let's meet Regis University's version of the "Big Three", so here is the story of Fred Carney, Clay Tichota, and Eric Thompson.

Last year was a successful one for the Rangers. They finished with a record of 29-26, and were the fourth seed in the postseason. The baseball program has come a long way in the last four years, thanks in large part to Coach McDermott. When asked about the team goals of the upcoming season, the "Big Three" were all in agreement about what they wanted to accomplish. They want to win the RMAC. They want to be part of the team to bring home the school's first league championship. The guys have been waiting since freshman year to be looked up to as the leaders of the team, and they are ready to rock and roll in 2004.

Tichota is a senior from Littleton, Colorado. He attended Arapahoe High School, and played baseball all four years. He has a brother that goes to Montana State. He gets inspiration from his family to perform at his best every time he takes the mound. What he enjoys about

being a pitcher is that he has control of the game in his hands. He wants to be a team guy this season, and is looking forward to being a leader of this team. He hopefully wants to pitch in professional baseball.

Thompson is a senior from Morrison, Colorado. He went to Bear Creek High School where he played baseball. His step dad got him involved with the game. His step dad was his coach from little league to high school. Thompson learned a lot about the game from his dad, and is the main reason why he loves the game of

baseball. One of the biggest highlights in his career happened last year. He was the winning pitcher in the playoff game that sent rival Mesa State home. He said it was a great feeling, and he hopes to have more of those feelings this season.

Carney is also a senior this season. He was born in Koln, Germany. He also attended

Arapahoe High School. He loves the competition of baseball, and bonding with the guys. His highlight was sweeping Metro to end the regular season, and making the playoffs. He enjoyed the journey of last season, and hopes to have another great journey this season. Also, Carney is part of Regis history, because he has hit the most batters in school history. He wants this to be his best season, and hopefully lead him to playing professional baseball.

The Braves had Maddux, Glavine, and Smoltz. Regis has Carney, Thompson, and Tichota. The coaches are ready, the players are ready, are the people of Regis ready for a historic year of Regis baseball? In conclusion here is a quote from Bull Durham that sets the mood for the upcoming year. "Sometimes, you win, sometimes you lose, sometimes it snows." Think about that and come out to support the "Big Three" and the Rangers in 2004."



2004 Regis University Men's baseball team hope for great season. photo courtesy of www.regis.edu

Regis University Athletic Hall of Fame Inductees honored

by Nikki Lawson

The 2004 Regis University Athletic Hall of Fame Inductees were honored at the induction ceremony on Saturday, February 7. The 2004 class, the fifth group ever to be inducted, includes athletes Bob Fisher, Sam Radovich, Danny Newton, and Melinda Almazan-Parisi and coach/administrator Margie Mara. The 2004 inductees represent Regis athletics through a variety of time periods, sports, and positions, with all five having noteworthy, honorable careers.

Bob Fisher, the oldest member of the 2004 inductee class, competed for the Regis University Basketball team from 1946-47 and 1949-50. A two-time All-American at the National Championships, Fisher guided the 1948-49 Regis squad to a 36-3 overall record.

Sam Radovich, a stand out Ranger baseball player from 1971-1974, was named a National Association of Intercollegiate Athletics (NAIA) First Team All-American in 1972 and 1973. Radovich also was the recipient of the 1972 and 1973 Adirondack's "Big Stick Award", awarded to the top hitter in the NAIA.

Danny Newton, who competed

on the Regis Basketball team from 1987-88 and 1990-91, shined on the basketball court under current head coach Lonnie Porter. The Regis College Athlete of the Year in 1988-89 and 1990-91 is first all-time in the Ranger record books for career field goals attempted, career three-point field goals attempted, and career three-point field goals made.

A more recent athlete to compete in a Ranger uniform is 2004 inductee Melinda Almazan-Parisi. Possibly the greatest athlete to have every competed for Regis, the 1995-98 Regis Volleyball player was the 1998-99 recipient of the Honda Award, given to the NCAA II Collegiate Woman Athlete of the Year. Almazan-Parisi was also named a two-time First Team NCAA II All-American and the 1998 Regis University Female Athlete of the Year.

The final inductee, Margie Mara, was a pioneer in bringing women's athletics to the Regis campus. She served as the head volleyball coach from 1979-83 and was an Athletics Administrator from 1977-84. Mara formed Regis' first female club volleyball team in 1976 and turned the program into a varsity sport compiling a 123-74-1 overall record

as head volleyball coach.

Honored for the first time in public as inductees, the athletic careers of Fisher, Radovich, Newton, Almazan-Parisi, and Mara were highlighted at the Athletic Hall of Fame induction ceremony. Taking place in the Student Center on the morning of Saturday, February 7, the ceremony recognized the first class of inductees since 2002.

Marcia Neville, a sports columnist for the Rocky Mountain News and Sports Anchor for News 4, was the Mistress of Ceremonies. Ceremony speakers included Dr. Allan Service, Regis Provost and Vice President for Academic Affairs, Barbara Schroeder, Regis Director of Athletics, and Oliver Pertuit, Regis Men's Soccer and Basketball player.

In addition to the induction of the 2004 class into the Athletic Hall of Fame, three Outstanding Athletic Achievement Citations were given out for the first time. The Citations, aimed specifically at outstanding Regis athletes who do not meet all of the criteria for the Athletic Hall of Fame, were awarded to F.H. Landauer, a boxer, Dan Hogan, a golfer, and Laura Strickland-Richardson, a swimmer.

REGIS UNIVERSITY LATEST TEAM RECORDS



Men's Basketball	7-8 RMAC 13-10 overall
Women's Basketball	11-4 RMAC 16-7 overall
Men's Baseball	3-5 overall

Denver Nuggets post season chances hang in the balance

by Michael Pontarelli

The Denver Nuggets' outlook was extremely positive heading into the 2003-2004 NBA Season. The signing of rookie Carmello Anthony seemed to have the entire Nugget's organization poised and ready to see good things out of the young luminary.

Now, almost five months into the season the Nuggets are looking descent. The team, and the entire organization for that matter recognizes how the team has come and how far they have to go. As of Monday February 9, the Denver brought their record to 30-23 with a win over Memphis at home 86-83.



Rocky the Mountain Lion, highest paid mascot in the NBA.
photo courtesy of www.nuggets.com

Denver will face quite a tough schedule throughout the rest of the season. With the rest of February, all of March, and most of April to go the Nuggets definitely will have their work cut out for them. Denver will play thirteen home games in the remainder of the season and sixteen away; they will definitely need to play outstanding basketball if they still want to be one of the few teams standing during the post season.

At this point in the season, it will be absolutely crucial that team leaders such as Anthony and Miller take on their leadership roles and help guide the team into the post season.

The Nuggets had remarkable achievements early in the year as their record stood at 19-12 through

December 30. It seemed that Denver was going to catch fire and really explode; however, it seems that the team hit a wall shortly after their successful streak. In January the Nuggets were barely able to stay above .500, winning only 9 of 17 games.

The Nuggets will wrap up their regular season in San Antonio on Wednesday April 14.

Between now and then the team has plenty of time to take a commanding lead in the division. If the Nuggets are able to do so it will set a new precedent in the Denver Nuggets franchise for consistency throughout the entire season.

Currently the Nuggets are 7 games above .500, and if they want to keep moving forward not only will they have to play well, but key players must remain injury-free.

Colorado Mammoth, Crush offer exciting and thrilling entertainment

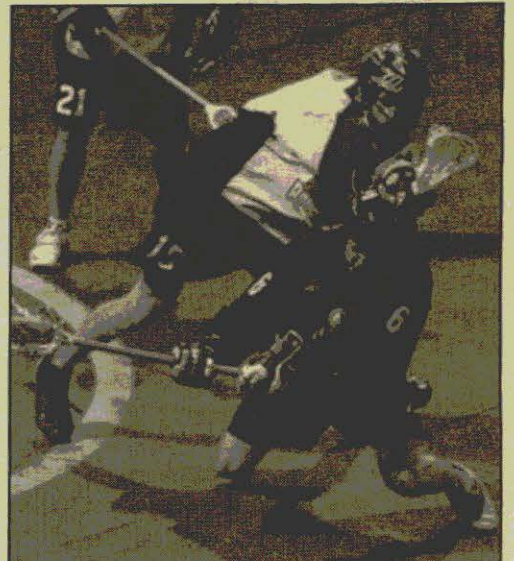
by Michael McMillan

If you have not had the experience of seeing a Colorado Mammoth game at the Pepsi Center then you are missing out on some wild entertainment. The Mammoth are one of the hottest tickets in town right now, and if you go to a game you will see why. If you do not know, the Colorado Mammoth is a new exciting professional Lacrosse team here in Denver. They play their home games at the Pepsi center, and they are a part of the National Lacrosse League.

The Mammoth are 5-2 and are leading the Western division ahead of Calgary. One of the biggest reasons people come to watch the Mammoth play is because of arguably the best lacrosse player of all time, Gary Gait. Although Gait is close to retiring he is still one of the best players in the league and he proves it night in and night out. Another player to watch is the 2003 Rookie of the Year Brian Langtry. With the possible retirement of Gait, Langtry is the Mammoth player of the future. He electrifies fans with quick moves and unbelievable goals.

If you do not happen to be a passionate sports fan, then you can still go to a Mammoth game for the entertainment value. Besides the quirky announcer, they have pre-game theatrics that will amuse your entertainment. The fireworks, motorcycles, and intense atmosphere create an event that is exhilarating to be a part of. Going to a Colorado Mammoth game will not only entertain you, but you will also have the opportunity to see one of the best lacrosse teams in the country.

If you are the type of person that is not sick of football once the NFL is over, then you can focus your attention toward the Colorado Crush. The Crush just opened their regular season on February 6 with a win against the Las Vegas Gladiators. The Crush is also something that Regis students can take advantage of because they too play their home



NLL Rookie of the Year, Brian Langtry steers by Calgary defenders.

photo courtesy of
www.coloradomammoth.com

games at the Pepsi Center.

Arena football is different from regular football because of the way that it is set up. All arena football games are played indoors and they are played on a fifty yard field. This makes the game very fast and exciting to watch because there is a lot of scoring and very little defense.

As of February 13, the Crush are 1-0 tied with Chicago in the American Central division. The Crush have seven more home games in a regular season that will run until the end of May. The Crush, like the Mammoth, is a hot ticket in Denver because of the extreme atmosphere they bring to the Pepsi Center. So if you would like to fulfill your need for football during the NFL off-season then go see the Colorado Crush at the Pepsi center.

Both of these teams are very fun to watch and they also provide their fans with a fabulous night of entertainment. All of the games for both teams are played on weekend nights, so if you are getting bored of going to the same old Regis parties, or you just want to do something different on a weekend, then go get tickets to these games because they will definitely entertain you.



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Odds & ED's



Ed Bessenbacher is a Regis Junior, contributing the regular column, "Odds & ED's." The column is meant purely for entertainment purposes and reflects his own personal views.

Let us begin lesson number one in Special Ed here at Camp Regis. Hopefully all you campers didn't get too tired at the bonfire last night because today is archery day. Wow, that sounds almost as exciting as canoeing yesterday. Ok, camp analogy done. Or is it?

I haven't been to any camps recently, in fact, I haven't been to any since seventh grade when I went to write-a-stupid-column camp. But it has been brought to my attention that this fine University we attend has some camp-like aspects to it, and I decided to set my crack squad of investigators loose on this possibility. Yeah that's right, I have an investigation posse, what have you done with your life? Worked with kids? Oh, never mind then.

Obviously you know where the mess hall is. All we need is for the workers to wear some crazy aprons that say 'one time I did drugs and they were bad -dude,' you know, one of those cool DARE aprons. Then instead of making hot dogs all the time we have pizza, comparisons stop there, but man, if that's really your name, I don't think so.

The Dayton Memorial Lagoon has been drained temporarily, but the Quad is still an ideal place to go paddling with your favorite buddy. Always go in twos though or you'll have to go to the director's office and get a talking to.

The director has to live in Main Hall. His place was always shrouded in mystery anyway so Rev. Michael Sheeran S.J., moved from University President to Camp Director. I don't think he'll mind. Then you've got the pool and all the fields over by at Athletics, and the archery range at the intramural field, and don't forget the drug-growing fields over by...oh wait that was just at that one 'special' camp I went to. Let me tell you camp isn't as fun when people are walking around with machine guns, and it's called Camp Colombia.

But here's what we don't have in common with camps, besides poison ivy and Pythons in the latrines. Camp functions in separate groups, but has an overall sense of unity and pride in itself. Regis has that some times, but usually it's just different groups functioning on their own, in their own interest and there is almost no school pride. What, that statement's too serious for you, who are you to tell me what to do? A town crier? I don't get it. Support your school, let's get some pride in ourselves.

Until the next time I profane these public reader waves, please remember: though it looks like it, and can be used in a pinch, Gold Bond medicated powder does not taste as good as powdered sugar on pancakes.

He Said/She Said ventures to get pampered at "Jazzy Nails"

by Ann Tool

You just broke up with your boyfriend; you are miserable, sad and need a little pick me up. You are stressed out and simply need a break from daily routine. You are not feeling yourself lately, maybe a little depressed. Whatever the reason, or for no reason whatsoever cruise down Lowell Boulevard to Jazzy Nails and get yourself a manicure. Everybody loves to be pampered and for ten dollars you can get a little taste of heaven.

Now, I am definitely not the type of girl who would waste money on something so lame as getting my nails done, but I must say that this experience turned me on to a whole new world of personal grooming. Jazzy Nails is a quaint little nail salon nestled in a strip mall located approximately 6 minutes north of Regis University. I was apprehensive upon entering, as I was a first timer, but the



warm reception and cheerful smiles eased my nerves instantly; I was ready to be pampered. There was nobody in

except two nail technicians (I hear that's what they prefer to be called), He Said, a bulldog (asleep on the couch), and I. The film Cruel Intentions played on a large screen at the rear of the salon. Sandi, my tech, was a friendly girl around the age of 23 -25, who happens to be the sister of the other tech. Sandi invited me to sit down in a comfy, faux leather chair, and after removing my jewelry, she got to work.

First up was a quick filing job, which Sandi could have done with her eyes closed, and then my hands soaked in a little blue dish for about five minutes to soften the skin around my nails. After soaking, I had my cuticles pushed back and trimmed, a process that involved no pain, but a few odd looking tools. Throughout this entire process, Sandi and I had a friendly conversation about a variety of topics which made the time pass quickly. The best part of the procedure came next, a hand and arm massage with a fruity smelling lotion. Although the massage was a little on the short side, it was extremely relaxing.

The finally ensued, it was time to polish. I got to pick my polish color from a rack on the wall. I wasn't too impressed with the selection, but after a quick once over I chose the lucky color that was to adorn my nails for the next few days. Bright red. I'm talking fire engine red, I figured I might as well go all out. After two coats of red and one clear topcoat, I was finished. I was pretty. Well, at least my hands were.

The whole process took about 40 minutes and every second was worth it. The experience was fabulous. I might even start to splurge every so often and return to Jazzy Nails for a few more rounds. It's that good.

by Brian Niles

Yes, I, Brian E. Niles was manicured. My cuticles were chiseled, my undersides were swept, and my nails were buffed. These however, were not the highlights of my twenty minutes of being queen, because for only three of those twenty minutes my masculinity was stroked. I wish that those three minutes of lubricated arm, hand and finger massage had lasted an eternity. Most men do not set aside thirty minutes of their day to have their nails done. Yet I believe that most men would set aside thirty minutes for a lotion arm, hand and finger massage.

It is in my opinion that the only responsibility for a male to his nails is to guarantee the proper cleanliness and length. Rather, simply to keep ones nails clean, wash your hands and remove access dirt from under the nail by any means possible. I would suggest the use of the end of a scissors or possibly another nail that possesses the desired reach.

The second requirement for my nails is the proper length. The way that I determine my own proper length is when I notice the



measurement of my nails to be too long. There is no schedule marked on my calendar, nor is there a certain length that I could equate specifically, but for the past twenty one years of my life, my nails have never caused a scratch or snag. I stick with what works.

You might be asking yourself: why has "he said" explained the process of trimming and cleaning finger nails for the past 236 words? Isn't this a practice that the majority of Regis University students have mastered? I would hope so.

The reason that I have spent nearly half of my article describing this very simple concept of ones personal hygiene is because that is how simple it really is. There is absolutely no reason for any person, male or female, to pay to have their nails chopped, cleaned, or polished. Yes, it was rather relaxing when the women massaged my forearms with lotion. Is it worth the ten dollars? No. I would have rather put those ten dollars towards something far more stimulating.

So that this article can be fair minded towards women, I will consider the access of ostentatious polishes. I do believe strongly that if the ten dollars were used for the actual polishes, you could have a different color for everyday of the week. Another question left unanswered: Why is the lady at Jazzy Nails so great at painting nails? Is it that hard to apply nail polish? I can guarantee that her training for this procedure was not a four-year program.

In retrospect of being manicured, I would say that it was rather uneventful. My nails, however, do process a certain pizzazz that they hadn't before. I, rightfully so, did not accept any form of polish application. Because I am not fancy like that, the only advice I can offer you is to procure ones nails and cough up the extra thirty dollars for a full body rub down.

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Regis students search for the best gyros in Denver

by Chris Dieterich and Mike Mahon

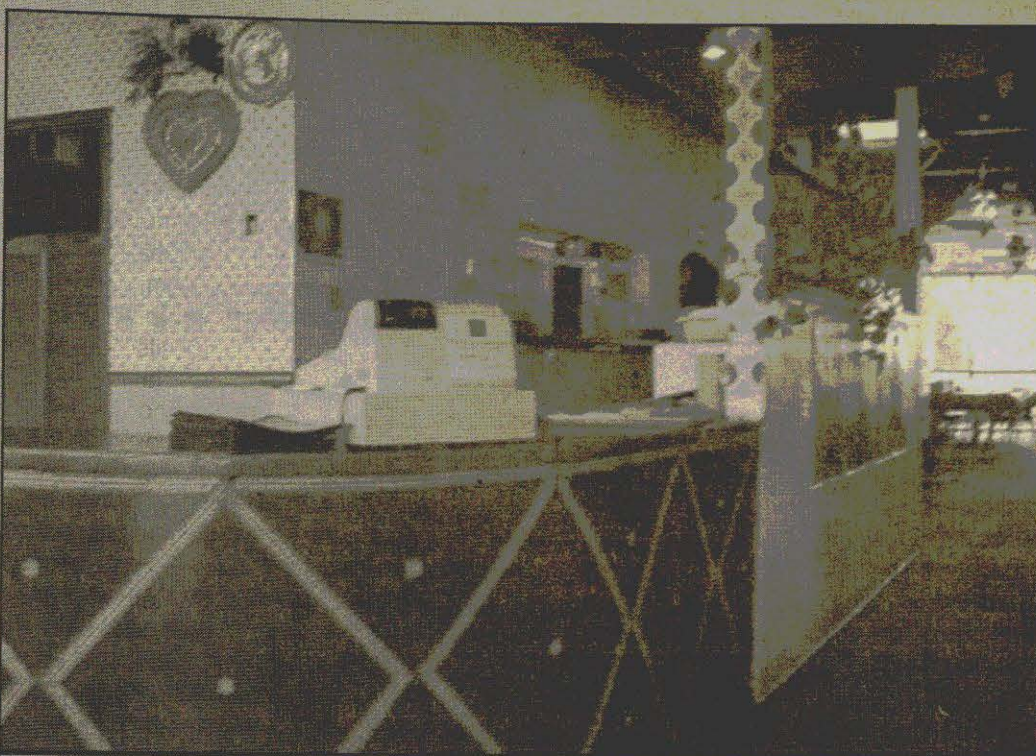
Food reviews come and go, some slip into the past without touching lives. This review, on the other hand, is one of epic enormity—a mission to find the Gyros that launched a thousand ships. Gyros are delicious... and fun to eat! Traditional Gyros come with lamb or beef, often with onions, feta and tomatoes, nestled on a pillow-like pita and covered with Tzaki (yogurt and cucumber sauce). Contrary to popular belief, Gyros are not exclusively Greek. Mediterranean trade has brought this fare eastward into collaboration with Middle Eastern cuisine. This variation comes with lamb or beef, onions, parsley, and a creamy Tahini sauce (a mixture of sesame, yogurt and lemon) on a more fragile pita. Thus, Chris and Mike set out like Achilles to instigate a Denver-wide showdown of the best Gyros in town. The winner will be glorified; the losers vanquished!

To begin the crusade, the first stop was Jerusalem restaurant on 4101 Evans. This popular DU eatery was rumored home to fabled Gyros. As the name of the restaurant implies, the Gyros dished up at Jerusalem are of Middle Eastern style. For less than five dollars, numerous types of uniquely flavored Gyros can fill up a healthy eater. Mike ordered conservatively and went with the chicken Gyros. Chris chose to immerse himself in the culture and dove into beef and lamb Gyros. The portions at Jerusalem were handsome; indeed, the venture was successful. Results from the battle of Jerusalem:

Mike-7.50
Chris-8.00

Crossing back over the Aegean Sea, we ventured into seemingly unfamiliar Gyros territory—Chesterfried, at the corner of Ralston and Wadsworth. While masquerading as a chicken joint, Chesterfried is Arvada's best-kept Gyros secret. The Greek owner decided only weeks ago to break with franchise norms and serve a taste of home. These Greek style Gyros come equipped with peppers, tomatoes, feta, and onions all on soft pita bread. The Chesterfried Gyros double as either a snack or a meal for under four dollars. Results from the battle of Chesterfried:

Mike-8.50
Chris-8.75



Damascus, located at 6520 Wadsworth, serves customers chicken gyros stuffed with meat.
photo by Dan Delaney

Further up Wadsworth, we came across a restaurant named after the oldest city in history, Damascus. Located at 6520 Wadsworth, Damascus serves Gyros similar to that of Jerusalem, but not entirely. Mike, refusing to branch out as usual, ordered chicken Gyros. Mike preferred the flavor of Damascus, for the chicken is more plentiful and the Tahini sauce was less dominating. Chris again chose tradition with lamb and beef. Although the Gyros at Damascus were stuffed with more meat, Chris found them less flavorful than Jerusalem. Results from the battle of Damascus:

Mike-9.00
Chris-7.00

Staying close to Regis, the contest continued at Ma Ti Ana's. Located on 44th and Tennyson,

this Greek restaurant is mom-and-pop operated. The traditional Greek style Gyros at Ma Ti Ana's were good, but not great. Nearly five dollars, with an additional two for a few mediocre fries, seems somewhat excessive given the other various choices. Results from the battle of Ma Ti Ana's:

Mike-7.50
Chris-7.25

All contests have favorites to win. Pete's Gyros Place located in Denver's Greek Town on 2817 E. Colfax was certainly not the underdog. For over forty years, Pete's has proudly boasted the best Gyros in Denver. Pete's bucked the use of feta cheese to make way for an especially bold Tzaki sauce. These Gyros were absolutely packed with shaved lamb and beef and plenty of onions. The Gyros were almost seven dollars, but were escorted by a hefty portion of fries. Results of the battle of Pete's:

Mike-9.25
Chris-8.50

Behold, the results are in, but divided. In our opinions, Greek style Gyros emerged triumphant. Although the winners share the same ethnic background, the competing factions have sparked another Greek civil war. Mike selects Pete's. Chris chooses Chesterfried.

Through mosh pits and all, Atmosphere rocks Fillmore Auditorium

by Justin Goldman

On Sunday February 15, 2004 Atmosphere returned to Denver to rip in on stage. The Gothic Theater was the venue of choice this time around. Atmosphere appeared in Denver just 4 1/2 months ago, tearing it up at the Fillmore Auditorium. Unfortunately it was a Clear Channel show, so the venue was only allowed to sell 300 tickets and the rest were subjected to the fees of Ticketmaster.

Both of these shows reflected these Rhymesayers Entertainers appreciation for the crowds in Colorado and specifically the Mile High City. Atmosphere is made up of Emcee Slug and DJ Mr. Dibbs with ant is the man behind the beats and he is exceptional. Seven's Travels, the latest release from Atmosphere that came out a week before last fall's September 30, 2003 show makes that clear as well. Track 15 on this album is entitled Denvemolorado.

The unique thing about this album was the amount of major label interest. The decision was made to keep it independent through their Rhymesayers Entertainment label. Based out of Minneapolis, MN Rhymesayers includes artists like Brother Ali, Eyedea, DJ Abilities, the Micranots, and Soul Position. Atmosphere brought Eyedea and



"Slug" of Atmosphere won "Artist of the Year" for 2002. Atmosphere continues his blistering 96 show national tour at the Bluebird Theater on February 27.

photo courtesy of www.startribune.com

Abilities to this label. Blueprint, the Emcee from Soul Position, made a special appearance. When he performs with Soul Position DJ RJD2 it is something special. RJD2 is known for his production work on the Definitive Jux label, which includes artists Mr. Lif and Aesop Rock. He will be appearing solo at the Bluebird Theater on February 27, 2004.

This show did not disappoint. Eyedea and Slug were both on as they dropped lyrics that included a unique freestyle where both emcee's rhymed about diapers. As he did in September's show, Mr. Dibbs played an extended Rage Against the Machine beat. A mosh pit ensued. At the September show multiple members of the Highlander staff were seen in the middle of the fray. The intimate setting of the Gothic Theatre is a benefit. Junior Tyler Mackin, a longtime Atmosphere supporter was very pleased with the show. "Slug and Eyedea stayed on point lyrically. Mr. Dibbs and Abilities showed their turntable skills. It's just a ten letter word." That refers to a line of Slug's as he describes this remarkable duo. Continue to look for solid work coming from the Rhymesayers label and expect them to return to Colorado in the near future.

Calendar

February 23-March 15

REGIS Sports

2/26	Women's Basketball@Colo. School of Mines	6:00pm
2/26	Men's Basketball@Colo. School of Mines	8:00pm
2/28	Women's Basketball@Colo. Christian Univ.	5:00pm
2/28	Men's Basketball@Colo. Christian Univ.	7:00pm
2/28-3/7	Men's Baseball in Homestead, FL	
3/3	Women's and Men's RMAC/Wells Fargo Shootout Quarterfinals	TBA @ World Arena, Colo. Springs, CO
3/6-7		
3/9	Men's Baseball v. Metro State	2:00pm

Denver Events

02/27	The Big Wu @ Fox
02/28	Tinkers Punishment @ Gothic
02/29	Neil Young & Crazy Horse @ World Arena
03/01	O.A.R. @ The Fillmore
03/02	Keb' Mo' @ The Fillmore
03/03	The Big Wu @ Gothic
03/05-03/06	Melissa Etheridge @ The Fillmore
03/05	Derek Trucks Band @ Fox
03/06	Jeff Austin (YMSB) & Chris Castino (The Big Wu) @ Fox
03/06	Derek Trucks Band @ Gothic
03/10	Sam Bush @ Gothic

Have an activity you would like included on the community calendar?

The calendar needs your stuff!!

send your favorite local band's schedule, an activity your club is hosting, or a sporting event no one should miss!

**e-mail it to the highlander:
highlander@regis.edu**

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