Dear Colleagues,

The Spanish word of thanksgiving, gracias, reminds us that gratitude and grace share the same etymological and spiritual roots. More than simple words of thanks, gratefulness is “appreciation of unearned favor, intentionally given.” When we say we are grateful, then, we acknowledge that what we received was a gift — not earned.

St. Ignatius calls us to be grateful, re-orienting ourselves to be open to gifts and open to God, the giver of all gifts. This attitude is all the more necessary (and radical) this year. Since gratitude is an essential part of Ignatian spirituality and the Jesuit way, let’s make it more visible here at Regis.

As we prepare for Thanksgiving, we invite you to share your gratitude by recognizing an outstanding co-worker and the impact that person has on others. Follow this link to share your gratitude today. In January, your message of gratitude to your colleague will be delivered via email and (where possible) with a small gratitude stone, as a positive way to welcome the new year.
Though small in size, the intent is filled with hope, appreciation, and — recognition of God’s work all around us.

Gratefully,
Rev. John P. Fitzgibbons, S.J.
President