



*From the Office of the President*

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REGIS UNIVERSITY | DENVER, COLORADO

**Safeguards and Resources for COVID-19**  
**Office of the President**  
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To the Regis community:

As many of you are aware, the coronavirus disease outbreak is evolving rapidly as there are now confirmed cases in 50 countries including the United States. As spring nears, and notably our traditional students take a break next week, I am writing to encourage everyone to stay informed and follow best practices, whether you are at home, work or traveling.

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person.

There are now 14 confirmed cases in the country, almost all due to exposure during travel. Patients with COVID-19 have had mild to severe respiratory illness with symptoms of fever, cough and shortness of breath. Severe cases have pneumonia in both lungs.

The University is closely monitoring information about the spread of the disease and is in close communication with public health officials. Our Global Education department is in touch with students who are studying abroad.

The goal now is to contain the spread of the disease, so the best advice to protect yourself and your community is to follow these guidelines:

- If you are experiencing fever, cough, or if you are having difficulty breathing, you are urged to seek medical attention.
- If you are ill, do not physically attend classes, work, or University events. Stay home except when seeking medical care and avoid contact with others.
- Cover your mouth and nose with a tissue or your shirtsleeve (not your hands) when coughing and sneezing. Wash your hands with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Avoid touching your face, especially your eyes, nose and mouth, without having thoroughly washed your hands first, especially before consuming beverages or food.

While the Centers for Disease Control and Prevention (CDC) reports the immediate risk of this new virus to the American public is believed to be low right now, everyone needs to do their part



to help prevent the spread of the disease. We encourage all Regis community members to consult the following reliable resources in order to stay informed regarding the evolving situation:

- CDC's COVID-19 general information and updates: <https://www.cdc.gov/coronavirus/2019ncov/index.html>
- CDC's COVID-19 information for travel: <https://www.cdc.gov/coronavirus/2019ncov/travelers/index.html>
- WHO (World Health Organization) Coronavirus information: <https://www.who.int/news-room/qa-detail/q-a-coronaviruses>

For those students who are on break next week, please have a joyous and relaxing time whether you are home with family and friends or exploring a new part of the world. We look forward to your return. For the entire Regis community, from alumni and parents to staff, faculty and students on our campuses and around the world, I hope this letter finds you in good health and spirits. Please join me in offering prayers of support to those who are working around the world to provide medical supplies and assistance to address this risk to public health.

Gratefully,

Rev. John P. Fitzgibbons, S.J.  
President