



From the Office of the President

John P. Fitzgibbons, S.J.
REGIS UNIVERSITY | DENVER, COLORADO

**Ramadan Greetings from the President
Office of the President
May 8th, 2019**

Dear Regis University Community,

The holy month of Ramadan 2019 began in the evening of Sunday, May 5 and ends in the evening of Tuesday, June 4.

Ramadan is the ninth month of the Islamic calendar, a holy time of fasting for many Muslims in the United States and around the world. Many Muslims fast from all food and drink during the daylight hours, read the whole of the Qur'an, and make special efforts for acts of charity. Fighting is not allowed during this period.

This Fast is one of the Five Pillars (fundamental religious duties) of Islam. It is a time of self-examination and increased religious devotion.

The practices of Ramadan are done out of deep love for God, with a genuine virtue of devotion, honest dedication and closeness to Allah, for this fasting is for Allah and Allah alone.

We invite the Regis community to mark this holy season by offering blessings and support to our Muslim friends, neighbors and colleagues by rejecting all forms of islamophobia and anti-Muslim bias in our community.

To our Muslim colleagues and students, their families and communities, may this be a month of renewal and healing. May Allah always guide you and may His blessings shine upon you.

Gratefully,

John P. Fitzgibbons, S.J.
President