

Regis University

## ePublications at Regis University

---

Highlander - Regis University's Student-Written  
Newspaper

Archives and Special Collections

---

11-23-1993

### 1993 Highlander Vol 75 No 7 November 23, 1993

Follow this and additional works at: <https://epublications.regis.edu/highlander>



Part of the [Catholic Studies Commons](#), and the [Education Commons](#)

---

#### Recommended Citation

"1993 Highlander Vol 75 No 7 November 23, 1993" (1993). *Highlander - Regis University's Student-Written Newspaper*. 35.

<https://epublications.regis.edu/highlander/35>

This Book is brought to you for free and open access by the Archives and Special Collections at ePublications at Regis University. It has been accepted for inclusion in Highlander - Regis University's Student-Written Newspaper by an authorized administrator of ePublications at Regis University. For more information, please contact [epublications@regis.edu](mailto:epublications@regis.edu).

**Hepatitis B: Are you at risk?**  
See Pages 6 and 7

**Women's Volleyball to compete at nationals!**  
See Page 10

Regis University's

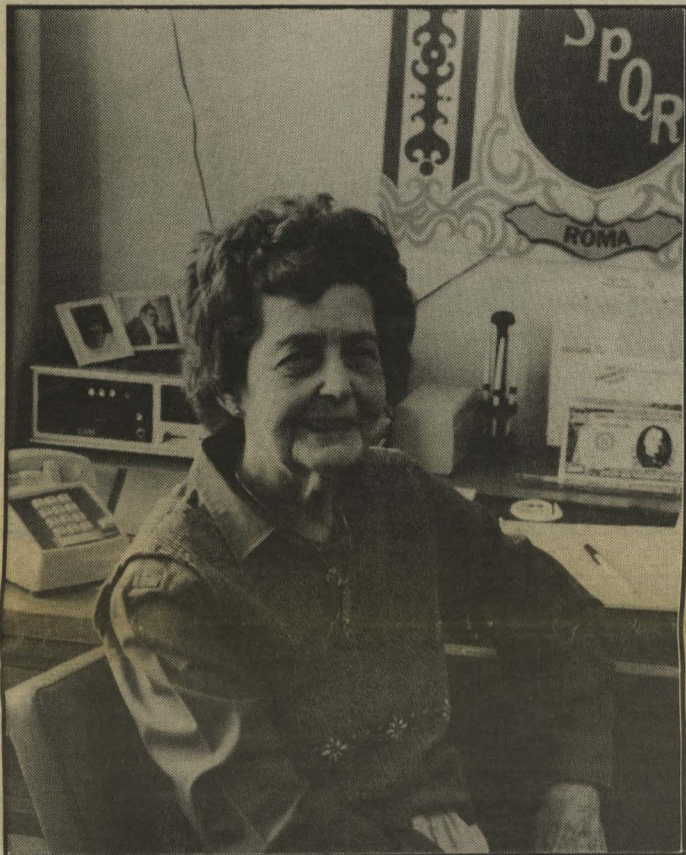
# HIGHLANDER

Vol. 75 No.7

Denver, Colorado

November 23, 1993

## Latin Teacher "Seizes the Day"



Latin teacher Naidyne Brown-Bridwell has been teaching Latin since 1945, and she feels it is a basic language.

Andreatta Grisenti/Highlander

by **Andreatta Grisenti**  
Staff Reporter

Naidyne Brown-Bridwell has been studying Latin since she was 10 years old. She has been teaching it since 1945. In her spare time, she reads Latin literature—especially works by Virgil, her favorite author. Next summer, she's pursuing her Latin studies in Rome.

Obviously, Latin is her passion.

"I became interested in Latin when I was young and read a book from the library about 'our little Roman cousins,'" she explains. "The idea of Rome being a big city 2,000 years ago fascinated me." As a child, she pursued her interest by learning to recite "Twinkle, Twinkle, Little Star" in Latin.

Later, she studied at Georgetown College in Kentucky, where she is originally from. She then received her master's degree from the University of Michigan. She has also studied Latin at the University of Cin-

cinnati and Northwestern University and at the American School of Classical Studies in Athens, Greece.

Brown-Bridwell just found out that she will be able to continue her Latin studies in Rome next summer. She is one of about 12 people accepted to study with a priest who is on the staff at the Gregorian University and is the papal Latin secretary.

"He translates every document the Vatican receives into Latin and has a unique way of translating," she says.

For eight weeks, Brown-Bridwell will travel to various sites in Rome, which have either historical or archaeological significance, and read Latin literature related to the area.

"All I can take with me to these sites are a Latin dictionary and a Latin grammar," she comments.

Brown-Bridwell arrived at Regis in 1985 and has helped keep the classical language department alive. In addition

to Latin, she teaches Greek.

Brown-Bridwell's enthusiasm for her "favorite language" is the basis of her teaching philosophy.

"Basically, you have to feel there's a need for what you teach," she says. "You have to enjoy what you teach, and you have to enjoy being with students."

Anyone who takes a class from Brown-Bridwell sees that she enjoys what she does. Although many people might dismiss Latin as an "obsolete" language, Brown-Bridwell promotes Latin's usefulness as the "basic language."

"I believe, for English-speaking people, studying Latin is almost a necessity," she says. "It helps you understand your own language and helps improve your use of English."

Brown-Bridwell says "carpe diem" is one of her favorite Latin quotes. This saying seems to epitomize Brown-Bridwell's

## Referendum Gauges Student Opinions

by **Amy Everitt**  
Staff Reporter

On Wednesday, November 17 and Thursday, November 18, the students got a chance to voice their opinions on such issues as health care, security and student activity fees. About 200 students voted.

"The results will be used as a gauge of the students' opinions and then used for future policies." Says President Dominic Dezzutti. "This is a good way for the entire student body to inform the groups that can make change as to what they want."

On the Health Care Referendum, which read, "Would you be in favor of a five dollar increase, per semester, that would fund hours extension of the Health Center to 8 pm Monday through Thursday?" 60% of the students said no.

There will not be a health care fee increase, but the Executive Board is continuing to explore their options. Vice President of Student Sen-

ate, Marguerite Toledo, has been working with the director of the Life Directions Center, Joe Giacalone, to try and work something out. "He has been very helpful so far and he likes student feedback. A lot of the ballots had comments on them, and we can use those to try and help the students," says Marguerite.

Another issue on the ballot was increasing the student activity fee by five dollars. The question read, "Would you be in favor of a five dollar increase in the student activity fee that was specifically earmarked for clubs?" The students were very split on this decision, and the result came out to be 51% in favor and 49% against.

Now this issue must be voted on by the Student Senate. "This issue was on the ballot so we could make sure that the Student Senate wasn't acting in the reverse of what the students wanted," says Marguerite. Depending on what the results of that vote are, the increase in fees won't take effect before Fall

of 1994. It must pass by December, however, or it will not take effect until Fall of 1995.

The specific purpose of this proposal was to give the smaller clubs a larger budget. "The larger organizations like Executive Board, PAC and the Highlander have enough money that one bad year won't hurt them too much," states Dominic, "but the smaller clubs, like French Club and Philosophy Club only have an \$85 budget. This increase would give them more money to provide better activities for everyone on campus."

The students also voted on a security issue on the request of Father Sheeran. The question read, "Would you be in favor of security gates being utilized in the evening hours at 2 proposed entrance exits?" 64% of the students said they would be in favor.

See Referendum  
on Pg. 2

## Wrap Party for the Homeless

by **Mario Eason**  
Staff Reporter

Saturday, November 20, marked the second annual Father Woody Wrap Party. A program first brought to Regis University by Dr. Victoria McCabe last year. It has since grown in effort. Regis students, staff, and faculty all gathered Saturday to wrap gifts donated by those who came for the sake of the less fortunate. The day went smooth, even the weather was cooperative. The sun was shining and the sky was as bright as those who attended.

Father Woody is the person for whom this special day was dedicated. He spent most of his years helping the homeless. No one ever believes that they could become homeless, including the homeless. In a country as free as America it does not seem likely that such an existence is possible. Reality shows us otherwise. Such

an existence is present, and organizations around the country are working to address the needs of the homeless. The students at Regis have also shown a commitment to the homeless through events like the Fr. Woody Wrap Party.

The accomplishment this weekend was overwhelming. Within three hours, well over 550 gifts were wrapped for needy men, women, and children. Over 100 students graced this event with their presence. Many students stayed long enough to wrap their gift and to get a hearty helping food. Dr. McCabe made a variety of great home-cooked food. Included in the buffet was posole, tamale pie, salad, fruit salad, cookies, cake, pies, muffins and much more. Dan DeLaTory donated food from MexiDan's which was consumed with appreciation.

See Wrap Party  
on Pg. 12

# The Regis Scene

Debbie Hall, left, the workshop for Choices, planned Alcohol Awareness Week. She and Mary Witt, a volunteer, sat at a booth in the Student Center handing out pamphlets and showing an educational video about making wise decisions when drinking. They also encouraged people to pledge to drink no more than three drinks over the weekend and to hang the sobriety pledges on the "Tree of Life."

Andreatta Grisenti/Highlander



Kris Heuton, the assistant editor of the *Ranger*, helped move a dry-erase board into the new yearbook office in the Media Center. The basement of the Student Center now also houses the newspaper and radio station staffs.

Andreatta Grisenti/Highlander



Luke Richardson played a video game during the Alcohol Awareness Week dance in the pub.

Andreatta Grisenti/Highlander

Katherine Brown, Kate Barnes and Joe Zemick enjoyed the Good Vibrations dance in the pub during Alcohol Awareness Week. The Choices un-bar was available to help promote alternatives to drinking alcohol.

Andreatta Grisenti/Highlander



# Regis History: Fort Regis?

by Mario Eason  
Staff Reporter

Did you know Regis played a big role in World War II? In May of 1943, "the campus of Regis College was cleared of practically every college man who was eligible for service in defense of our nation." That following September, "Regis college formally received into its halls and classrooms the khaki of the United States Army. A unit of the Army Specialized Training Program, specializing in the elements of basic engineering, moved bag and baggage into Carroll Hall and occupied every inch of space to accommodate its number of approximately 300 Army men."

That is correct, Regis housed and educated United States Army troops before being shipped off to war. All information has been compiled from the Brown and Gold magazine dated April 20, 1944.

The remaining Regis population continued with the normal school year uninterrupted. The only difference was the absence of several friends and the presence of 300 Army troops. "A note of sadness palled the brisk air of autumn with word of the death of former classmate and Regis student, Capt. William F. McKenna, killed in a training air

accident." News of former Regis students being killed filled the minds of the present students.

The troops eventually were ordered to close up camp at Regis and were gone by April 1, 1944.

A few of the Jesuits attended lectures and meetings around the country concerning "Post War Planning." This was done after trips to unnamed eastern cities. Some Jesuits did their share in the Army such as Father Leo Burns who was a captain in the U.S. Army. From the time the men were first recruited in May of 1943 to April of 1944, the Brown and Gold was suspended for undisclosed reasons. However, with a determined and shrunken staff, the Brown and Gold served as an informative magazine for the "over five hundred Regis college alumni in the armed forces of the United States. Through it, John Smith in Australia will know where his classmate, Bill Jones, is now stationed and what he is doing."

As students of Regis University we should be proud knowing that our predecessors served proudly the unfortunate troops that were recruited into the Second World War.

Regis History is a new feature to The Highlander. It is compiled from past issues of the Brown and Gold, the Highlander's predecessor.

## Sophomore Seminar Combines Science and Service

by Tom Lastrom  
Staff Reporter

On Saturday, November 11, Dr. James Giulianelli's sophomore seminar class, science, society, and service, put on a hands-on science experience for kids mainly from nearby Edison and Centennial elementary schools. Nearly forty kids from grades two through five attended this event. Assisting the class was Steve Spangler who has a science segment every Saturday morning on channel 4. Summer Harschman was an intricate part of putting on this event. She made the calls to the schools, and did a lot of the behind the scenes work to make Science Saturday a success.

The idea was to invite kids to show that science isn't a drag, but that science is fun. Dr. Giulianelli, who has a long history of putting on science shows for kids, trained his students in the activi-

ties that will be presented, and assist them in the presentation. Dr. Giulianelli's students, also called science coaches, were assigned two or three students to take them through the fun house of science. They helped the kids make silly putty, slime, glop, and experimented with polymer.

Many of the students were a little nervous, and thoughts of failure and keeping the kids' attention ran through their minds. When Saturday came, it was a huge success. The nervousness went away, and it was replaced with fun. Everyone in the class had a good time showing the kids some science, and the highlight for the kids was the neat stuff they got to play with.

Dr. Giulianelli counted this as one of the service projects required for the class, but many students would have participated even if they didn't receive credit for the class.

## Referendum Continued From Page 1

The question, "Is there a club that is not on campus, that you would like to be a part of?" was also asked. There was an overwhelming response asking for a skiing or outdoor club.

Overall, the Executive Board was very pleased with the voting. It was a good opportunity to

hear student input and gain valuable information. They were especially impressed with all the comments they received.

The Executive Board would also like to thank the Vice-President of Student Life, Tom Reynolds for being so helpful and open with them.



ELS Student Lydia Illescas has enjoyed her stay here at Regis

Andreatta Grisenti/Highlander

## ELS Profile: Lydia Illescas

by Mario Eason  
and Tillie Sanchez

"How's the weather outside? Is it cold?" This is something commonly heard by Lydia Illescas' roommate Jenny Hamilton. Lydia is here studying English in the ELS program from Madrid, Spain. She finished her business studies in Madrid this past July and has been with us here at Regis since August.

Lydia told us in an interview that she likes all of the friendly and funny friends that she has made in the dorms and school. "I never thought that I would meet so many people." Be-

sides her friends, Lydia also enjoys the mountains, the zoo, the people, and shopping at Boulder and Downtown.

When Lydia first arrived she lived in a homestay with a woman and her daughter, but did not care for it too much. She had spent too much time alone there and decided that living in the dorms was a better idea. Lydia is much happier now with her roommate, International Host, Jenny Hamilton. She said her roommate is very helpful in English and likes that Jenny is there for her often.

When Lydia returns home she would like to find work in Marketing. Miss Illescas also can not wait to see her sister whom she misses very much. Like

many of us with close siblings Lydia misses the companionship of her sister. But, when she does leave she will also miss all of her new found friends and skiing.

While Lydia is not hanging out with her friends or studying English she enjoys the movies, reggae music, tennis and swimming. Miss Illescas' time is almost up at Regis. She is in level 108 and will graduate soon. Lydia has found that learning English is difficult but feels that she has reached her full potential. As friends, we feel that she has succeeded in obtaining a strong grasp on the language. Lydia proved so by becoming the top ELS student in level 107. Congratulations and good luck Lydia!

Temple Buell Theatre  
Presents  
**Miss Saigon**  
Tickets on sale now for Dec. 18, 8 p.m.  
Tickets are \$60.00  
Available at the Info. Desk



PAC



## Don't give us the last word !

The Highlander encourages letters from readers. All letters must have a full name and phone number where the author can be reached. The Highlander reserves the right to edit any letters. Send your response to the Highlander, Student Center 211, Lowell Campus, Denver, CO.80221. The highlander is published every other week, 16 times per year. Submissions for each issue are due by 5 p.m. the Thursday before each run date, unless other arrangements have been made.

# Editorials

Regis University  
**Highlander**  
Editorial & Managerial Staff

**Editor**  
Tillie Sanchez

**Assitant Editor**  
Sean McNamara

<b>Entertainment Editor</b> Barb Shockley	<b>Copy Editors</b> Jennifer Susich Kate Barnes
<b>Photo Editors</b> Andreatta Grisenti Heather Baniszewski	<b>Sports Editor</b> Kevin Catron
<b>Business Manager</b> Tom Lastrom	<b>Workshop</b> Tammy Brannen
<b>Ad Manager</b> Lisa Lombard	<b>Faculty Advisor</b> Dr. Janellen Hill Smith

## Don't give us the last word!

The Highlander encourages letters from readers. Send your response to the Highlander, Student Center 211, Lowell Campus, Denver, CO. 80221.

### Deadline/Publishing Dates

Deadline	Publishing Date
Issue #6 Nov.1	Nov.11
Issue #7 Nov.15	Nov.23
Issue #8 Nov.29	Dec.9

Submissions for each issue are due by 5 p.m. the Thursday before each run date, unless other arrangements have been made.

**Editor's Note:** In the previous edition of the Highlander, Katie Walsh and Brynna Wortham's names were omitted from the list of Mexico/Belize participants.

The Highlander welcomes and encourages Letters to the Editor, but letters must be accompanied by the full name of the author and a phone number where the author can be reached. Letters submitted without proof of authorship will not be printed.

## Self Help Groups

National Clearinghouse for Alcohol and Drug Information (NCADI)  
1-800-729-6686

Drug Abuse Treatment Referral Hotline (alcohol and other drugs)  
1-800-662-HELP

Alcoholics Anonymous World Services  
212-686-1100

Al-Anon Family Group Headquarters (parents, relatives and friends of an alcoholic)  
212-302-7240 or 1-800-344-2666

Adult Children of Alcoholics (adults whose parents and/or grandparents are/were alcoholics)  
310-534-1815

## From the Office of the President by Dom Dezzutti

"Ask and you shall receive!" I asked this student body to speak their mind and voice their concerns on the student referendum. I am happy to say that many of you took up my challenge and voted. Although the referendum did not get response from all of the students at Regis, I still believe that the referendum was a huge success. Be proud Regis, your voice is going to be heard, as long as you voiced it.

Results wise, the referendum shows the definite concerns of the Regis student body. The vote was very positive in favor of future security measures at Regis. In response to the question, "Would you be in favor of security gates being utilized in the evening hours at 2 proposed entrance/exits?", 64% voted in favor and 36% opposed. This represented our most lopsided result. It's good to know that the administration will know where the average student opinion lies. If the students are concerned about the future security of this campus, its good to know that the administration

can guide future campus changes around this opinion. I also think that this result was a sign that the students at Regis are looking toward the future and have the ability to think in the long term. This ability is vital for people who want to bring positive change.

The other races were tighter. When the question, "Would you be in favor of a five dollar increase, per semester, on the Health and Counseling fee, that would fund hours extension of the Health Center to 8pm Monday through Thursday?", the students of Regis voted 40% in favor and 60% opposed. Even though this option was not widely supported, the comments on the ballots seemed to suggest a real concern for the Health Care provided at Regis. Rest assured that the Health Care issue will not be closed just because the vote is over. It is this student government's duty to help make sure all of the needs of this community are met. We will continue to work on options of this issue so that they better the Regis community.

Finally, our closest race came on the question, "Would you be in favor of a five dollar increase in the Student Activity Fee, per semester, that was specifically earmarked for clubs?". In re-

sponse to this question, 51% voted in favor and 49% opposed. This literally came down to a couple votes. Regardless of how close the vote was, it says two things to me about the attitude toward the student activity fee. Many people who voted no still wanted to be a part of an outdoor or specific interest club. Secondly, people are concerned in the way that money is spent in student government. I do not blame them for that concern. If anything, it makes me happy that people actually notice whose money we are spending. I am dedicating the next two months of my administration to streamlining student government and making it a group that meets the needs of the people that it represents.

Regis, I am very proud of you! Thank you for speaking your mind, pro or con. You have exercised a privilege that other colleges don't have. I am dedicating to you that your voice will be heard to the administration. Look for future news in this article. With your comments and support, we are about to shake things up!

Boom! Boom! Boom!

His body crumples to the ground. A kick in the groin. Another blow to the head. One to the stomach. Now the attacker is on him. Arms pounding, body in full thrust forward. BOOM! Get him good, yes, this will teach him to throw insults.

The victim's crime? A bad attitude, imprudence, maybe too much alcohol. But worst of all he shot his mouth off. That was his biggest mistake. I mean, he really had it coming.

And so it goes. Once again, another act of violence is written off, justified, excused, because the victim had it coming.

This is always the logic of violence. Violence depends on turning the enemy into a non-person, an agitator, or in the words of a recent President, "a thug." And so I have every right to blow you, your villages, and your children into the sky. After all, you had it coming.

The Indians were clearly savages. BOOM! The Jesuit martyrs were communist subversives. POW! Oscar Romero was a dangerous threat to national security. Stephen Biko. Martin Luther King. Anwar Sadat. BOOM! BOOM! BOOM!

Violence is such a part of our lives, we numb ourselves with lousey statements like "She was just in the wrong place at the wrong time." Again, the victim bears the guilt, and we fail to

## Notes from the Barrio by Christopher Pramuk

express our secret intuition that really THERE IS NO "RIGHT" PLACE FOR VIOLENCE AGAINST ANOTHER HUMAN BEING.

Hollywood knows nothing and cares less about conflict resolution that does not involve violence. You're in my way, POW!, a shot to the center of your forehead with my trusty .38 caliber friend. Or maybe I'll drive a bulldozer through your living room. That would be cool. I might even impale your lifeless body on a flagpole for effect. "That will teach you to get in my way." It's icing on the cake when our macho hero gets the girl and rides off into the sunset (into bed, that is). It's all very romantic.

The logic of violence is even more persuasive when combined with a good dose of religious righteousness. Thus, homosexuals cannot be accepted because "it's not Biblical." Gays and lesbians, BOOM! Doctors who perform abortions, BOOM!

Throw in a firm doctrine of Hell and one has the ultimate justification for violence, a divine license to kill: God punishes evil with fire, so why shouldn't we? How about that wonderful scene in the movie

"GHOST" when the seedy street thug gets nailed by a car. As he breathes his last, a swarm of howling spirits drags him screaming down to the Underworld. We're all expected to cheer with delight, of course, at this just fate: clearly, this guy had it coming.

Finally, with righteous support from the God of Hellfire, the logic of violence gets codified into civil law. Colorado passes the aptly named "Make My Day" law, and former Governor Lamb -- indeed, with every politician who expects to gain office in this country -- cries out fervently for a renewed enforcement of the death penalty.

"Die murderer! Throw the switch." ZAP! We watch uneasily for a minute or two, there's a final quiver, and then, thank God, all is well again on the streets of America.

Who are we kidding? Violence begets violence, and we are heading for hell TOGETHER. That's it, we know it, and yet the same dismal history repeats itself. Or have we forgotten the story of a dangerous Jewish subversive who was nailed to a tree by the Roman Empire?

BOOM!, as nails drive into flesh. It's alright. Just ask the crowds, he had it coming.



## An Open Letter to Regis Faculty & Students About "Violence & Youth"

We hear much these days about the violence of our society -- especially about the shocking spread of violence among young people. It has touched some of us directly -- here at Regis, in North Denver, or in our home neighborhoods and cities. It affects all of us.

Yet once we get beyond the headlines, we know that the problem is really a compilation of many interrelated problems -- from the breakdown of families and the spread of abusive relationships to poverty and hopelessness mixed with greed and a culture-wide worship of force. The problems are complex, but they're not ones we can afford to ignore or attempt to "resolve" with simplistic cliches and unfounded stereotypes.

Thus we in Regis' Faith & Justice Institute are calling for a time of thought and discussion on "Violence & Youth" at the Lowell campus during the last week of February. We're calling for a "teach-in" where we can learn from speakers and teachers and from each other -- about growing violence, especially among youth, but also about alternatives to violence, about things people are doing to counteract fear and engender hope, about what faith calls us to and what justice demands.

The Faith & Justice Institute will bring speakers to Regis during the week of February 21. We'll arrange for campus wide programming. But we also invite your help and participation.

We welcome your suggestions for speakers or other events which we might sponsor during the week. But we'd also ask you -- student groups, campus organizations, academic departments in Regis College and the School of Health Care Professions -- to join us by devoting time during your meetings and activities that week to discussion of this topic.

Most specifically, we'd ask faculty (and students) to plan to take a class period during that week for such discussion -- perhaps even devoting a special section of your courses to material which relates in some way to the problem of youth & violence.

Jamie Birge (Center for Service Learning)

Sr. Ann Goggin (Campus Ministry)

Janellen Hill Smith (Communication Arts)

John Kane (Religious Studies)

Tom Reynolds (Vice President for Student Life)

Amy Proctor (Campus Ministry)

Matt Klene (Workshop, Faith & Justice Institute)

Desi Sanchez (PAC Lecture Chair)

Tillie Sanchez (Editor-in-Chief of the Highlander)

## Regis Students Participate in Summer Program

by **Tim Kazmerski**  
Guest Reporter

Last summer, three Regis students were selected by the National Council on U.S.-Arab Relations to spend their summers studying in Syria. Carl Hilker, Tim Kazmerski, and Peter Perkins went to Aleppo, in the north of Syria, to study Arabic, Archaeology, and History. The program also served to heighten awareness about the Arab world among Americans. According to the students who participated, the experience was both educational and fun.

"I enjoyed meeting the Syrian students," said recent graduate, Carl Hilker. "They all wanted to hear about American cars. I like talking about cars." Hilker emphasized the value of interacting with a different culture. He felt that his prolonged interaction with the Syrians deepened his understanding of the Arab people.

The students who participated shared the feeling that the most important aspect of the trip was actually being in the presence of what was taught in the classroom but to then go out on a real archaeological dig served to crystallize the theoretical with the practical in a harmonic unity." In fact, all of the classroom studies related directly to the people, history, and language of Syria.

Though the classroom work was informative and rewarding, the three participants agreed that the best part of the experience was exploring Syria. Tim Kazmerski said, "It was fascinating to be in the midst of places associated with notorious names and events. There was an old hotel there where famous people such as T.E. Lawrence and Agatha Christie have stayed. When I was there I didn't see anyone famous although everyone who passed by me looked sort of like Omar Sharif." Carl Hilker agreed that the history of Syria was fascinating. He said, "Even though a lot of these places were mentioned in the Bible, I didn't know very much about them. Before I came here, I thought Damascus was in Belgium."

This program will be offered by the National Council on U.S.-Arab Relations every summer. According to Kazmerski, Hilker, and Perkins, it is an exciting and worthwhile way to spend a summer. For application information, contact Dr. Frantz-Murphy in the History Department.



Regis student Tim Kazmerski poses in front of a building in Northern Syria.

Special to Highlander

**"I went from house to house, getting any food or clothes they would give me. Then I handed it all out to any needy people in the neighborhood."**

—Jack Powell  
Salisbury, MD

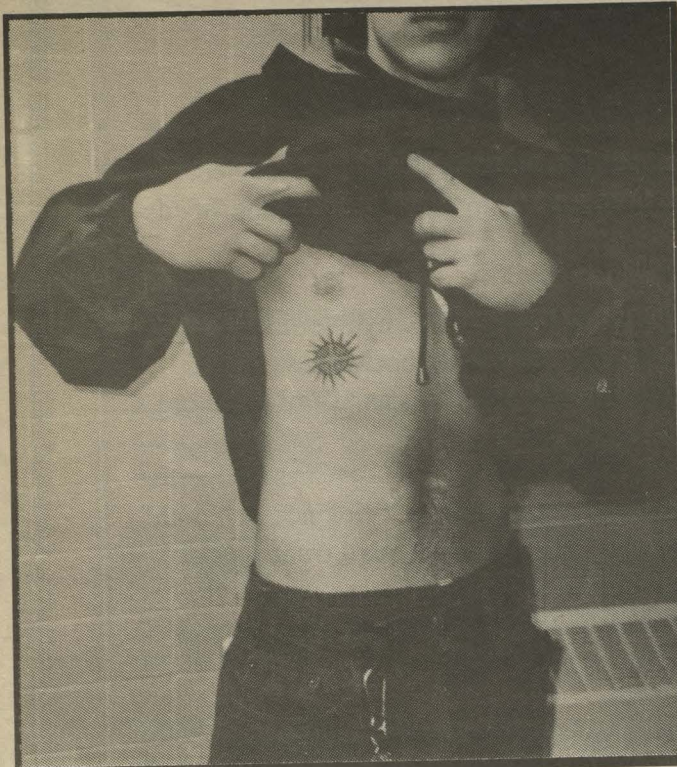
Jack Powell is one of the little answers to the big problems facing every community in America. And because there are more people than problems, things will get done. All you have to do is something. Do anything.

**POINTS OF LIGHT**  
FOUNDATION

Do something good. Feel something real.



# Body Art: Alive and Well at Regis



Alex McNeilly displays the sun on his chest.

For \$45 and a little blood, you can have your favorite cartoon character imbedded in your skin forever.



Kevin Smith has a sun where the sun don't shine.

by Sean McNamara  
Assistant Editor

One of the most popular trends to be seen at Regis follows in a tradition that started thousands of years ago, body customizing. Everywhere you look you'll see people displaying tatoos and rings in every part of their bodies.

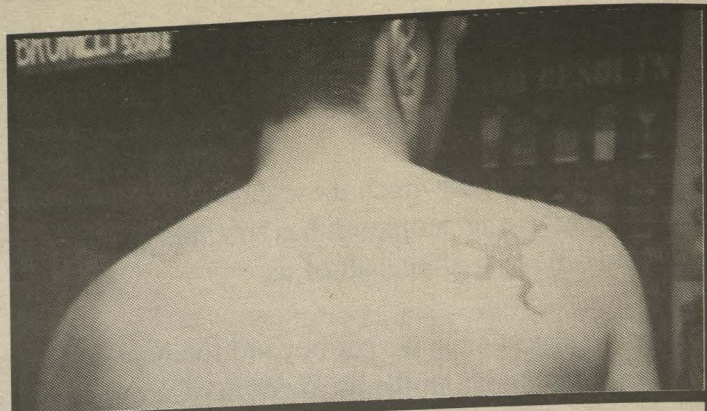
The practice of body painting and piercing can be traced to almost every region of the world, some started before recorded history. Tatoos were originally use to show social status, bring luck, show kinship ties, or just to further the beauty of the body.

The Mundurucu people of the Amazon used different patterns on their faces according to gender and relationships. Another group of Amazonian people elongate their lower lips and widen the piercings in their earlobes using clay discs.

In the early 1960's and 70's body art became popularized among hippies, bikers, and other free spirited groups. Today at Regis there seems to be a re-birth of the trend. Students here have left their homes and the restraints of their parents', and some see their way through the negative stereotypes of tattooing. To them it's a permanent fashion statement, further beautification of their bodies.

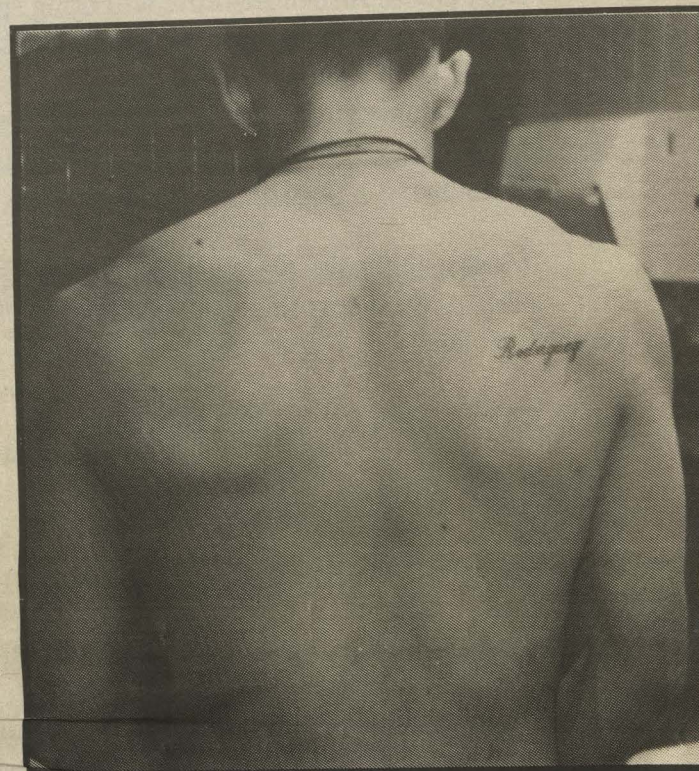
The most popular locations for tatoos are: ankles, arms, shoulder blades, and the derriere. Best places for rings: eyebrow, nose, ears, tongue, nipple, and navel. Piercing genitalia and the webbing between the thumb and forefinger is uncommon but still done.

Tattoo Emporium on Colfax is the most frequently used parlor by Regis students. It offers unlimited designs and vibrant colors. The store minimum is \$45.



John Whitehead shows us his amphibious friend.

The needle is injected under the skin numerous times per second, injecting ink into every pore... this is not for the squeemish.



Marcos Rodriguez is proud to wear his surname.

All photos taken by Highlander Assistant Editor Sean McNamara

## Education Program Launched To Protect Students



Leading sex educator Dr. Ruth Westheimer

Dallas, TX -- A nationwide education program was announced on October 28 to inform college students about the prevention of hepatitis B, a sexually transmitted disease that has increased 77 percent among young adults in the past decade. The program, sponsored by the American College Health Association (ACHA) in conjunction with the National Foundation for Infectious Diseases (NFID), was unveiled by leading sex educator Dr. Ruth Westheimer to hundreds of college students gathered at the annual Associated Collegiate Press (ACP) meeting in Dallas. ACHA announced new rec-

ommendations in June calling for all college students to be vaccinated against hepatitis B. According to the organization, college students are at risk of contracting the virus due to sexual activity, the leading mode of hepatitis B transmission. Each year, 300,000 Americans contract hepatitis B, a virus 100 times more contagious than HIV, the virus that causes AIDS. College students and other young adults aged 15 to 39 account for 75 percent of all hepatitis B cases.

"Hepatitis B is prevalent among young people, but many college students have never even heard of it," said Mar-Jeanne Collins, M.D., chairman of ACHA's vaccine-preventable diseases task force. According to Dr. Collins, college students are at risk because sexually transmitted diseases are common on college campuses and many college students have more than one sexual partner within a six-

month period. "We hope this program will help stop the spread of hepatitis B by educating and encouraging students to protect themselves through vaccination. Any college student who has questions about hepatitis B should visit their campus health services."

Health directors at more than 100 colleges across the country have joined the Hepatitis B Campus Prevention Program and will work with ACHA to help reduce the incidence of hepatitis B on college campuses. The program includes MTV-style brochures and posters, a hepatitis B hotline: 1-800-HEP-B-873, and a five-minute educational video for presentations at campus health centers, residence halls, sororities and fraternities and at campus-wide assemblies. The video features hepatitis B spokesperson Dr. Ruth and Wendy Marx, a young hepatitis B patient. Marx, who fell into a coma and almost died from hepatitis B just five

months after graduating from Duke University, hopes her participation in the video will help convince college students of the seriousness of the disease.

"If I had know that hepatitis B was so serious and that anyone could get it, I would have been vaccinated. College students owe it to themselves to get protection. I wish I had heard about hepatitis B while I was in school so I could have protected myself," says Marx.

In the case of Marx, and one-third of those infected, the source of hepatitis B infection remains unknown. The effects of the virus range from flu-like illness, nausea and vomiting to the development of liver cancer and cirrhosis which can lead to death. However, many people who contract the virus suffer no symptoms at all. They may not even know they are infected and as a result, can pass it to others unknowingly.

Statistics from the U.S. Centers for Disease Control and

Prevention (CDC) indicate that 14 Americans die every day from hepatitis B. Yet, less than one percent of the 28 million sexually active young adults at risk have been vaccinated.

According to conference speaker Richard J. Duma, M.D., Ph.D., executive director of the National Foundation for Infectious Diseases (NFID), the low vaccination rate is due, in part, to low awareness about the disease.

"I urge college students and all young adults to learn about hepatitis B. This is a disease that often strikes healthy young people so it's essential that they learn about its prevention," said Dr. Duma.

The Hepatitis B Campus Prevention Program is sponsored by the American College Health Association and supported through an educational grant from SmithKline Beecham.

## Creative Arts Therapy: The Wave of the Future

On Wednesday, November 10th, the Choices Alcohol and Substance Abuse

Prevention Program sponsored a Creative Arts therapy workshop in the faculty lounge. A representative from the center, Sy Nelson discussed the notion of "confronting a peer with an alcohol problem" in a creative and innovative way. Through the medium of pictorial art, Nelson had the students draw a picture of someone that they know who is addicted to alcohol and all of the related stresses that contribute to the abusive behavior. Then, he had us draw a picture of the same addicted person engaged in alternative activities that will allow the alcoholic to divert his emotional energies to a more positive outlet.

In the discussion, Nelson spoke about how addicted people will often get defensive when someone confronts them about their alcohol problem. The alcoholic often engages in the "flight-or-fight" response which is often characterized by immense fear, anger, and guilt. In most cases, the addicted person does not know how to adequately convey his problem to others. According to Nelson, "All communication is a request for something."

Essentially, people want to be acknowledged by another person. The keys to good communication are: to pay attention, acknowledge what the other person is saying, and offer constructive feedback.

It is very easy for someone to ask an addicted person, "Why don't you just STOP drinking?!" In most cases, this is easier said than done. You simply cannot take an addiction away from a person unless you replace it with something else that will allow that person to express his creative energy. Addictions are used to cover-up repressed emotions. Until the addicted person has enough courage to take an honest look at himself in order to change the negative behavior, then he will be likely to repeat the destructive behavior of alcohol abuse.

Nelson offered some clear steps for intervention. First, we need to recognize that person is in pain and that he has something inside that needs to be expressed. Then, we need to offer him a creative outlet through artistic means. We need to be encouraging, non-judgmental and supportive. Most importantly, we need to offer the person alternatives to addiction by helping him to make long-term, gradual changes in their lives.

## How Can I Help?

By Dawn Butler

Alcohol is one of the most abused drugs in our nation. Yet, it is widely available and glorified by the media. Perhaps it is no wonder then that alcoholism is the most prevalent problem in our society. Alcohol affects all of our lives in some way. However, it is especially difficult when a friend has a drinking problem. In order to help someone with this problem, one has to know the symptoms. Here's a checklist of behavioral patterns that can indicate a drinking problem:

- \*More frequent use than in the past
- \*Forgetfulness or denial of things done or said while using
- \*Refusal to talk about it
- \*Making and breaking of promises to control the problem
- \*Denial of use
- \*Making excuses to justify using
- \*Behavioral changes when using
- \*Sometimes drive while under the influence of alcohol

When the problem is made evident, you, as a caring friend, can DO something about it. Neglect or denial of the problem will not solve anything. Here are some things you CAN do to help someone with a drinking problem:

- \*Face the problem by telling the person you are concerned about their behavior
- \*Ask for the help of a professional, don't be alone in this (Personal Counseling x3507)
- \*Intervene only if you know the person well, otherwise inform someone close to the individual with the problem.
- \*State the facts to the person but don't preach or lecture
- \*Avoid having attitudes that appear judgmental, blaming or angry
- \*Avoid intervention when the person is intoxicated (except when person may be in danger)
- \*State your concerns and let others express concerns. Ask the drinker to think about what is said but do not demand an immediate response.

(taken from pamphlet "Helping a Friend with a Drinking Problem" Performance Resource Press)

## THE HEPATITIS B VIRUS

### Incidence

- \*College students are among those at highest risk for hepatitis B infection
- \*Seventy-five percent of all hepatitis B cases strike young adults between the ages of 15 and 39
- \*Heterosexual contact is the most common method of sexual transmission with hepatitis B cases among young adults increasing 77 percent in the last decade

### Transmission

- \*The hepatitis B virus is as widespread and 100 times more contagious than HIV, the virus that causes AIDS
- \*More than half of hepatitis B cases in the U.S. are now contracted through sexual transmission
- \*One-third of those who contract hepatitis B have no known source of infection

### Consequences

- \*Some of the symptoms of hepatitis B include nausea, vomiting, loss of appetite, abdominal pain, jaundice, skin rashes and arthritis
- \*Unlike many other STDs, the debilitating symptoms of hepatitis B can be so severe that those affected are unable to attend school or work for months
- \*Between 6 and 10 percent of those infected become chronic carriers of the virus; about 25 percent of carriers develop chronic active hepatitis, which often progresses to a potentially deadly liver disease called cirrhosis
- \*Fourteen people die each day from hepatitis B-related cirrhosis and liver cancer
- \*Approximately 1.25 million people in the U.S. are chronic carriers of the hepatitis B virus

### Prevention

- \*Hepatitis B is the only STD preventable through vaccination
- \*Only one percent of the 28 million young Americans at risk of hepatitis B infection have been vaccinated

## Lest It Be Thought Otherwise... REACH Reaches Out To All Students

Over the past two years REACH, Responsible Educated Athletes Choosing Healthy Lifestyles, has become a new educational and programming force on campus. It is the athletic department's division of CHOICES. Though the money comes from the National Collegiate Athletic Association, it is a Regis Athletic Department goal to let the money benefit all students and the University as a whole.

REACH works closely with the athletes, promoting healthy choices and addressing team-related issues. By benefitting the teams, we hope that the Athletic Department will continue to improve not only team records but its representation of the University as a whole.

A second goal is to bring programming to the student body. So far, REACH has brought to us a national circuit speaker, Mike Green. Green has worked with college programs throughout the nation as well as pro teams. His presentation was open to all students and was made available to faculty/staff as well.

Most recently, the Alcohol Olympics and the Moonlight Fun Run were held. The Fun Run was an example of student involvement in REACH programs are open to all students, half of the participants were not part of a varsity sport.

REACH has also sponsored the Unbar at various events, such as Parent's Weekend.

There has always been something of a rift between students and student/athletes. There is much misunderstanding and often resentment involved. The college experience is very different for both kinds of students- at all colleges and universities.

However, the Regis REACH program is making the first move to close that gap. We are using what has been made available to us and bringing it to the entire student body. So please, when you see activities that are sponsored by REACH and brought to the student body, please feel free to attend and know that the work done is for the good of the whole University and not a select few.





# Entertainment

## Taking Chances To Survive

by Barb Shockley  
Entertainment Editor

Touring with such bands as Arcade Fire, Jackyl, Brother Cane and Graveyard Train, The Chance is rapidly growing in popularity with their unique sound and attitude. Their first single "See Me As You See Yourself" is getting nationwide air play on cross-over stations.

In 1984 they started a band in hopes to perform some high school shows doing cover tunes. They played a few shows then started to write their own material. When forming the band everyone was a

drummer (with the exception of Ethan Kreiswirth). Having three drummers and nothing else, Michael Brillantes switched to bass and Seth Kreiswirth switched to guitars. From then on, the line up stood as Seth on guitar and vocals, Ethan on guitar (the Kreiswirth brothers), Michael Brillantes on bass and Rob Ahlers on drums.

They still have a part of their set devoted to a five minute drum ensemble, however, where all of the members can

jam on the percussion together.

When the band began, Los Angeles was the Motley Crue /Corporate Rock scene. Instead of conforming to the Hollywood style, The Chance went out in their own direction.

"We thought we could do what we wanted," starts Brillantes. "We were taking a chance. If we wanted to make a living out of it we were taking a chance. We didn't want to conform, we just played what we wanted."



The Chance - left to right: Seth Kreiswirth, Michael Brillantes, Rob Ahlers, Ethan Kreiswirth. Photo courtesy of Skydoor Records.

Heavily influenced by Rush and Yes, Brillantes says opening for Rush would be the "ideal situation." Finding a little of Rush in their sound, Brillantes continued "We have a Rush vibe. I can see the progressive side to us. But to say that we're progressive, no one really knows what that is. In the 80's it was the look and a stage show, we were not into that. We just wanted our music to be heard. We speak about emotions. We play music that we enjoy.

"It's funny, we never thought we had to be motivated (in their early days). It's just something we wanted to do.

And we enjoyed doing it."

As far as getting support for their different style of music, they have full support from their record company Skydoor Records and a publicist, Chip Ruggieri, who is the Mr. Wizard of publicity. "We're happy with the label and they're behind us all the way. They're gonna help us find the market. They believe in complete freedom, they let us decide what we want to do. They're in this for the longevity of it rather than to make a quick sell."

The Chance is another 'hands on' band with their fans. They have a 800

line 1-800-553-3915, or in Brillantes' terms "1-800-WEE-ROCK, just kidding.", for fans to call and get in touch with the band. The band always calls people back or even writes to those who call.

The Chance's debut EP is available for sale in stores across the Denver area. They are currently being played on all sorts of stations here too. The Chance will be recording their upcoming full-length album shortly and will be in the Denver area touring in the beginning of the new year. Check out The Chance on KRCX.

## Videophile

by Amy Random  
Entertainment Reporter

!!! - you have to see this  
## - it's excusable if you don't see it but it better be a great excuse  
@ - only rent this if you really need an excuse not to do homework  
\* - I won't even bother explaining

!!!! Benny And Joon stars Mary Stuart Masterson, Johnny Depp and Aiden Quinn in a poignant love story about a woman with mental illness (Masterson) and the two men who love her. Benny (Quinn) is her older brother and only family member. Sam (Depp) is a unique young man who comes (through the luck of the cards) to live with Benny and Joon and when Benny finds out about the relationship he has the typical big brother reaction.

Benny And Joon is a wonderfully made movie. The characters are portrayed by some of today's most talented young stars, and the story itself keeps watchers involved and entertained.

### The Dark Half starring Timothy Hutton, Amy Madigan and Michael Rooker is a supernatural thriller based on Stephen King's book of the same name. Unlike many of King's books, this story survived the transfer from text to film very well. King brings the idea of 'split-personality' a very literal definition as Thad Beaumont's (Hutton) evil side becomes a living, breathing, killing machine. Thad becomes the only suspect as his friends and agents die horrible deaths, and although the murderer is his dark half, George Stark, he can't prove it. Will anyone believe his evil side has come to life before it's too late?

The Dark Half is a nice diversion from the real horror that surrounds us everyday. The movie grabs your attention from the first scene and doesn't let you go until the end.

@@ Indecent Proposal starring Woody Harrelson, Demi Moore and Robert Redford, sounds like a great movie, right? Well, what can I say? It seemed to me to be a decent proposal in an indecent movie. I found it trite and pointless.

A young couple down on their luck turn to Las Vegas for the solution to their monetary problems. A winning streak is followed by a losing streak leaving the couple broke. Enter the millionaire (Redford) to save the day by offering \$1 million for one evening with Diane (Moore). This is where I lost interest. I won't tell you anymore because the plot is so predictable you can guess for yourself what happens.

Indecent Proposal is a predictable tale of a love triangle and the pain it causes. If you're looking for a movie that takes a new approach or makes a statement, keep looking, this isn't it.

Cash prizes and nationwide publication of your work...The Center for Substance Abuse Prevention's (CSAP) 2nd National College Prevention Materials Competition. Materials must be designed by students to prevent alcohol problems on campus. Categories include: video, public service announcement, "special issue" newspaper, poster, prevention booklet or handbook, and specialty item.

Deadline...February 1, 1994; must include official entry/release form. For an entry kit, contact your school's alcohol and drug coordinator, or call 1-800-729-6686, extension 5992.

## Roll The Flick: The Three Musketeers

by Kate Barnes  
Copy Editor

Witty dialogue, beautiful scenery and costume design, engaging characters, and great swordplay make "The Three Musketeers" a film to remember.

To be true, this is not a movie that explores any great mystery of life. It is, however, a film dedicated to entertaining the viewers and allowing them to escape the real world for two hours.

I thoroughly enjoyed this film. The cinematography is breath taking, and the costumes are great. The sword play is reminiscent of Errol Flynn and Douglas Fairbanks.

I did have a few minor complaints

about this movie. Some of the shots taken during chase scenes are difficult to clearly see. The camera is deliberately shaken to give a sense of the confusion caused by the rampaging horses. It becomes overpowering and looks out of place within the context of the rest of the movie.

The character of Richelieu, played by Tim Curry is also a little too heavy in the context of the film. His few jokes don't lighten his character enough, and he becomes a little like a lead weight in what is overall a light movie.

The three musketeers (played by Kiefer Sutherland, Charlie Sheen and Oliver Platt) and the young wannabe (Chris O'Donnell) are likeable fellows who are dedicated to the musketeer oath to protect the king.

Add a series of romantic subplots (of course, this is France!) to the "save the king" plot, and you have a story to showcase all the great sword fighting.

This is movie to just see and enjoy. It is a movie to go see with friends and to get away and relax. On a scale of 1-10, this is a light-hearted, enjoyable 9.

## Record Review: Xscape Hummin' Cummin' at Cha

by Mario Eason  
Staff Reporter

The days of the "macho loner" image are over. Now is the day of the Woman. Women that know who they are, where they came from, and where they are going are the women of today. They are demanding respect and the respect is well deserved. After all if it was not for our sisters, where would the brothers be? Besides alone. Xscape is a group that shows that women have a lot to say.

Xscape is new on the music scene that came out with a hard introduction. Kandi Burruss, Latocha Scott, Tamika Scott, and Tameka Cottle debuted with "Just Kickin' It." This song has put Xscape on the airwaves.

The collection of voices gives their audience a taste of funky grooves and

sweet soul ballads. Their influence reflects in their ballads. Influences of the great girl groups such as the Supremes and En Vogue just to name a few. Many of the groups coming out today reflect the influences of the past such as Jade, SWV (Sisters With Voices), and Shai.

Xscape sings from the heart. It is something that they obviously enjoy and take pride in. "Is My Living In Vain," "Understanding," and "Tonight" display their vocal talents and abilities.

These sisters have no shame in showing their sexuality and flaunting it. "Let Me Know" exhibits just that, their sexuality. They have soul, they have sex appeal, and on the Mo scale they have talent with an 8. With their funky style and "I'm every woman" attitude Xscape is on the rise.

## Many Thanks !!!

by Barb Shockley  
Entertainment Editor

It's almost the end of the year again. It's time for dear-old-Barbie D. here to give the full blown thank you's to all who have been generous.

There are many people out there in the music business who deserve more than thank you's, but when budgets are low, man, budgets are low!

For starters, I personally would like to thank the **Highlander** staff for their continuous support and help with the entertainment section. All of the staff writers, contributing writers, especially those who have written articles for me on short notice (This means you, Mo!) thank you!

For those in the record industry, I would like to thank (the list that's ten years long!): Wendy Weisberg and Karen Allen at IRS (your support is endless!!!), Heather Davis at Epic, Angie Jenkins at MCA, Mariza Scauzillo at In Press, Vicky Alvarez at Arista, Paul Boschi at City Spark, Bryan Mead at Columbia, Rick Gershon at A&M, Gordon at Road Runner, Sujata Murthy at Capitol, Cheryl Wilson at Fey Concerts, Chip Ruggieri and Cheryl Hall at Chipster Entertainment, Sherry Thomas for just about all the information I could ever need on "those men!", Donna Atchison and Tam Cooley for helping me gather the local stories, Johnny Meade (for Bang Tango) and Steve Joseph (for Lillian Axe). Without the support of all of the industry, I would be no where (and not to mention broke too!).

Thank you Mike Starr formerly of Alice In Chains, Robert Trujillo of Suicidal Tendencies and Infectious Grooves, Mark Knight and the Bang Tango boys, Brent Muscat and Faster Pussycat, The Kents, The Screaming Trees, Lars Ulrich of Metallica, Arcade, the Bullethoys, Shotgun Messiah, Every Mother's Nightmare, Mozart (especially James Clare Book for putting up with my questions...), Strip Mind, Lillian Axe (thanks Stevie!!! I really appreciate your generosity!), Mike Brillantes of The Chance, and the other "famous" dudes that I forgot for all of your help on those great stories and interviews. Especially for understanding my nervousness in interviews!

Thank you for all of those local bands I have worked with over the course of a year: Rattling Bones, Leviathan (thanks Jack!), Slyboyz (thanks Jeff!), Vogue's Rogues (thanks Vogue!), Death And Taxes (thanks Rae!), Lordbane (thanks Shawn), Intense, Morpheus (thanks Jon, sorry I made the city mistake...it's Johnson City not Memphis. I apologize), Conquest (thanks Derrick), Life Explodes (thanks John!), Occam's Razor, Fashion Police, and Blackboard Jungle.

My heart is exploding with love and gratitude for all of the help I have received this year. To all of those I forgot, I apologize. There are a few people I'd like to give a swift kick to, but they deserve a thanks too for waking me up to the bad in the industry.

Once again, thanks and see you in 1994!!!



A & M Recording Artist Fernando Saunders

## Record Review: The Spin Fernando Saunders

by Tillie Sanchez  
Editor-in-Chief

Born and raised in Detroit, Fernando Saunders' major label debut *The Spin* encompasses his plentiful range of musical experience. His music career began in his teens as the bass player for the last Motown house band, and he has gone on to gain international recognition as one of the world's premier bass guitarists. He has recorded and toured with headliners like Steve Winwood, Eric Clapton, Jimmy Page, Jan Hammer, Jeff Beck, and Lou Reed.

This singer, songwriter, multi-instrumentalist and producer has just released an album that has as much diversity as the people he has worked with. Most of the tracks on *The Spin* have a heavy soul undertone, but the influences of R&B, rock, country, and gospel can be heard on this seductive album.

Saunders sultry, expressive voice is the heart of *The Spin* and can be compared to the soulful expressiveness of Smokey Robinson and Daryl Hall. *The Spin* is mostly comprised of mellow ballads, but the ballads are driven by groovy dance beats.

Songs like "Sliding Through Life With Charm," "Tonight (I Need Your Love)," and an awesome instrumental, appropriately called, "Prelude To..." deliver melodic messages of love, yearning, and happiness.

Musically this album is smooth and clear, but sometimes the lyrics need development. This album has an intimate attitude, and with every listen the attachment grows to *The Spin*, and the talent of Saunders. You can catch Fernando Saunders live on December 6 at the Paramount Theatre in Denver, or watch for him on December 17 on *The Tonight Show*.

COLLEGE GRAD M/F

### IT'S TIME TO RETIRE YOUR COLLEGE LOAN.



Tired of coping with payments? The Army can put your college loan to rest in just 3 years.

If you have a loan that's not in default, we'll pay off 1/3 or \$1,500, whichever is greater for each year of service. Total repayment of up to \$55,000. And we'll not only retire your loan, we'll give you other benefits to last a lifetime. Ask your Army Recruiter.

Call: 1-800-USA-ARMY

**ARMY. BE ALL YOU CAN BE.™**

IF YOU'RE NOT RECYCLING  
YOU'RE THROWING IT ALL AWAY.™



# Sports

## Lavrisha gets CAC Coach of the Year

CAC press release

Regis University coach Frank Lavrisha has been named the 1993 Colorado Athletic Conference Volleyball Coach of the Year in balloting by the conference's eight coaches.

Under Lavrisha, Regis University is 21-11 overall and 11-2 in the Colorado Conference (CAC). Regis was ranked 14th in this week's AVCA/NCAA Division II Top 25 Poll. He has helped his young team, seven of this year's twelve players are freshman or sophomores, rebound from last year's 14-17 overall record and a fourth place finish in the CAC.

Lavrisha, a 1979 graduate of Ohio State University, is in his eighth season as head coach at Regis University. He has compiled a 206-95 (68.4%) record at the helm of the Rangers. Lavrisha earned CAC Coach of the Year

honors in 1990 and 1991 and Continental Divide Conference Coach of the Year honors in 1986. Regis has advanced to the NCAA Division II Volleyball Playoffs in five of the last seven seasons.

"This award reflects the hard-work and dedication of the players in the program. They have really grown-up over the past two seasons," said Lavrisha. "After last year it's nice to get back on the winning track."

Under Lavrisha's direction, five of his former players have earned all-american honors, twelve players have earned all-region honors, and 21 individuals have been named to all-conference teams. Additionally, his team's have maintained better than a 3.00 grade point average and Linda DiPentino (1987) and Corinne Donnelly (1989) earned Academic All-American honors.

By Kevin Catron  
Sports Editor

# "WE DID IT!"

The 1993-94 Women's Volleyball season is far from over as they head into the National Tournament, also known as the "Elite Eight", with two impressive wins. First over Central Missouri State University, then a dramatic win over conference rival, Metro State.

Earlier in the year Metro State had defeated Regis two times in heartbreaking loses. This time it was the Rangers who responded, taking the game to match five, its final match, and finally defeated Metro 16-14.

When it was asked if the team thought they could pull this off Junior Rene St. Marie responded, "The Elite Eight was a goal we had as a team in the beginning of the season." St. Marie then added, "We could taste it the whole game. Metro did not play together as a team the whole game, we did. That was the

difference."

The season did not always seem this energetic and exciting. The Rangers started off the season with a record of 2-9, and then ended up winning the last 19 of the remaining 22 games.

"If we did not endure the first part of the season, we would not have the heart and the composure we had going into the Metro game." St. Marie goes on to add.

The Regional Tournament ended with three Regis players making the honor of all-tournament. These players were Junior Rene St. Marie, sophomore Kathy Bronder, and sophomore Niki Ihlanseldt.

Kathy Bronder had this to say about the match, "I think we were definite underdogs going into the game. Everyone played as a team player. No one played for personal glory, that is what put us ahead of Metro.

The Rangers next travel to

the University of Northern Michigan to participate in the 1993 National Volleyball Tournament Championships. This Tournament consist of the eight best teams in the nation for Division II.

The Rangers have already played three of the "Elite Eight" teams that will participate in this years tournament. Early in the year when the Rangers where struggling, they played the University of Northern Michigan, the University of Northern Colorado, and Portland State University.

Even though the Rangers lost to all three of these teams, they will hopefully play them again. This time the Rangers will have this learning experience behind them, and high hopes of sweet victory ahead of them.

The Rangers first play the University of Northern Colorado the weekend after Thanksgiving. Good luck and go for it!

## Regis Spikers End Regular Season

by B.J. Fruhnafel  
Sports Reporter

The Regis Womens volleyball team ended the regular season with an impressive 21-and-12 record. They were also runners up in the Colorado Athletic Conference.

"The year started out hard. We played 7 of the top 10 teams in the nation in Div. II. We also played Wyoming and CSU, who was ranked in the top 25 in Div. I," said Coach Frank Lavrisha, "after our 2-and-9 start the team turned around and won 19 of the last 22 matches.

Ater a below 500 season last year," I think we surprised alot of people," remarked Junior K.C. Craig. Junior co-captain Julie Deagan said, "Since last year we made it a goal within the team to go to Nationals, and win it before we graduate." This has become a reality due to a heavy schedule of workouts last spring and a very successful match rec-

ord.

"This team has alot of players that played well at different times. This is a young team and they are improving," commented Coach Lavrisha.

Some of the players that earned recognition this year were Renee St. Marie, Felicia Garcia, K.C. Craig, and Nicki Ihlenfeldt. Renee was named National Player of the Week, she was named to the All Conference team, and she ranked 3rd in the conference in assists per game.

Junior Felicia Garcia was voted to the All Tournament team at the Air Force Academy. K.C. Craig was All Tournament at the Colorado Challenge. Nicki Ihlenfeldt, a 6-1 freshman, was also named to the All Conference team.

She was 3rd in blocks and 4th in attacking percentage in with this year's success, next seems to be even better. Consider, 11 of this years 12 players will be returning.

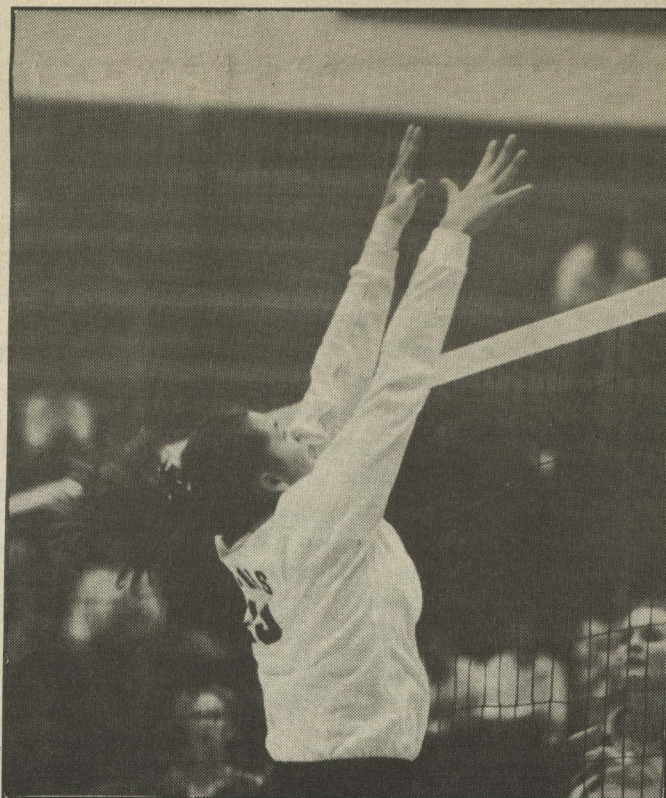


Photo Left:

Sophomore Felicia Garcia sets up on defense to block an opponents shot.

Special to the Highlander.

## Women's Basketball Pre-season Outlook

by Greg Borgenson  
Sports reporter

With only one starter coming back the Regis Women's Basketball team hope to provide some terrific action throughout the 1993 - 1994 season. With some sharp shooting and high hopes, the team should be able to pull off some exciting wins this year. With four games coming up, the Rangers are shooting to come out on top.

When watching a recent practice, in which I was graciously invited to, the team looked very exciting. They

definitely impressed this reporter and should impress all the supporters that attend the games.

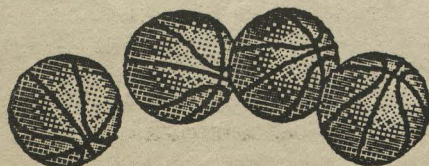
In talking to Jalane Daily, Suzie Allen, and Darcia Scheeler (three of the four returnees) after the practice I attended, all agreed that this year's team is a lot smaller than last year's, but "we are a lot smarter and quicker." "Basically we are looking at a whole lot of new talent." said Jalane. "The defense is a huge improvement over last year. Our communication area was weak, but has increased tremendously," added Suzie.

When asked about who they

wanted to beat the most before graduation, they all responded, "University of Denver." "Attitude and atmosphere on the court during the practice is completely different than last year. It is more of a relaxed and enjoyable practice but in a more serious tone. We joke around a lot more than last year." Darcia stated. Just watching the practice, everyone was joking and having fun but in a serious type of way.

Talking with Coach Linda Dauning, who is to begin her fourth year here at Regis, said "Our biggest weak point right

Continued on page 11



## Men's Basketball starts with an exciting win in overtime

by Kevin Catron  
Sports Editor

The 1993-94 season of Men's Basketball started off with an exciting win defeating Chadron State College in overtime, 89-83. For head coach Lonnie Porter it was his 264th win as head coach at Regis University. But Porter, who's Rangers committed 20 turnovers were out rebounded 55-46, was not very impressed with his teams performance.

"We didn't play very well at all," he said. "We were very tentative and didn't take care of the basketball. We had way too many turnovers."

"With so many players (eight), we have a long way to go to be a good team."

With just a few seconds left to go in regulation time, Senior Patrick Holloway's shot a three-pointer from professional distance which tied the game at 76.

In overtime it was all sophomore Carlos Boyd who scored the Rangers' first eight points as the Rangers built a 86-78 with just 47 seconds remaining.

Boyd scored 22 points and had 13 rebounds, and Kris Hicks also had 22 points with 15 rebounds for the Rangers.

## Women's Basketball Starts Season On Top

by Greg Borgenson  
Sports Reporter

The 1993-94 season for the Women's basketball team opened up with an impressive win. The Rangers hosted Western State University at the Fieldhouse at 5:00 pm last Saturday.

WSU jumped out to an early 12-2 lead, but Regis quickly extinguished that fire to come within 14-12. Some wonderfully executed plays and some great defense helped propel the Rangers.

Head coach Linda Rauning had this to say about the Rangers performance, "The guards played excellent. We still show a bit of inexperience but we expect to come a long way in the next few weeks."

The Rangers got some ad-

ditional help from three point sharp shooter senior Jalane Daily. The Rangers closed the half leading by a score of 33-24.

Coming into the second half the Rangers continued to play strong without looking back. The Rangers then built up a 25 point lead.

The Rangers dominated most of the game and finished with a strong performance both on offense and defense. Strong performances were exhibited by senior Jalane Daily, junior Katti Towle and finally by freshman Kenny Jeffries.

The final score of the game was Regis University 66, Western State University 51. The next home game is November 23 against the University of Northern Colorado at 7:00 pm.

### Women's Basketball pre-season outlook cont.

now is dealing with the youth of the team. With more experience as the season progresses, we will overcome the inexperience of the new talent and play as a team. The team is looking forward to going into a post-conference tournament where the top four teams from the conference and play each other. The top team from this, then gets an automatic bid to go to the NCAA Division II

Tournament. The women are really looking to get this automatic bid to the NCAA Division II Tournament."

With the season beginning on November 20th against Western State University here at the Regis University Fieldhouse, the Lady Ranger Basketball Team hopes to be the team that gets the bid to the NCAA Division II Tournament.

The 1993-94  
Women's Volleyball team would like to express their thanks and appreciation to all the fans who showed their support throughout the entire season. "We could not have done it without you!"

Cash prizes and nationwide publication of your work...The Center for Substance Abuse Prevention's (CSAP) 2nd National College Prevention Materials Competition. Materials must be designed by students to prevent alcohol problems on campus. Categories include: video, public service announcement, "special issue" newspaper, poster, prevention booklet or handbook, and specialty item.

Deadline...February 1, 1994; must include official entry/release form. For an entry kit, contact your school's alcohol and drug coordinator, or call 1-800-729-6686, extension 5992.

### Wrap Party Continued from Page 1

Since last year the spirit, enthusiasm and gifts have grown. The day went well with the surprising abundance of help.

Dr. McCabe explained "Father Anderson had to marry three couples today that prevented his appearance but he was here in spirit. He thanks everyone for taking part in the Father Woody Wrap Party." Father Anderson is a big supporter and of the wrap party.

Dr. McCabe sends thanks to Suzanne Lynch, a helping hand, for her generous donation of wrapping paper. McCabe would also like to thank Romero House, Dean Judd Shaver, and the staff,

faculty, and students of Regis. In particular, thanks to Alice Reich, Senator Dennis Gallagher, Terry Lynch, Allan Service, and all others that generously donated time, gifts and love.

All of the gifts donated and wrapped will be given out to the homeless during the Fifteenth Annual Holy Ghost Christmas Party on December 11, 1993. Many volunteers are needed to make this event a success. Anyone interested can contact Holy Ghost Church at 292-1556 or Dr. McCabe at 458-3572.

### Celebrating ADVENT at Regis

**November 28** - First Sunday of Advent, mass at 11:00 am and 7:30 pm

**November 30** - First of the Advent Lecture Series, 4:45 pm in the Chapel - No Soup and Scripture

**December 5** - 2nd Sunday of Advent, mass 11:00 am and 7:30 pm. Confession available in the Chapel at 6:00 pm

**December 7** - Second of the Advent Lecture Series, 4:45 pm in the Chapel - No Soup and Scripture

**December 8** - Feast of the Immaculate Conception (Holy Day), masses at 12:10 pm and 5:15 pm (Chapel)

**December 9** - Hanukkah begins - Jewish Festival of Lights - lasts 8 days

**December 12** - 3rd Sunday of Advent - Winter Baccalaureate Mass at 11:00 am; (Feast of our Lady of Guadalupe) Candlelight Mass 7:30. This is the last Sunday mass of the semester.

**December 17** - Lights, Lessons, and Carols - 4:00 pm in the Chapel, followed by the President's Christmas Party at 5:00 pm

Starting December 19 - no Sunday masses until January 16, 1994; no daily masses until January 18, 1994

## Regis University Classifieds

### Call 458-4152

**Professional typeset resumes for \$18.00.** Includes 20 copies on linen & choice of type. Term papers from \$4.00 per page. **Lynn's Typesetting & Graphics 650-5581.**

**GAIL'S SALON**  
4903 Lowell  
Nails \$18 Perms \$25  
For an Appointment Call 455-4044

**FOR SALE: FISCHER AIRLITE 200cm Skis.** Excellent condition, Look-in binding, \$85  
794-7221

**Semester Special**  
Students can advertise personals, want-ads, sale items, and special occasions (Anniversaries, Birthdays, etc.) 20 words max. **FREE!**  
Just call Lisa at X4152

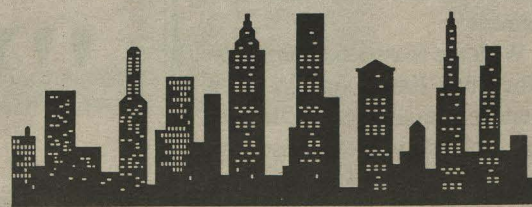
**FREE TRIPS AND MONEY!!** Individuals and Student Organizations wanted to promote the Hottest Spring Break Destinations, call the nation's leader. **Inter-Campus Programs 1-800-327-6013.**

**CRUISE SHIP JOBS!** Students needed! Earn \$2000+ monthly. Summer/holidays/full-time. World travel. Caribbean, Hawaii, Europe, Mexico. Tour Guides, Gift Shop Sales, Deck Hands, Casino Workers, etc. No experience necessary. **CALL 602-680-4647, Ext. C147.**

### Advertising Policies:

The Highlander will not accept trade-outs for advertising space without the written permission of the editor-in-chief and the faculty advisor. To buy advertising space, call the Highlander at 458-4152, or visit the office in Room 211 of the Student Center.

## City Sidewalks, City Sidewalks, Dressed in Holiday Cheer...



Ring in the holidays with the merriest of yuletide musical celebrations this side of the North Pole. Jolly entertainment for the entire family!

Regis University invites faculty, students, staff, and their families to...

A Christmas Pops Celebration  
Colorado Symphony Chorus  
Colorado Children's Chorale

Saturday, December 18 8pm  
Tickets \$22 Adults  
\$11 Students or Children

or  
Saturday, December 18 2:30 pm  
Tickets: \$16.50 Adults  
\$11 Students or Children

(The student/children price reflects 50% off regular ticket prices)

(These adult ticket price reflects 25% off regular ticket prices, and the student/children price reflects 50% off regular ticket prices)



Sign up for either concert at the Information Booth in the Student Center

or,

For more information, contact Christina Nirachi, Campus Life Activities, X4222 (Ticket order deadline is December 2. All tickets will be delivered two weeks before performance)