

A Counselor Training Course Online? It Can be Done!

Division of Counseling and Family Therapy

Linda Osterlund, PhD, LMFT Military: Family of Origins and Life Cycles

An in-depth study of military family life cycle including adult development. The impact of transitions such as deployment, career, marriage, divorce, and death at different stages of the family life cycle as guides to therapeutic understanding. (3 credits).

Online Based Instruction:

- Screencast-O-Matic: Genogram with instructor voice description
- Interactive Learning Tool: Lifecycle stages of the individual and family
- Student designed genograms using Genopro

Experiential Learning Projects:

- Instructor demonstration of counseling session
- Student recorded practice sessions
- Assessment and treatment planning activity based on movie-based case study

